



The TR Times



Vol. 37, No. 9

The TR Times is also available in color at www.travelersrestresort.com
Serving the residents of Travelers Rest Resort, Dade City, Florida

February 11, 2022

Hi Lites



Golden Anniversary Dance

Tonight, 7 p.m. in Busch Hall.
See page 13.



Sunday Showtime

Entertainment Revue performs
Sunday, Feb. 13, at 3:45 p.m.
See page 2.



Valentines Food Drive

begins Monday, Feb. 14. See
page 2.



Habitat needs You

Still need 10 to 15 people for
build on Feb. 15-17 in Dade
City. See page 6.



Wednesday Concert Series

presents All in the
Family, Feb. 16, at 7 p.m. See
page 2.

Activity Reminders

Talent Show

Sign up by Feb. 20, and share
your talent. See page 2.

Blessing of the Pets

Monday, Feb. 21, 3 p.m. at the
Puppy Park. See page 11.

TR Book Browsers

Wednesday, Feb. 23, 2 p.m. in
Citrus West. See page 10.

Quilt-A-Rama

Tuesday, March 1, 9 a.m. in
Busch Hall. See page 6.

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TR's 50th Anniversary Celebration opens with Honors . . .



Rose Williams presents Doug Pedersen with a "Golden Microphone" to commemorate his 25+ years as Director of Entertainment. He became emotional as Kathy Shawver announced that the Busch Hall stage would be named The Doug Pedersen stage in his honor.



Ethel Polsdofer and Sheila Schenke hold the quilt created by the Quilting group that commemorates activities from the past 50 years to be displayed in Busch Hall.

and with a Crowd.



Residents turn out en masse for the opening ceremony of the Celebration.



Former Activity Director Jeri Miller was honored with a quilt that lists all the activities she has overseen. She was overwhelmed when told that the Board voted to name the new Activity Building the Jeri Miller Building in her honor.

with Music . . .



Travelers Rest, a song written by Ken White one of our former chaplains, was performed by an ensemble of TR musicians including the Dulcimer Dumdiddies, Travelettes, Church Choir and the Travelaires Orchestra.



Photos by the TR Digital
Camera Group
and Pam Watkins



Sunday Showtime

Entertainment Revue takes the stage

by Ken and Sandy Langell

Sunday Showtime presents Entertainment Revue, Feb. 13 in Busch Hall. The show begins at 4 p.m. Ice cream will be available to purchase from 3:15 to 3:45 p.m. and announcements will start at 3:45 p.m.

Entertainment Revue, which was founded in 1989, is a song and dance ensemble based in Tampa, Fla. The group has three separate performing casts based on age and level of performance. All cast members are females, ranging in age from 5-18. In addition to the cast members' training, there exists a special sisterhood amongst the girls. The majority of the cast members have participated in the group for a minimum of six years, making for lifelong memories and friendships.

Entertainment Revue takes great pride in setting up their girls for success on and off the stage. They have performed for Presidents Bush and Clinton, Vice President Gore, community, corporate and professional sporting events and in theaters across the State of Florida. The group has also appeared at the Florida Citrus Bowl, the Super Bowl Host



ENTERTAINMENT REVUE

Village, the World Team Tennis Benefit with Elton John, and as an opening act for the American Idol Tour. They have been featured halftime performers for all of Tampa Bay's professional sports teams, the Los Angeles Lakers and the Orlando Magic. Additionally, they have performed at the NCAA Final Four, in the Broadway tours of *Joseph and the Amazing Tech-*

nicolor Dreamcoat and *The Wizard of Oz*.

Entertainment Revue is a not-for-profit charitable foundation. Throughout the years they have awarded approximately \$500,000 in college scholarships to prior cast members. Cast members are expected to meet high academic standards and performers are not paid for their performances.

TR Talent Show

by Donna Neer

Do you have a talent you would like to share with your TR family? The 2022 TR Talent Show is tentatively scheduled for Sunday, March 6 at 7 p.m. in Busch Hall. This event attracts a huge audience and is a lot of fun. Our last TR Talent Show was pre-COVID (March 2019) and what a show it was! Believe it or not, there were more than 75 people involved in this event including performers on stage, stage crew, sound technicians, production assistants, announcer, lighting technicians, make-up and costume assistants. This is a huge undertaking, one that I totally enjoy. Performers will be given a maximum of five minutes to present their talent with a maximum of 15 individual acts due to time constraints. Contact Donna Neer, 10-71, 419-366-0471.

2022 TR TALENT SHOW ENTRY FORM

Your Name

Lot #

Phone:

Name of Performing Act:

Title of Music:

(required so there are no duplicates)

Type of performance (please check):

VOCAL

How many performers?

INSTRUMENTAL

How many performers?

SKIT

DANCE

How many performers?

NOTE: EACH ACT LIMITED TO MAXIMUM OF 5 MINUTES.

Audio requirements:

Stage microphone (suspended ceiling)

Floor microphone(s)

(how many)

Stand microphone(s)

(how many)

Hand microphone(s)

(how many)

Headset microphone(s)

(how many)

CD

(you must provide 2 CDs)

Other

Other Assistance Needed:

Music stands

(how many)

Chairs

(how many)

Other

(please be specific)

Return entry form to Donna Neer

Lot 10-71 419-366-0471

No later than Friday, Feb. 20, 2022

Valentine's Food Drive



Submitted by Jean Cobb

Volunteers admiring the neatly packed boxes of food.

by Jean Cobb

Short, simple and sweet – your opportunity to make a difference to the folks of Dade City!

What: Pack a box with healthy, nutritious food by shopping for the contents.

When: Boxes available starting Feb. 14; last box due back by Feb. 28.

How: Pick up a box from the carport of Kit/Dick Wheatley, lot 2619.

(Please use our boxes, they stack and transport well.)

Each box will have a list of requested items and if you have space, you can add items of your choice.

Return the box to the Wheatley's carport by Feb. 28.

Make it fun! Shop with a friend! Get a bit creative! Know in your heart that you are helping the folks in our community make ends meet during these stressful times. If you want to participate, but cannot handle the box idea, donations will be accepted for the TR Church Food Bank Fund.



Wednesday Concert Series

All in the Family steps in

by Doug Pedersen

It is not only your grocery store that may suffer from supply-chain issues, it also affects entertainment programs. The concert series program *Another Walk Down Broadway* scheduled for Wednesday, Feb. 16 became unavailable. Fortunately an awesome new show *All in the Family* was available featuring the father and son duo John Timpanelli and Jonathan Timpanelli in an evening of **music, comedy and impressions**.

John Timpanelli is no stranger to TR. He has appeared on our stage several times over the years and he owns the Tin Pan Alley Talent Agency which produces our current annual Showcase Day.

John can be a romantic crooner, a Broadway showstopper and classical performer as well as a wonderful impersonator and hilarious comic. He is at his best portraying Tevye in *Fiddler On The Roof*, Albin in *La Cage Aux Folles* or Jean Valjean in *Les Miserables*, and has audiences standing on their feet well before the last notes of *If I Were a Rich Man*, *I Am What I Am* or *Bring Him Home*.

John's start in show business came early in his life, when he played Kurt, one of the Von Trapp children in the first national tour of *The Sound of Music* starring Florence Henderson. Later, the great Eddy Foy, Jr. brought John to Las Vegas where he quickly became a favorite there, on cruise ships and on tours of the great cities along the East Coast performing with stars, Rosemary Clooney, Lou Rawls, Carol Channing, Lucy Arnaz, Pat Cooper, Shirley Jones and Red Skelton to name just a few. He even brought his friend Carol Channing to Tampa Bay's Performing Arts Center in 2006 where



JONATHAN TIMPANELLI

she gave a bravura performance in her friend's honor.

Timpanelli's son Jonathan is a talented young man who has performed all over the world in such musicals as *Hairspray*, *Joseph and the Amazing Technicolor Dream Coat* and *Rock of Ages* to name a few. He just toured in the first national tour of Andrew Lloyd Webber's *School of Rock - the Musical*. He has also appeared on the NCL Cruise Line as a headline entertainer. This is a young performer who will keep you entertained with his high energy and comedic delivery.

This talented father and son combination will deliver a fantastic show on **Wednesday, Feb. 16** that you will not want to miss. Admission is with a season-reserved-seat ticket or \$10 per person paid at the door in cash or by check made payable to Travelers Rest Resort.

Doors open at 6:30 p.m. The 90-minute program with an intermission begins at 7 p.m. Season-reserved seats will be placed in their usual position. General admission seating will be socially distanced.

Masks are recommended.

Irish Coffee House featuring a merry band of TR musicians

by Donna Probes

Take a trip to Dublin, Ireland with us on Friday, Feb. 18 as the first TR Irish Coffee House launches in Busch Hall. Ken Langell and Brode Morgan will join Doc and me for a real *Irish session*.

Those who were here last year got a taste of this merry band when Brode and Ken shared the stage with us for a Friday Afternoon LIVE! show of Celtic music. It was so much fun, we decided to build upon that theme and make a real party out of it.

