

Vol. 38, No. 11

The TR Times is also available in color at www.travelersrestresort.com Serving the residents of Travelers Rest Resort, Dade City, Florida

February 24, 2023

Hi Lites

Friday Afternoon Live

in The Grove today at 3:30 p.m. In the event of rain see the show in Busch Hall. See pg. 2.

Bocce Ball Las Vegas Night

Final Las Vegas Night tonight in Busch Hall at 7 p.m. Don't miss out. See pg. 6.

Busch Hall Sunday Night

The Vocalitas, Sunday, Feb. 26, 7 p.m. See pg 2.

Travelogue - Summer in Atlantic Canada

Monday, Feb. 27, 3 to 4:30 p.m. in Citrus East. See pg.10.

TNM presents

All Quiet on the Western Front, Tuesday, Feb. 28 in Citrus East. See pg. 2.

Party Planners drivethru steak dinner

Dinner is Wednesday, March 1. See pg. 6.

Coffee Seminar

TR Hawaiian Island Hoppers on Thursday, March 2 at 8 a.m. See pg. 6.

Final Red Dot Social

Thursday, March 2, 10:30 a.m. at the Jeri Miller Activities Building.

Activity Reminders

Calling Michiganders

March 4, noon, Citrus East. See pg. 6.

Give the gift of life

Big Red OneBlood Bloodmobiles will be here Monday, March 6 at 8 a.m. See pg. 6.

20th Quilt-A-Rama

Tuesday, March 7, 9 a.m. to 3 p.m. in Busch Hall. See pg. 7.

AdventHealth Talks

Wednesday, March 8, 6 p.m., Advent Health, San Antonio See pg. 15.

Glow Ball Golf

Friday, March 9, 7:30 p.m. See pg. 14.

Garden Benefit Concert

Friday, March 10, at 7 p.m. in Busch Hall.

Flag-retirement Ceremony

Saturday, March 11, 1 p.m., Zenen Valdez's farm on Bellamy Brothers Rd. See pg. 7.

Annual Garden Walk

Sunday, March 12, 2 to 4 p.m. See pg. 11.

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TR residents share their touches with history



Photo by Bill Watkins

GUNNY GUNDRUM

by John Lawrence

Gunny Gundrum is in his 80s now and we spent time together reminiscing about his life. He was one of eight boys in a family of 15 children who lived on a farm in the Adirondack Mountains of New York. He was born during a blinding snowstorm and was delivered by his grandmother because the doctor could not get through to them for the next three days.

He told me the story about his first name: A calf had been born the day before he was and his father had slaughtered it and wanted to sell it to the General Store for \$7. The manager said he would give him \$5. After some haggling he agreed to \$6, but his father said no he had to have \$7 because he was having a new baby. The manager agreed if he named the child after him. His name was Sam Gordon. When his dad reached home and saw his newborn son he said, "Hello Sam." His mother rebelled at that and so they compromised by

naming him Gordon which name Gunny doesn't like and never uses.

Gunny was restless and ran away from home often. He decided at age 15 to go to New York City because he could fly there for only \$14. He landed at LaGuardia Airport and was able to get a taxi to his uncle's home in Brooklyn with the last of his money.

In Brooklyn, he found out quickly that he had to join a gang or risk being constantly beaten up so he joined the Black Panthers. He was working as a runner for the Cunard Lines carrying messages from their Church Street office to their ship tied up in what is now the Navy Yard. It cost a dime to take the bus so Gunny decided to run it down and pocket the money. Being a gang member he was eventually arrested for shoplifting. When the judge asked him what he wanted to do with his life Gunny said he wanted to be a marine. The judge told him that if he joined the marines he would not be charged so he did.

He was sent to the Marine base in Santa Anna, Calif. called El Toro as an aircraft mechanic. His entire first year was spent going to school. He didn't like the job and was able to become a "Visiting Aircraft Parker." In doing that job he met many interesting people such as John Glenn who had just broken the record for the Fastest Transcontinental Flight.

While he was working one day he saw that the spinning propellers on another aircraft were causing a



Photo submitted by Gunny Gundrum

NPS Ranger Gundrum, stands behind Dr. Martin Luther King, during King's "I had a dream" speech.

suction that was pulling a driverless vehicle into the path of a taxiing plane. He ran to the vehicle and jumped on trying to step on the brake. His foot slipped and he severely twisted his ankle but he did manage to stop the vehicle. As luck would have it the entire incident was witnessed by the Commanding General. He visited Gunny in the hospital and told him that he would grant him a favor as a reward for his bravery. Gunny's friends convinced him to request admission to Security Guard School in Washington, D.C. Gunny told me that it was similar to the training for Army Rangers or Navy Seals and the toughest training he ever had. Only 90 graduated out of a class of 160. He graduated number 5 and he was sent to guard the U.S. Embassy in Moscow, Russia. He had another marine as a partner and they both had what I call "keepers," KGB Russian guards who followed their every move but never spoke to them at all.

Before they could go to Moscow they had to wait for a Visa to be issued so they were sent to wait in Paris, France for a few months. This was in 1957. He met many politicians like Adlai Stephenson and at one gala he attended as a guard he got to dance with Elizabeth Taylor.

The two marines were on duty all night protecting President Eisenhower. In the morning the President had ordered a lavish breakfast and the tray on a cart soon arrived. After he had eaten the President opened the door and asked them if they had eaten and they answered "No Sir!" The President brought out the cart and said, "Help yourself."

Finally in Russia, he worked with the Secret Service and other counterintelligence agencies to protect many celebrities and dignitaries. Many of them went on train tours and Gunny and other agents who went along gathered whatever information they could see. The Russians cleverly parked the train on a siding at night to forestall any "sightseeing."

Eisenhower had sent some marines to guard the Embassy in Beirut, Lebanon so Russia sent 250 thousand people to Beirut to protest and had a mob armed with sacks full of rocks to demolish

Continued on page 3



Photo by Bill Bradford

ANDREA PATTERSON

by Andrea Patterson and John Lawrence

Most TR people know Andrea Patterson as an accomplished musician whose fingers playfully can run across a keyboard, flute, mandolin or violin. She often adds a bit of whimsy to a performance. She recently led a Jam Session of about 20 TR musicians who love to sing and to play. They formed a loose circle as they met on the scenic eastern shore of Vanishing Lake.

An interesting mix of instruments were at the Jam: violin, guitars, autoharps, mandolins, banjo, dulcimer, ukulele, hammered dulcimer, saxophone, keyboard, maracas and other rhythm instruments. Every musician got a chance to lead a song as they progressed around the circle. The song selections were from a variety of genres and all of it was "music to our ears."

A magical moment took place when a flock of birds took flight as they were singing, "I'll Fly Away." It was wonderful. Andrea smiled as she said, "If only the

birds would do that every time! I am thankful my husband Stan is a big help with the instrument setups. He built some power cords to connect the keyboard to our golf cart batteries and now I can play anywhere! I always look forward to the spontaneous mix of music with the gorgeous beauty of TR every year. We have so many talented musicians here and it's such a joy to play with them."

While music has been a big part of her life, she has had other competing interests. She remembers standing on the roof of her family's Merritt Island apartment building and watching Skylab launch in 1973. Her father had worked on Skylab. After the launch her family moved back to Huntsville, Ala.

Her father, husband and brother are all engineers so she is well-versed in the 'engineer-speak' language. She holds two degrees: Bachelor of Science and Bachelor of Electrical Engineering which makes her well qualified to take on the awesome responsibility of working in the space industry.

Patterson began working as a NASA contractor for McDonnell Douglas in 1995, which later merged with Boeing. As a Payload Coordinator on the SpaceHab Program, she worked with the engineering scientists building experiments and hardware. She often carefully managed the installation of time-sensitive experiments into the SpaceHab module at the shuttle launch site in Florida's Cape Canaveral. "We also had to be ready to support the time-sensitive experiments if there was a launch delay." Sometimes after launch, she quickly flew to Mission Control in Houston to



Photo by Stan Patterson

A moon rock makes Andrea feel connected to America's space accomplishments.

support and monitor the real time experiments during the shuttle. "Sometimes I worked night shifts in Houston and we had around-the-clock team support."

Prior to the shuttle landing, Patterson would fly back to Cape Canaveral and support the experiment retrievals. "It was always a great feeling to see the experiments return to the scientists and engineers, many of whom had worked a lifetime for this unique space research opportunity. Seeing a flower or a crystal returning from space are treasured moments for me."

In 1999 she took a new job as a Test Operations Lead in Decatur, Ala. She began during the exciting time of planning, design and construction of a huge, over one million square foot, rocket factory in Decatur, Ala. Since the factory was under construction, temporary office space was needed for the new employees. Someone came up with the idea of buying

Continued on page 3



Photo by Bill Watkins

CHUCK MANOS

by John Lawrence

We were enjoying a crisp, clear Tuesday morning on Sept.11, 2001 when at 8:45 a.m. an American Airlines Boeing 767 loaded with 20,000 gallons of jet fuel crashed into the north tower of the World Trade Center in New York City. Chuck had run a passenger train to Hoboken, N.J. and he was in the terminal's engineer's locker room when the first plane crashed into the North Tower. When he came out and saw what was happening on television, he quickly turned to look out the window and watched the actual tragedy taking place just across the river. He asked his friend Fred why the embedded plane's engines were still running. Then they realized that everyone aboard the plane was dead. He watched, transfixed, as the second huge ietliner came down the Hudson River at a low altitude and then made a sharp left banked turn and smash into the South Tower.

