

Vol. 38, No. 7

Years

The TR Times is also available in color at www.travelersrestresort.com Serving the residents of Travelers Rest Resort, Dade City, Florida

January 27, 2023

Hi Lites

Naomi Bristow, the yodelin' cowgirl

Performs at Busch Hall Sunday, Jan. 29, 7 p.m. See pg. 2.





Presents *Top Gun - Maverick* on Tuesday, Jan. 31 in Citrus East. See page 2.



Tin Pan Alley Showcase 2023

Wednesday, Feb. 1, Busch Hall. See pg. 2.

Coffee Seminar

CPR and AED training, Thursday, Feb. 2, 8 a.m. Busch Hall. See pg. 6.



Travelaires

Western themed dance is Friday, Feb. 3, 7 p.m. in Busch Hall. See pg. 6.



Dining with friends

Our next dinner is scheduled for Saturday, Feb. 4, at 5:30 p.m. See pg. 7.



Ohio Day Lunch

Sunday, Feb. 5, 1 to 3 p.m., Citrus East. See pg. 7.

Indiana Day

Wednesday, Feb. 8, 11 a.m. at Papa Joe's, Brooksville.

Activity Reminders

Golden Anniversary Dance

Married in 1973? Celebrate your 50th Wedding Anniversary as honored guests at the dance on Friday, Feb. 17. Sign up by Friday, Jan. 27. See pg. 6.

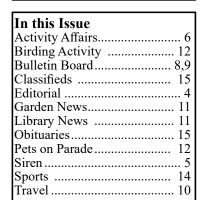
Calling Michiganders

March 4, noon, Citrus East. See page 7.

TR Talent Show

Sunday, March 12, 7 p.m., Busch Hall.

See page 2.



Activities make TR special



Church Association Chaplain Anthony Shipe and Chairman John Daubenmier.



Marcia Hatfield, Inabelle Sides, Lou Smith, Shirley Gavin and Nancy Moschler play Chinese Mah Jong.



Kathy Shawver, Marlene and Harold Hughes are served by Bill Watkins while Dining With Friends.



Carol Bowman, Betty Brown and Lois Showers display their dulcimers.



Laura Weik, Laura Lilawski, Pam Forysth, and Donna West represent the Garden Club.



Diana Fisher and Rachel Brooks are Knotty Knitters.

by Margaret Emmetts

It is true. Our activity program is something that makes TR special. Do you realize that we have 118 different activities available to our residents each week? More importantly, all of these activities are chaired by volunteers. If you are bored at TR it is definitely your own fault.

By far the activity with the most participation is golf. There are lessons, men's and women's Leagues and Scrambles. If you are up for really physical activity you may be interested in bicycling, Aerobics, Ballroom Dancing, or any of our exercise activities

Should you be of an artistic bent you might enjoy watercolor, oil or acrylic painting. Or, if your artistry be musical there is the Celebration Choir, Travelaires Orchestra, the women's or men's chorus or the hand bell choir.

Does your artistry run to quilting knitting, quilling or beading?

Just moderately active? We have something for you. You might race remote controlled boats or cars or enjoy a bird walk.

If you are a true couch potato you might enjoy curling up with a good book suggested by the Book Browsers.

The list goes on and on, 118 different activities in all. The number and diversity of these activities might be what brought you to TR in the first place. The TR Times devotes two pages of each issue to the Bulletin Board which lists all these activities. It specifies the time and location of each as well as who to contact to gain additional information. The issues of the paper appear on the park website. Many people who are seeking locations to spend the winter refer to that website. I don't know how many times I have been told that people came to the park because of the number of activities offered here. Our articles and photos of activity events further act to lure people to our park.

I do not know of any park that offers the number or diversity of activities that you find at TR. Something else to consider, many activities are free or charge a minimal cost each season to participate and cover supplies. I have heard that some parks charge each time you participate. Suppose the charge is a minimal \$5. For a couple who each participate in one activity a day each day of the week, this could amount to an expense of about \$300 per month!

Yes, our generous free activity program does make TR something special.

Photos by Pam Watkins

More photos page 13.



Glenn and Gabriella Young and Alan West display their Karaoke equipment.



Lorraine Gould uses 900 plastic bags to make each Mat for the Homeless.



Brian Krupika identifies features of the Model Railroad to Jenice Johnson.



Vynette and Kevin Willbur describe the Rock Hounds/Rock Tumbling activity to Janet Gilberty.



Rug Hookers Mary Beth Bauer and Judi VanSwol have their work admired by Lisa Davis.



Mary Kubinec, Laurie O'Rourke and Pat Gallagher are members of the Oil and Acrylic Painting group.



A Meet the Candidates program is scheduled on Thursday, Feb. 9, at 2 p.m. in Busch Hall. Please plan to attend. See more information on page 3.

BUSCH HALL Sunday Night

Naomi Bristow, the Yodelin' Cowgirl

by Ken and Sandy Langell

Busch Hall Sunday Night on Jan. 29 the featured performer will be Naomi Bristow, The Yodelin' Cowgirl. Naomi is a young cowgirl that hails from a small farm in Ontario. Her family was involved in the rodeo life which led her down the path of country, western and gospel music. In the past 15 years she has traveled across the countryside in Canada and the U.S. performing for thousands, while being rewarded with kindness and admiration from folks of every age.

Naomi's husband Nick grew up near her family farm in Beeton, Ontario. He is a farm boy and also loves to sing and travel with Naomi. Raised in a rodeo family, Naomi has a love for horses and enjoys riding at any opportunity when she's not on the road. She also has a great appreciation for western cowboy music and her strong faith has guided her to gospel music. Naomi has enjoyed pursuing music full time since graduating college. She performs at churches, jamborees, fall fairs and festivals and in 2019 had the opportunity to tour across Canada with the Scott Woods Band, performing 82 shows in 85 days.



NAOMI BRISTOW

She began singing at the age of 6 at rodeos, fairs, festivals and talent contests that her parents, or grandparents, would take her to almost every weekend throughout the summer. She started off singing with her brother, but decided to perform on her own singing traditional country music influenced by Leann Rimes, Dolly Parton and Loretta Lynn. One day she discovered a young girl on TV that yodeled and Naomi decided she wanted to learn to do it too, so her grandpa bought her an instruction book and tape recording and Naomi taught herself to yodel at only 8 years old.

Naomi has recorded several albums that include duets with such famous artists as Jim Ed Brown, Vince Gill and Bill Anderson. She has opened for Moe Bandy, Marty Stuart, Charlie Daniels, Gene Watson, Bobby Bare, Rhonda Vincent, David Frizzell, Leona Williams and many others. At 14 years old, she was in the Top 20 of the Canada's Got Talent TV Show and her list of awards is just too long to print here!

Admission is free. Come early for the Ice Cream Social from 6:15 to 6:45 p.m. Announcements start at 6:45 p.m. and the show follows at 7 p.m.



Let your talent show at the TR Talent Show



by Donna Neer, Producer/Director

Every March, residents of TR have the opportunity to display their talents to the TR audience. This event is one of the most highly attended Sunday night shows of the season.

All acts have a three-to-fiveminute time limit on stage to present their talent, be it singing (solo or with a group), dancing, skits, instrumental solos, duets or groups and so on. Because of time restraints only 15 acts are presented.

In addition to performers, assistance is needed in the following categories: production assistants, stagehands, sound/technical support, lighting, makeup artists, costume design and announcer.

The annual TR Talent Show is produced and directed by Donna Neer, lot 10-71. For more information, call 419-366-0471 or follow the articles for this great event in *The TR Times*.

Tin Pan Alley Showcase 2023

by Ken and Sandy Langell

It is time for our annual Entertainment Showcase! A Showcase is an opportunity for a talent agency to present their entertainers to talent buyers from various organizations around the state. John Timpanelli, of the Tin Pan Alley Talent Agency, will host a Showcase at Travelers Rest on Wednesday, Feb. 1 in Busch Hall. Buyers from around the area will attend. Each entertainer is given about 15 minutes to present a sampling of their act. It is a fabulous opportunity for our residents to see great acts and weigh in on the performers you would like us to bring back for a full

A few of the acts you will see are pictured above and include Doug Gabriel, a famous Branson act and Scott Woods, Canadian fiddle champion. It's wonderful, free entertainment and we have an ulterior motive for hoping you will watch the whole show. We truly value your feedback about the acts you will see. Two of the Busch Hall Sunday Night acts that will perform this season were booked because of residents' input after last year's Showcase.

The Snack Shack crew will be serving lunch at Busch Hall on the day of the show. The actual Snack Shack will be closed for the day. You will be able to purchase their world-famous hoagies and a special treat, personal-sized pizza! Drinks will also be available. They will start serving at 11:30 a.m. and close at their regular time, 2 p.m. The show starts at 1 p.m. Performers will be arriving all morning so watch out for extra traffic and people who may be lost. Thank you.















by Carol and Jim Henrikson

On Tuesday, Jan. 17, Elvis was well attended with generous contributions to the freewill jar. We are very pleased with your ongoing support of TNM. Our next movie to be held on the Jan. 31 will be Top Gun –Maverick followed on Feb. 7 by Tammy Faye. Specific details of each movie will be posted on the Movie Bulletin Boards at Busch Hall and Golf View.

We are following up on the possibility of the very popular interest in popcorn as a movie snack. In the coming weeks we will try to locate popcorn supplies, check the equipment and if all goes well recruit some volunteers and restore the availability of popcorn at your TMN evenings.



The new projection equipment continues to operate well and is much enjoyed. The upgraded theater sound equipment has been a challenge to get up and running in a reliable fashion. It has been identified that compatibility with the Spectrum Internet service is a problem. Our hope is to have these issues resolved within a few days so that reliable full sound experience is available soon.

We thank you for your support in our continuing effort to screen outstanding film productions. Keep your movie suggestions coming and we will try to present as many of them as possible for your enjoyment.





From the Manager's desk

by Ray Hill with Rich Kushman

This past week Dick Bowman was tearing down the old shed behind the Jeri Miller Activity Bldg. which caught the attention of Bill Watkins and his camera. That old shed was originally the cable TV shed. Some will remember when the park had its own cable TV service. The shed was later equipped with AC and used for old records storage. Its age could not justify continued repair. This led into a question. Can TR residents get new sheds? There are 3 sheds budgeted for replacement every year, so if you think your shed is deplorable and qualifies, contact the office.

Who are the certified food managers? Right now the park has



RAY HILL

four, Lee Brenn, Linda Smith, Tina Hall, and Dave Napoletano. Tina and Dave are also employees of the park with other duties. There are also several ServSafe volunteers when needed for plating of food. Food that is prepared using park facilities or sold in a park facility must be supervised by a certified food manager. Homemade food brought to any park venue for a potluck or other food sharing activity does not have restrictions.

If you have not been getting the mass emails sent to residents from the Board, call the office to make sure your email address is included in their file. One and only one email per site is allowed. If you and your spouse have different email addresses you will have to select just one for the office to use.

There has been some concern regarding the raised areas of the sidewalk along TR Boulevard and rightly so. Heavy rains will often cause troublesome stumble spots. We already have plans to repair any unsafe areas this summer.



Photo by Bill Watkins

Dick Bowman mans the machine to demolish the old shed behind the Jeri Miller Activity Bldg.