The Irish Coffee House will feature Ken on guitar and octave mandolin, which became a common instrument in Irish music in the 1960s. Brode will play fiddle and guitar and I'll have my mandolin. As a special treat, Doc brought his Anglo concertina – a traditional squeeze box used in Irish traditional music.

Several years ago, Doc traveled to Dublin, Ireland to study with world famous Concertina Master Noel Hill. He has mastered many of the standard tunes and has played them at sessions in Michigan, Ireland and California.

Ken will treat us to rousing sea chanties and other songs from his



Photo submitted by Donna Probes

IRISH COFFEE HOUSE

repertoire of Irish music. He brings a wealth of songs and stories from his decades of performing with Hogeys Navy, a Celtic/American folk music band that performed all over the Midwest and as far away as the Leith Folk Club in Scotland, as well as the Tall Ship Festival in Waterford, Ireland. His all-time favorite sessions have been in backrooms in small Irish neighborhood pubs.

The fun starts at 7 p.m. and there will be a small cover charge of \$4 to defray expense. Coffee, tea and refreshments will be available.

Bring your dancing shoes and your happiest spirit because this evening is meant for pure fun and delight. Irish Traditional Music lifts any mood and fills the heart with gladness and good cheer.

Message
from the
President

by Katherine Shawver,
President/CEO
TR Board of Directors

How many ways are you dependent on volunteers here at Travelers Rest? Well, upon your arrival a volunteer escorted you to your site. Once settled, your neighbors invited you to Happy Hour, to lunch at the Snack Shack, to one of our entertainment events, to church or to an activity that interests you. You guessed it! Volunteers helped you enjoy every one of these events!

According to *helpguide.org*, benefits of volunteering include:

- 1.) Volunteering connects you to others.
- 2.) Volunteering is good for your mind and body.
- 3.) Volunteering brings fun and fulfillment to your life.
- 4.) Volunteering teaches you new things.
- 5.) Volunteering promotes happiness.

TR volunteers serve in a variety of ways. Volunteers help you enjoy the Golf Course, they come to our rescue if we need medical attention or a fire needs to be put out. Volunteers maintain beautiful plantings on the Golf Course and in our own garden at Lake Margaret. Volunteers decorate TR at Christmas time and work in the Snack Shack so we can enjoy a yummy lunch. We volunteer to help Habitat for Humanity, attend the doors in Busch Hall proceeding Wednesday Night Concerts, support the sound booth in Busch Hall, operate the lights for entertainment and provide refreshments for the Friday Night Dances. The band is made up of volunteers, too. My personal favorite benefit from volunteering is the opportunity to meet and work with great people!

The point is volunteers are an integral part of the success here at Travelers Rest and we always have a volunteer opportunity for you to fill.

Meet the candidates
on Feb. 17
Do you have a
question for the
candidates?

Question for :

or to all candidates: _____

Signature: _____

Lot _____

Use my name _____

Do not use my name _____

Return to Managing Editor, *The TR Times*, by placing this form in *The TR Times* box in Busch Hall or *The TR Times* mail box 2817.

Meet the Candidates
Why should shareholders vote for me?

by Margaret Emmetts

In preparation for the Meet the Candidates program, scheduled on Thursday, Feb. 17 at 1 p.m. in Busch Hall, we’ve asked each candidate to respond to the question, why should shareholders vote for you?

Meet the Candidates is your opportunity to listen to the candidates express their views and ask them questions. The program will begin with an opening statement from each candidate, to be followed by questions from residents. As is the custom, residents will not address the candidates directly. Please use the coupon on this page to submit your questions to *The TR Times* prior to the program. Coupons will also be available at the meeting and may be submitted there to a *TR Times* representative. Questions may be addressed to a specific candidate or to the entire slate. However, regardless to whom questions are addressed, all will have the opportunity to respond.

Since not all of the candidates have had prior experience as Board members, it would be unreasonable to ask questions regarding interpretation of specific Board Policies and Procedures. Following the Q and A period, each candidate will give a closing statement.

Please plan to attend to become an informed voter. The election of new Board Members is Tuesday, March 8 at 2 p.m. in The Grove.



Katherine Shawver



Marc Horowitz



Barry R. Sellick



Randy Doell

I came to Travelers Rest to stay for the winter and 48 hours after arrival we purchased a share of stock and leased a site, not unlike many others before us. I quickly recognized how much volunteers are valued here and how important volunteers are to the success of TR. I have volunteered with the Pet Lover’s Club, I teach Instant Pot Cooking Classes and I participate in numerous activities. It’s an honor to share what I learned from my previous board director experience. I bring more than 20 years’ experience as an information technology project manager and as a trainer delivering project management courses to corporate organizations across the globe. I love governance and I would look forward to having the opportunity to contribute to the TR Board of Directors.

As a member of the TR Board of Directors I will serve the best interests of everyone at TR. People come to TR to enjoy their retirement years. I pledge to bring my energy to protecting TR so current residents and future generations enjoy their retirement years. As a Board Director I will put my 14 years of service on four boards of directors to bear to keep Travelers Rest legal and safe, maintain resident ownership, and manage its resources with wisdom and good judgment.

When you vote for someone to be a member of the Board of Directors (BOD), you are placing a trust in that person to act in the best interest of the corporation and its shareholders for the term of their position. Each member of the BOD must have a positive impact on Travelers Rest (TR). It is the BOD who makes the decisions that directly impact the value of your investment which includes your share of stock but also the property investments that are part of this community. In order to secure these investments and help them grow, a director must have excellent leadership, management, communication, analytical and decision-making skills.

In my career, I have demonstrated all of those skills and with a brief review of my resume you can see how those skills led me to be a very successful executive for one of the world's leading technology companies. As a resident and shareholder of TR, I put those skills into action by facilitating the growth of our Pickleball programs, starting a brand new activity and driving the execution of our Spectrum Cable and Internet project. A vote for me insures those skills are put to valuable use for you.

Why should stockholders of TR vote for me as a Director?

One of the most critical points to make regarding any director is the ability to work with the other members of that board. Having been a part-time resident here for eight seasons, I know all of our Directors, some better than others, and truly believe that I would fit nicely into this team. Several residents had approached me prior to entering this election to do so because they see in me what they want in a director and several others have since thanked me for entering for the same reasons.

I have the ability to listen and to look at issues from many sides. My international travels for over 40 years have had me working with many different peoples from many different cultures requiring a great deal of patience and understanding. My blue-collar background differs from the other Board members, as well, which will allow me to look at things from a different perspective. I will represent *every* resident here equally as I have *no agenda*, other than maintaining what we have here at TR.



As a 20-year resident of TR with 14 of those years as General Manager, I bring a broad perspective of experience and history of the resort’s operations.

I like to solve problems and work with my colleagues however I can by looking for common-sense solutions.

I like to look at all sides of an issue to develop a sense of what is in the best interest of TR.

I sometimes end up in the minority on issues. I want to look back at the end of the day and say that, based on the information I had at the time, I made the best decision I could for TR. I’m independent in my thoughts and have no problem being the only one who has a yes or no on an issue.

The bottom line is I, along with the Board, strive for continuous improvement in issues that are for the betterment of TR.



Highlights of the February Forum

by Margaret Emmetts

The February Forum was opened by Board President Kathy Shawver at 3 p.m. All Board Members were present with the exception of Randy Doell. Also present were General Manager Ray Hill, Donna Sullivan and Activity Director Guy Weik.

Shawver thanked all the volunteers, Ray Hill and his staff, who helped to make the 50th Anniversary Party a success.

The number to call for Spectrum tech support is 855-362-5115. A magnet will be placed in mailboxes with this number as well as the number to call for park after hour maintenance.

Don Buchser, Chair of the Maintenance Committee, explained the committee’s function and make-up. The committee which was formed in 2009, consists of three Board Members, the President, Treasurer and one other and three representatives from the residents. People are chosen based on their expertise and experience. The Committee’s task is to evaluate the condition of the park, its buildings, roads and activity schedule and determine any capital

improvements that need to be made. They present their recommendations, together with projected costs, to the Board for approval or rejection. Buchser advised that their first considerations are water and septic which take precedence over all other matters. They also assure that all State and Federal regulations are met.

Treasurer Jim Weigand reported that the park is in good financial shape. The Board will be meeting with the Maintenance Committee within the next week to plan for any improvements.

Weigand explained the park’s lease is based on (1) Current cash needs to maintain and improve the park. (2) How our cost compares with comparable parks in the area. (3) Expected occupancy rate. (4) Cash needs for the next few years based on increased costs.

Shawver announced that the Annual General Meeting will be held on Tuesday, March 8 in The Grove.

Residents were then given the opportunity to ask questions or make statements.

1. There was a flood on the floor of a shower in Busch Hall

which was discovered when the building was being locked for the night. If you observe something like this, please call the after-hours maintenance phone number found in our Directory.

2. John Freed spoke regarding a Resolution he sent to the Board regarding changes in By-laws. He urged residents to read their AGM packet carefully. He would welcome calls from anyone who has questions.