The Railroad's order was soon given to suspend all other services and to quickly run the shuttle trains

Continued on page 3

BUSCH HALL Sunday Night

The Vocalitas bring us the sounds of swing



THE VOCALITAS

by Sandy and Ken Langell

Busch Hall Sunday Night presents The Vocalitas! This bilingual Florida based female vocal trio will dazzle you with the sounds of the swing era and mid-century merriment fused with the popular hits of today. Their modern jazzy, close harmony style is influenced by the likes of Post Modern Jukebox, The Puppini Sisters and classic vintage girl trios of past eras. The trio came together in 2019 through their work at

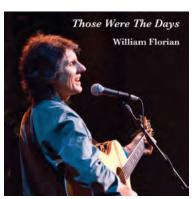
Disney World and other area theme parks and they have been getting rave reviews all around Florida. The Vocalitas will bring us their USO Show with such timeless hits as Boogie Woogie Bugle Boy, Mister Sandman, It Don't Mean a Thing and many others.

The Vocalitas will perform Sunday, Feb. 26 at Busch Hall. There is an Ice Cream Social from 6 to 6:45 p.m. Announcements begin at 6:45 p.m. and the show follows at 7 p.m.

Wednesday Evening Concert Series

by Doug Pedersen

Wednesday, March 8



The Music of
Neil Diamond
with William Florian,
former lead singer with
The New Christy
Minstrels.

Wednesday, March 22



Jeff Gordon's

Top Hits Variety Show,
an amazing collection of
popular and country
music.

Remember our Concert Series brings you artists and groups that cannot be afforded within the budget for our Busch Hall Sunday Night programs. Your support for these quality offerings is very much appreciated so that they may continue to be offered.

Tuesday Night Movie Doors open 6:45 p.m. - Movie at 7:15 pm.

TNM presents



by Carol & Jim Henrikson

Because of an Internet loss midway through our Valentine's *Ticket to Paradise* movie, we used the time from 6:45 p.m. to the feature start time on Feb. 21 to present the ending of the *Ticket to Paradise* movie. We were disappointed that the Internet service failed. For those interested in knowing what happened the problem was a loss of power to the Internet equipment in Citrus East and not the Internet equipment itself

All Quiet on the Western Front will be shown on Feb. 28. Thanks to the efforts of volunteers, free popcorn has returned to TNM. Your donations are much appreciated to keep this operating.

Other movies planned for March will include A Man called Otto, Hamilton and Selena-My Mind and Me. More specific details of each movie will be posted on the Movie Bulletin Board in Busch Hall and the Post Office. Keep your movie suggestions coming as we will present as many of these movies for you as is possible.

TNM is only viable with your ongoing participation and financial support. We thank you for supporting our efforts to screen outstanding film productions in our cinematic Citrus East venue.

Celebrate Mardi Gras at the next Friday Night Dance!

by Jackie Thackery

For those who find joy wearing green, gold and purple the next TR Friday Night Dance with the Travelaires will celebrate the Mardi Gras season in Busch Hall from 7 to 9 p.m. on March 3.

Director Phil St. John works very hard preparing a program for each and every event which both recognizes the theme and many different dance styles and rhythms. Another source of variety is instrumental and voice participation. Those who have attended have heard some of TR's best including Rev. Gene Gough, Phil St. John, Doc Probes, and Barbara Swartz.

Participants enjoy presenting, listening and dancing to homegrown talent and sharing an evening of music, snacks and drinks with friends and neighbors at the TR Dances.

All with knowledge and past experience with an instrument are



encouraged to begin practicing and speak with Phil or another band member regarding renewing participation in the Travelaires or just come to rehearsals on Tuesdays, 1 to 3 p.m. in Busch Hall. Low Brass are welcome anytime and a Pianist will be needed next season. However all who want to expand their participation and regrow their talent are welcome and will have a fun time.

While free is a commercially overused word of late, it is applicable as the Dances are without a fee this season. Just bring your own refreshments and enjoy!



by Donna Probes

This week's program will be another mix of musical genres. Doc and I love so many different kinds of music that it is often difficult to choose. We'll mix up Brooks & Dunn's My Maria with Willie Nelson's classic Blue Eyes Cryin' in the Rain.

Then for some extra added spice, we'll throw in some Beatles and some nostalgic songs from the late 50s like *It's My Party* and *Young Love*. Ilove everything that

Linda Ronstadt did so I will do a rendition of her great hit *Blue Bayou*.

Do you really need something to get your blood flowing, then watch out because Doc is going to fire up *Born to be Wild* by Steppenwolf. If you want to hear a crazy mix of the kind of music we all grew up on, join us for another Friday Afternoon Live in The Grove today at 3:30 p.m. If the weather doesn't cooperate we'll move to Busch Hall.

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Residents stories continued

Gundrum... from page 1

every window in the place. Eisenhower and Khrushchev never did attend a summit scheduled in Paris that

After his tour of duty was over, Gunny decided to join the National Park Service. As a Park Ranger he was posted to Arlington National Cemetery in Virginia. He was there when President Kennedy visited and heard him say, "What a beautiful spot. I could live here forever."

Gunny was in a photo taken when Medgar Evers, the young black activist, was buried. On duty one dark and rainy night he opened the front gate and the entire Kennedy family was there with Secretary McNamara. They wanted to see the exact spot where JFK had uttered his desire. Gunny showed them the exact spot and Kennedy is buried a short distance down from there.

Park Ranger Gunny was assigned to the Lincoln Memorial when Doctor Martin Luther King gave his famous speech. He was posted at the podium and he shook hands and chatted with Charlton Heston, but Marlon Brando turned his back on him. He was scanning the crowd when he spotted a short thin black man wearing a poncho weaving his way toward the podium. Gunny went down to intercept him and asked where he was going. The man pointed up toward the dais. Gunny asked him if he had his invitation card and the man said he had left it in the hotel. Gunny looked closer at the man and saw that he had a glass eye which was why he could not make eye contact. Gunny then recognized him as Sammy Davis, Jr.

When Dr. King began reading from his prepared notes, many famous voices in the crowd started to shout, "Your Dream, Martin. Tell us Your Dream." The voices grew very insistent, so he stopped reading and when he was shuffling papers around Gunny stepped up to help him. Dr. King then gave his historic "I have a Dream" speech. Every time that the video showing Dr. King giving his speech is shown, Gunny is shown too because he was standing just slightly to the left side and behind him.

After that tour was over Gunny joined the New York State Police. He was "captured" by the tens of thousands strong mob at rainy muddy Woodstock where he served a two day shift.

During his tenure he was involved with many famous criminal investigations. After serving for 25 years he left the force. He met Joan and visited her parents here at TR. Joan was an activist and she became a Board Member. Gunny stayed in TR after she passed away.

Gunny has been in many dangerous situations over the years since he was a young impatient lad who ran away from home a few times, flew to New York and then joined the marines. He has spent many dark and lonely hours when his future was uncertain such as when he was on a darkened train waiting on a railroad siding in Russia. Through it all he has always had the knowledge that a kind and protective God has been directing his life.

He and Wilma Hardley now live quietly and peacefully in The Village.

Patterson... from page 1

some house trailers. Andrea figures they must have gotten a good deal on them. There was no indoor plumbing, so an outhouse was placed nearby. There wasn't a lot of room in the trailer for all the engineers. Andrea's office was complete with a door and a small window. It also had a huge bathtub, which became a very useful filing cabinet. Her desk was a large sheet of plywood.

Andrea laughed and said, "It felt like I was on a long, long camping trip, but after a few months the engineers were able to move into the new factory. It was a wonderful day getting a spanking new office." The factory builds the Delta IV and the Atlas V rockets. After the rockets are built they can be shipped on a 300 foot long boat called "Rocketship" to Cape Canaveral, or via the Panama Canal to Vandenberg Space Force Base in California.

As Second Stage Test Operations Lead, Andrea managed the test area setup in the new factory. Once the test area setup was completed, she spent many years testing the Delta IV Second Stage avionics and propulsion systems. Her primary focus was navigation, command and control of the rocket. Fanatic attention was given to even the smallest detail that was necessary to insure flight success. "During the start-up days, it was an exciting time looking toward the future. We worked a lot of hours. I wore many "hats," and had many different tasks during that time. A great memory is being part of the team that tested the stacked rockets on

With only two more Delta IV Heavy Rockets left, news sources say that they may launch one within the next two months and the whole Delta IV fleet may be retired in 2024. Andrea wants to see that launch. "It is a big, huge rocket. It seemed I was always working on the next rocket, so I just always watched launch videos. Seeing one of the last two rockets at Cape Canaveral would be awesome." Andrea laughed as she reminisced about a special moment: "As you watch during the launch countdown you realize that this is it, here's your one shot at success; it's such a thrill to see a huge rocket lift-off with each component firing exactly as planned and reaching the perfect orbit for the satellite --it always makes me so happy."

After testing rockets for years, she became a Production Operations IPT (Integrated Product Team) Leader, which involved upgrading the avionics systems on both the Atlas V and Delta IV rockets. "I worked with many disciplines including design, manufacturing, tooling and testing to plan the factory implementation." Prior to her retirement (from United Launch Alliance), Andrea also worked on planning for a new rocket which is called the Vulcan Centaur. News sources indicate Vulcan Centaur's first flight may be scheduled this year. If that happens, Andrea hopes to see that launch as well.

She's part of a relatively small community of rocket engineers in this world, one that shares a common goal of making successful launches. As such they support each other. She believes that America needs to be a leader in Space. She feels that rocket competition can lead to innovation.

Andrea thought back to a distant memory. She was waiting on a pier in Cape Canaveral for Astronaut John Glenn's return-to-space launch. Andrea saw a young lady standing nearby who looked a little apprehensive and she asked her if she knew someone on the flight. The lady said, "My husband." It was a moment that made Andrea's heart tug and she developed a much deeper appreciation for the astronauts and their families. Another time at Cape Canaveral, Andrea's crew trainer friend invited her to dinner. She spent pleasant evening dining with international space representatives and astronauts. "How lucky am I?" happily asked.