TRash **Talk**

recycling have been fantastic! Thanks to all for embracing the program.

Let's talk about aluminum cans. For many years the residents have been doing a great job of recycling the most valuable commodity in the waste stream. We want everyone to continue the practice of separating soda cans and beer cans and placing them (rinsed and naked) into the wire bins. Our staff transport them to a salvage yard in Brooksville and TR earns about \$1000 per year from them. If you happen to include



these aluminum cans with your

As a reminder, please don't throw plastic bags in the recycle bin whether empty or full of recyclables. They are a contaminant. Also, if you have an item that is too big for a trash bag then it is too big for a trash bin. More on this

Thanks again for your sup-

Meet the Candidates

Do you have a question for the candidates?

Meet the Candidates on Feb. 7

by Margaret Emmetts

On Thursday, Feb. 9 at 2 p.m. in Busch Hall The TR Times will hold a Meet the Candidates program. This is an opportunity for all residents to meet the candidates, listen to them express their views and ask them questions.

The program will begin with an opening statement from each candidate, to be followed by questions submitted by residents.

As is the custom, residents will not address the candidates directly. Please use the coupon on this page to submit your questions to The TR Times prior to the program. Coupons will also be available at the meeting and may be submitted there to a TR Times representative.

Question for

or to all candidates ____

Questions may be addressed to a specific candidate or to the entire slate. However, regardless to whom questions are addressed, all will have the opportunity to

This year's candidates have not had prior experience as Board members, therefore it would be unreasonable to ask questions regarding interpretation of specific Board practices.

Following the Q and A period, each candidate will be given the opportunity to give a closing statement.

Please plan to attend Meet the Candidates and become an informed voter. The election of new Board Members is at the AGM scheduled on Tuesday, March 14.

by Dean Peters

The first two weeks of

deposit of other recyclables, not to worry. They can be processed with the steel containers, plastic containers and cardboard.

subject in future messages.

port. If you have any questions or suggestions, call 813-317-3269.





____ Use my name _____

Return to Managing Editor, The TR Times, by placing this form in

The TR Times box in Busch Hall or The TR Times mail box 2817.

Clark Kent does not work here

by Margaret Emmetts

That's a fact. The TR Times does not employ Clark Kent, nor does it have a group of roving reporters gathering news items about the park activities. The paper is happy to print information regarding what is happening within the park; past, present or future. However, the only source we have for this information are our residents and the Board.

Articles can be submitted by residents or the Board. Do not fail to submit an article because you are unsure of your writing skills. All articles are polished by our editors. Just be sure to include the following information: what will happen, where it will take place

Monday - Friday

8:00 a.m. - 5:00 p.m.

Saturday

8:00 a.m. - noon

and when. Also include any pertinent additional information. Are tickets needed? If so, when and where will they be on sale? If you wish to include a photo, space permitting, please contact *The TR* Times at 352-588-4993 or via email. We would appreciate at least a few days' notice.

The TR Times is sent to the printer early in the week before the paper is placed in your mailbox. The deadline is always the Friday before the paper in which you want to see your article appear. Please allow sufficient time for your article to meet this deadline. Articles may be placed in the box in Busch Hall located near the door to the Post Office, or sent by email

13847 US 98 Bypass

Dade City, FL 33525

to thetrtimes@gmail.com.

The Hi Lites section on the front page calls attention to special events. Inclusion in this list is by request, so be sure to ask for this when submitting an article about an up-coming activity.

The paper's Bulletin Board lists all on-going activities, such as church services or clubs. It is vital that activity chairmen up-date this information frequently to Guy Weik, the park's Activity Director, in order to keep the Bulletin Board

Please help us keep our residents informed about what is happening. Clark Kent does not work for the paper but we have a team of super reporters - all of you.

Letter to the Editor

It must have been a proud day on April 13, 1972 when TR's Articles of Incorporation were filed in The State of Florida! These documents are the "backbone" of a country or a corporation... their foundation. As stated in our Articles of Incorporation "Every amendment shall be approved by the Board of Directors, proposed by the shareholders, and approved at a shareholders meeting by a majority of the stock entitled to Waldo A. Seaman and Jacob Busch signed this document.

In 1997 the Articles were amended to change the name from Travelers Rest, Inc. to Travelers Rest Resort, Inc. and to eliminate the "member of Wally Byam" criteria. The park was changing its focus and moving forward with the

With respect to the TR bylaws it states that the nominating committee operates separately from the Board. This year, though, the Board disqualified a candidate for reasons not allowed under our bylaws and therefore interfered in the process. Only after my resignation from the nominating committee and my public complaint at a forum was this "rectified" and the missing candidate was interviewed

We are dependent upon the bylaws being a governance structure that shareholders can depend on and when they are ignored it risks undermining the trust in the board.

What can we do? In a democracy we have the right to vote. Talk to the candidates, ask questions at the Meet the Candidates program and let your vote be your voice.

Joan McLean





thetrtimes@gmail.com



Good communications lead to good relationships

by Margaret Emmetts

When we are dealing with friends, family or organizations, the kinds of relationships we have usually depend on the quality of our communication.

I personally prefer, when possible, to communicate face to face. Whether or not we realize it, when we talk face to face, either consciously or subconsciously, we make a number of evaluations. We interpret tone of voice, facial expressions, gestures and body language. Is the individual being truthful, evasive, outright lying, joking or being facetious?

In today's society much of our communication is done on social media rather than face to face. As a result we cannot always evaluate the person's meaning or intentions. Is the information posted fact, an opinion or otherwise. Also, is the person doing the posting qualified to disseminate the information? Many people read false information. Alas statistics show that when a retraction or correction is made the new information is read by relatively few. When erroneous information is distributed it is often embellished in future transmissions, thereby compounding the error. It amounts to a house of cards built on a shaky foundation.

Another consideration when reading social media should be whether or not the information actually applies to the situation. The posting may contain accurate information but not interpreted or applied correctly.

At TR we have a variety of ways to receive information about the park. We have an AGM, Forums, Veranda Chats, Board emails and of course The TR Times. In the instance of Forums, we should realize that there are two groups involved in communicating information. The TR Board which should be the authority when it comes to citing bylaws, policies etc. and TR residents

who for the most part are asking questions and offering opinions.

When receiving communications it is the responsibility of the listener/
reader to do their due diligence. Good information is available. Bylaws, policies, etc. are available on line or in the TR Main Office. Copies of Board minutes are available upon written request. Yes, the requirement for a written request and a five day notice is a legal requirement, not the whim of TR.

Let us all make every attempt to maintain good quality communications in order to maintain good relationships regardless of whether we are dealing with friends, family or others. mre

The TR Times

TRAVELERS REST RESORT, INC. Box 2817, 29129 Johnston Rd. Dade City, FL 33523-6128

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To view TR Times newspapers in color online go to www.travelersrestresort.com and click on Newspaper.





The Servant's Plow



Refuge, strength and help

Psalm 46 NLT

For the choir director: A song of the descendants of Korah, to be sung by soprano voices.

1 God is our refuge and strength,

always ready to help in times of trouble. 2 So we will not fear when earthquakes come

and the mountains crumble into the sea.

3 Let the oceans roar and foam.

Let the mountains tremble as the waters surge! Interlude

4 A river brings joy to the city of our God, the sacred home of the Most High.

5 God dwells in that city; it cannot be destroyed. From the very break of day, God will protect it.

6 The nations are in chaos,

and their kingdoms crumble! God's voice thunders, and the earth melts!

7 The Lord of Heaven's Armies is here among us, the God of Israel is our fortress.

8 Come, see the glorious works of the Lord: See how he brings destruction upon the world.

9 He causes wars to end throughout the earth. He breaks the bow and snaps the spear; He burns the shields with fire.

10 "Be still and know that I am God! I will be honored by every nation. I will be honored throughout the world."

11 The Lord of Heaven's Armies is here among us; the God of Israel is our fortress.

Interlude

Interlude

by Anthony Shipe

We are all aware that we are living in very troubling times in our world. Things like COVID-19 and a bad economic forecast have turned the world upside down. The world is suffering from wartime conditions that have escalated from confusion to chaos in the Ukraine. Our missionaries from all over are in danger as well. Not to mention countless natural disasters as well.

In times of distress, the need you and I have for God's comfort and our courage can be met by meditating upon and being challenged to embrace our Lord's divine presence, promise and

One of the passages of Scripture that I urge you to meditate on is Psalm 46.

Many biblical scholars agree that this Psalm was written after the Lord stepped in to save Jerusalem from Sennacherib, the brutal Assyrian ruler.

II Kings 18 also records how the Northern Kingdom of Israel had fallen to Sennacherib. Now he was on his way to Egypt, conquering and capturing cities and territories in his path. The little kingdom of Judah stood in his way. In the year 701 BC, the brutal ruler raped the small city of Lachish. Then he sent a message to Hezekiah, King of Judah, saying, "That's exactly what I'm going to do to Jerusalem." Talk about trouble.

For extra credit you can read how a mysterious plague swept over the Assyrians. Sennacherib and those who were still alive retreated. They returned to Nineveh beaten, not by combat with Judah's armies or the strong walls of Jerusalem, but by the Lord's intervention.

All of us need to take heed to the expert medical advice we are being given. Yes, wash your hands, avoid close contact with people, especially those who are sick, avoid touching your face, stay home if you are sick, clean and disinfect touched objects and surfaces and above all don't panic.

Notice that the psalmist begins where we all must begin and that is with the mindset: God is ...our refuge ... strength ... ever PRESENT ...help in times of trouble. Our Lord is the One to whom we can retreat for refuge, strength and help. As you read II Kings 19, you will see Hezekiah spread out before the Lord the threats of Sennacherib in prayer.

I read that during the Civil War Abraham Lincoln cautioned that being on the Lord's side is more important than arrogantly assuming He's on our side. Prayer enables us to see the issues of our trouble and seek our Lord's guidance. The reason for this is that some of our troubles are caused by us. We may need to seek forgiveness before the Lord can help us. Other troubles are caused by other people, and we need to ask the Lord for His guidance in how to solve



ANTHONY SHIPE

the trouble by helping the people involved.

When we ask God for His perspective and power and are willing to follow His guidance, God shows us how to communicate His love and forgiveness. It is in those times we find God's presence and God is our refuge, strength and help.

Let us pray that God will use these chaotic circumstances to reveal Himself as the sole Source of help and Solution to all our problems. Pray that many will turn to Jesus Christ to find peace and protection amidst the chaotic conditions that are upon us all around the world. I am reminded that Jesus Christ is the Victor and has overcome the world. "My peace I give to you."





Daily Masses 7:30 am Monday - Friday

8 am & 10:30 am

RELIGIOUS EDUCATION CLASSES

Sunday, 9:05 am - 10:20 am Rev. Krzysztof Gazdowicz, Pastor (352) 588-3641

The Siren



by Jean Cobb

Did you know that some patients, particularly women, may have vague symptoms of a heart attack or even no symptoms at all, or they may say that they just tire much more quickly than normal? Classic symptoms of a heart attack can include - uncomfortable chest pressure, squeezing or crushing pain in the center of the chest lasting more than a few minutes, pain that spreads to the left shoulder, arm, neck, back, or jaw, indigestion, nausea, shortness of breath, lightheadedness, fainting, or sweating.