3. It was suggested that the acoustics in the Jeri Miller Activity Building be evaluated and improved.

4. It was requested that residents resume our old practice of waving to everyone we pass.

5. Folks were again reminded to crush boxes for the recycling and that plastic is NOT recyclable.

Activity Director Guy Weik introduced Diana Hill who wants to restart a Welcome Committee. She is looking for volunteers to help with the project which she hopes to start next season.

The final Veranda Chat of the season will be on Feb. 21 at 3 p.m.

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Please think about this. What did you really hear and is it accurate enough to share? *mre*



A seedy story

At the end of Verse 8 Jesus says, “Anyone with ears to hear should listen and understand.”



I have been reading and studying God's Word since I was a young man about 12 years old. I

The fields are ripe for planting
and harvesting. Amen.

The TR Times
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The Siren



by Jean Cobb
RN and First Responder

Imagine you are playing bocce ball with several friends when you notice that one of your friends is sweating profusely and appears shaky and anxious. You ask if they are OK. They respond slowly, appear a bit confused and say that they are feeling pretty bad. Remembering that they are diabetic, you realize that diabetic hypoglycemia (low blood sugar) is likely the problem and know that your quick action is critical. When they say they have glucose tablets in their golf cart, you retrieve them and give them three (3) to chew. Within 5 minutes, they are starting to feel better. You drive them home in the golf cart and help them prepare cheese and crackers as a snack. They check their blood sugar and it is 90 mg/dL. Disaster averted!

Left untreated, diabetic hypoglycemia quickly becomes a 911 medical emergency because it can lead to loss of consciousness, seizures and even death. Once the diabetic loses the ability to safely swallow, hypoglycemia becomes

Diabetic Hypoglycemia
(Low Blood Sugar)
is a Medical Emergency

more difficult to treat, so early action is imperative.

The diabetic who takes insulin is at greatest risk for experiencing hypoglycemia, but it can happen with oral diabetic medications as well. Low blood sugar (hypoglycemia) occurs when there's too much insulin and not enough sugar (glucose) in the blood. Common causes of diabetic hypoglycemia include taking too much insulin or other diabetes medications, skipping a meal, or exercising harder than usual. Drinking alcoholic beverages on an empty stomach can also trigger episodes of diabetic hypoglycemia.

Hypoglycemia is defined as a blood sugar measurement below 70 mg/dL or (for our Canadian friends) 4 mmol/L. Early warning signs include: shakiness, headache, dizziness, sweating, extreme hunger, irritability or moodiness, confusion, anxiety or nervousness. **If the diabetic experiences symptoms of low blood sugar but cannot check their blood sugar level right away, treat them as though they have (low blood sugar) hypoglycemia.**

Attend to early warning signs, so low blood sugar can be treated promptly while the diabetic can cooperate to swallow glucose-containing food or drink. Early treatment is eating or drinking foods/liquids that will

raise blood sugar level quickly: 5 or 6 pieces of hard candy; 4 oz of fruit juice or regular (not diet) soda; 1 tablespoon of sugar, jelly, or honey; or 3 glucose tablets. [Do not attempt to give food or drink to anyone who cannot safely swallow as it may cause choking or aspiration into the lungs.] Blood sugar should rise and the diabetic should begin to feel better within 5-10 minutes. If they do not recover within 15 minutes, repeat the sugar-containing treatment. When the diabetic does respond to the initial sugar and feels better, follow with a snack that contains more complex carbohydrate and protein such as peanut butter and jelly sandwich or cheese and crackers to prevent the blood sugar from dropping again once the initial sugar has been used by the body.

Dial 911 if the diabetic cannot safely swallow, does not respond to food/fluids that should raise blood sugar quickly, or if they show signs and symptoms of severe hypoglycemia, including difficulty speaking or slurred speech, clumsiness or jerky movements, blurry or double vision, confusion, muscle weakness, convulsions or seizures or unconsciousness. TR First Responders have glucose gel to treat hypoglycemia. As soon as the Pasco County Ambulance arrives, injectable or intravenous glucose can be administered to the patient who cannot safely swallow. So, stay calm and stay where you are - help is on the way!

A final note: It is wise for the diabetic to wear a Medical Alert bracelet/necklace. It is also very important for them to tell family and friends what symptoms to look for and what to do in case they are not able to recognize and/or treat hypoglycemia themselves when it happens.

Healthy tips
Probiotics: What are they?

by Donna Neer, RN (retired)

There is not a day that goes by when I do not read, hear or see some advertisement promoting the health benefits of probiotics. I decided that the subject of probiotics definitely needed some research.

According to the Food and Agriculture Organization of the United Nations, probiotics are defined as "live micro-organisms which, when administered in adequate amounts, offer a health benefit to the host." "Host" means you and me. Simply stated, probiotics are bacteria.

Our digestive system normally has what we would call *good* bacteria and *bad* bacteria and to achieve optimal health, a balance is needed between them. Things like medication (antibiotics), diet, diseases, emotional stress and environmental factors can upset that balance. Advertisements all recommend that we should supplement our diet with probiotics to maintain healthy, smooth-running intestines. Hmmmm...

How do probiotics work? According to *Medicine.net*, probiotics are believed to protect us in two ways; first by what they do in our digestive tract. When our digestive tract is healthy, it filters out and eliminates things that can damage it. The digestive tract also takes in things that our bodies need (eg: nutrients from food and water) and absorbs and helps deliver them to the cells. Secondly, *Medicine.net* reports that probiotics can help our immune system; which is our protection against germs. When our immune system is not working properly, we can suffer from allergic reactions, inflammatory bowel disease, diarrhea as well as other disorders.

Did you know that we have been consuming probiotics throughout history in such products as fermented foods and cultured-milk products. However, in recent times, more and more manufacturers are flooding the ads with reasons why we should purchase a particular type of yogurt or supplement containing probiotics. They claim that their particular product will provide us with all the probiotics we need to achieve the optimum health status we all want. Keep in mind that there is no guarantee that the product advertised has the amount or form of probiotic you may need.

According to *webmd.com*, probiotics may help with irritable bowel syndrome, inflammatory

bowel disease, diarrhea caused by antibiotics or other viruses. Some research has shown that probiotics are useful for problems in other parts of our bodies; such as skin conditions, urinary and vaginal health and may help to prevent allergies and colds, etc.

Healthline.com suggests that probiotics can help you lose weight and belly fat. The article further states that, "the methods by which probiotics affect body weight and belly fat aren't yet well understood." OK, I read on..... "probiotics seem to influence appetite and energy usage via the production of short-chain fatty acids." I wonder, how? "Probiotics may inhibit the absorption of dietary fat." Again, how? "Probiotics can make your body 'harvest' fewer calories from the foods you eat." Again I ask, how? Well the article further stated that probiotics, "may (like that word "may") also fight obesity in other ways, including releasing the 'appetite-regulating hormones' that when released may help burn calories and fat. Additionally, probiotics may increase levels of fat-regulating proteins."

Both *Medicine.net* and *WebMD* agree that more study is recommended to prove which probiotics (alone or in combination) can be beneficial to your health.

Now you may or may not find this interesting; but my little dachshund, PiperSue, is now taking probiotics. Why? Well, she had been scratching a lot; she sure burned a lot of calories scratching! We checked for fleas, changed her shampoo, she still scratched away...PiperSue was also chewing at her paws. To the Internet I went; and lo and behold I found several articles that stated that PiperSue may have a gut problem. Yep, we purchased some chewy probiotics for her and what a turnaround; her chewing of her paws has almost completely stopped and she isn't scratching like she used to. Can I add that her digestive system is working without any bad side effects?

So, should we consider taking supplemental probiotics? I suggest that before running to the drug store or going online first consult your healthcare provider (or your pet's) to assure that using a supplemental probiotic is the right thing to do.

References: *WebMD*, *Medicine.net*, *Healthline.com*.



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Activity Affairs

by Guy Weik Activity Director

Learning our Online Activities Calendar: We had 12 participants attend Marc Horowitz’s seminar on using the online activities calendar last Thursday in Busch Hall. If you missed the seminar, it is available on YouTube. Go to YouTube, search Busch Hall Travelers Rest and scroll down until you see the calendar seminar. Features of the calendar were shown on the screens in Busch Hall and participants practiced using those features on their phones and tablets. You can do the same thing as you watch the presentation on YouTube. If you’re like me and need to hear things more than once you can back Marc up and have him repeat things over and over until you get it right!

The following updates reflect what I’ve received as of Feb. 4. I am still getting cancellations, postponements and updates daily, so please remember that there’s a week’s delay between the submission date and publication date for the newspaper. Check the Activities Calendar on the TR website for the most up to date information.

Continuing activities for all residents.

Friday Night Dances: Tonight, Friday, Feb. 11, Sweetheart Dance, 7 to 9 p.m., Busch Hall.

February Parkwide Tag Sale: Saturday, Feb.12, 8:30 to 11:30 a.m. Donuts and coffee may be available in Busch Hall. Watch for the coffee/donut signs.

Habitat Build: Feb. 15 through Feb. 17, 8:30 a.m to 3 p.m., Dade City. Contact Barb Colson.

TRGA Spaghetti Dinner: Thursday, Feb. 17, Drive thru pickup, Busch Hall, 5 to 6 p.m.