Now retired, Andrea is happy traveling with her husband Stan and their two ragdoll cats in their Airstream and playing music along the way. They really enjoy spending time at Travelers Rest. She was quite enthusiastic when she joyfully stated about her career, "I loved it and enjoyed every minute of it!"

Manos... from page 1

as people were returning to the terminal looking for transportation back to their homes. It was a chaotic time when fear of an unknown terrorist group seemed to grip our country. We were scared.

Charles (Chuck) Manos took his first cruise to Germany courtesy of the U.S. Army. He served there for 18 months as a mechanic who "did whatever they asked me to do."

When his service was over he worked at various occupations. When the opportunity to apply for a job on the railroad came up he quickly applied. He was hired to work on the Penn Central Railroad. He was actually hired only after he passed the "exam" which consisted of being able to board the engine whose first step was at waist level height. He began as a fireman and spent the first two weeks at training school learning all of the various signals the railroad uses. A fireman on the railroad train is actually an assistant engineer.

After two years Chuck was sent to Wilmington, Del. to attend Engineer School which was a seven-week course. After he graduated he discovered that they had no immediate need for engineers. He had to wait ten years before he was promoted to engineer. Chuck worked for the railroad for 33 years.

Charles (Chuck) and Doris (Dee) live in Califon, N.J. where Chuck says, "I do whatever I want to do, except fishing. I have to travel about 3 miles to go trout fishing in an excellent stream that is known for its bountiful trout." When asked how they came to TR, Chuck shared that a ham operator friend told him about TR and he and Dee first came here in a Coleman trailer. They became enamored of our incredible park and our super-friendly residents. They now reside on lot 14-42. He is a member of the Ham Radio Club and a Veteran of the U.S. Army.

From the Manager's desk



RAY HILL by Ray Hill with Rich Kushman

This week Ray and I jumped into the swimming pool, figuratively that is, when I asked about the recent pool closure. There was a small piece of wall described like a drywall patch that needed fixing. The pool was closed for approximately two hours while the repair

was completed.

Addressing a rumor that an activity was denied having a fund raiser, Ray clarified just how that system works. Any activity or club wanting to sponsor a fund raiser must first get it approved by the activities director Guy Weik. All funds raised will be kept by the park. The park will maintain a record of these funds and allow the chairperson or bookkeeper for each activity to withdraw funds as needed. Each activity can maintain

their own records but the park will provide all necessary legal accounting and tax reporting. TR has a great many activities and clubs and the possibility does exist that a fund raiser could be denied. Perhaps that club has already sponsored a fund raiser. Maybe there are several others already in progress. Just thinking - a profusion of fund raisers might not leave enough money for "Lobstah."

Every 10 years the Time Capsule is opened. Last year being our 5th decade the capsule was dug up and the contents again put on display but sadly, Ray noted, not without a couple of complications. Moisture had entered and damaged some of the contents. The other unfortunate matter was the disappearance of a special cigarette lighter, handmade by Jake Busch, from the capsule display. This type of report just seems out of place here at TR, where that old fashioned open door neighborly trust for each other has prevailed and I think still does. The Time Capsule area is presently exposed with safety cones warning of the empty hole. The capsule will soon be made watertight with contents vacuum sealed and reburied.

Meet the 2023 **Election Inspectors**



JUDY PECK, SANDY NELSON. **CHERYL SMITH AND BEV WISINGER**

by Sandy Nelson

now called Election Inspectors. Our job is the same as the previous tellers. It is to verify shareholders and to confirm that each ballot has been completed properly. We also count ballots and tally votes for candidates and resolutions then report results to the TR Board of

The TR Election Tellers are spend over 120 hours on this process. We have well over 20 years of combined experience. There are more than 700 ballots to tabulate. If you are ready to vote, please send your ballots in. We will begin counting on Monday, Feb. 27. If you have any questions concerning completing the ballots, please feel free to call either Bev In a single election year we Weissinger or Sandy Nelson.

Communications from the Board

by Kathy Shawver President/CEO TR Board of Directors

AGM packets are in the mail both to resident shareholders at TR and those residing outside the park in accordance with policy requirements.

Our Pasco County Community Engagement Officer accepted a new assignment and is not available for our Crime Prevention Seminars. Best wishes to Ron Buzzetto, thank you for the great seminars and support!

TR Fire/Rescue is training 6 new EMTs and 6 new Firefighters. Thank you to everyone who volunteers at Travelers Rest!

A reminder, current financial statements are available for shareholders to view upon request by making an appointment with the

The Board of Directors met with three former board directors with the goal of moving forward in a way that is beneficial to TR.

A second dog park and extending the dog walking paths were discussed by the Board of Directors. Plans are in development, watch for updates.

Post Office changes are in development to accommodate the growing number of resident packages delivered to Travelers

White tape with black lettering currently used on the original white name tags may be applied to the key card plastic covering sleeve resulting in a more easily readable name tag. The Welcome Committee will offer the high contrast labels as well as red

So, me and my friends . . .

If you refer to a dictionary you will find many definitions for the use of the word "so." It may be either an adjective or adverb and there is a plethora of uses for the term. It may be used to indicate quantity as in so many, or in the condition or manner expressed or indicated as in hold the brush so. You might say the idea is so obvious or that is so much better.

So, why is it now used as the first word of sentences? Watch TV, listen to the radio or just have a conversation with someone. When a question is posed listen carefully to the answer. Dollars to donuts the first word of the answer will be the word so followed by a brief pause.

How did this evolve? It really has no function in the answer. Is it merely a place-holder for the responder to give that individual time to think of the proper answer?

I have always been interested in the manner in which people speak. During the past decade or more it is my opinion that language has gone downhill.

Another quirk that seems to have entered our language is the use of "me and my friends." When I attended school back in the dark ages I was taught that you always put others before yourself. I was taught to say my friends and I. Apparently this courtesy has gone the way of many others.

I won't even go into the use of "we should have went."

Grammar, grammar, where have you gone?

I find it refreshing to listen to a speaker who neither begins sentences with the word so, fills each pause with "ah" or "um" or uses wrong verb tenses. Guess I am just old fashioned. *mre*



The TR Times

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The Servant's Plow



A call to commitment

The season of Lent is upon us. Many of our faith traditions have taught us to "give up" something for Lent. Here are some thoughts about how we can actually "gain" something through this journey to the cross.

God will test our level of commitment and our obedience to see if we are ready to increase our faith. What are you willing to give up? How much value do we put on the things or people closest to us? God desires to enrich our lives and bless us. He uses people to help other people. God places high value on you and me and He paid a very dear price because of what we are worth to Him. The blood of His only Son was shed to forgive the sins of many.

Read Genesis 22: 1-18. It is a familiar story about commitment and sacrifice.

Verse 2 mentions that the Lord told Abraham to take his son Isaac to Mount Moriah (a fifty mile, three-day journey). In later history this would be the same place where King Solomon would build the temple and sacrifices would be offered up to God. Two thousand years later Jesus Christ the Messiah would be led outside of the city gate of Jerusalem, down to Golgotha, less than a mile away... and crucified. Mount Moriah has a significant rich history of commitment and sacrifice.

Verse 1 says that God "tested" Abraham. Let me clarify the word "test." Why did God test Abraham?

- 1. Tested Abraham's Love (vs.
- 2. Tested Abraham's Faith (vs. 6-8)
 - 3. Tested Abraham's Courage vs. 9-14)
- 4. Tested Abraham's Obedience (vs. 15-19)

God doesn't test you to find out what you will do...because He already knows what you're going



ANTHONY SHIPE

to do. Why does God test us?

- There are three reasons...
- So our hearts will be refined.
 So we will know the limita-
- tions of our heart.

 3. So we will realize that faith is not real until we use it.

You will notice Verse 2 says, "Take your son, your *only* son Isaac...whom you love so muchand offer him there as an offering." Did you know that this is the first place in the Bible where the word love is used?

God calls on us to evaluate our most valuable possessions and make decisions about our level of commitment. How much are we willing to let go? Everything that our Heavenly Father gives us is also His to take away.

Verse 4 states that on the third day Abraham rose up early and traveled to Moriah. Someone else also rose early on the third day. Abraham lifted his eyes once he got there and saw *the place* from afar. *The place* would also be the location of the cross of Calvary. This was Abraham's call to commitment.

Verse 5 says he told the servants to stay behind: "Isaac and I are going to worship and we will come back to you again." For what Abraham was about to do (in a manner of worship), he showed an incredibly deep sense of faith.

What is your level of faith? Abraham had a strong faith in God because he said he was coming back with the boy. It showed his confidence. He knew God would provide. Do you suppose Abraham had a little sweat and tears walking up to that spot?

Verse 6 has an interesting parallel:

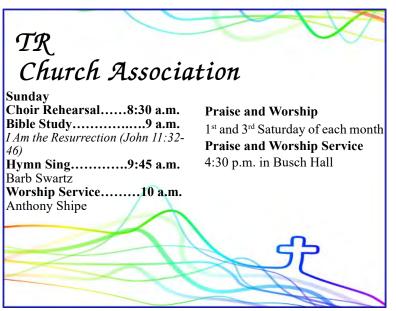
Abraham places the wood for the burnt offering on Isaac's shoulders to carry it.

Note that *wood* is translated in the Greek Old Testament as *Xulon* (ZOO-lon) which is the same word used in the New Testament book of Acts for the word cross.

Jesus carried the cross on His shoulders... made of wood...to His own death...just like Isaac.

Abraham set his resolve and followed God in obedience and left all the distractions behind him and took his son up that mountain and showed unwavering trust in God. Of course, Isaac gets a little nervous, umm dad, where is the lamb for the sacrifice? Would you be a little nervous too? I would be. There are challenges during the week where I question the situation too! Life doesn't always seem to be fair. Are you sure about that God? Do you really want me to do that? We all experience moments when we hold the knife in the air. But God says to just obey Him.