A heart attack can occur with no warning, or after repeated episodes of chest discomfort. While risk increases as we age, heart attacks can occur at any age and without any history of cardiac disease. Sometimes people who experience a heart attack have

Chest pain = heart attack?

warning symptoms hours, days or even weeks in advance, but they may not recognize those symptoms until they look back and see the pattern. A typical warning sign of an impending heart attack is recurring episodes of chest pain, pressure, or discomfort that start with a physical activity (such as shoveling snow, golfing, walking, exercising, or sexual relations) and disappear with rest. Recurring discomfort should be fully evaluated by your medical care team.

Chest pain that lasts more than a few minutes should be evaluated immediately by medical professionals who have the diagnostic tools to get to the root of the problem. While it is possible that chest pain can be caused by true indigestion, stress, or lung conditions, it can also signal serious medical emergencies such as heart attack or pulmonary embolism so don't ignore, minimize or deny the symptoms. With a heart attack time is critical! In many cases, damage from a heart attack can be minimized with early and definitive care at a hospital.

If you or someone else has symptoms of a heart attack, don't 'tough out' the symptoms for more than 5 minutes. Do not attempt to drive yourself or someone with chest pain to the hospital. Dial 911 on any cellphone or landline.

Once you speak with the Dispatcher, they will notify Station 33 here at Travelers Rest. You will hear the siren sound, the Pasco County Ambulance will be dispatched and the TR First Responders will arrive quickly. In the meantime, unlock your outside door (if possible, have someone else unlock it), turn on an outside light if it is after dark and then sit or lie down to decrease stress on your heart. CHEW one (1) adult aspirin or four (4) cardiac strength or baby aspirin unless you are allergic to aspirin, are on another blood thinning medication, have bleeding problems or if your doctor told you previously not to do so. Help is on the way!

Things to Remember:

Does each person in your TR home have a current Vial of Life in the door of the refrigerator? If not, please do one now! Vials are available on Sunday evenings before the show at Busch Hall.

Can we find you in an emergency? It is very important that the lot number of your TR site be clearly visible from the street so that First Responders and the Pasco County Ambulance can easily locate you in an emergency.

Healthy Tips

Cholesterol: What is it?

by Donna Neer, RN (retired)

Cholesterol, made by the liver, is a waxy, fat-like substance that is found in the walls of the cells in all parts of your body. Cholesterol is used by the body to make hormones, vitamin D and substances that help to digest foods.

Cholesterol travels in our bloodstream in small 'packages' called lipoproteins. There are two main types of lipoproteins and it is important to have healthy levels of

High-density lipoproteins (HDLs), also referred to as 'good' cholesterol, removes cholesterol from the tissues in the liver. Cholesterol is subsequently expelled from the body. I personally like to call HDL's "healthy cholesterol." The term 'bad' cholesterol, low-density lipoproteins (LDLs) carries cholesterol to the tissues in the body, including our arteries. I call the LDLs "lousy cholesterol." The largest concentration of cholesterol in the blood stream is LDLs. If the LDL level is high, a person could be predisposed to cardio-vascular disease as the arteries become blocked.

When we have our cholesterol checked by our physician, he/she

will look at four numbers: total cholesterol: LDL (bad) cholesterol, HDL (good) cholesterol and triglycerides (another type of blood fat). Keep in mind, that your physician is the best source of information on cholesterol and what specific levels may mean to your health.

Generally, a total cholesterol of less than 200 mg/dl is a desirable laboratory level. LDL (bad) cholesterol optimal value is suggested at less than 100 mg/dl. As this number goes higher, it means that there is higher concentration of fat circulating in your arteries; which in turn can lead to heart disease. Usually HDL (good) cholesterol optimal value should be less than 40 mg/dl, which means that the liver is doing its job as it takes fat from the bloodstream and expels it from our bodies. A lab value of less than 150 mg/dl for triglycerides may be considered

Without having our physician order a complete cholesterol profile, we will never know if our HDLs, LDLs and/or triglycerides are at normal or abnormal levels. Upon receipt and analysis of your cholesterol profile values, your physician may order lifestyle changes and/or medications to correct what she/he may perceive as abnormal findings.

TR Fire/Rescue fundraiser was a great success...

by Pam Watkins

At nearly 550 tickets, the Fire/Rescue pulled pork fundraiser was a great success - thank you,

"We had people waiting in line before we opened," Jim Doggett said, "one lady was in line at 3:30 p.m. to avoid the rush!" The line to pick up dinners stretched from Busch Hall back to the TR Office for most of the time between 5 and 5:30 p.m., but a quick glance showed that folks were happy to be there. Dan Zile, who picked up his two dinners around 5:15 p.m. said he had a 25-minute wait, but that it was worth it.

The weather was a bit cool and damp, and sprinkles threatened now and then, but the operations continued to run smoothly. As customers turned into the parking lot behind Busch Hall they were met by Joe Colao who directed the traffic into an orderly line. Gloria Polzin was next taking customers' tickets, ensuring their names were on them and depositing the tickets into the drawing. She relayed the number of needed meals to Jean Cobb who notified those who were

putting the meals together. Vehicles pulled forward to a stop under the watchful eye of Jim Connant and waited for their meals. There were volunteers behind the serving tables to spoon the different menu items into carryout containers carried along the front of the tables by a different group of folks. At the end of the line were those who placed the containers in bags and the runners who carried the bags to the waiting customer in line. It was amazing to watch.

Chief Larry Polzin said that all of his crew volunteered for the event bringing the number to more than 30 who worked to prepare, serve, direct and clean up. Door prizes were announced later in the evening with the grand prize basket from Charlie's Market going to Jean Landry. If you missed out on this year's dinner, be sure to get in line early for next year's tickets. This is a worthy fundraiser to support our men and women who serve at TR's Station 33. Thank you to all those who volunteered to bring the community a great pulled-pork dinner!

and the winners are...



Video by Pam Watkins

Click the picture above to view BBQ video.

by Gloria Polzin

Thank you for supporting the TR Fire/Rescue fundraiser. We especially want to thank Charlie's Market, Glavich Produce, the Snack Shack and TR Office for their donations for the drawing.

The grand prize from Charlie's Market was a beautiful gift basket won by Jean Landry.

Glavich Produce donated two fruit basket which Vicki Brooks and Jim and Cindy Conant won.

The Snack Shack donated two pairs of gift cards that were won by Judy Leister and Linda Smith.

A thermos and insulated cup set was won by Gary Wortz. The TR Office donated an insulated mug that Ronnie Brooks won.

Time for a check?



Don't forget that our TR First Responders offer free blood pressure screenings on Tuesdays, 10:30 to 11 a.m. at the Fire Station.

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Travelaires thank you for a great opening dance



by Jackie Thackery

Thank you to those who came to TR Dance Night in Busch Hall last Friday. Everyone demonstrated approval of the performances with applause and generous freewill offerings. This money will be used to purchase music, T-shirts and other items needed by the Travelaires.

We especially wish to sincerely thank our volunteer vocalist Doc Probes. He stepped up to fulfill a spur of the moment need when additional singers were unable to participate. He demonstrated his exceptional vocal talent and sensitivity to various music

Thank you to Mark Horowitz our substitute director who previously only led a few songs at practice. Mark demonstrated his musical gifts by occasionally playing his alto saxophone as he led the band during our entire program. Of course we hope our hard-working volunteer director Phil St. John will return very soon. In his absence, Mark did a super job. He encouraged the band with

supportive, complimentary comments between numbers and was attentive to member's needs and advice by calling measure numbers and listening to other musicians about rate of some musical numbers. Finally thank you to the special attraction during intermission, the line dancers who backed up their leader Alex Adair. Thank you one and all for an entertaining

The next dance will have a western theme and be held Friday, Feb. 3 at 7 p.m. in Busch Hall. Remember to bring your own refreshments. There is no entry fee this season. Y'all come!

If you were married in 1973 and are celebrating your 50th Anniversary in 2023, today, Jan. 27, is the deadline to contact The TR Times so that you will be recognized at the Anniversary Dance. The dance will be on Friday, Feb. 17, at 7 p.m. in Busch Hall. Please complete the form on this page and drop it off to *The TR* Times or email the information to thetrtimes@gmail.com but do it today!

Coffee anyone? Socials and Seminars are underway

by John Lawrence

TR's Coffee Social got off to a great start on Monday, Jan. 9. There was a sizable group of men who volunteered and the tables and chairs were quickly set up. We had more than enough ladies to make the coffee and set up a hot water maker as well as setting up the variety of treats for easy access for the customers.

There also was good news on the financial front: Our Board of Directors is continuing to purchase the ingredients for making coffee, tea and hot chocolate, so beverages are still free. You must bring you own 8 oz. cup or pay a quarter for a Styrofoam one. Coordinator Jim Matkovich made the initial purchase of various treats, and then did the math to ascertain that we could keep the cost of treats at one dollar each without "breaking the bank." He will do a weekly summarization and turn over the proceeds to the TR Treasurer. Jim informed the volunteers that at least four men are needed each morning to set up tables and chairs.

Assistant Coordinator Arline Lawrence was able to sort out the ladies who volunteered and began placing their names on a daily schedule. More women are still

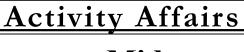
Arline emphasized that "free coffee, hot tea and hot chocolate are available at 7:30 a.m. each weekday morning, so many folks can easily get a free cuppa before beginning to work or play."

Many interesting and informative seminars are planned for Thursday mornings. Watch for Seminar updates each week.

CPR training CPR announced

A Coffee Seminar training session is scheduled at 8 a.m. on Thursday, Feb. 2 at Busch Hall. Station 33 Rescue will be providing AED and CPR training for TR residents. Joe Colao and the TR First Responders will be teaching session. All are welcom

LIC# EC13007703



Mid-season schedule adjustments

by Guy Weik

I want to make you aware of some changes to the Monthly Special Events section in your TR Handbook/Phonebook. If you grab a pen and open your booklet to those Monthly Special Events, I'll guide you through some of these schedule changes.

First of all, I know many of you will be pleased to know that Deborah May called me last night to say the Board recently voted to allow Yard Sales on the 3rd Saturday of each month. This is in addition to the monthly Flea Markets that are held in Busch Hall on the 1st Saturday of each month. Please add the following YARD SALES to your booklets: Saturday, Feb. 18 and Saturday, March 18. One final Yard Sale is already scheduled for Saturday, April 1. Yard Sales run from about 8:30 to 11:30 a.m.

This is the last year Walt and Betty Gilson will be setting up the monthly Flea Markets in Busch Hall. We thank them so much for their dedication in keeping this very popular event going at TR. If no one volunteers to take their place, the Flea Markets will not be held next year. If you are interested in working with the Gilsons for the remaining Flea Markets this season to learn what they do, please contact them or me.

You can cross off the Health



changing over to the new scheduling program in November and December, I just haven't had time to put this all together. We are trying to share some of the health ideas during the Coffee Seminars. We are not sure about the Fashion Show scheduled for Feb. 9. Elaine Risher, who ran the Fashion Show for many years, has left the park. There has been some interest in keeping it going, so I will post an update on this soon.

The U.S. vs. Canada TR Golf Tournament is scheduled for Saturday, Feb. 25. The TRGA has also scheduled two more GLO GOLF events for Feb. 9 and March 9.