Irish Coffee House: Friday, Feb. 18, 7 p.m., Busch Hall (see article in today’s paper).

Canceled or Postponed Activities.



GUY WEIK

Basketweaving: Canceled for season.

Bingo: Saturday, 7 to 9 p.m., Citrus East.

Chair Yoga: Canceled for season.

Coffee Socials: Canceled for season.

Dulcimer Jam: Postponed until further notice. Dulcimer classes on Mondays are still on.

Garden Walk: Changing format to possible week long Garden Scavenger Hunt in March.

Jubellation: Postponed until further notice.

Learning Your iPhone: Canceled for this season.

Poker Ladies Night Out: Canceled for this season.

Travelogue Slide Show: Canceled for this season.

Woodcarving: Canceled for this season or postponed until a temporary chairperson wants to take charge for the remainder of this season.

Continuing activities updates.

Ballroom Dancing: Monday, 7 to 8 p.m., Busch Hall.

Bridge: For beginning and intermediate players. Tuesday, 1:30 to 3 p.m., Activity Center.

Dulcimer: Citrus West, Monday, Beginners, 9 to 10:15 a.m., Experienced, 10:30 a.m. to noon. Dulcimer Jam: postponed.

Genealogy: Not being taught, but

open for individual research, Friday, 12:30 to 2:30 p.m., Citrus East.

Geocaching: Tuesday 9:30 to 10:30 a.m. Please note a venue change over the next few weeks to accommodate Board meetings when they are held in the Hobby House. Golf View Pavilion on Feb. 15, Feb. 22 and March 1.

Joker: Monday, 6:30 p.m., Citrus West, and Friday, 6:30 p.m., Activity Center.

Line Dancing: Monday and Thursday, 1 to 2:30 p.m. in Citrus East. Tuesday, 7 to 9 p.m., Activity Center.

Mah Jong Chinese: Citrus West, Monday and Friday, 1 to 3 p.m.

Model Railroad Club: Friday, 10 a.m. to noon, Activity Center.

RCMotorsports: Meeting TODAY, Feb. 11, 1 to 3 p.m., Golf View Pavilion.

Airplanes: Thursday, 3 to 5 p.m., Saturday, 1 to 3 p.m., Busch Hall unless there is an event scheduled in there. Check the online schedule.

Powerboats: Race Monday and Friday, 9 a.m., on Mirror Lake.

Sailboats: Race Wednesday and Saturday, 9 a.m., on Mirror Lake.

Truck Racing: Race Wednesday and Saturday, 9:30 a.m., at their track near the Snack Shack.

Stained Glass: Monday, 12:45 to 2:45 p.m., (Beginners); Wednesday, 4 to 7 p.m., (Experienced); Friday, 3:30 to 5:30 p.m., (Experienced), Activity Center.

Table Tennis: Starting up again! Monday and Thursday, 3 to 5 p.m., Citrus East.

TR Road Riders: Monthly meeting, first Monday, 7 to 8 p.m., Hobby House.

Watercolor Painting: Wednesday, 1 to 3 p.m., Citrus East.

Wizard: Tuesday, 6:30 to 8:30 p.m. in Busch Hall.

Yoga: Pickleball Yoga, Tuesday and Thursday 8 to 9 a.m., Upper courts.



File photo

by Lynne Lewis

Hello everyone. Its almost time again for Quilt-A-Rama. Tuesday, March 1 is the date. For those of you who are new to the park this event makes quilts for charity here in Dade City. We get together and sew blocks and put them together for twin-sized quilts. Anyone can help. We need people to sew, iron, run parts and tie knots. If you don't know how we will show you.

Mark your calendars for March 1, 9 a.m. to 3 p.m. in Busch Hall.

Two Afghans donated for 50th Anniversary Celebration



Photo by Jackie Gage

The Knotty Knitters and Crocheters display the Afghans.

by Jackie Gage

I would like to thank all the beautiful knitters and crocheters who helped without hesitation to create two lovely Afghans raffled off at the TR 50th Anniversary Celebration.

It was the expertise and dedication that our members devoted to this project which shows how much we all love the art of knitting and crocheting these Afghans. Special thanks to Diane Fisher and Pat Daubenmier for assembling the squares to create these works of art.

What is the history of knitting? According to Wikipedia, the earliest known examples being cotton socks found in Egyptian pyramids. The ancient Egyptians built the pyramids from 2700 BC until around 1700 BC.

It is amazing that knitting still exists today and is enjoyed by many. I am proud to say Knotty Knitters and Crocheters continue the history of knitting and crocheting in the 21st Century at TR.

Model Train Club gears up for spring



Photo by TR Digital Photography Group

Model train display at the 50th Anniversary Celebration.

by Larry Babbitt

Hopefully you were able to stop by our model railroad display at the 50th Anniversary Celebration. We will continue to have our Friday sessions, from 10 a.m. to noon, in the Activity Center.

We will be planning more sessions for the club such as field trips, work shops, or anything else that might interest you. Attendance at our previous sessions is not a requirement. Come and join us!

If you have any questions, please contact Brian Krupicka at trains@db-comserv.com or Larry Babbitt at trainnut1942@gmail.com.

The 50th is over, now what?



Photo by TR Digital Photography Group

Dan Zile and Mark Lupien brave the cold to man the 50th Celebration ham radio station.

by Bill Howard, N4MU

It seems that the TR Amateur Radio Club has been preparing for the 50th Celebration for years. Well, considering that it took 50 years to come around the few weeks we were preparing for it are a drop in the bucket.

By now we have the results of having had two operating stations set up on the Practice Range. At the time of writing this article, of course, only speculation can be used to confirm our success. In reality, actual numbers for the hams contacted during the event are not necessary. What is important is the excitement and comradery all the participants were a part of and witnessed.

Never before has the club taken on such a large scale event. Much planning and gathering of permissions went into doing it. Not to mention that also never before have so many members been required to get involved and do their part to make the event successful. As a member, if you had anything to do with this special event, congratulations for a job well done!

It is certainly hoped that all members did at least stop by to see the operations. Just as important, it

is hoped that many hundreds of residents came by to see what we were up to and to whom we may have been talking to at any given moment: one of our 50 states, Canada, Central and South American, the Caribbean or some European stations perhaps.

What did every one of these stations, no matter where they may have been, have in common? Every one of them heard about Travelers Rest Resort and what a great place it is. If they happened to be RVers it may have given them pause to consider checking TR out. Maybe some were previous residents hoping to say hello. If they weren’t RVers they knew first-hand of the fun we have here, and that our group is active and pleased to spread the excitement that is TR.

What’s left for this season? Well, in March we will be having nominations and elections for next year’s officers and other discussions on what we can do during the next season...even with no 50th Celebration to plan for. There will be more on elections in future articles.

So, yes, the 50th is history, now what? A crystal ball would be very useful here. It would let us peer into the 100th Celebration and see how things have changed. But you know what? Let’s leave that crystal ball in the closet.

The 50th was great and we don’t need to see another 50 years ahead. We just need to enjoy having been part of the 50th, right!

ENJOY today.



We can use your help



Photo by Barbara Colson

JENNIFER BALDINI

by Barbara Colson

We are looking for people who are interested in putting on their work gloves, picking up a hammer, wearing a mask and joining in this year's TR Memorial Habitat for Humanity Build for Jennifer Baldini in Dade City.

The build will take place on Church Street in Dade City on Feb. 15 thru 17. There is a need for 10 to 15 people each day. TR has done it before; let's do it again.

Contact me for further information at 352-206-3210 or email at RVfly48@gmail.com. No prior experience needed.

Thank you so much. Stay safe, healthy and have a marvelous day.

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Beyond the Resort



LINDA SPENCER

by Linda Spencer

Suncoast Broadway Dinner Theater: Tuesday, Feb. 14, Valentine’s Day, **Rumors**, noon and 6 p.m. “Rumors” captures the energy of Fleetwood Mac at the height of their career.

Saturday, Feb. 19 through Saturday, March 26, **Kinky Boots**. Winner of the 2013 Tony Award, the play is based on the true story of Charlie, a factory owner struggling to save his shoe business and Lola a fabulous entertainer in need of some sturdy stilettos.

Suncoast Theater is located at 16128 Rt. 19, Hudson, Fla., 36 minutes from Travelers Rest. For additional information or tickets go to suncoastbroadway.com or the Box Office at 727-863-7949.

Starkey Park: Tuesday, Feb. 15, 8 to 10 a.m., **Nature Photography 101 at Starkey Park**. Registration is limited to 10 spots. This is a facility which is known for its birding.

Tuesday, Feb. 22, 5 to 6:30 p.m., **Beginners Mountain Biking at Starkey Park**. Fee is \$15 per participant, spots are limited. There are miles of paved bike paths for you to enjoy.

Thursday, Feb. 24, 5 to 6 p.m., **Guided Nature Hike at Sunwest Park**. Registration required, 15 spots available.