So, Abraham tells his son that God will provide a lamb and he takes the knife in his hand and he is willing to let his son die. We may think that we have no attachments that come between us and the Lord. but He knows our hearts. It's difficult to be completely obedient if we are holding on to something too tightly. Is there anything you feel that you could never give up? The Lenten season is upon us where we think about letting something go. You have everything to gain by committing and putting your trust into Christ.





(352) 588-3641

The Siren



by Jean Cobb

NOTE: This article is a slightly modified reprint of an article from 2 years ago. Recently, it was shared with me that the article triggered a quick visit to the ER and made all the difference! If I ever help just one person with these articles, I have accomplished my intended goal... THANK YOU!

We've all known folks who have experienced a stroke, with a rapid onset of muscle weakness or paralysis, facial drooping, garbled speech or loss of consciousness. Sometimes the person recovers completely; other times the stroke has permanent or even fatal consequences. The difference in outcomes depends on the type, location, and severity of the injury to brain tissue and how quickly the person receives medical treatment.

A stroke, sometimes referred to as a cerebrovascular accident (CVA) or brain attack, is the loss of brain function due to an interruption in blood supply to a portion of the brain caused by a blockage or hemorrhage (bleeding). Some strokes, referred to as a transient ischemic attack (TIA) have symptoms that totally disappear within 24 hours; however, TIA patients are at a significantly higher risk of having a more severe stroke in the future. About 80% of strokes are a result of clots or blockages and about 20% are from a ruptured vessel that bleeds into the brain. Major risk factors for a CVA or TIA include atrial fibrillation, high blood pressure, diabetes, elevated cholesterol, advanced age and tobacco use.

As a result of the stroke, an area of the brain is damaged and cannot function normally. Typical deficits can include weakness and/or paralysis on one side of the body, inability to speak and/or understand spoken words, or a loss of a portion of the field of vision. Stroke symptoms typically start suddenly, over seconds to minutes and are obvious to an observer. A stroke can also begin while someone is sleeping and may not be apparent until an attempt is made to wake the person.

A stroke is a MEDICAL EMERGENCY and can cause

Having a STROKE? Act FAST!!

permanent brain damage or death. Minutes are critical. Appropriate treatment within 3 to 5 hours may be able to restore functions that have been lost by the lack of blood supply, so DO NOT WAIT! Use the acronym FAST to check someone for evidence of a stroke:

F = Face Drooping. Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven. Ask them to stick out their tongue. Does the tongue pull, or deviate to one side or is it in the middle (as it should be)?

A = Arm Weakness. Is one arm weak or numb? Ask the person to raise both arms, palms toward the ceiling and then close their eyes. Does one arm drift downward?

S = Speech Difficulty. Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence, like "You can't teach an old dog new tricks." Is the sentence repeated correctly?

T = Time to call 911 and be prepared to tell responders when the symptoms were first noticed. If someone shows any of these symptoms, even if the symptoms go away, call 911 and get the person to the hospital immediately. (Source: www.strokeassociation.org)

Immediate intervention when a stroke occurs can make the difference between temporary or permanent disability, or even life or death. While it is common for a person to minimize or ignore initial symptoms of a stroke, delay in treatment can make a huge difference in outcomes. When you realize someone is experiencing symptoms, insist that they seek medical care immediately. Dial 911 rather than choosing to drive someone to the hospital because their condition may deteriorate further on the way. An ambulance will provide the quickest and safest transport to the hospital, is best equipped to handle the stroke and will deliver the patient directly to the treatment area in the Emergency Room.

A note about aspirin... while an adult-strength aspirin is recommended during a heart attack, at the present time it is not recommended during a stroke. Taking aspirin isn't advised during a stroke because not all strokes are caused by blood clots. Most strokes are caused by clots, but some are caused by ruptured blood vessels. Taking aspirin could potentially make these bleeding strokes more severe. In addition, aspirin may interfere with other drugs that are commonly used to dissolve clots in the Emergency Room.

Recognize the symptoms of a stroke and call 911 immediately. As soon as you do, the TR Siren will sound and First Responders will be on the way to help prepare you and the area around your location for quick transport to the hospital. Our closest stroke center is Advent Hospital Dade City. Have fun – be safe!

REMINDER: Many of you know that I experienced a COVID infection earlier in February, and while I wasn't deathly ill, I was pretty sick for several days, and fairly lonely and unusually tired for about 5 more! Please don't let your guard down... COVID -Omicron variants are still prevalent in Florida; there are likely active cases in TR and folks are now getting COVID for the second or third time! Decide how and when you will protect yourself and others - options include masking, distancing and washing your hands, but CERTAINLY STAY HOME IF YOU ARE FEELING ILL. If you know you have been exposed, wear a mask to be extra careful and test 4-5 days after exposure. Consider asking folks to test before you host an indoor gathering of family or friends and test if you are going to be up close and personal with someone who is especially susceptible. But always remember, you can be asymptomatic, infected and contagious for a day or more before you know you are ill!

Lastly, government plans are to stop the "COVID Emergency" proclamation in May. That means getting 8 free COVID tests per Medicare beneficiary will stop at that point. Consider getting a few kits before the program stops. Simply take your Medicare card to a local pharmacy and ask! Remember to discard your expired kits — they may give falsely negative results.

Free coffee for TR's First Responders



by Nan Lanco

There will be free coffee for First Responders and Firefighters on Tuesdays 7:30 to 9 a.m. at Busch Hall before your training meetings. Bring a cup and a dollar for a bagel!

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Healthy Tips

Dancing is good for your health



bly Donna Neer, RN (retired)

Those of you who know me, know that I love to dance. As a child growing up, I never was afforded the opportunity to take dance lessons. I wanted to. However, living where we did and not having both parents being able to drive with only having one vehicle which Dad used for work, dance lessons were never in the picture.

As life changes came into my life again, the idea of learning how to dance just was not feasible – getting married, having a family and accepting life as an adult. We all know about that!

Then we both retired and we found our little bit of paradise to spend our kids' inheritance as we entered that next chapter of our lives. Well it wasn't until we moved here to TR that I actually started dance lessons. I must confess that learning how to dance has allowed me to go on a journey that I would have never had if Diane Phillips didn't stop at our trailer and invite me to my first clogging class. What a life changer that was for me.

Over the past 16 years, I have attended workshops where I learned more and more. I found that I could actually write a routine to music. I have had somewhere around 35 original routines featured nationally and internationally in various clogging publications. I have taught two teams, one here at TR and the other in my home state of Ohio. I have attended and taught in workshops in Florida, Ohio, Michigan, Texas, New York, Georgia and at Clog Canada held in Waterloo, Ontario.

Those of us who reside at TR have several dance classes in which to participate. We have line dancing, ballroom dancing, clog dancing and even have had liturgical (praise & worship) dance classes. Square dancing opportunities have been scheduled here as well.

So why dance? There are so many fun reasons to learn to dance. We are never too old to start. No one is born with two left feet.

I have found some research studies that have shown the positive effects that dance has on our bodies, physically, emotionally and mentally. For example, I found an article entitled Dancing Makes You Smarter written by David Avocado Wolfe. Wolfe summarized the 21-year study of senior citizens 75 and older which was led by the Albert Einstein College of Medicine in New York City, funded by the National Institute of Aging and published in the New England Journal of Medicine. The study was to determine what activities had the best percentage

of reducing the risk of developing dementia. Some of the studies were to evaluate how bicycling, swimming, golf, reading, doing crossword puzzles for at least four days a week and/or dancing frequently could reduce the risk of dementia. The study found that of all the activities they examined, dancing proved to indicate that dancers could have as high as a 76% less chance of developing dementia.

In June 2022, Ann Lutz of Fox 43 News reported that an experiment at Coventry University in England showed that frequent dancing of any kind is linked to more than a 70% lower risk of dementia. "Amateur dancers were evaluated before and after a 30-minute dance session. Experts noticed that their spatial working memory and the ability to hold onto visual information in the brain increased." Lutz also reported in her interview with a professional ballet dancer from the Pennsylvania Ballet Academy who stated that with dancing, "you're using muscle memory, coordination, musicality, which when combined together improve brain function."

There are many references to dancing in the Bible in Exodus, Jeremiah, the Psalms and Samuel among others in the Old Testament. My favorite, embroidered on the sleeves of my Ohio team tee shirts, is Psalm 149: 3.

"Dance is an antidote to stress, a way to combat negative emotions, an elixir for the body, mind, and brain" writes Christensen and Dong-Seon Chang in *Dancing is the Best Medicine*. Also a study conducted in China of women who were at risk of depression around menopause found that participating in square dancing five times a week for three months helped decrease depression at a most vulnerable time of life for these women

How and why is this possible? In summary, dancing in any form can reduce stress and depression, increase energy, improve flexibility, strength, balance and endurance as well increase mental capacity by exercising our cognitive processes. Dancing can affect our ability to have dynamic and rapid-free decision making and creates new neural pathways. Additionally, participating in any type of dance class, just being there, having social interactions, meeting new people, learning something new – these factors as well as even the possibility of dropping some excess pounds while having fun - all of these reasons and so many more is why I dance.



Activity Affairs



GUY WEIK

by Guy Weik, **Activity Director**

It's already time to start planning for this year's annual Hobby and Arts Show. I had originally planned to run the show in the morning as we did with the Activities Showcase back in January. However, it was brought to my attention that Ladies' Golf

Hobby and Arts Show



takes place on Wednesday mornings and the Travelettes' Root Beer Floats would taste much better on a warm March afternoon. So this year's Hobby and Arts Show will be held on Wednesday, March 15, 1 to 3 p.m. in Busch Hall. A sign-up sheet is on the Activities Bulletin Board in Busch Hall. You may also email your information to me at activities@travelersrestresort.com.