Michigan Day has been changed from March 5 to March 4. I accidentally wrote Activity Fair on March 15. Please change Fair scheduled for Feb.15. While that to the Hobby and Art Show.

Model Railroad Club News



Photo by Brian Krupicka

WINTER SCENE MODULE

by Brian Krupicka

Do you remember making dioramas? You do not need to be a railroad enthusiast to attend our meetings. The model railroad group has over 30 dioramas and members' skill levels vary from novice to experienced. Residents are welcome to design and build modules. We will help each step of the way. If you have an interest in this hobby, please call Brian Krupicka at 630-961-1243. We meet on Fridays at 10 a.m. until noon in the Activities Center.

Book Browsers

by Nan Lance

TR Book Browsers will be discussing Hamnet, a fictional account of Shakespeare's son, by Maggie O'Farrell. Please join us on Wednesday, Feb. 8 at 2 p.m. in Citrus West.

All are welcome. Hope to see you there.





Were you married in 1973?





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Geocachers explore **Brooksville**

by Nan Lance

The TR Geocachers went to Brooksville this past week. We found several caches near the old railroad museum and explored Brooksville history with an Adventure Lab.

An Adventure Lab isn't hidden containers but hidden information. We learned about the area being settled by the

Chocochatti tribe. Brooksville was named after U.S. Representative Preston Brooks who bludgeoned an abolitionist senator in Congress with a cane in 1840. The Lab included visiting several historic buildings including Frank Saxon House, May-Stringer House, the Train Museum and the Historic Hernando County Courthouse.

Yay for Ohio Day

by Deb Englert and Deb Etchill

When: Sunday, Feb. 5, 1 to 3 p.m.

Where: Citrus East

Who: all Ohioans - (past and present)

Sign-up sheet: posted at Busch Hall Bulletin Board.

Menu: Fried chicken will be provided along with tea and lemonade.

- 1. Please bring (add this to sign-up sheet) a favorite dish to share and your own table settings (including coffee mug if you prefer).
- 2. BYOB.
- 3. Deadline to sign up is Tuesday, Jan. 31.

A \$3 donation will be taken at the door to defray the cost of chicken. Door prizes: We welcome and greatly appreciate donations for door prizes. These do not need to be expensive.

Any questions & door prize drop-offs please contact: Deb Englert: 419-503-1285, RV South 14-27

Deb Etchill: 419-366-0551, Golf View (Row 60-04)



Indiana Day is just around the corner

by Carol Yoder

Mark your calendar for Wednesday, Feb. 8 at 11 a.m.

We will be having lunch at Papa Joe's Restaurant, 6244 Spring Lake Highway near Brooksville. Papa Joe's is an Italian-style restaurant with lots of atmosphere. We will be having lunch at 11 a.m. and ordering off the lunch menu. Each attendee will be responsible for their payment. Drink and tip are extra.

The restaurant is requesting the number of attendees for the meal. Therefore, please contact by calling or texting Carol Yoder at 260-820-3481 by Sunday, Feb. 5.

Whether you are a long time resident, new to the park or just visiting TR for a short time, plan on joining our Hoosier get together.



Michiganders, save the date

A luncheon is planned for all TR visitors from Michigan. Please mark your calendars and plan to attend on Saturday, March 4, at noon



Friday Afternoon

Don't miss Doc & Donna today, Jan. 27 at 3:30 p.m. in The Grove or Busch Hall according to weather.



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Dining with Friends

by Marlene Hughes

Dining with Friends met Saturday, Jan. 11, at 5:30 p.m. for the first time this season. Harold and Marlene Hughes have taken the event over this year from the previous hosts. We were excited to see old friends and make new ones as we shared food and fellowship. As you can see by the pictures we had a great time. I guarantee you will have great food, fellowship, new friends and fun. We usually meet the second Saturday of the month, however we have a conflict in February so plan on coming the first Saturday, Feb. 4. We plan to use an Italian theme. If you can do an Italian dish great, if not come anyway and just bring a dish and your beverage of choice. Everything else is furnished. There is a sign-up sheet on the Activities Bulletin Board in Busch Hall, but it's limited to the first 50 people who sign up. We are looking forward to seeing you at the next Dining with Friends on Saturday, Feb. 4, at 5:30 p.m.

> **Dining with friends** is limited to 50 people!





Photos by John Goodger

Turnout is good for the first Dining with Friends meeting.



Ruth Bordner, Emily Fly, Linda and Gene Gough, Clint Taylor and Sandy Nelson look like a group of happy diners.



Mardelle St. John spoons some salad on her



Marilyn Long and Mardelle St. John are considering the options.

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Bulletin Board

Travelers Rest Resort Activities

ACOUSTIC JAM SESSION

PICKIN' & GRINNIN' - Wednesdays, 3:30-5:30 p.m., Hobby House. December thru March. Rob Werner Harold Keefer

BOOK BROWSERS

2nd and 4th Wednesdays, 2 to 3 p.m. in Citrus West.

Nan Feeney Lance

COFFEE SOCIAL

CREATIVE ART GROUP (CAG)

Monday thru Friday, 7:30 to 9 a.m. in Busch Hall. Please bring your own mug.

Jim Matkovich

FRIDAY AFTERNOON LIVE!

Certain Fridays, 3:45 to 5:15 p.m. at The Grove Stage. Check dates online.

Donna Probes

AMATEUR RADIO CLUB

2nd and 4th Thurs., 6:30 p.m. in the Jeri Miller Activity Center. November-March Meetings open to all. Amateurs can check into the 8 a.m. Two Meter Net on 146.430 Mhz Monday thru Saturday.

BOWLING

Fridays at 2:15 p.m. at Pin Chasers Bowling Lanes, Zephyrhills. Sign up on Bulletin Board if you plan to go.

Lin Buczek

Wednesdays, 3 to 5 p.m. in Citrus East. Linda Spencer

FRIDAY NIGHT DANCES

Fridays from 7 to 9 p.m. in Busch Hall, starting January 20. The dance schedule and themes will be listed in The TR Times and online.

Need Chairperson

AQUATICS - (WATER AEROBICS)

Mondays, Wednesdays, and Fridays 9:30 to 10:45 a.m. at the pool. November thru March **Linda Smith**

BRASS ENSEMBLE

Wednesdays, 2:30 to 4 p.m. in the Jeri Miller Activity Center. We can always use more brass players.

Bill Watkins Steve Bowman

DIGITAL PHOTO - CAMERA

Mondays, 8:30 a.m. to noon in Jeri Miller Activity Building.

Carev Box

GAMES NIGHT

Mondays, 7 to 9 p.m. at Snack Shack Pavilion. Non-contact games. New game each week.

Linda Smith Joan Colao

BALLROOM DANCING

Mondays, 7 to 8 p.m. in Busch Hall. January thru March.

Jeffrey Duquette

BRIDGE: BEGINNERS

Tuesdays, 1 to 3 p.m. in Hobby House Jim Weigand

DIGITAL PHOTO - POST PROCESS GARDEN CLUB

Tuesdays, 1 to 3 p.m. in Citrus East.

Carey Box

Tuesdays and Thursdays, 9 to 11 a.m. at Lake Margaret.

Stacy Grier

BEADAHOLICS

Mondays, 10:15 a.m. to 12:30 p.m. in Citrus East. January thru March.

Kathy Kushman Kathy Lemke

BRIDGE: INTERMEDIATES

Tuesdays, 1:30 to 3 p.m. in the Jeri Miller Activity Center.

Connie Bradley

DINING WITH FRIENDS

2nd Saturdays, Busch Hall, 5 to 7 p.m., January thru March.

Harold and Marlene Hughes

GENEALOGY

GEOCACHING

thru March.

Fridays, 12:30 to 2:30 p.m. in Citrus East. **Denise Anderson**

BEADAHOLICS, TOO

Tuesdays, 2 to 4 p.m. at Hobby House Porch. **Dot Brenn**

BRIDGE: PARTY/PARTNERS

Party Bridge with partners - Tuesdays and Thursdays, 6:30 to 9 p.m. in Citrus West. Partner not required. Singles will be teamed up.

DOMINOES

Thursdays, 6:30 to 9 p.m. in Busch Hall. Linda Gough Tuesdays, 9 to 10 a.m. in Citrus West. January

Barbara Colson

BIBLE STUDY- CO-ED

Mondays, 10 a.m. at Vanishing Lake and 6 p.m. in Busch Hall Green Room.

Anthony Shipe

BULLETIN BOARD IN BUSCH HALL DULCIMER JAM

For information or help with a notice or ad

Betsy Behler Guy Weik Thursdays, 6:30 to 9 pm in Citrus East Lois Shower

GLUTEN FREE SUPPORT GROUP

Tuesdays 11 a.m. to noon in Citrus West. Linda Murphy

BIBLE STUDY - WOMEN'S

Tuesdays, 2 to 3:30 p.m. in Citrus West. Rosita Williams

CALLIGRAPHY

Fridays, 7 to 8:30 p.m. in Citrus East. **Richard Peebles**

DULCIMER LESSONS

Mondays in Citrus West. Beginners: 9 to 10 am. Advanced: 10 am to noon.

Lois Showers

GOLF - LADIES LEAGUE

GOLF - MENS LEAGUE

Wednesday mornings at 9 a.m. at Starter Shack. Dee Branchaud

BICYCLING

Tuesdays and Fridays, meet at 8:45 a.m. at parking lot behind Busch Hall. Watch Cycling Bulletin Board in Busch Hall for rides.

Susan Delaney

CHAIR YOGA

Wednesdays, 10:30 to 11:45 a.m. in Citrus East. Begins Jan. 4.

Donna Smith

ENTERTAINMENT SUNDAYS

Announcements begin at 6:45 p.m. with program following. Performances will be in Busch Hall. Ken and Sandy Langell

Thursdays at 8 a.m. and 10 a.m. at Starter Shack **Barry English**

BINGO

1st and 3rd Saturdays, 7 to 9 p.m. in Citrus East. Linda Smith

CHOIR PRACTICE

Fridays, 9:30 to 11 a.m. and Sundays 8:30 a.m. in Busch Hall. Join us.

Bernie Gutridge

EUCHRE

Fridays, 7 to 9:15 p.m. in Citrus West. Chairperson Needed

GOLF - SCRAMBLES

2nd, 3rd and 4th Saturday mornings at Starter Shack.

Tom and Pat Butler

BIRDING

Tuesdays, 8 a.m. at Post Office Veranda. Bring binoculars and cameras.

Tom Butler

CHURCH ASSOCIATION

Sunday Activities: All events in Busch Hall, 8:30 a.m.-Choir Practice 9:15 a.m.- Bible Study. 9:45 a.m.-Hymn Sing 10 a.m.-Worship service, Holy Communion 1st Sunday of the month.

Anthony Shipe

EUCHRE/BID

Thursdays, 6:30 to 9 p.m. in Busch Hall. Chairperson Needed

GOLF ASSOCIATION MEETINGS

Monthly meeting 2nd Thursday, 1 to 4 p.m. in Hobby House. All members/golfers are welcome.

Roy French

BLOOD DRIVE AT TR

Blood drives are held the 1st Monday in December and March. The Blood Mobile will be parked next to the TR Fire Station from 8 a.m. to 2 p.m. unless announced otherwise.