These parks are located 43 miles from Travelers Rest, at 10500 Wilderness Park Blvd., New Port Richey. For additional

information or to register, call 727-834-3247 or visit their website at swfwmd.state.fl.us. Additional information regarding the Jay B. Starkey Wilderness Park (aka, Starkey Wilderness Preserve): They have birding, hiking, bicycling, equestrian, fishing, camping and inline skating. Dogs are allowed and it is ADA accessible. The park connects to the 42 mile paved Suncoast Trail via a 7.5 mile paved trail. A bird-watching site is located on the western section of the Great Florida Birding and Wildlife Trail, developed by the local chapter of the Audubon Society. As many as 150 species of birds have been identified.

Backcountry camping is available. There are 7.5 miles of marked equestrian trails. Freshwater fishing is available along the Anclote and Pithlachascotee Rivers. There are 12.6 miles of hiking trails, 7.5 miles are paved.

Requested Information: Central Florida Zoo and Botanical Gardens offers a **Giraffe Feeding** and a **Rhinoceros Experience**. It is located at 3755 West Seminole Blvd., Sanford, Fla. The Zoo is approximately 1.5 hours from Travelers Rest. General admission tickets are \$19.50.

Please go to centralflorida-zoo.org or call 407-323-4450 for additional information. I hope this is what you were looking for. The other locations with Rhinos are in Tampa and have no up-close venues. Neither Pasco County nor Hernando County have Rhinoceros viewings available.

Please remember if you are looking for something special, a place you visited in the past and cannot find it, just ask. You can reach me through the post office at lot 16-35 or call or text me at 352-424-9604.



by Sharon Gilbert Zile, TR Tour Director

When two busy people share their lives, calendars are important. Dan and I have been married for just two years, and already we’ve learned that having a conversation every few days to coordinate our individual paper calendars allows us to create together-time while also enjoying activities that interest us individually. The beauty of life at TR is that we have so many activities from which to choose, and yet, we know that we can’t do it all!

As volunteer TR travel directors, we coordinate with a Florida travel agent to provide day trips, multi-day trips and perhaps we will even plan another cruise in the future. Soon we will be meeting with our wonderful Small World Tours and Cruises travel agent to select TR trips from more than 300 senior trips offered by the agency. Consideration will be given to interest, distance, and activity level suitability. Next, in our TR trip planning process is checking our personal calendars and the TR calendar.

In a typical year we will have TR trip dates determined by April for the following season. However between COVID and locating a new, suitable travel agency, 2021 was anything but typical. We could not schedule this season’s trips until November. It was challenging at best and unfortunately the TR paper calendar and new, online calendar were not yet available. From the limited dates left at our very busy travel agency, we chose March 8 as the date for the very popular Tampa By Land and By Sea day trip. Oops! Same day as the TR Annual General Meeting! Voting is important and we hope that our 40 travelers will use the option to vote prior to the TR Annual General Meeting.

Scheduling to avoid conflicts with the many wonderful events that happen each day at TR is difficult to impossible. We try to avoid events that involve the entire

Travel News



DAN AND SHARON ZILE

park when scheduling day trips. The Annual General Meeting, Wednesday Night Concert Series, Friday afternoons in The Grove, Entertainment Showcase and TRGA Spaghetti Dinner are just a few examples. We do not schedule day trips on Sundays and attempt to rotate the day of the week for our chosen travel days.

However, it is impossible to schedule every trip around every day activities such as golf, boat races, motorcar sports and Bocce Ball, etc. TR travelers have choices to make. Hopefully, the trips that interest you most will occur on days that are flexible on your calendar!

Recently Dan and I attended an excellent Coffee Seminar in which the new online TR Activity Calendar was demonstrated. Instructor Marc Horowitz used the many screens in Busch Hall to teach the 15 socially distanced participants the how-to of the online calendar, including adding the TR app to our cellphones and adding events that are important to us to our own personal online calendars. Dan might add Amateur Radio Club to his calendar, while I am more likely to include the Aquatics class. By adding these selected activities to our personal electronic calendars, we automatically would receive updates on our phones if the event is postponed or has a change of location or time. We each will be able to access this on our own device wherever we are.

The online calendar offers a great opportunity to share the upcoming TR Travel events even before seasonal residents have

arrived for the 2022-23 season! The Coffee Seminar was recorded to post on YouTube and Spectrum channel 2003 for others to watch for the first time, or for attendees to “attend” again. Just search for Busch Hall Travelers Rest. Dan and I will certainly need to learn more about how to add Travel as an event category on the online calendar. We are excited for the ways the new Activity Calendar will allow us to include more travel event description and offer information even before each TR season begins. Guy Weik, our TR Activities Director will be instrumental in assisting all activity coordinators to use the online TR Activity Calendar.

Not yet ready for an online calendar? Information about future TR Travel events will continue to be offered in a variety of ways, even as we add the online calendar to our travel communication repertoire.

Our excellent *TR Times* newspaper publishes travel articles and information during the November to March season and is available on the TR website, which is especially helpful when planning for your January arrival. Trip flyers will be posted on the Travel bulletin board on Busch Hall’s north side and a plastic box provides Covid Waivers or other “paper” information for you to take. During this season, a bulletin board in the Post Office Lobby has displayed travel information and Guy Weik also posts weekly event reminders on a lighted neon board in the corner of the Post Office Lobby. Additionally, we create travel posts and reminders on Facebook’s group “Residents and Friends.” The travel event information is great to add to your personal calendar of choice.

Whatever calendar you choose, always find time for the things that make you feel happy to be alive. Perhaps a TR Travel Trip will be one of those things!

If you are not yet signed up for the Feb. 15 day trip to Kennedy Space Center, please call us – maybe a cancellation can be transferred to you! 740-360-3819.

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Scenes from the 50th Celebration



Ray Hill wishes Jeri all the best.



Opening ceremonies included an invocation by Chaplain Anthony Shipe and the Pledge of Allegiance led by Doug Pedersen.



Kathy Shawver gives Jeri Miller a big hug after Jeri was presented with the quilt shown below. The quilt listed all the activities Jeri had managed during her term as Activity Director.



Ron Stillinger and Dianne Brown sign in residents at the entrance to the event.



Linda Smith serves up the freshly fried chicken.



Volunteers stand at the ready to serve the food.



Pasco County Commisioner Ron Oakley attended the affair, shown left, as did Mr. and Mrs. Schwend, the park's neighbors, shown above.



Photos by
The TR Digital
Photography Group
and
Pam Watkins.



Steph's Catering sent a representative to prepare the chicken on site.



Rich Catero picks up a breakfast order from one of the food trucks present at the event.



Libby Trimble and Jean Helker bundle up against the cold, but Dick Bartram seems unaffected by it all.



It takes a really big tent to accommodate all those hungry people.



Delicious chocolate and vanilla cupcakes provided a sweet ending to the meal and to the day.

The Celebration continues



Our First Responders are always at the ready, but happily were not needed.



Joe Politski and Bill Bigelow handed out the commemorative tongs that celebrated 50 years.



Dave Baur operates the radio while Sue Wendt acts as logger.



Model railroader Brian Krupicka points out the features of each module in the display to his visitors.



Nothing like a conga line to get a party started.



Shirley-Ann Appleby takes her chipping and putting seriously.



This lucky Cornhole contestant pitches a three-pointer.



Marge Cantu visited the History Display.



Gina DiPinto and her assistant carefully measure each shot in the contest.



Chris Craze kept the music flowing as he managed the sound system.



Many thanks to the TR Digital Photography Group who were busy snapping photos all day. Shown above are Marilyn Olan, Mark Horowitz, Carey Box and John Goodger. Jen Furman, not shown, was also a member of the group.



Raffle winner Dwight Greene is happy with the hand-crafted, wooden bowl that Bud Wuebker donated.

Photos by the TR Digital Photography Group and Pam Watkins



If you ask Bill and Bobbi Bradford they will tell you it was a cold day.

Library News

by Mary Kosbab

February might be the shortest month of the year, but it's chock-full of beloved national holidays from National Chocolate Day on Feb. 1 to National Chocolate Souffle Day on Feb. 28. Since Feb. 1 is now past you will have to "make up" for the first of these holidays and you have plenty of time to get ready for the second one. All chocolate lovers should be happy to celebrate these holidays.

In between there are many more notable holidays including Valentine's Day on Feb. 14 and Presidents' Day on Feb. 22. Other lesser known holidays are National Inventor's Day on Feb. 11, Love Your Pet Day on Feb. 20 and Walking Your Dog Day on Feb. 22. The library has books on all these subject areas.

Please check the Biography section for books on the presidents



and inventors as well as many other notable people. Some books on presidents can also be found on the History and Politics shelves. There is a separate bookcase full of pet books. You can't miss this bookshelf because it is topped by our resident cat carved by Casey Fisher. There are some puzzles on these shelves and also our new *Turn me over and tear off TR Notepads* which are available both in the library and at the park-wide monthly yard sale.

For Valentine's Day, no list of romance authors would be com-

plete without Jane Austen. For more current authors check out the Nora Roberts books, Beverly Jenkins, Susan Phillips, Debbie Macomber and Nicholas Sparks. Some popular Christian fiction romance authors are Beverly Lewis, Wanda E. Brunstetter, Karen Kingsbury, Tracie Peterson and Janette Oaks.