The Hobby and Arts Show is open to TR activities and residents to display their artwork and crafts.



Displayed items may also be sold during this show should participants be willing to part with their handiwork. This is a show to share arts and crafts not flea market treasures.

We will set up tables the day before on Tuesday, March 14, after the Annual General Meeting ends around 3 p.m. This will allow participants to set up their displays anytime Wednesday morning. If you have time to help us set up on Tuesday, your assistance will be greatly appreciated.

Final Las Vegas Night

by John Dennison

Tonight is the last Las Vegas Night this season in Busch Hall at 7 p.m. You won't want to miss it. The first time we played 18 players split \$425; anyone can win.

For \$5 you will get 4 chances to hit it BIG. L-C-R is still the game and all money will be paid out to the winners. Life is short. Come out and have some FUN.

New England Luncheon

by Bard Fuller

Our annual potluck luncheon is scheduled for Sunday, Feb. 26 at 12:30 p.m. in Citrus East. Bring your favorite casserole to share and come enjoy the fun and fellowship. Everyone is welcome to bring a friend or two.

A sign-up sheet is posted in Busch Hall. You place setting and a beverage.

will need to bring a

For information contact Kathy Fuller at lot 2528 or 860-302-1367.

Become a Hero, give the Gift of Life



by Ken Neer

Please mark your calendars for Monday, March 6 when two Big Red OneBlood Bloodmobiles will be parked next to the TR Fire Station ready to take blood donations starting at 8 a.m.

The process of giving blood is simple, relatively painless and normally completed in less than one hour. Blood is always in high demand and can only be produced by the human body. There are no synthetic substitutes. Your donation, after lab testing, is separated into components (ie. red blood cells, plasma, white blood cells and platelets) and depending on the patient's needs, each donation can be used to help up to three patients. Everyone, such as friends, relatives, as well as, you may be a surgical patient, accident/burn victim, cancer or anemia patient just to name a few.

You can be their anonymous hero for without your donation they cannot heal or in some cases survive. It is estimated that one in three people will need a blood transfusion in their lifetime.



TR again can support the Big Red Bus.

Questions I am frequently asked: "Are Canadians eligible to give here in the U.S." and "Is there an age restriction?" Yes, Canadians are eligible and encouraged to give and there are no age restrictions. Additionally, those on high blood pressure, high cholesterol, anti-depressant or pain medications are normally acceptable. Most medications are acceptable. Restrictions change as more is learned about the effects of various medications on the recipients of donated blood. If you have been rejected in the past, or are in doubt, please board a bus and check with the OneBlood staff.

Twice a season, the first Monday in December and March, ber to bring a picture I.D.

we are given the opportunity to give the Gift of Life to the community we call home in the winter months. Think of it as giving back for the times the residents of the surrounding community including TR full timers have had to wait in line at their favorite grocery store, gas station, restaurant or in traffic because of our winter invasion.

Besides the wellness check which includes pulse rate, blood pressure, iron count and cholesterol count you will receive a St. Patrick's Day t-shirt, a \$20 e-gift card and entry into a drawing to win one of four free lunch vouchers courtesy of Lee Brenn and the TR Snack Shack.

Please sign up for an appointment at www.oneblood.org/ donate-now. On the screen select Sponsor Name/Code then enter Travelers Rest in the box, finally click the search button. You are now able to register. You may also call 888-936-6283 to make an appointment.

I hope to see you on one of the Big Red Buses and please remem-

Party Planners schedule drive-thru steak dinner



by Linda Smith

The Party Planners are having a drive-thru steak dinner on Wednesday, March 1, time to be determined. Steak, baked potato, veggie, salad, roll and dessert will be served. The cost will be \$15 per

Purchase tickets at Busch Hall Sunday Night on Sunday, Feb. 26 prior to the program.

Michigan luncheon is planned



The annual Michigan Luncheon will be held on Saturday, March 4 in Citrus East. The Social begins at noon and an organized potluck will follow at 12:30 p.m. Please sign up in Busch Hall. We ask that you bring your dish to share, your table service, beverage, alcohol is approved and a big smile. Donna Probes and Company will entertain after the lunch. Please contact Tawnya Rowden if you have any questions, lot 2534 or 231-271-3325. See you there.

TRash Talk



by Dean Peters

This week the focus is on the people who have helped make

First things first. Shirley-Ann Appleby did not get appropriate credit for her column in last week's TR Times on the subject of the 5 R's. That was my fault and I do apologize. She has also been very helpful in our committee meetings and in the integration of the TR Special Ministries Donation Trailer. (More on that subject in the near future.)

All of the bins, trash or

recyclables, are monitored by several determined guys, including Gunny Gundrum and Ted Smith. Ted Towl has also been very helpful in pulling out the odd big box or bag of recyclables and disposing of them properly. Their work is diminishing, thanks to all of you. (But I did discover an old toilet in the trash last week. Quite naughty!)

We are also monitoring the trash bins for the "degree of fullness" a few hours before they are due for servicing/emptying. With several weeks of data we will be able to assess whether or not we can change the number of each type of bin or change the servicing frequency. Currently the numbers show that we are borderline but Ken Hankinson, Ted Smith and

Patricia Bogden continue to be diligent in this regular assessment.

There are many more members of the Residents Waste Management Committee who provide feedback or question some of the policies and practices just to make sure we are on the right track. We appreciate any and all

Finally I would like to recognize the fine work of John Freed and Barry Sellick in the development of this program beginning last April and continuing through the summer. Their work in packaging this program for Board approval was invaluable as was the cooperation from the Board and Ray Hill. Thanks to everyone and thanks to the residents for making it so successful.

Aloha!



Mark your calendar to attend the Coffee Seminar on Thursday, March 2, in Busch Hall at 8 a.m. Our awesome Travel Director Sharon Zile will share how you may join the TR Hawaiian Island Hoppers on March 2, 2024 for a 7-day Hawaiian Island cruise.

Souper Bowl Food Drive supports Daystar



Photo by Ruth Bordner

Team tables laden with TR residents' generosity.

by Ruth Bordner

Many thanks go to the generous souls at TR who donated over 650 food items to our Souper Bowl Food Drive. Just like in the real game, the Kansas City Chief's table came out on top with 306 donations. Philadelphia Eagles' fans contributed 256 items and the "I Don't Care" crew gave 93 items. Of course the real winners are the needy who will visit Daystar Food Pantry and use your donations to feed their families.

The true spirit of TR came out when Amy and Stacy Grier and I went to pack up the food. Many of the morning coffee folks came running to help, boxing the donated food and loading it into Stacy's truck in record time. Some even offered to break down our extra boxes and make sure they were properly recycled. It sure is a pleasure to serve with all of you in this wonderful place.



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Flag Retirement Ceremony

by Ken Hankinson

As previously reported, this year's Flag Retirement Ceremony is scheduled for Saturday, March 11 at 1 p.m. The new ceremony site is outside the park only 2.7 miles from TR on Bellamy Brothers Road. This new location offers a much larger burn site required to burn the considerably larger number of flags scheduled for retirement this year.

The new location is owned by Zenen Valdez. Mr. Valdez is a Cuban immigrant who owns and manages a very successful business. He values the American way of life that many of us enjoy due to the sacrifices of our military veterans.

While the property is a working farm, Mr. Valdez has created a truly impressive area in which to stage special events and celebrations. There are two beautifully landscaped and lighted stone patios connected by a bridge over a stream which features a pond with a water fountain. Another area contains a smaller stone patio and fire pit centered with three antique cabooses he has acquired. He has future plans to convert the cabooses to housing for visiting missionaries.



Photos by Pam Watkins

This caboose may become one of the future missionary houses.



This vintage fire truck will be restored and it will proudly display the American flag.

Mr. Valdez also recently acquired a retired, large hook-andladder fire truck that when restored will fly a large American flag over his property. His acquisitions are definitely a very unique collection of Americana.

The area where the celebration is planned is level and easily walkable with a generous seating space for the ceremony. The flag-burning ceremony lasts approximately 20 minutes. At the conclusion of the ceremony, the remaining flags will be burned in a larger fire pit. Refreshments will be served afterwards and there will be ample time to explore this beautiful property via a diesel powered locomotive engine with several passenger cars.

We hope you plan on attending this year's ceremony. Be sure to mark your calendars for Saturday, March 11 at 1 p.m. Please sign up on the sheet in Busch Hall so we can anticipate the attendance. Additional details, directions and maps will be available in future TR*Times* articles and on the morning of the event. Please direct any questions concerning the ceremony to Ken Hankinson at 860-377-5299.

What is plarn?

by Chris Marsh

Plarn is likely a new word for most people. In these days of social need and environmental consciousness, a very creative person came up with the idea of plarn. Plarn is the combination of two words, PLastic and yARN. Plastic grocery bags are recycled to make plarn.

The plastic bags are flattened, folded and cut into four strips. The strips are interlocked to make long strands of plastic which are rolled into balls just like yarn. Under the leadership of Pat Dellamuth, there is a faithful group of TR volunteers who make the plarn and then crotchet it into sleeping mats for those without a bed. Each mat is about three by six feet in size and it takes approximately 900 bags to make one mat.

Pat takes the completed mats to the Food Bank at Holy Trinity Lutheran Church in Masaryktown where she is a member of the congregation. The Food Bank operates under the hardworking and dedicated direction of Jan and her husband Robert. They work every weekday to ensure the Food Bank is supplied and staffed by 11-12 people every Tuesday morning.

Food is donated and collected from Feeding Tampa Bay, local businesses and caring church and community members. They service about 120 needy people and families each week. They provide food including meat, dairy and produce, some clothing, household items such as sheets and blankets and basic personal care items like soap and toothpaste. Clients must provide proof of need and can use this service once each month. The needs are great and growing with close to 20 additional registrations each week. Some are living in their cars or sleeping in the woods as there are insufficient shelter services in Pasco and Hernando Counties.