Ken Neer

3rd Fridays, 1 to 3 p.m. in Jeri Miller Activity Center. John Daubenmier

FIRE/RESCUE 33

Firemen-Tues, 8 to 11 am-Paul Rife Room. First Responders-Tuesday, 11 to 1, Jeri Miller Activity Center. Thursdays, 8:30 am to 12:30 p.m., Paul Rife Room. Business Meeting - 3rd Tuesdays, 9 a.m. in Paul Rife Room.

Larry Polzin

GOLF LESSONS

Tuesdays, Practice Range with all levels of expertise from 9 to 11 a.m. Hazel English, Bill Harkins, Joan McLean

Joan McLean

BLOOD PRESSURE SCREENING

Tuesdays, 10:30 to 11 a.m. in Paul Rife Room. Larry Polzin

CLOGGERS OF TR

Tuesdays and Thursdays 9 to 11:30 a.m., Saturdays 10 to 11:30 a.m. in Citrus East.

Donna Neer **Donna Smith**

FIVE CROWNS

Wednesdays (non-concert nights only), 6:30 to 9 p.m. in Citrus West.

Jackie Thackery

HABITAT FOR HUMANITY

Volunteer to help build homes in Pasco County. Projects January thru March TBA.

BOCCE (FALL)

Sundays thru Fridays, 1:30 p.m. November and December.

Bob Fisher

COFFEE & DONUTS - RADIO CLUB FIVE HUNDRED - CARDS

1st Saturday (during Flea Markets), 8:30 to 11:30 a.m. or until sold out. Donuts and coffee will be in Busch Hall.

Dan Zile

Saturdays, 6:45 to 9 p.m. In Citrus West. Pat McCallum

Thursdays, 6:30 to 9 p.m. in Busch Hall. Come learn this easy game. Deborah May

BOCCE (WINTER)

Scheduled games and competitions, Mondays, Wednesdays, Thursdays, Fridays and Sundays, 1:30 p.m. Tuesdays, 7 p.m. January thru March. Laverne Dennison

COFFEE SEMINARS

Thursdays, 8 to 9 a.m. in Busch Hall. Watch The TR Times and online calendar for updates.

Guy Weik

FLEA MARKET/YARD SALE Flea Markets return to Busch Hall first Saturday of each month, November thru March, 8:30 to

11:30 a.m. Setup at 8 a.m.. **Betty and Walt Gilson**

HARMONAIRES

HAND AND FOOT

Bring your harmonica and play with us. Beginners welcome. Thursdays 7 to 8:30 p.m. in Hobby House.

Joe Shipe

ICE CREAM SOCIAL

Sundays, 6 to 6:45 p.m. in Busch Hall. Rosita Williams

OIL & ACRYLIC PAINTING

Fridays, 9 a.m. to noon in Citrus West. Mary Kubiniec

SEW SPECIAL AND EMBROIDERY UKULELE CLUB

Mondays, 9 a.m. to 3 p.m. in Busch Hall. Welcome to cut out and sew. Bring machine, projects, ideas. 3rd Mondays - Show and Tell. Rosita Williams

Tuesdays, 1 to 2 p.m. in Citrus West. Players share tips and tunes without weekly instruction. January thru March.

No chairperson

IPHONE CLASS

Thursdays, 12:30 to 2 p.m. in Jeri Miller Activity Center.

Susan Stahley

PET LOVERS CLUB

Jan. 23, then 2nd Mondays, 3 to 4:30 p.m. in Jeri Miller Activity Building.

Kim Roberts

SHUFFLEBOARD

Tuesdays, 1 to 3 p.m., Competition. Thursdays, 1 to 3 p.m., Dimes Day.

Richard Von Qualen

VETERANS MEETING

2nd Mondays, 10:03 to 11 a.m. in the Hobby House.

Darold Long, Commander

JOKER

Mondays, 6:30 to 9 p.m. in Citrus West. Fridays, 6:30 to 9 p.m. in Jeri Miller Activity Center. Deborah May

PICKLEBALL

Over a dozen Pickleball activities from beginner to competitive play offered weekly. Check the TR website under Activities > Pickleball for current schedule.

Delia and Carey Box

SNACK SHACK

SPORTS CLUB

Currently weekdays, 11:30 a.m. to 1:30 p.m. Additional volunteers needed to add a Saturday

> Lee Brenn Mickey Cobb

VILLAGE HAPPY HOUR

Thursdays, 4 to 5:30 p.m. at host residence. Meet in Hobby House if temperature is <60 or if it's raining. November thru April.

Sandy Post

JUBELLATION HAND BELL CHOIR PINOCHLE

Mondays, 10:30 a.m. to 12:30 p.m. in Busch Hall.

Thursdays, 6 to 9 p.m. in Busch Hall. John Delaney

Meet at Snack Shack Pavilion 2nd Tuesdays 7 to 8 p.m. (January thru March) All welcome. Ray LoPresti

WAIST WATCHERS

Thursdays, 8:30 to 9:15 a.m. in Hobby House. Jackie Thackery

KARAOKE

Non-concert Wednesdays, 7 to 9: p.m. in Busch Hall. Starts in January

> Glenn and Gabriella Young Alan West

POKER TEXAS HOLD'EM

Tuesdays and Saturdays, 7 to 9:30 p.m. in Hobby House.

Jack Davis

STAINED GLASS

All times in Jeri Miller Activity Center, beginning in January: Mondays, 12:45 to 2:45 p.m. Wednesdays, 4 to 7 p.m. Fridays, 3:30 to 5:30 p.m. Instructor - Shari Herberts

Laura Apgar

WINTER WALKING AEROBICS

Monday thru Friday, 7:15 to 7:45 a.m. in Citrus East. (Nov. 8 thru April 10)

Gloria Polzin

KNOTTY KNITTERS

Thursdays, 9:30 to 11:30 a.m. in Citrus West.

POM-POM DRILL TEAM

Tuesdays, 3 to 4 p.m. and Fridays, 10:30 to 11:30a.m. in Citrus East.

Donna Neer Deb Niles

TABLE TENNIS/PING PONG

Mondays and Thursdays, set up at 2:30 p.m., play from 3 to 5 p.m. in Citrus East. Extra paddles available.

Ron Hicks

WATERCOLOR PAINTING

Wednesdays, 1 to 3 p.m. in Citrus East. **Amy Grier**

LIBRARY

Located in northwest corner of Busch Hall. Open 24/7. Honor system sign-out. Please reshelve your own books if you can. If not place in cart behind desk.

Mary Kosbab Kay Blunda

POWERBOAT RACING

Mondays and Fridays, 8 a.m. to noon at Mirror Lake.

Dean Peters

TENNIS

Mondays, Wednesdays and Fridaysenancen.

Delay for Court Betty Teichert Betty Teichert

WEIGHTS & STRETCHING

Mondays, Wednesdays and Fridays, 8 to 8:45 a.m. in Citrus East. Year-round.

Sheila Schencke

LINE DANCING (IMPROVERS)

Mondays and Thursdays, 1 to 2:30 p.m. in Citrus East and Tuesdays, 7 to 9 p.m., in Jeri Miller Activity Center.

Alex Adair

PRAISE & WORSHIP

Contemporary Church Services - 1st and 3rd Saturdays, 4:30 to 5:30 p.m. in Busch Hall. January thru March.

Marty Schencke

TONE & TIGHTEN

Mondays, Wednesdays and Fridays, 9 to 10 a.m. in Citrus East. Strengthen your muscles. Bring mat and weights.

Betty Clark

WELCOMING & RED DOT SPOT

Welcoming Committee: LAST Thursdays, 10 to noon in Jeri Miller Activity Center. Red Dot Spot: First Wednesday, 10:30 a.m. to noon in the Jeri Miller Activity Center.

Diana Hill

LINE DANCING (BEGINNERS)

Tuesdays 10 to 11 a.m. in Citrus West and Wednesdays, 1-2 p.m. in Citrus West. Alex Adair

QUILLING ON A BUDGET

Thursdays, 1-3 p.m. in Citrus West. Pat Daubenmier

TR ROADRIDERS (MOTORCYCLE) WIZARD

1st Mondays, 7 to 8 p.m. in Hobby House to plan rides.

Gene Cribbs

Tuesdays, 6:30 to 8:30 p.m. in Busch Hall. Deborah May

MAH JONG CHINESE

Mondays and Fridays, 1 to 3 p.m. in Citrus West.

QUILTING

Thursdays at 9:30 a.m to 3 p.m. in Busch Hall. 2nd Thursday Guild Meeting/Show and Tell. Ethel Polsdofer Cloie Morgan

TR SINGING MEN

Wednesdays from 9 to 10:30 a.m. in the Jeri Miller Activities Center. All men are invited to sing along.

Stenhen Gorden **Dennis Ledbetter**

WOOD SHOP

Monday thru Friday, 8 a.m. to 2:45 p.m. Membership \$20.

Larry Kurkowski

MAH JONGG - NATIONAL PLAY

Mondays, Wednesdays and Fridays, 1 to 3 p.m. at Hobby House. Lessons on Mondays.

Marcia Hatfield

RC AIRPLANE FLYING

Parlor - Thursdays, 3 to 5 p.m. and Saturdays, 1 to 3 p.m. in Busch Hall. Outdoor - Tuesdays, 8 a.m. to noon, at the Golf Course 9th hole.

James Morrow, Sr.

TR TRAVEL

Planned events advertised on Travel Board in Busch Hall. Watch for articles in TR Times. Sharon Gilbert Zile

WOODCARVING

Wednesdays, 8 a.m. to noon in Citrus West.

MAIS FOR THE HOMELESS

Thursdays, 9:30 to 11:30 a.m. in Busch Hall

Pat Dellamuth

Wednesdays and Saturdays, 9:30 a.m. at RC Motorsports track by Snack Shack.

Tuesdays, 12:45 to 3 p.m. in Busch Hall. New members welcome.

Thursdays, 11 a.m., Location TBD, January thru March.

Jean Renee DeTai

Linda Murphy

MIRROR LAKE YACHT CLUB

RC Powerboat and Sailboat Activities at Mirror Lake. Powerboat Races: Mondays and Fridays 8 a.m. to noon.

Jerry McRoberts, Commodore

ROCK PAINTING

All Thursdays except the last Thursday of the month, 10 a.m. to noon in Jeri Miller Activity

TRAVELETTES/WOMEN'S CHORUS ZUMBA

Wednesdays, 12:30 to 2 p.m. in the Jeri Miller Activity Center.

Mary Beth Coldren

Thursdays, 8:30 to 9:30 a.m., Jeri Miller Activity Center. Starts Jan. 12.

Bey Weissinger

YACHT CLUB SAILBOATS

Sailboat Practice: Tuesdays, 8 a.m. to noon. Sailboat Races: Wednesdays and Saturdays 8

Barry Sellick

RUG HOOKING

SCRABBLE

Tuesdays, 9 to 11 a.m. in the Green Room, Busch Hall. A small avid group. Join us and make something beautiful!

Tawnya Rowden

TRAVELOGUE

2nd and 4th Mondays, 3 to 4:30 p.m. in Citrus West. January thru March.