Finally Feb. 11 is Make a Friend Day which is certainly not hard here at TR and Feb. 17 is Random Act of Kindness Day which is an everyday occurrence at TR.

Please stop by the library yard-sale table. There will be TR Notepads there. They are free; however a donation to the library fund would be appreciated.

As always please contact us if you have any concern or suggestions. We always welcome your input.

TR Book Browsers

by Nan Feeney Lance

Do you enjoy reading a good book? Do you enjoy sharing that book with others and discussing it with them? Then the TR Book Browsers is definitely for you!

We have had some wonderful discussions about *American Dirt* and *Sisters-in-Law* and *The Library Book*. Now it is halfway through the season and time to

move on to the second half of our Book Club books.

On Wednesday, Feb. 23 we will be discussing *Four Winds*, a novel about the American Depression and Dust Bowl. On Wednesday, March 9 we will talk about *Sold on Monday* concerning desperate parents' choices.

Finally, Wednesday, March 23 we will discuss our sci-fi selection, *Artemis* by Andy Weir.

We hope you can join us in Citrus West from 2 to 3 p.m. Just a reminder for all of our Book Browsers - please be thinking about books for next year. Do you have a book that you absolutely loved and want the rest of us to read? Please pass it on to Nan Feeney Lance at lot 04-21 or call or text 518-813-7873.



by Jane Harrold

With all the excitement over TR's 50th anniversary and the annual recognition of Golden Anniversary couples I am thinking about how my Valentine celebrations have changed in the past 50 years.

Actually the first memories I have about Valentine's Day go back more than 65 years when I was still in elementary school. In each classroom there would be a big box decorated with hearts in which classmates deposited valentine cards for each other. The afternoon when the cards were distributed was both a class party and a competition to see who had been sent the most cards. Most of the valentines were cut out of large books containing multiple cards printed on multiple pages. The envelopes were included but also needed to be cut out, folded and glued. Preparing and writing valentines was a multi-day project.

Moving onward to high school days I looked forward to receiving a valentine card from my boyfriend, now my husband, Bill. Bill and I met when we were three years old so he has always been my number one valentine. We would have our valentine dinner at our favourite local hangout. Not really romantic but a good burger was a highlight.

University days meant that Bill was away on Feb. 14. Since calling long distance just to talk was considered too expensive I relied on the mailman to deliver my valentine card preferably filled with mushy words about love. When Bill came home we would enjoy dinner at an upgraded restaurant with tablecloths.



Finally some real romance was blossoming.

By the 1970s we were married and raising three children. Valentine's celebrations were about decorating heart-shaped cookies, with red icing of course, and helping the kids make cards for mom and dad. The highlight was being together as a family and a romantic dinner was a bit of a dream.

In the 80s and 90s the focus for Valentine's Day was still the family but romantic dinners for two with candlelight and wine became possible.

By 1999 we had both retired from teaching and started spending winters in Florida. Valentine's Day was celebrated with TR friends at early-bird dinner specials and preferably not on Feb. 14 when the restaurants were too busy. Our card sending gradually ended but some years we would go to the Hallmark store together so we could show each other the card we might have sent - not really romantic but definitely economical.

Fast forward to celebrations for Valentine's Day this year in Canada. COVID has had a huge impact in Ontario. Indoor restaurant dining just reopened on Jan. 31 after being shut down for a month. Current regulations here impose a 50 percent capacity limit on the number of diners. Proof of vaccine is required when you enter a restaurant and must be a QR code either on your cell phone or a printed version with QR code. Masks are mandatory when away from your table but can be removed when you are seated. This is definitely not romantic.

The good news is that our valentine's spirit of love has survived all these years and is still thriving. Bill and I have a plaque of two figures hugging with text which reads: *Together is the best place to be*. After more than 65 years of valentine celebrations Bill is still my favourite valentine, hugging is an essential part of every day and together is *always* the best place to be.

Happy Valentine's Day!

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Garden News

Change in the Garden

by Leslie Ewing

The Garden Club is busy planning for our first ever Garden Scavenger Hunt. We are excited! We want residents to participate at their leisure for the week from March 6 through March 13. Next week we will publish details. Stay tuned!

The Garden is more than a collection of plants and trees. It can be a place to find peace and calm while appreciating all of nature. This includes the birds and animals there and even the occasional alligator in Lake Margaret.

Garden Club volunteers Cindy Watson and Phyllis Zitzer walk with the Birding group Tuesday mornings. They report that the Birding group wants to collaborate with the Garden Club to increase opportunities for bird watching. This helps to fulfill the purpose of the Garden.

Cindy Watson has been preparing the Bird Watching Shed located on the eastern leg of the Boardwalk for year-round use instead of just during the winter season. Future plans are for new bird food stations. The club is preparing a bird bath.

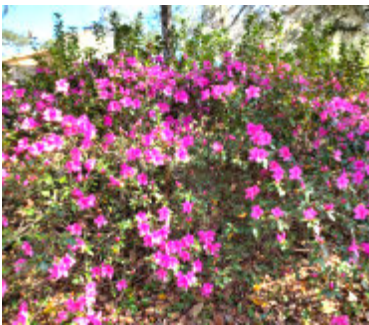


Photo by Leslie Ewing

Beautiful Azaleas thriving.

The Garden has sustained some damage due to frost. Some plants and trees just can't be covered. The Bismark Palms have been burnt by the frost on the tips. The banana plants suffer damage every winter frost but they will recover. The Cranberry Hibiscus plants that grow along Snack Shack Road are looking very sad now but club members are trying to bring them back.

Fortunately the azaleas in The Grove are thriving and the frost did no harm. The azalea blooming season is just starting. Give them a few more weeks and they will be spectacular. See you in the Garden!

Looking Back

by Nan Lance

10 Years Ago - 2012

- Plastic and aluminum recycling procedures are updated.
- Norm Hower and Jean Helker represented TR at the Brooksville RV Show and explained the many advantages of staying at TR and holding rallies here.
- Lou and Mabel Atkinson recall TR's early history and how they pulled their shiny new Airstream into Travelers Rest in December 1973.

20 Years Ago - 2002

- The flag and pole were restored at Mirror Lake by cleaning and painting the pole, installing a new flag, repairing the two floodlights and trimming the foliage.
- 120 residents and visitors attended the Michigan Luncheon.
- Busch Hall was filled with "treasures" for the annual auction.
- Mirror Lake Yacht Club members held championship races to determine who is best in two classes of sailboats: Star 30 and Soling Meter.

30 Years Ago -1992

- The TR Garden Club toured Camellia Gardens in the Leu Gardens in Orlando.
- Mirror Lake fountain flows again. Installed in April, 1985, the fountain worked continuously for seven years until the pumps gave out. All is repaired.
- TR is paradise. Travelers Rest residents have a good thing going and they know it.



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Pets on Parade



Have you met Tilley?

by Judy Leister

A little more than ten years ago Cindy and Jim Watson realized their aging border collie was not going to be with them much longer and decided it was time to add a puppy to the family. Lots of thought went into what breed they were going to look for and even more research led them on a hunt for the perfect Australian Shepherd. They found a reputable breeder in upstate New York who not only raised healthy puppies but had successfully competed with her line.

They went to see a litter that the breeder had available with the idea of getting ONE puppy. Oops. We all know how adorable puppies are and those little Aussie balls of wiggly fur made it impossible to choose just one. Yep, Cindy and Jim brought home TWO puppies. Jim admitted in all their research they hadn’t read a lot about raising littermates but in the end they made it work well. Maggie was the leader and Tilley rolled right along with that idea.

Sadly Maggie lost her battle with cancer and crossed over Rainbow Bridge last year. Shortly after that Cindy and Jim took a month long trip to Key West and of course Tilley went along. The fun they had on that trip helped with the healing of losing Maggie.

Tilley is a very active dog. She might be ten years old but in her mind she is just two. When in



Photo by Cindy Watson
TILLEY

their home state of New York, one of their favorite places to hike is in the Adirondacks. Tilley is in her element. There are lots of lakes to launch into, lots of sticks to fetch and Tilley’s favorite, lots of logs out on the trails to jump over. Ahhh...that is Tilleyland. The Watsons have a cottage in the Adirondacks and another cottage in the Finger Lakes area so Tilley has plenty of opportunities to enjoy all those fun adventures.

She might not be able to jump in the lakes here in Florida because of the alligators but Tilley still has fun here. She enjoys her morning walks completely around the perimeter of TR. What great exercise this is for all three of them. It’s especially fun when they happen to come onto her doggy friends and everyone gets to greet each other with lots of wiggles and wags. Another thing she loves is chasing a ball at the Puppy Park.

However, even better than the ball is leaping through the air to catch her favorite frisbee.

Speaking of frisbees, Tilley uses her frisbees for more than just playtime. Yes, her nylon fabric frisbee is great for fetching but her rigid plastic frisbee flipped upside down is the perfect bowl for her kibble. All girls love to shop and Tilley is no different. A trip to Tractor Supply means she gets to pick out a brand new frisbee.