TR volunteers have donated eight mats so far this season. There are at least eight more being worked on. Plastic bags are always needed. We would also like to help Jan and her team by collecting small bags of rice, cereal, oatmeal, soap and shampoo (hotel size is appreciated), toothbrushes, toothpaste and sunglasses.

Please bring any donation to Busch Hall on Thursdays, 9:30 to 10:30 a.m. Someone will be very appreciative.



Photo by Chris Marsh

From plastic bag, to plastic pieces, to plarn and finally to a needed sleeping mat for those without a bed.







Dade City 352-521-4977 Zephyrhills 813-779-9515 www.chrisaccompany.com

Chris & Christina Jones Owners



This adorable locomotive and restored train cars are ready for a tour of the farm.

TR's 20th Quilt-A-Rama







by Joan Ledbetter

Come help at the Quilt-A-Rama on Tuesday, March 7 from 9 a.m. to 3 p.m. in Busch Hall. This will be our 20th year making quilts for the women and children that find the need to come to Dade City's women's abuse shelter. Yes, you read that right. This year will be TR's 20th Quilt-A-Rama!

We need lots of hands to help out with lots of sewing and non-sewing tasks this day. Please bring your sewing machine if you have one. Non-sewing tasks for volunteers include ironing, tying quilts (you will be shown the process for tying quilts), moving quilts from one work station to the next and other tasks that we need to complete as many quilts in this one day of activity as possible. Please come and be a part of this worthwhile event.

The Snack Shack will be on hand taking lunch orders and delivering them to Busch Hall. The regular Snack Shack menu will be offered that day.

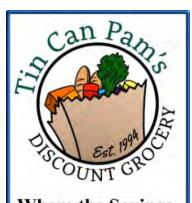
We look forward to seeing you there



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Bulletin Board

Travelers Rest Resort Activities

ACOUSTIC JAM SESSION

PICKIN' & GRINNIN' - Wednesdays, 3:30-5:30 p.m., Hobby House. December thru March. Rob Werner Harold Keefer

BOWLING

Fridays at 2:15 p.m. at Pin Chasers Bowling Lanes, Zephyrhills. Sign up on Bulletin Board if you plan to go.

Lin Buczek

Wednesdays, 3 to 5 p.m. in Citrus East. Linda Spencer

CREATIVE ART GROUP (CAG)

FRIDAY NIGHT DANCES

Fridays from 7 to 9 p.m. in Busch Hall, starting January 20. The dance schedule and themes will be listed in The TR Times and online.

Mondays, 7 to 9 p.m. at Snack Shack Pavilion.

Sharon Fosnight

AMATEUR RADIO CLUB

2nd and 4th Thurs., 6:30 p.m. in the Jeri Miller Activity Center. November-March Meetings open to all. Amateurs can check into the 8 a.m. Two Meter Net on 146.430 Mhz Monday thru Saturday.

BRASS ENSEMBLE

Wednesdays, 2:30 to 4 p.m. in the Jeri Miller Activity Center. We can always use more brass players.

Bill Watkins Steve Bowman

DIGITAL PHOTO - CAMERA

Mondays, 8:30 a.m. to noon in Jeri Miller Activity Building.

Carey Box

GAMES NIGHT

Non-contact games. New game each week. Linda Smith

Joan Colao

AQUATICS - (WATER AEROBICS)

Mondays, Wednesdays, and Fridays 9:30 to 10:45 a.m. at the pool. November thru March Linda Smith

BRIDGE: BEGINNERS

Tuesdays, 1 to 3 p.m. in Hobby House Jim Weigand

DIGITAL PHOTO - POST PROCESS GARDEN CLUB

Tuesdays, 1 to 3 p.m. in Citrus East.

Carey Box

Tuesdays and Thursdays, 9 to 11 a.m. at Lake

Stacy Grier

BALLROOM DANCING

Mondays, 7 to 8 p.m. in Busch Hall. January thru March. **Jeffrey Duquette**

BRIDGE: INTERMEDIATES

Tuesdays, 1:30 to 3 p.m. in the Jeri Miller Activity Center.

Connie Bradley

DINING WITH FRIENDS

2nd Saturdays, Busch Hall, 5 to 7 p.m., January thru March. Harold and Marlene Hughes

GENEALOGY

Margaret.

Fridays, 1:00 to 2:30 p.m. in Citrus East. **Denise Anderson**

BEADAHOLICS

Mondays, 10:15 a.m. to 12:30 p.m. in Citrus East. January thru March.

Kathy Kushman Kathy Lemke

BRIDGE: PARTY/PARTNERS

Party Bridge with partners - Tuesdays and Thursdays, 6:30 to 9 p.m. in Citrus West. Partner not required. Singles will be teamed up.

DOMINOES

Thursdays, 6:30 to 9 p.m. in Busch Hall. Linda Gough

GEOCACHING

Tuesdays, 9 to 10 a.m. in Citrus West, January thru March.

Barbara Colson

BEADAHOLICS, TOO

Tuesdays, 2 to 4 p.m. at Hobby House Porch.

BULLETIN BOARD IN BUSCH HALL DULCIMER JAM

For information or help with a notice or ad contact:

> Betsv Behler **Guy Weik**

Thursdays, 6:30 to 9 pm in Citrus East Lois Showers **GLUTEN FREE SUPPORT GROUP**

Tuesdays 11 a.m. to noon in Citrus West. Linda Murphy

BIBLE STUDY- CO-ED

Mondays, 10 a.m. at Vanishing Lake and 6 p.m. in Busch Hall Green Room.

Anthony Shipe

CALLIGRAPHY

Fridays, 7 to 8:30 p.m. in Citrus East. Richard Peebles

DULCIMER LESSONS

Mondays in Citrus West. Beginners: 9 to 10 am. Advanced: 10 am to noon.

Lois Showers

GOLF - LADIES LEAGUE

Wednesday mornings at 9 a.m. at Starter Shack. Dee Branchaud

BICYCLING

Tuesdays and Fridays, meet at 8:45 a.m. at parking lot behind Busch Hall. Watch Cycling Bulletin Board in Busch Hall for rides.

Susan Delaney

CHAIR YOGA

Wednesdays, 10:30 to 11:45 a.m. in Citrus East. Begins Jan. 4. **Donna Smith**

ENTERTAINMENT SUNDAYS

Announcements begin at 6:45 p.m. with program following. Performances will be in Busch Hall. Ken and Sandy Langell

GOLF - MENS LEAGUE

GOLF - SCRAMBLES

Thursdays at 8 a.m. and 10 a.m. at Starter Shack. **Barry English**

BINGO

1st and 3rd Saturdays, 7 to 9 p.m. in Citrus East. Linda Smith

CHOIR PRACTICE

Fridays, 9:30 to 11 a.m. and Sundays 8:30 a.m. in Busch Hall. Join us.

Bernie Gutridge

EUCHRE

Fridays, 7 to 9:15 p.m. in the Jeri Miller Activity Building.

Chairperson Needed

2nd, 3rd and 4th Saturday mornings at Starter

Tom and Pat Butler

BIRDING

Tuesdays, 8 a.m. at Post Office Veranda. Bring binoculars and cameras.

Tom Butler

CHURCH ASSOCIATION

Sunday Activities: All events in Busch Hall, 8:30 a.m.-Choir Practice 9:15 a.m.- Bible Study. 9:45 a.m.-Hymn Sing 10 a.m.-Worship service, Holy Communion 1st Sunday of the month.

EUCHRE/BID

Thursdays, 6:30 to 9 p.m. in Busch Hall. Chairperson Needed

GOLF ASSOCIATION MEETINGS

Monthly meeting 2nd Thursday, 1 to 4 p.m. in Hobby House. All members/golfers are welcome.

Rov French

BLOOD DRIVE AT TR

Blood drives are held the 1st Monday in December and March. The Blood Mobile will be parked next to the TR Fire Station from 8 a.m. to 2 p.m. unless announced otherwise.

Ken Neer

CHURCH COMMITTEE

3rd Fridays, 1 to 3 p.m. in Jeri Miller Activity Center.

John Daubenmier

FIRE/RESCUE 33

Firemen-Tues, 8 to 11 am-Paul Rife Room. First Responders-Tuesday, 11 to 1, Jeri Miller Activity Center. Thursdays, 8:30 am to 12:30 p.m., Paul Rife Room. Business Meeting - 3rd Tuesdays, 9 a.m. in Paul Rife Room.

Larry Polzin

GOLF LESSONS

Tuesdays, Practice Range with all levels of expertise from 9 to 11 a.m. Joan McLean. Joan McLean

BLOOD PRESSURE SCRE

Tuesdays, 10:30 to 11 a.m. in Paul Rife Room. Larry Polzin

Tuesdays and Thursdays 9 to 11:30 a.m., Saturdays 10 to 11:30 a.m. in Citrus East. Donna Neer

Donna Smith

Wednesdays (non-concert nights only), 6:30 to 9 p.m. in Citrus West.

Jackie Thackery

Volunteer to help build homes in Pasco County. Projects January thru March TBA.

BOCCE (FALL)

Sundays thru Fridays, 1:30 p.m. November and December. **Bob Fisher**

COFFEE & DONUTS - RADIO CLUB FIVE HUNDRED - CARDS

1st Saturday (during Flea Markets), 8:30 to 11:30 a.m. or until sold out. Donuts and coffee will be in Busch Hall.

Saturdays, 6:45 to 9 p.m. In Citrus West.

Pat McCallum

HAND AND FOOT

Thursdays, 6:30 to 9 p.m. in Busch Hall. Come learn this easy game.