Bert Contractor

All changes, additions or

corrections to any Activity. Contact Guy Weik

activities@travelersrestresort.com 352-584-6377



MODEL RAILROAD

Fridays, 9:30 a.m. to noon in Jeri Miller Activity Center.

Brian Krupicka

Thursdays, 7 to 9 p.m. in Busch Hall, depending

on interest.

Jeffrey Duquette

TUESDAY NIGHT MOVIES (TNM)

Tuesdays, doors open at 6:45 p.m., movie will start at 7:15 p.m., in Citrus East. Movie Night runs January thru March.

Jim and Carol Henrikson

If it wasn't for bad luck...

by John Lawrence

Our neighbors Carol and John Schell who live in Manawa, Wis. told me this story.

They had planned to begin their long trip to TR at about 2 p.m. on a cloudy November day. Everything was hooked up and ready to go so they started slowly down their driveway and then a funny thing happened.

John had forgotten how closely he had parked the big fifth wheel next to a guy-wire that was helping to hold up a tall utility pole that held a transformer. He heard the scraping sound as he pulled slowly forward as the guywire was being pushed down by the corner of the trailer but he didn't realize that the guy-wire would ultimately snap into the narrow space between the trailer and the rear bumper. It soon did just that and when John felt the trailer slowing down, he accelerated...wrong decision. They heard a loud crack and the upper part of the pole with the transformer came crashing to the ground. It had snapped about 5 feet off the ground. There were transformer parts and oil splashed everywhere in addition to all of the high voltage electric cables. John called the Electric Company and they sent out a troubleshooting crew. The crew quickly spread what looked like cat litter to sop up the oil and they surrounded the crash site with yellow tape to prevent anyone from being injured. The crew chief told John that they would repair the damage starting the next day. So the couple started off again.

About 45 minutes later John fortunately remembered that he had forgotten to take along his CPAP machine. After making a U-turn they eventually returned and found their whole street blockaded and dark. There was no power on their entire long block.



In Town

Bone In

Boneless

After explaining his mission, John was allowed to retrieve his CPAP and off they went again. By now it was already quite dark and they had really wanted to avoid driving in the dark. They headed south and got as far as Rockford, Ill. After spending the night, they continued on another cloudy day down the Mississippi to Tunica which is the Las Vegas of the area. They gambled for a few hours, John making a donation and Carol ahead a few dollars. The next morning they headed east on yet another cloudy day and their next stop was in a Walmart parking lot near a Cracker Barrel Restaurant.

The Schells have a solar panel on the roof of the fifth wheel and normally it supplies sufficient power to the trailer and charges the batteries but after driving at night and on four cloudy days, their batteries were totally dead. They stayed and survived an 18 degree cold night. John told me it was a learning experience. The next morning they took off on another cloudy day to Lake City, Fla, which is only 4 hours from TR.

When they arrived at TR they were surprised to find that they were not on the list for a lot cleanup even though they were pretty sure that they had called three weeks in advance. TR Parker Bill Wise led them to their site on 4th St. and then got a weed whacker and had the place ready in short order. Bill expertly guided John's trailer onto their site lot 04-17. Big smiles all around. Now they could just relax and enjoy the peace and quiet and look forward to seeing old friends again. However, the saga contin-

A few days later they were visiting friends in The Village. John had parked his truck in the road at the end of their driveway. They were amiably chatting when they heard a very loud crash and a dog barking stridently. It was a dark night and a woman had been driving her golf cart with no headlights on and with the dog in her lap. She said she did not see the truck. She did considerable damage to her cart as it wound up with the front end mostly under the rear of John's truck. Thankfully she was not hurt and neither was the dog.

I asked John if there were any bright spots in his story. He smiled and said, "We are back in the Sunshine State and when I turned the trailer on, everything worked again. We are very happy to be

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Travel News



DAN AND SHARON ZILE by Sharon Gilbert Zile, **TR Tour Director**

TR folks are a mix of snowbirds and year-round residents, but there are few native Floridians among us. While TR has an abundance of engaging activities and entertainment for our enjoyment, there is definitely interest in venturing beyond TR to experience Florida's natural beauty, attractions and culture. Our 2024 Big Deal Trip will allow us to do just that.

Departing from TR, we will travel to the Port of St. Petersburg for a seven-day small-ship cruise on the brand new American Glory ship, a member of the American Cruise Line (ACL) fleet. Our Feb. 2-9, 2024 itinerary will cruise down the calmer waters of the Florida Gulf Coast, docking at the ports of Punta Gorda, Marco Island, Key West, Fort Myers Beach and returning to St. Petersburg. Because the American Glory is a catamaran designed and built for coastal cruising, it is extremely stable, treating its passengers to smooth sailing.

As we cruise along the Gulf of Mexico, we will discover some of the most beautiful historic ports and amazing natural environments the world has to offer, including many that we may have overlooked on previous trips to the area. We will savor the finest of locally inspired cuisine, enjoy picturesque seaport towns and view breathtaking landscapes. Local experts, historians and naturalists will provide valuable insight as we discover each area's unique heritage and culture.

The shore excursions are numerous at each port of call, and some excursions are complimentary to all guests, for example, the Peace River Wildlife Center Exploration and the Key West Experience. Others have a fee ranging from \$10-\$95: Everglade Airboat Adventure, Bunche Beach Guided Kayak Eco Tour, Chihuly Collection & Sunken Gardens, a ferry to the island of Dry Tortugas and Alligator Bay Distillers Tour and Tasting, to name a few.

Our experience on the 100-passenger American Glory will introduce us to ACL's very appropriate slogan "Small Ship Cruising Done Perfectly. Specialists in senior travel, ACL

knows that we prefer cruising that includes a relaxed atmosphere, casual dress, a daily cocktail hour, complimentary adult beverages, excursions with activity levels listed, evening entertainment and learning opportunities with expert historians and naturalists.

The ship is registered in the U.S. and has an all-American staff. Each of the 56 staterooms, including a few single cabins, has a balcony for quiet reflection. The elevators reach each of the four levels, and there is a walking track available for those who desire a little more exercise. The sundeck has both sunny and shaded areas.

Your TR tour directors, Dan and Sharon, are organizing a gathering for those interested in more information about the Florida Gulf Coast & Keys Cruise. Sarah, our ACL group travel coordinator, will share pictures and more information about the yet-to-be christened American Glory Ship and the Florida Gulf Coast & Keys itinerary. Join us in the Jeri Miller Activity Center on Tuesday, Jan. 31 at 3 p.m. If you are unable to attend in person and would like to attend via Zoom, please email me before Jan. 31 at sgilbert1081@gmail.com so that I may send you the invitation link.

The days pass happily with me wherever my ship sails. Joshua Slocum

TR Day Trips update:

Two completely full buses took more than 100 TR residents to Madeira Beach where they enjoyed yesterday's Calypso Breeze Luncheon Cruise.

Feb. 3 Hollerbach's German dinner and band – Call 740-360-3819 to check current availability.

March 1 - Tampa Land & Sea -Filled to capacity for the 2nd year in a row! Watch for this on the 2024 schedule.

March 17 - Yacht Starship St. Patrick's Day narrated tour and Irish-favorites luncheon - Currently accepting reservations. \$112.



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Library News



Books new to the TR Library

by Loretta Whitfield

The Orphan's Tale by Pam

Sixteen-year-old Noa is on her own working at a railway station, when she stumbles upon a train car full of babies. She rescues one little boy and escapes to the woods. She in turn is rescued by the owner of a German circus group.

Here she meets Astrid, who has her own stories of difficulties and sadness. Noa must learn to be a performer to avoid any suspicion from the authorities and she does so with Astrid's help.

These two extraordinary women and their harrowing experiences are based on historical facts from the time. This is a compelling read.

This is Jenoff's fourth historical fiction novel, although she has written others. It is an amazing novel of hardship and friendship, in the later stages of WW II.

The Killing Storm by Shannon

A celebrity author, Alice Fremont, fears for her life. Her books feature prominent people she knows, not necessarily in a positive light. Several attacks and death threats have come her way before with previous books.

So Alice asks detective Jack Martin for protection. But during a deadly storm, she goes missing from her historic estate. Who is guilty?

-one of her two greedy sons? -the local crooked politician? -the struggling gallery owner?

This large-print book is a good read for those who enjoy the Who Done It-type of book and is the third written by Work.

A Man called Ove by Fredrik Backman

Some of you may have already seen the new Tom Hanks movie A Man called Otto based on the Backman book. This book is in our library. Backman has written eight books. They are good reads, usually based on some quirky

Meet these avid readers



Photos by Loretta Whitfield

LARRY AND GLORIA **POLZIN**

by Loretta Whitfield

Our neighbours, Gloria and Larry Polzin, need no introduction. They are both very active in TR, and of course Larry is best known as our Fire Chief.

They are from Montrose, Mich. and have been here since 1999 when they first stayed on Golf View. They have two daughters, four granddaughters and one great granddaughter. As their family grew, they instilled a love of reading in them all, especially a book called *The Hound Dog*. Their three-year-old great granddaughter already treasures books.

Although Larry was not a reader in his younger school days, since his retirement from GM, he

Baldacci, as well as John Grisham. Larry has also enjoyed books such as Where the Crawdads Sing, Absolute Power and Wish You Well.

Gloria, a talented seamstress, has created wedding dresses, costumes and prom dresses. She enjoys books by Fern Michaels, who has written more than 100 romance and thriller novels, as well as books by Deb Macomber, who has written more than 150 romance and fiction novels. One of her favourite books is Cane River by Lalita Tademy, who writes about generations of a family, initially owned by a Creole family in rural Louisiana.

I am sure Gloria and Larry would be pleased to share some of their best reads with you.



reads daily. He enjoys westerns and mystery/murder stories. One Larry with great granddaughter. of his favourite authors is David Mobile Home • Home • Automobile • Life • Annuity • Business More Satisfied Customers! "Lee Reed Insurance...what a wonderful place to do business with a courteous, polite and very friendly staff, and to top it all - they save you money. They saved us \$300 on our car policy. What a deal!" STOP BY OUR OFFICE OF CALL US TODAY! Located at 38511 5th Avenue in downtown Zephyrhills

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Garden News

Lake Margaret Garden Club

by Leslie Ewing

The TR Garden Club has decided to change its name to the Lake Margaret Garden Club to more specifically reflect our purpose. The Garden is constantly changing. For example, starting about 2020, the club has worked to have portions of the Garden officially registered as Monarch Way Stations. The result has been more Monarch butterflies in the Garden and also in TR.

Sometimes an Act of Nature changes the Garden, as we recently experienced with the loss and removal of the Live Oak Tree on the front lawn of the Garden. The front lawn now receives more sunlight. The club is looking to find different flowering plants from the rest of the Garden which is mostly

The focus of the Lake Margaret Garden Club is Lake Margaret Garden. Considering the number of members and volunteers and the extra work the front lawn will require, we are unable to care for other areas in TR. Members of the club are happy to consult on what to plant in different places in TR.

Dave Harder and Michael Bly take care of the azaleas on the opposite side of Snack Shack Road from the Garden. Phyllis Zitzer and Amy Grier take care of the Snack Shack Garden. These areas have long been considered to be part of the Lake Margaret Garden.