I happen to ask where Tilley likes to sleep at night. It didn’t take but a second to guess what the answer would be and I was right. “On the bed of course.” Cindy explained how Tilley always allowed Maggie to make the major choices in their doggy sisterhood. So even if Tilley got on the bed first, she relinquished her spot to Maggie the instant she showed up. Now that Tilley is no longer playing second fiddle, she has picked her spot right in the middle of the family bed. Actually I bet if we took a poll of dogs here at TR, we would find that to be the most popular answer.

It was so much fun meeting Tilley. She did lots of “so happy to meet you” sneezes and wiggles. Then she demonstrated how on target she is at catching a piece of flying cheese headed in her direction. Shortly after that, she quietly laid at our feet while we all chatted.

What a good girl you are, Tilley.

Mark your calendar for Blessing of the Pets



Photo by Judy Leister

CONTEMPLATION

by Judy Leister

We love our pets and they bless us with unconditional love. Saint Francis of Assisi, Patron Saint of the Animals preached to the birds, blessed the fish and even talked to the wolves.....he loved them all. In honor of him pets have been blessed and celebrated on or near his feast day of Oct. 4 for many, many years.

Legends say that herds of wild animals came to be blessed by Saint Francis. Today this blessing can include but is not limited to companion animals like dogs, cats and birds. It can also include our agricultural animals such as cows, chickens and pigs

TR is a pet loving community and we would like to join in with our own Blessing of the Pets on Monday, Feb. 21, 3 p.m. at the TR Puppy Park. Rose Williams will officiate.

Since the majority of our residents had not yet made their journey south in October we will be doing our celebration in February on our regular club meeting date. In previous years the regular

meetings had been held in Citrus West but with the COVID issues plaguing the world we have had our meetings this season at the Puppy Park. It is located at the corner of 10th and 14th Streets. All safe pets and their humans are invited. We also invite everyone who would like to watch. Please bring a chair.

If you feel your pet would be more comfortable or easier to manage in a carrier or crate feel free to do so. Please space yourselves out for safety reasons.

In addition to the pets that will be attending we also would like to remember the many TR pets who have left us and passed over the Rainbow Bridge. While at the celebration please note the many names of our past TR pets are listed on the blue signs on the front fence plus the engraved names in the paver blocks in the sitting area. Of course we will be thinking of the many beloved pets that have passed since the sign and blocks were put in place.

There will be a short meeting following the Blessing.

Birding Activity



Sandhill Crane saga update

by Norm Eden

Our signature bird? In the last days of January the next stage of our annual TR Crane Family Series started when a single Sandhill Crane chick hatched on Three Island Pond just in front of the #2 golf tee. Whether you are a birder or just interested in nature we are very fortunate to have two or three Florida resident Sandhill Crane pairs living here with each pair annually hatching and raising one or two offspring and looking after them to maturity.

These stately birds are truly special being the oldest known surviving bird species following discovery of a ten million-year-old fossil in Nebraska which was found to have a skeleton identical to today’s birds. The overall U.S. population is several hundred thousand birds, of which almost all are migratory, wintering in the south and then traveling north to breed in the northwest U.S., across Canada and north to Alaska.

Here in Florida the vast majority of these wintering migratory birds are very wary of humans and are the ones that may be seen in small groups or flocks as you drive around. But the special bonus for us is that of the Florida resident breeding population of some 4,000 to 5,000 birds we normally have at least one pair nesting on Three Island Pond and also on one or two sites just outside the TR boundary. These birds are smart enough to bring the chicks and juveniles to the TR Golf Course and also the Vanishing Lake area where there is both food and safety from predators. There is a great opportunity to watch these birds raise their family as they protect and teach the juveniles.



Photo by John Goodger

TR’s own special anniversary baby.

Sandhill Cranes live to be around 20 years old and as our resident crane families have this area as home, they are accustomed to TR humans. However, for watching and photography please keep at least 30 feet away. Please do not feed them - apart from it being against the law they have plenty of food and they can become aggressive.

They mate for life and start breeding between two and six years of age. You may see the elaborate and graceful synchronized dancing display with both birds dipping, leaping and swaying. They share incubation, taking turns leaving the nest during the day to forage for food. Then at night the female sits tight and the male will stand guard. The chicks, frequently just one, are born precocial, that means covered in fine feathery down, eyes open, and leaving the nest within an hour.

The parents immediately start teaching them to feed themselves.

Sandhill Cranes are waders and they don’t swim! So how do

the parents get the baby from the island to the juicy food to be dug up on the golf course? The downy coat holds the air and the parents encourage the chick to float and paddle across. Then, when too heavy to float the parents move their youngster to a land area for roosting - these are well organized birds. They eat well and the chick, properly called a “colt” will, in the first weeks put on an ounce for every ounce eaten and at the same time it will grow as much as an inch each day. After some 50 days the juvenile will be almost the same height as the female as it fledges, that is when it has flight feathers. Then the parents will teach it to fly by taking short runs with flapping wings. We are very fortunate that all this can frequently be seen around TR and the juvenile will stay with the parents until the following spring before leaving to join the non-breeding groups for a few years. As in recent years there could well be two more crane hatchlings in the near future - keep a lookout.



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TR dedicates the new Veterans Memorial Walk



Veterans who are 90+ years old cut the ribbon to the walk.



Veterans cut the ribbon on the north while TR Board members cut the ribbon on the south.



Joe Shipe carries a photo of his father, Don Shipe, a Navy veteran.



Darold and Marilyn Long, followed by Gunny Gundrum and Wilma Hardley, and Ken and Donna Neer, represent the Marines on the Memorial Walk.



TR's many veterans along with residents gather on a beautiful day to dedicate the new Veterans Memorial Walk.



Gus Sbrogna 95, Frank Swanson 94, Harold Fleming 95, Clint Taylor 92, and Dick Gutridge 90 were special guests at the ceremony as our park's oldest veterans. Richard Gest and Larry Newhart are not yet part of the 90+ club, but were happy to be in their company.



Darold Long, the Master of Ceremonies, reminds us of veterans' sacrifices over the years.



TR's Brass Ensemble plays the Military Medley.



Barb Swartz lends her talent as she beautifully sings the popular *God Bless the USA*.



Phil St. John honors all veterans with Taps.



Celebrating 50th wedding anniversaries in 2022



TOM AND PAT BUTLER

Tom and Pat Butler

Tom and Pat Butler were married on Friday, June 3, 1972 in the First United Methodist Church in La Ponte, Ind. Pat’s father had helped put her through college, but told her that once she graduated she was on her own. Ergo, she graduated on Thursday and married on Friday. The couple did not plan a honeymoon but were fortunate enough to receive a cash gift from a guest at their reception which enabled them to spend a couple of days in Holland, Mich.

The couple met in anatomy class while in college. Tom earned a degree in physical education and health while Pat majored in physical education, English and reading. The two ended up teaching in the same high school. During the summers they taught drivers education together.

Tom was head coach in the school, coaching softball, wrestling and football.

The Butlers lived for many years in Auburndale in Polk County where they raised two daughters and a son. They enjoyed camping and owned a trailer. Upon his retirement, Tom began to search for a place to live full-time in their camper. The couple wanted the site to be near Auburndale as they have five grandchildren in the area. Tom saw TR advertised on a brochure, came here to check it out and never left. They have been full-time residents for the past six years. They love the friendly people, the quiet atmosphere and the wildlife, especially the many species of birds.

Regarding their views on a good marriage, both feel that you should first be good friends. They both feel it is really important, no matter how busy your life, to take time for each other.



LYNN AND LORRAINE WALKER

Lynn and Lorraine Walker

Lynn and Lorraine Walker were married on Saturday, Oct. 21, 1972 in the Barton United Methodist Church in Barton, N.Y.

The couple actually met when they were pre-school age. Their mothers were good friends which led to the children spending time together. Lynn and Lorraine have an interesting but contradictory story concerning their first meeting should you have a chance to ask them about it.

The couple married just out of high school so were unable to plan a real honeymoon since Lynn had to be at work on Monday. They stated that the first chance they had to have a real honeymoon, with just the two of them, occurred 40 years after the ceremony when they took a trip to Jamaica.

Lynn had a career in plumbing and heating and Lorraine was a stay-at-home mother for a number of years, caring for their one son. After their son was grown Lorraine was a school bus driver for 14 years and then served as a school monitor.

The Walkers previously camped in Citra and learned of TR on the Internet. They are impressed with the number of activities available here and the low cost. They hope to return next year if space is available.

Regarding their advice for a long, happy marriage they feel it is important to first be good friends. Lynn also comments that in 50 years Lorraine has never been wrong. He says jokingly they have only had one fight and that began on their honeymoon and is still ongoing. Seriously their commitment is ’til death do us part.

Stories by Margaret Emmetts

Photos by Bill Watkins



See you tonight at the dance

by Pam Watkins

We hope you plan to join us this evening as we honor our TR friends and neighbors who are celebrating their golden anniversaries in 2022. Ask your sweetheart to the dance and make it a romantic evening – buy your date some chocolates, flowers or a beverage of choice to bring to the table. Tickets are just \$2 at the door and light refreshments will be served during intermission.