Deborah May

BOCCE (WINTER)

Scheduled games and competitions, Mondays, Wednesdays, Thursdays, Fridays and Sundays, 1:30 p.m. Tuesdays, 7 p.m. January thru March. Laverne Dennison

COFFEE SEMINARS

Thursdays, 8 to 9 a.m. in Busch Hall, Watch The TR Times and online calendar for updates. Billie Doell

FLEA MARKET/YARD SALE

Stage. Check dates online.

Flea Markets return to Busch Hall first Saturday of each month, November thru March, 8:30 to 11:30 a.m. Setup at 8 a.m.

Betty and Walt Gilson

HARMONAIRES

Bring your harmonica and play with us. Beginners welcome. Thursdays 7 to 8:30 p.m. in Hobby House

Joe Shipe

BOOK BROWSERS

2nd and 4th Wednesdays, 2 to 3 p.m. in Citrus West.

Nan Feenev Lance

COFFEE SOCIAL

Monday thru Friday, 7:30 to 9 a.m. in Busch Hall. Please bring your own mug

Jim Matkovich

FRIDAY AFTERNOON LIVE! Certain Fridays, 3:30-5:00 p.m. at The Grove

Donna Probes

ICE CREAM SOCIAL

Sundays, 6 to 6:45 p.m. in Busch Hall. Rosita Williams

Bulletin Board

Travelers Rest Resort Activities

IPHONE CLASS

Thursdays, 12:30 to 2 p.m. in Jeri Miller Activity Center.

Susan Stahley

PICKLEBALL

Over a dozen Pickleball activities from beginner to competitive play offered weekly. Check the TR website under Activities > Pickleball for current schedule.

Delia and Carey Box

SNACK SHACK

Currently weekdays, 11:30 a.m. to 1:30 p.m. Additional volunteers needed to add a Saturday

Mickey Cobb

VILLAGE HAPPY HOUR

Thursdays, 4 to 5:30 p.m. at host residence. Meet in Hobby House if temperature is <60 or if it's raining. November thru April.

Sandy Post

JOKER

Mondays, 6:30 to 9 p.m. in Citrus West. Fridays, 6:30 to 9 p.m. in Citrus West.

Deborah May

PINOCHLE

Thursdays, 6 to 9 p.m. in Busch Hall. John Delanev

SPORTS CLUB

Meet at Snack Shack Pavilion 2nd Tuesdays 7 to 8 p.m. (January thru March) All welcome. Rav LoPresti

WAIST WATCHERS

Thursdays, 8:30 to 9:15 a.m. in Hobby House. Jackie Thackery

KARAOKE

Non-concert Wednesdays, 7 to 9: p.m. in Busch Hall. Starts in January

Glenn and Gabriella Young Alan West

POKER TEXAS HOLD'EM

Tuesdays and Saturdays, 7 to 9:30 p.m. in Hobby House.

Jack Davis

STAINED GLASS

All times in Jeri Miller Activity Center, beginning in January: Mondays, 12:45 to 2:45 p.m. Wednesdays, 4 to 7 p.m. Fridays, 3:30 to 5:30 p.m. Instructor - Shari Harberts

Shari Harberts

WINTER WALKING AEROBICS

Monday thru Friday, 7:15 to 7:45 a.m. in Citrus East. (Nov. 8 thru April 10)

Gloria Polzin

KNOTTY KNITTERS

Thursdays, 9:30 to 11:30 a.m. in Citrus West. Diane Fisher

POM-POM DRILL TEAM

Tuesdays, 3 to 4 p.m. and Fridays, 10:30 to 11:30a.m. in Citrus East.

Donna Neer **Deb Niles**

TABLE TENNIS/PING PONG

Mondays and Thursdays, set up at 2:30 p.m., play from 3 to 5 p.m. in Citrus East. Extra paddles available.

Ron Hicks

WATERCOLOR PAINTING

Wednesdays, 1 to 3 p.m. in Citrus East.

Amy Grier

LIBRARY

Located in northwest corner of Busch Hall. Open 24/7. Honor system sign-out. Please reshelve your own books if you can. If not place in cart behind desk.

> Mary Kosbab Kay Blunda

POWERBOAT RACING

Mondays and Fridays, 8 a.m. to noon at Mirror

Dean Peters

TENNIS

Mondays, Wednesdays and Friday (2010). Betty Teichert

WEIGHTS & STRETCHING

Mondays, Wednesdays and Fridays, 8 to 8:45 a.m. in Citrus East. Year-round.

Sheila Schencke

LINE DANCING (IMPROVERS)

Mondays and Thursdays, 1 to 2:30 p.m. in Citrus

Alex Adair

PRAISE & WORSHIP

Contemporary Church Services - 1st and 3rd Saturdays, 4:30 to 5:30 p.m. in Busch Hall. January thru March. Marty Schencke

TONE & TIGHTEN

Mondays, Wednesdays and Fridays, 9 to 10 a.m. in Citrus East. Strengthen your muscles. Bring mat and weights.

Betty Clark

WELCOMING & RED DOT SPOT

Welcoming Committee: LAST Thursdays, 10 to noon in Jeri Miller Activity Center. Next Red Dot Spot: Thursday, March 2, 10:30 a.m. to noon in the Jeri Miller Activity Center.

Diana Hill

LINE DANCING (BEGINNERS)

Citrus West: Tuesdays, 10 to 11 a.m. and Wednesdays, 1 to 2 p.m. Saturdays 3 to 4 p.m. in Citrus East.

Alex Adair

QUILLING ON A BUDGET

Thursdays, 1-3 p.m. in Citrus West. Pat Daubenmier

TR ROADRIDERS (MOTORCYCLE) WIZARD

1st Mondays, 7 to 8 p.m. in Hobby House to plan

Gene Cribbs

Tuesdays, 6:30 to 8:30 p.m. in Busch Hall. Deborah May

MAH JONG CHINESE

Mondays and Fridays, 1 to 3 p.m. in Citrus West. Marcia Hatfield

QUILTING

Thursdays at 9:30 a.m to 3 p.m. in Busch Hall. 2nd Thursday Guild Meeting/Show and Tell. Ethel Polsdofer Cloie Morgan

TR SINGING MEN

Wednesdays from 9 to 10:30 a.m. in the Jeri Miller Activities Center. All men are invited to sing along.

Gene Gough **Dennis Ledbetter**

WOOD SHOP

Monday thru Friday, 8 a.m. to 2:45 p.m. Membership \$20.

Larry Kurkowski

MAH JONGG - NATIONAL PLAY

Mondays, Wednesdays and Fridays, 1 to 3 p.m. at Hobby House. Lessons on Mondays. Bette Gorman

RC AIRPLANE FLYING

Parlor - Thursdays, 3 to 5 p.m. and Saturdays, 1 to 3 p.m. in Busch Hall. Outdoor - Tuesdays, $8\ \mathrm{a.m.}$ to noon, at the Golf Course 9th hole. James Morrow, Sr.

TR TRAVEL

Planned events advertised on Travel Board in Busch Hall. Watch for articles in TR Times. Sharon Gilbert Zile

WOODCARVING

Wednesdays, 8 a.m. to noon in Citrus West. Linda Murphy

MATS FOR THE HOMELESS

Thursdays, 9:30 to 11:30 a.m. in Busch Hall Pat Dellamuth

RC MOTORSPORTS

Wednesdays and Saturdays, 9:30 a.m. at RC Motorsports track by Snack Shack.

John Toombs

TR TRAVELAIRES OCHESTRA

Tuesdays, 12:45 to 3 p.m. in Busch Hall. New members welcome.

Gene Cribbs

YOGA

Thursdays, 11 a.m., Location TBD, January thru March.

MIRROR LAKE YACHT CLUB

RC Powerboat and Sailboat Activities at Mirror Lake. Powerboat Races: Mondays and Fridays 8 a.m. to noon.

Jerry McRoberts, Commodore

ROCK PAINTING

All Thursdays except the last Thursday of the month, 10 a.m. to noon in Jeri Miller Activity Center.

Diana Hill

TRAVELETTES/WOMEN'S CHORUS ZUMBA

Wednesdays, 12:30 to 2 p.m. in the Jeri Miller Activity Center.

Mary Beth Coldren

Thursdays, 8:30 to 9:30 a.m., Jeri Miller Activity Center. Starts Jan. 12.

Bev Weissinger

Jean Renee DeTar

Sailboat Practice: Tuesdays, 8 a.m. to noon. Sailboat Races: Wednesdays and Saturdays 8

Barry Sellick

Tuesdays, 9 to 11 a.m. in the Green Room, Busch Hall. A small avid group. Join us and make something beautiful!

Tawnya Rowden

2nd and 4th Mondays, 3 to 4:30 p.m. in Citrus West. January thru March.

Bert Contractor

TUESDAY NIGHT MOVIES (TNM)

Jim and Carol Henrikson

MODEL RAILROAD

Fridays, 9:30 a.m. to noon in Jeri Miller Activity Center. Brian Krupicka

SCRABBLE

Thursdays, 7 to 9 p.m. in Busch Hall, depending on interest

Jeffrey Duquette

Tuesdays, doors open at 6:45 p.m., movie will start at 7:15 p.m., in Citrus East. Movie Night runs January thru March.

OIL & ACRYLIC PAINTING

Fridays, 9 a.m. to noon in Citrus West. Mary Kubiniec

SEW SPECIAL AND EMBROIDERY

Mondays, 9 a.m. to 3 p.m. in Busch Hall. Welcome to cut out and sew. Bring machine, projects, ideas. 3rd Mondays - Show and Tell. Rosita Williams

UKULELE CLUB

Tuesdays, 3 to 4:00 p.m. in the Hobby House. Players share tips and tunes without weekly instruction. January thru March.

Donna Probes

PET LOVERS CLUB

Jan. 23, then 2nd Mondays, 3 to 4:30 p.m. in Jeri Miller Activity Building.