Club members do not take care of the beautiful golf course. The Golf Club Association handles that. Dick Wheatley came to the Garden Club to ask for advice about what could be done to the side of Busch Hall where the air conditioners are. Some members went with Dick to clean out that area. Park Management has consulted with the Garden Club on how best to plant around the air conditioners so they can run



Photos by Leslie Ewing Plants will be for sale.

efficiently and yet still be a welcoming sight for people entering Busch Hall. However the club will not be maintaining that area or be responsible for it.

The front lawn of the Garden will require much more of our attention for the next few years as the lawn needs to be replaced and new plants put in. The palm tree is still alive! A resident has approached the club to carve the Live Oak stump and the club is talking to him. TR residents have shared pictures and talked about different ways of decorating that stump. However no volunteers have come to the club to discuss what and how to do this.

Meanwhile the rest of the Garden has been affected by the coronavirus in that the club has not held fundraisers for the past two seasons. The club will have a table at the Flea Market on Saturday, Feb. 4 inside Busch Hall and possibly outside as well, depending upon what we have prepared to sell. We will be selling plants in pots like those shown in the picture. We also plan to sell plants to go in the ground.

Please stop by our table. If you have found the Garden to be valuable, if you have enjoyed Garden Walks and our "Scavenger Hunt" last year, please consider making a donation if you don't purchase a plant.

Charlie Martin was a very active member of the Garden Club. He has passed, but his daughter is here living on the "Hill" for the season. Sandy Jordan stopped by our table at the Activity Fair to talk to us and reminisce about her dad. Charlie was part of the crew that built the Bird Watching Shed in the Garden. He also helped to build the first Garden Gazebo. A plaque for Charlie and his wife Gloria, dated 1988, hangs in the Bird Watching Shed. Stop by and check it out!



Check out the plaque for Charlie and his wife Gloria.

Lake Margaret Garden Club welcomes new members: Betty Brown and Cherie Richmond. Thank you, gals!

There are many different tasks that need to be done and the list changes from week to week. We really need new volunteers. You don't need a green thumb or have to be an expert on Florida gardening. We work in teams. Not all tasks involve weeding and planting. There are tasks to be done sitting down. You don't need to commit for a whole season. Just come on Tuesday and Thursday morning and ask what needs to be done. The chores may not be exciting, but the setting is beautiful. We are out in the fresh air and in the shade. We have a great group of people to keep you company. See you in the Garden!



Pets on Parade

by Judy Leister

Rita Knoble and Phil Leatherman are the doggy parents of the cutest, long-legged, fluffy pooch named Sam. I happened to be

chatting with a friend of theirs who is familiar with Sam and she told me she could see his heart and soul through his eyes. The moment I sat down with them and had a face-to-face meeting with Sam I totally understood what she meant. Those eyes speak volumes.

Seven years ago Rita was researching non-shedding breeds and found someone raising puppies that were 3/4 standard poodle and 1/4 border collie. I have been around both breeds a lot and see how smart they are. Combine them into one dog and it's no wonder Sam is fulfilling all their wishes. Before he was old enough to come home with them the breeder asked what his name was going to be so they could get him accustomed to it before leaving the litter. After a bit of sorting through possibilities the name Sam was picked.

Sam has done more traveling than many of us. He has been to every one of the lower 48 states plus Canada and Mexico and will be heading to Alaska next year with a caravan. Sam's travels also include 4-mile hikes on the WithSam



Photo by Phil Leatherman

TRAVELING SAM

lacoochee River Trail. He doesn't confine his exercises to just hiking. He also loves to trot next to Phil's bike. He even knows "left" and "right" commands to keep him at a safe distance from the moving bike. I can sure see why Sam's 52 pounds is such a perfect weight for his height. He is very fit.

Sam's not always on the go though. He's a TV watcher. His absolute favorite show is the long running Lucky Dog. He'll watch that show from beginning to end. He's also entertained by the TR squirrels. He couldn't take his eyes off one for a full 15 minutes.

While I was at their home Sam auietly laid on the floor listening to us talk but Rita said if he happens to get up and stare at you it means something. Sometimes it's his way of saying, "Scoot over please. I wanna lay on the couch.'

When the newspaper is delivered Rita or Phil do not have to go out to get it. That is Sam's job. He loves to bring it in. As smart as he is, I bet he reads it when no one is watching.

Of course any dog that spends time exercising and helping his family needs some play time too. That often means doggy toys. A number of years ago Sam picked out a stuffed toy in a store. It was easy to see he wanted it....but it was \$32. Yikes, \$32! Who pays that much for a dog toy? Well, it was easy to see Sam really wanted that toy so they splurged and spent the \$32. It sure was worth it. All these years later that toy is in great shape. He never chews it up but at the end of the day when it's time to go to bed that toy is right there

Dog Agility

by Judy Leister

Many of us at TR have had dogs most of our lives. We cuddle, romp and enjoy our time together every day. Even though Mark and I were quite involved with showing horses I never thought I would consider any type of canine competition. That is until a friend introduced me to dog agility and I found out how much fun it was watching my dog sail over jumps, race across ramps and zoom through tunnels. Wow!

Although I really enjoyed going to the agility trials we found there are lots of people who go to classes but are not going to compete. They just enjoyed having fun with their dogs.

Getting involved in any type of dog activity is a huge benefit for both you and your dog. Doing some agility training is a wonderful way to get your dog to really focus on you and your commands which leads to a strong bond in everyday life together.

Even if you are older and do not have all those fantastic physical talents you had when you were younger doing something like agility is a great way to keep both you and your dog in better shape. If your pooch will chase a ball until your arm is ready to fall off or he is offering all kinds of silly tricks to earn a treat it might be fun to direct some of that energy towards a few fun agility moves.

Agility helps our dogs' body awareness. They learn a lot about balance and will be less likely to injure themselves while playing.

A friend had a dog that was very shy and really lacked



Agility training with weaving poles.

self-confidence. She started it in agility and that dog soon became a star. His courage and determination quickly rose to the top.

One more thing that is a real benefit to the human part of this equation is how agility can stimulate our own minds. Agility obstacles are set up in various orders and are numbered. The handler is to direct the dog over and through these obstacles in a particular order. Yikes, that requires us to actually remember where to go next. "Remember," now that's a word that can be a bit scary the older we get but it is a proven fact that doing things like learning the order of those agility obstacles is a huge help to our aging brains.

Watch for an announcement of when we will be offering some agility classes here at TR. It is coming soon. Let's have some fun with our dogs.

Birding Activity

Are you still sitting on the same limb?

by Tom Butler

Birds have the incredible ability to soar through the air and explore the wonders of nature wherever they may exist. So why would they sit on the same limb day after day? They wouldn't and neither should you.

It would be an amazing experience to visit those same incredible locations and witness the beauty of the world. You can visit a multitude of places by taking a day trip, not through the air of course, but in your vehicle. Your car doesn't even have to be a Falcon or a Thunderbird to land in one of these areas. So why are you still sitting on the same limb looking at the same view? Plan an exploration of one of the many birding hot spots found only a short drive from our park. You can find them traveling in any direction.

Let's start by heading north with a flight, oops, drive to the city of Brooksville and an incredible wildlife facility known as the Chinsegut Conservation Center. Six miles north of Brooksville, this environmental classroom has many displays, educational classes, guided tours and clean restrooms. There are areas to picnic, an observation deck with bird feeders, lakeside viewing deck with a screened room and miles of trails all for the price of

If you're looking for Redheaded Woodpeckers, this is the place to see them. They seem to appear on every tree you encounter. Visit closer to dusk and you might witness 6,000 Brazilian bats exiting their nesting boxes in search of an evening dinner (mosquitoes beware). This location is a favorite of my grandkids and with an E-bird list of 157 species of birds identified, the potential for something special is around every bend in the trails. The view from this limb is worth the flight, I mean

If you head south on Hwy. 98 to Lakeland, you might want to visit the Circle B Bar Reserve. Named after a cattle ranch that



Submitted by Tom Butler

once existed there, the land was donated as both a wildlife preserve and a protective barrier around the Lake Hancock flood plains. This land also helped to restore a vital habitat known as the Banana Creek Marsh. The result is a natural wonder where wildlife rules the

This is the longest trek on our travel list but you will not be disappointed with the experience. There have been 246 species of birds identified in this natural paradise which makes for a real possibility of adding a new sighting to your list. Miles of trails, plenty of parking, clean restrooms, educational activities and of course it is free. This is one of the most diverse habitats found anywhere and worth multiple

Let's travel east on our shortest excursion to a place called Crews Lake Park, only a 23-mile jaunt that is so close your wings

won't even get tired. This location has something for everyone. Equestrian trails, biking, hiking, picnic areas, playgrounds and of course, plenty of nature trails. With a bird species list of 172, according to E-Bird, there shouldn't be a shortage of feathered sightings. There is plenty of parking throughout the park, including a public boat ramp. They even have a small-scale train ride for adults and children that runs along nearly five miles of track. They ask for donations for the ride and the average donation is \$1 to \$2 per person. Checking on daily availability before arrival is recommended. I took the ride with my granddaughters and they highly recommend it. I enjoyed it

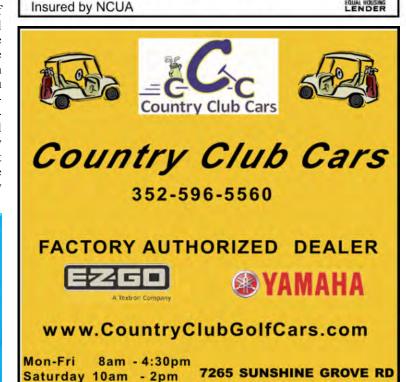
Colt Creek State Park is our last destination and as you might have guessed it is in the easterly direction (and a little south). Like all State Parks there will be a small fee at the gate. However, you should know that 162 species have been identified within the park, along with the usual furry and scaly critters. There are 5,000 acres of native habitat typical of the central Florida region and not a single reason to be in a hurry with the exploration of the trails. In addition to excellent birding, you can enjoy equestrian trails, camping, biking and fishing. Birdwatching and a picnic will certainly make an enjoyable day for anyone. The best part is that you will get a new perspective from a different limb. Enjoy





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Sunday Closed

BROOKSVILLE, FL

Judy Leister shares pet information with new resident Debbie Kat.



Debie Niles and Donna Neer are the leaders of the Pom Pom Cheerleaders.



More

Activity

Showcase

photos

Musician Gene Cribbs, president of the Travelaires Orchestra and Peggy Sander pose with their instruments.

CRAFTS, CRAFTS, CRAFTS



The Red Dot Welcoming Committee was represented by Dee Manos (foreground) Ruth Bordner and Rosemarie Kuharick.



Want some low impact exercise? See Joan Colao and Linda Smith for their Water Aerobics program.



Mindy Cristiano stopped by to get some tips from TR Pickleball Pros Laurie Gardner, Delia Box and Marc Horowitz.



American flags decorated the table of the Veterans group. Manning the table are veterans Dan and Barbara Barthle and Ken Hankinson.



Photos by



Artists Brenda Varty and Cindy Watson were ready to answer questions about the Watercolor Activity.



Quilters Cloie Morgan and Ethel Polsdofer work on one of their colorful projects.



Pam Watkins



Callie Zak of the Woodcarving Activity works on a new project.