Travelers Rest Resort, Inc. Veterans Honor Roll



Frank Anderson
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Dan Barthle
Dave Baur
David L. Bass
Jeriel A. Beard
Frank Blunda
Bill Bradford
Leland Bradley
Lee Brenn
Chet Brooks
Jack Carey
Jean Cobb
Michael Cobb
Jim Conant
David Connell
Bill Cordsen
Janet Cordsen
Les Cota
William A. Davis

Charles C. Doran
Ross Ducker III
W. Alan Ewing
Harold Fleming
John Freed
J. Barden Fuller
Robert Gallagher
Frank Gedert
Richard Gest
John J. Gorman
Micky Graham
Jeff Green
Gunny Gundrum
Richard Gutridge
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Ken Hankinson
Robert “Pete” Hill
John Hrcsko
Harold Hughes
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Harold Keefer
Philip H. Kennedy
Larry Kurkowski
Bill Kusky
Lawrence (Larry) Lehman
Ron Lewis
Peter Lipka
Bill Long
Darold Long
Bill Madigan
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Rich Matkovich
Neil McCall
Fred McGoldrick
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Thomas Sutton
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Michael D. Temple
Russell Thackery
Ted Towl
Bill Tucker
Clyde H. Wagner
Robert T. Waldo
Rob Werner
John Wilhelm
Leslie Wilhelm
Ralph Winterburn
Bill Wise

TR Sports

Winners and new members in Chinese Mah Jong

by Marcia Hatfield

The winners for January were Lady-in-Waiting Jackie Gage with 8 wins, Empress Marcia Hatfield with 12 wins and Princess Doris Lewis with 11 wins.

Doris is a brand new player this year. She is joined by 4 other newbies Anne Amico, Lou Smith, Sharon Miller and Mary Beth Coldren. Welcome and congratulations to all our new players. This is an easy game to learn and as you can see even new players can be winners.

Join us on Mondays and Fridays at 1 p.m. in Citrus West. Contact Marcia Hatfield, 614-946-4411, Lot 02-05



Photo submitted by Marcia Hatfield

January winners Jackie Gage, Marcia Hatfield and Doris Lewis.

RC Motorsports

by Douglas Hatfield

Feb. 2

Bob Troyer	36 Pts.
Jake Beintema	36 Pts.
Charlie Gardner.....	36 Pts.

Feb. 5

Dave Watson	36 Pts.
Kevin Cahill	32 Pts.
Howard Best.....	31 Pts.

Table Tennis

by Ann Chalk

New players welcome, Mondays and Thursdays at 3 p.m. in Citrus East.

Mon. Jan. 31 Games Won

Carey Box	5
Dave Bass, Ron Hicks and Barry Sellick	4
Ann Chalk, Tom Etchell and Mark Redus.....	2

Thurs. February 3 Games Won

Carey Box and Ron Hicks.....	6
Dave Bass and Barry Sellick.....	4
Tom Etchell	3
Ann Chalk and Mark Fedus	2

Ladies Golf League results for Feb. 2

by Laurie Gardner

What a beautiful day for golfing! It was delightful golfing in the sun. We had 18 golfers in our first group and 26 in the second group.

Low Handicap 0-12	High Handicap +13
Low Gross	Low Gross
1. Sylvia Cole.....37	1. Patsy Gordon, Nan Lance, Phyllis Simmers43
2. Shirley-Ann Appleby38	2. Martha Smith44
3. Linda Beausoleil41	3. Susan Carr, Joan McLean, Kelly Person.....45
Low Net	Low Net
1. Mary DeWeerd.....32	1. Val Smith.....30
2. Jen Furman.....33	2. Joan Ledbetter, Arlene Wycoff31
3. Jean Bjorgen, Pat Daubenmier, Sandy Nelson34	3. Cathy Holley, Susan Stahley32
Closest to #5:	Closest to #3:
Jean Bjorgen.....17'3"	Val Smith.....4'
Birdies:	Putts:
Shirley-Ann Appleby, Janet Beisel, Sylvia Cole, Patsy Gordon, Martha Smith, Val Smith, Arlene Wycoff, Laurie Zentmyer	Shirley Ann Appleby, Linda Beausoleil, Sylvia Cole and Nan Lance.....14
Chip-Ins:	
Susan Carr, Sylvia Cole, and Arlene Wycoff	

Men's Golf League results from Feb. 3

by Bill Harkins

Today was our 11th round of the Men's League. We had 38 players, (two groups) and the weather was very nice. Please remember to count all putts and circle all birdies. If you hand in an incomplete card I cannot enter accurate scores. Don't forget to get tickets for the Spaghetti Dinner. The Bake-less Bake Sale will be taking donations. See Laurie Gardner or Diane Doggett.

Low Handicap (0-8)	High Handicap (9+)
Low Gross	Low Gross
1. John Porter33	1. Paul Carr39
2. Bruce Anderson.....35	2. John DeWeerd and John Goodyear40
3. Gary Carter, Bruce Pemberton Gary Wintle.....36	3. Dick Myles.....41
Low Net	Low Net
1. Ken Person30	1. Bill Apgar.....31
2. Roy French.....31	2. Phil Riser, Mark Fedus.....32
3. John Scime32	3. Neil Jillson33
Closest to #5	Closest to #3
Bruce Pemberton.....12'4"	Norbert Jansen27'5"
Mark Fedus7'6"	Putts:
Chip-ins:	Casey Fisher, Sam Wykoff.....13
Bruce Pemberton and Brian Whitfield.....1	Bruce Pemberton, Paul Carr14
	Birdies: John Porter, Bruce Pemberton, Lloyd Marsh, John Scime, Bill Harkins

The Withlacoochee State Trail

by Mary Kosbab

If you enjoy walking or biking, I think you would find the nearby Withlacoochee Trail a great place to go for a day.

At 46 miles, the Withlacoochee State Trail is one of the longest, paved rail-trails in Florida. This trail was once an important corridor belonging to the Atlantic Coast Line (ACL) railway system. The ACL operated a vast system stretching several thousand miles from Richmond, Va. to south Florida, with routes reaching as far west as Atlanta, Ga. and Montgomery, Ala. The Trail follows the ACL's former main line from Dunnellon to the Dade City area.

A good starting place is off Route 50. Go north one exit on I-75, turn right at the stoplight and then turn left at the next stoplight. You will see the trail bridge crossing Route 50 at the stoplight. That road will take you to Ridge Manor parking lot where there are well-maintained restroom facilities, handy for beginning or ending your ride or walk.

If you head north on the trail you will enjoy a nice canopy of trees for much of the way, great on a hot day. If you head south you will first have to climb the abutment to the bridge over Route 50, cross over and then continue your adventure south. This route

is more open to the sun, better for a cool day and not as scenic. There is a side trail off the main trail to the north which goes to Brooksville.

We have found this a very accessible trail from TR. We know there are many other bike trails in Florida. I'm sure the TR Bike Club could give you more details on these.

After biking we have found a new Mexican Restaurant El Sol De Mexico which is a great place to stop. It is located on the north side of Route 50, before you go under the I-75 overpass and head south. It makes a very good ending to an enjoyable day.

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In 1972 while Travelers Rest was being built...

by Mary Kosbab

What else was happening in the year 1972 when the Airstreamers were laying the foundation for Travelers Rest Resort?

1. President Nixon signs bill to launch the Space Shuttle Program.
2. President Nixon takes trip to China in effort to soothe relations with The People’s Republic of China.
3. The discovery of the break into the Democratic National Convention headquarters in the Watergate and the arrest of the burglars.
4. The Munich Olympic Massacre where 11 Israelis and one West German Policeman were killed, along with several terrorists. Olympic competition was suspended for 24 hours to hold memorial services for the slain athletes.
5. The premier of the *Godfather* and pop-culture line, “I’m gonna make him an offer he can’t refuse.”
6. The Equal Rights Amendment was passed to provide for the legal equality of the sexes and prohibit discrimination on the basis of sex.
7. The maiden flight of the Airbus A300, the world’s first wide-body twin-aisle commercial aircraft.
8. The Japanese soldier Shoichi Yoko was found hiding in Guam, not knowing that WWII had ended. He had lived in a cave in the jungle for 28 years.
9. The first episode of the TV comedy *Sanford and Sons* was broadcast on NBC. Other popular tv shows that debuted in 1972 included *The Bob Newhart Show*, *M*A*S*H*, and *The Waltons*.
10. The launch of the Pioneer 10, the first spacecraft to travel through the asteroid belt, and the first spacecraft to make direct observations and obtain close-up images of Jupiter.

Classifieds

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★ “Just be good to each other
and take care of the park.” ★
~ Paul Ruth



JERI MILLER



*Photos by Ruth Bordner
and the TR Digital Photography Group*



Lois Showers and Carolyn Place are two cheerful dulcimer players.



Doc and Donna Probes are all smiles.



Antonette Jennings, Laurie Zentmyer, Connie Swanson and Joanna Waltz are happy choir members.



Here’s to the next fifty!