Our new Waste Management Group is headed by Dean Peters, shown here with Shirley-Ann Appleby and Ted Smith.





Woodshop members Dwight Green, Vic Bowser, Larry Kurkowski and Ken Pesch show off some of their creations.

TR Sports

Ladies' Golf League results for Jan. 18

by Dee Branchaud

We had 39 golfers and one guest come out to play.

Big shout out to Hazel English for her eagle on hole #9. Congratulations to all the winners.

Low Handicap 0-12
Low Gross
Hazel English, Sylvia Cole 38
Del Duplessis, Vicki Brooks 43
Low Handicap Net
Susan Carr, Kelly Person34
Eleanor Buchser, Judy Carter35
Closest to the Pin #5
Vicki Brooks13'10"
Fewest Putts:
Sylvia Cole, Eleanor Buchser 12
Chip-Ins: Arlene Wykoff,
Hazel English, Susan Carr,
Phyllis Simmers

High Handicap +13
Low Gross
Phyllis Simmers44
Laurie Zentmeyer46
Sandy Nelson47
High Handicap Net
Stella Loiselle31
Sue Troyer, Nan Lance34
Closest to the Pin #3
Barb Larose12'5"
Birdies: Susan Carr, Sylvia Cole,
Del Duplessis, Phyllis Simmers,
Hazel English2



Bow	ling	Resu	lts

by Lin Buczek

Friday, Jan. 20
Men's Scratch High Game
Steve Niles216
Dave Couture
Bill Buczek200
Men's Scratch High Series
Steve Niles611
Bill Buczek497
Dave Couture471
Men's Handicap High Game
Dave Couture294
Bill Buczek259
Bill Bunning247
Men's Handicap High Series
Dave Couture
Rob Prophet707
Bill Bunning695
Men's High Average
Steve Niles204

Women's Scratch High Game Deb Niles 167 Leslie Price......160 Lin Buczek155 **Women's Scratch High Series** Leslie Price......443 Lin Buczek437 Deb Niles427 Women's Handicap High Game Peggy Prophet263 Carol Schell......256 Tammy Howe......248 Women's Handicap High Series Carol Schell......715 Leslie Price......692 Peggy Prophet691 Women's High Average Lin Buczek......153

Bingo by Linda Smith

by Linua Simiti
Saturday, Jan. 14
Pat Long4
Neil Jillson3
Dan Varner, Janet Beisel,
Clair Smith2
Peg Lacy, Marta Sellick,
Mary Veenstra, Betsy Behler,
Linda Smith, Donna Conrad 1
Saturday, Jan. 21
Mary Veenstra3
Neil Jillson, Gayle Feyler2
Barry Sellick, Linda Smith,
Jared Campbell, Donna Conrad
Vivian Sammons, Betsy Behler,
Mary Doubleday, Marta Sellick
Denise Link, Marie Lupien,
Jan Werner1
· · · · · · · · · · · ·



_	
by Douglas Hatfield	
Wednesday, Jan. 18	
Scott Tartaglia36	
Gary Grenier34	
Bob Troyer32	
Saturday, Jan. 21	
Don Rick, Scott Tartaglia,	
Russ Marlowe36	

Dominoes

by Linda Gough	
Thursday, Jan. 19	
Table 1	
Linda Gough	14



by Laurie Gardner Tuesday, Jan. 17

We had beautiful weather for our weekly Pickleball Jam. Thank you to all the spectators who came out to cheer on the players and to those who brought a snack to share. Join the TR Pickleball group on Facebook for the latest pickleball

Congratulations to our winners:

- 1. Tom Etchill
- 2. Carey Box
- 3. John Cristiano

Party Bridge

by Barb Aubrey
Tuesday, Jan. 17
Doug and Marcia Hatfield 2600
Ron Hicks,
Connie Bradley2560
by Jen Furman
Thursday, Jan. 19
Pat Dellamuth,
Barry Sellick2570
Marcia and Doug Hatfield 2260
Connie Bradley, Ron Hicks 1980
Jen Furman, Jon Cyr 1550
•





The Trivia **Scramble**

by Dave and Dawn Pulleyn

What does the largest type of deer have to do with a golf scramble? It was a trivia question asked during the scramble played last Saturday. Golfers were challenged with best ball play and teams were able to take strokes off their score if they correctly answered the three questions on the quiz.

Answering two out of three questions as well as playing outstanding golf were the winning team of Shirley-Ann Appleby, Gary Wintle, Rob Prophet and Ken Lasure with a final score of 28.

Thanks to all golfers who participated. We hope to see you tomorrow at the next one.

The answer to the trivia question, by the way, is the moose!

Wizard

by Deborah May Tuesday, Jan. 17 Table 1: Game 1

- 1. Sean Davis
- 2. Elaine Schwartz
- 3. Deborah May

Game 2

- 1. Deborah May
- 2. Sean Davis, Linda Murphy

3. Elaine Schwartz Game 3

- 1. Sean Davis
- 2. Deborah May, Linda Murphy
- 3. Kathy Prockett

Game 4

- 1. Linda Murphy
- 2. Deborah May

3. Gary Smith Table 2:

Game 1

1. Pat McCallum

- 2. Sheila Zancer
- 3. Lora Davis, Joyce Ritzler
- 1. Lora Davis, Joyce Ritzler,
- Pat McCallum 2. Barb Overly
- 3. Sheila Zancer

Game 3

- 1. Pat McCallum
- 2. Barb Overly
- 3. Joyce Ritzler



Table Tennis

by Ann Chalk

There has been excellent play this week. It was nice to have five ladies playing on Monday and total attendance that was 18.

Monday, Jan. 16

Carey Box5 Tom Etchell......4 Ann Chalk, Joe Colao, Sam Wykoff......3 Dave Bass, Barry Sellick2

Men's Golf League results for Jan. 19

by Barry English

Awesome golf at men's league this week. The weather was excellent and 51 players had a great time. Lots of birdies and banter. Spread the word-everyone is welcome. Next week: High Handicaps at 8 a.m. and Low Handicaps at 10 a.m.

Low Handicap (0-8)
Low Gross
Jay Jager34
Ken Person35
Barry English, Ralph Smith 36
Low Net
Rob Prophet29
John Dennison30
Don Buchser, Nick VanSwol31
Birdies:
Jay Jager3
Ken Person, Lloyd Marsh2
Rob Prophet, John Dennison,
Nick VanSwol, Ralph Smith,
Bruce Anderson, Steve Niles,
Ken Neer, Roy French,
John Thibadeau, Serge Loiselle,
Mark Fedus 1

High Handicap (9+) Low Gross
Ken Neer
Neil Jillson
John Goodger, John Zych 40
High Net
Serge Loiselle, Fred Endres 33
Mark Fedus, Casey Fisher,
Frank Bovenburg, Barry Collins,
Jim Doggett35
Closest to the Pin #3
Dave Watson12'
Closest to the Pin #5
Al Horney13'6"

Join us for a game of shuffleboard



by John Lawrence

The classic game of shuffleboard is active, strategic, competitive but not combative and can be enjoyed by all ages. Players take turns sending their pucks shuffling down the shuffleboard court to land in a scoring zone.

Richard Von Qualen has agreed to coordinate shuffleboard play again, continuing a Von Qualen tradition of having fun playing this very relaxed and enjoyable game that they so loved when they played here umpteen years ago.



National Mah Jongg

by Bette Gorman
Monday, Jan. 16
Sue Guffy195
Janet Stevens, Pat Anderson 125
Arlene Wykoff50
Kathy Ellison25
Wednesday, Jan. 18
Arlene Wykoff175
Linda Gower100
Kathy Ellison75
Pat McCallum50
Janet Stevens, Pat Anderson 25
Friday, Jan. 20
Janet Stevens
Arlene Wykoff125
Sue Guffy110
Pat Anderson75
Linda Gower, Judy Pech25
Five Crowns

Chinese

We were pleased to welcome two new members we met at the Activities Fair. Nancy Jones and Cathy Stuart, both of whom live on the hill and had never played before. Cathy won twice and Nancy won once. You can see that you don't need any experience to be a winner in this rummy-like game. Come have fun with us on Monday and Friday from 1 to 3 p.m. in Citrus West. Just bring a willing spirit and a smile.

Betty Brown, Deb May.....5 Barb Aubrey, Lou Smith, Nancy Moschler..... Marcia Hatfield, Rachel Brooks. 2 Friday, Jan. 20 Deb May, Kathy Bocchino, Lou Smith4 Anne Amico, Cathy Stuart, Marcia Hatfield Connie Bradley, Jen Furman,

rive Crowns

by Jackie Thackery Wednesday, Jan. 18

We are growing steadily. Lots of fun and easy to learn. Several men, as well as women, each night. No game Feb. 8, due to program in Busch Hall.

Join us on Feb. 15 in Citrus West at 6:30 p.m.

Table 1:

Games 1 and 2

Jared, adult grandson of Joyce Ritzler

Table 2:

Game 1

Lora Davis, daughter of Jim Ball

Game 2

Kathy Prockett

Table 3: Games 1 and 2

Diane Krupicka

fully updated and provides a very attractive setting for some spirited play," according to Richard. 'There are only a few easily learned rules; the game is not in the least strenuous and it is very fair. It is an excellent game for youngsters and it's a great game for us seniors. So, come on up to the courts on Tuesday and Thursday afternoons at 1 p.m. It's fun!"

"The courts have been beauti-

Mah Jong

by Marcia Hatfield

Monday, Jan. 16 Nancy Jones, Nancy Moschler, Pat Polisky1

500

by Pat McCallum Saturday, Jan. 21 Debbie May......1590 Pat McCallum 1360



Connie Bradley 1260

Be Active at TR!

Obituaries

Personal Obituary Form for FUTURE use (Return to Obit. Editor, The TR Times) Date of birth Address Street City State/Province Zip/Postal Code Primary residence or hometown_ TR residence, Lot #(s) _ Dates, from Maiden name Date of marriage Children _____ Spouse's first name ____ Residence Please list address(es) of a child (children) or other family contact(s) for future use Education Military_ Work/career TR activities



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Looking Back

by Nan Feeney Lance

10 Years Ago - 2013

- Veterans Memorial dedication ceremony is Saturday. Over 350 bricks have been purchased to honor veterans from the U.S. and Canada.
- Attendance tops 150 at the Canadian Luncheon. Pat Anderson was Master of Ceremonies and kept the afternoon's events moving.
- Eleven members of the Crimson Chapeaux traveled to Brooksville for lunch and an outing at the Railroad Museum and the Heritage Museum. The outing was hosted by Patsy Wottle and Libby Bresley.

20 Years Ago - 2003

- TR Little Theater starts rehearsal for Arsenic and Old Lace play.
- The Red Hat Society began as a result of a few women deciding to greet middle age with verve, humor and elan.
- Jake Busch had a dream Paul Ruth made it come true and made that dream a reality.
- The Travelaires honor Conductor Chuck Isenberg.

K-9 Fox conducted drug search at TR. 30 Years Ago - 1993

- Medevac Chopper available to TR. St. Joseph's Hospital in Tampa is the home base of the emergency aircraft.
- Holiday RV Show in TR Feb. 10-13 with a special showing of Excella Airstreams.
- Faces of Old Glory will be presented by Vane Scott, cofounder of the largest flag company in the world.





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