Kim Roberts

SHUFFLEBOARD

Tuesdays, 1 to 3 p.m., Competition. Thursdays, 1 to 3 p.m., Dimes Day.

Richard Von Qualen

VETERANS MEETING

2nd Mondays, 10:03 to 11 a.m. in the Hobby House.

Darold Long, Commander



All changes, additions or corrections to any Activity.

Contact Guy Weik

activities@travelersrestresort.com 352-584-6377



"Volunteers don't get paid, not because they're worthless, but because they're priceless.'

Beyond the Resort

Strawberry Festival is coming in March



by Linda Spencer

This year's 88th Annual Florida Strawberry Festival will be held Friday, March 2 through Sunday, March 12 in Plant City. Another great lineup of entertainment is planned.

Jimmy Sturr & his orchestra, Thursday, March 2, 10:30 a.m. March 5, 3:30 p.m. free with paid gate admission.



LINDA SPENCER

The Oak Ridge Boys Front Porch Singin' Tour, 3:30 p.m.

Willie Nelson, March 3, 3:30 p.m.; Halestorm, 7:30 p.m. Sara Evans, March 4,

The Gatlin Brothers, Sunday,

Neal McCoy, March 6,

Travel News

TR Hawaiian Island Hoppers Cruise

by Sharon Gilbert Zile, **TR Tour Director**

Alohas and flower leis. Luaus and pineapple farms. Ukuleles and dynamic volcanos. Whales and white sand beaches. A floating hotel and five island ports. These are just a few of the things to enjoy on our Norwegian Cruise Line ship, Pride of America, the only cruise ship that circumnavigates the Hawaiian Islands. This seven-day cruise is sure to be popular for TR residents whose Bucket List includes our 50th State as well as those who long to return to this Pacific Paradise.

Our March 2, 2024 itinerary begins with your flight from Tampa or another airport of your choosing. Norwegian Cruise Line is currently offering a "buy airfare for the first guest and the second flies free" to Honolulu. Of course, you must allow NCL to book your airfare for this deal. Airfare for singles is also discounted and everyone has the option of booking their own airfare with their airline of choice, perhaps to take advantage of their frequent flier miles. You may want to consider arriving in Honolulu one or two days in advance of our Island Hoppers Cruise to give you time to rest and get oriented before boarding the ship.



PRIDE OF AMERICA

After boarding the Pride of America in Honolulu, we'll enjoy a week that also includes the ports at Kahului (Maui), Hilo (Big Island of Hawaii), Kona (west side of the island of Hawaii) and Nawilliwilli (Kauai) with a day at sea along the beautiful Napali Coast. As we journey from one exotic island to the next, we will learn about the



DAN AND SHARON ZILE

Hawaiian culture through the eyes of native ambassadors on board the ship as well as experience the abundant shore excursion options.

The Pride of America hosts more than 2,100 guests and has 16 restaurants, 12 bars, two pools, 10 elevators, a theater, library, fitness center, Internet café, shops and spa. NCL's freestyle dining allows you to eat where and when you want --no assigned seating or time! Our TR block of cabins includes mostly balcony cabins with a few obstructed ocean view cabins. Inside studio cabins are perfect for singles but please book quickly as there are only a few studios. Rates will vary according to the cabin selected. However, for reference, the balcony cabin price including taxes and port charges, is \$2,873 per person based on double occupancy. With a balcony cabin, four of the following amenities may be selected: the 2-for-1 airfare special, free unlimited open bar (gratuity additional), free specialty dining package (gratuity additional), 150 minutes of Wi-Fi and \$50 per port Shore Excursion Credit per cabin. These amenities and a \$100 per cabin onboard credit are valid for the TR group during our signup period which ends on April 6. A deposit of \$125 per person is required and is refundable until the date of final payment due date of Oct. 27. Travel protection insurance is optional and can be quoted upon request.

Ahad Ma

Summer in Atlantic Canada



Photo by Sharon Zile

L'Anse aux Meadows a UNESCO World Heritage Site. by Bert Contractor

The February Travelogue presented by John Goodger was attended by 45 residents and was a great success. John has been involved in the Travelogue activity for a long time. Unfortunately for us, this was his last presentation at TR as he and his wife Pat move on to bigger and better adventures. We thank John for his participation over the years and wish John and Pat the very best life has to offer in the future. Knowing them these past four years, I am sure they will keep in touch with all of us at Travelers Rest.

Our next Travelogue is Summer in Atlantic Canada to be presented by Sharon and Dan Zile. It is scheduled for Monday, Feb. 27 from 3 to 4:30 p.m. Please note the change in location. It will be held in Citrus East rather than our usual Citrus West location.

Last summer after visiting family in Connecticut, Dan and







WWW.FAMOUSFOOTLONGS.COM

Sharon traveled in their Airstream trailer for three months. The trip included visiting New Brunswick, Prince Edward Island, Nova Scotia and the rugged island of Newfoundland. In their words "the journey included exploring some of the largest tides in the world, spontaneous visits with locals, wonderful music, hiking and time in multiple UNESCO World Heritage Sites and Provincial Parks." Since Sharon had traveled this part of the world on two previous RV caravans, the Travelogue will chronicle their "beyond the caravan" experience. Please plan to attend this very informative and visually stunning Travelogue. See you all on Feb. 27.

3:30 p.m.; Josh Turner, 7:30 p.m. Roots & Boots, Aaron Tippin,

Collin Raye and Sammy Kershaw, Tuesday, March 7, 3:30 p.m.;

Tanya Tucker, Wednesday,

Bill Haley Jr. & The

Wayne Newton, Friday,

Sawyer Brown, Saturday,

Country Gold Tour featur-

Comets, Thursday, March 9,

10:30 a.m.; Tommy James & The

Shondells, 3:30 p.m.; For King &

March 10, 3:30 p.m.; Train,

March 11, 3:30 p.m.; Keith

ing Leroy Van Dyke, T.G. Shep-

pard, Mandy Barnett and T. Gra-

ham Brown perform Sunday,

March 12, 3:30 p.m.; Lynyrd

CeCe Winans,7:30 p.m.

March 8, 3:30 p.m.

Country, 7:30 p.m.

7:30 p.m.

Sweat, 7:30 p.m.

Skynyrd, 7:30 p.m.

Two remaining Travelogues are planned this season. Barbara Colson will present Tahiti and Antarctica on March 13 and Africa will be presented by Bert Contractor on March 27. Both will be in Citrus East 3 to 4:30 p.m.

Mark your calendars.

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Books new to the TR Library

by Loretta Whitfield

The English Girl by Daniel Silva. This author has written many novels of international intrigue. Silva is a compelling and memorable American spy novelist.

This action-packed thriller features Gabriel Allon, an art restorer and sometime Israeli secret agent. The story begins with the kidnapping of a rising star in the British government, Madeline Hart. "You have seven days or the girl dies" is the message received from the kidnappers. With the clock ticking, Gabriel embarks on a desperate attempt to bring Madeline home safely. His mission takes him to the criminal underworld and leads the reader through many parts of Europe and many dangerous encounters. Gabriel's adventures appear in many of Silva's novels.

The Turncoat's Widow by Mally Becker. This historical fiction novel is about Rebecca and her struggles to fit in in Morristown, 1780. She is blamed for her husband's death. He smuggled whiskey into New York and he died at the hands of the British.

Augusta, Becca's mother-inlaw, and their faithful servant Annie, support Becca in her efforts to prove she is not a loyalist supporter or responsible for her husband's capture and death.

It is difficult to tell friend from foe during these times. But she is entrusted by George Washington to travel with an escaped prisoner of war, Daniel Alloway, who was a prisoner with her dead husband. She encounters the Red Coats, loyalists and ruffians in her quest to not only prove her innocence, but also to save her life and that of many more, including George Washington and Alexander Hamilton.

The Virtues of Aging by Jimmy Carter. This book, filed in Non-fiction Inspirational, was recently donated to our library. Virtue is defined as "the blessings that come to us as we grow older and what we have to offer that might be beneficial to others."

Carter discusses what he feels he has learned as he shares his post-White House experiences with the reader and explores issues he and millions of others confront in planning for retirement – undertaking new diet plans, exercise regimens and coping with age prejudice to name a few.

TR Book Browsers

by Nan Lance

The TR Book Browsers will be discussing the book *The Extraordinary Life of Sam Hell* by Robert Dugoni. It is about a boy who is born with ocular albinism (red eyes). We will meet in Citrus West at 2 p.m. on Friday, March 3. See you there.

TR Avid Readers

by Loretta Whitfield

As I was traveling along 14th Street, I noticed a man and woman each carrying an armful of books headed towards the TR Library. Of course I stopped and asked about a possible interview for Library News.

Brian and Terry Hosig have been a part of TR for 12 years. They came here since Terry's parents had been TR residents. Prior to retirement, Brian worked in accounting and as a fraud investigator for an insurance company in Connecticut. They are parents to two sons. Terry isn't here as much as Brian because she loves looking after her 19-month-old granddaughter in Charleston. They both enjoy reading and appreciate our Library.

Brian's favorite books are mysteries, intrigue and thrillers. He favors authors such as John



Photo by Loretta Whit field

BRIAN HOSIG

Grisham, James Baldacci, Michael Connelly, Vince Flynn and the series by Ben Coes. Brian also golfs every day. He and Terry both enjoy traveling. They most recently traveled to Austria and have plans to visit Arizona and Utah's National Park in the spring.

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Garden News

The clean up continues

by Leslie Ewing

Has the Lake Margaret Garden Club been stumped by the stump? The removal of the live oak tree has had a large effect on the Garden beyond the question of what to do with the stump.

The process of taking down the tree resulted in the loss of other trees even on the other side of the boardwalk. Now there is a nice vista from Snack Shack Road all the way down to Lake Margaret. The club wants to lower the height of the stump so as to enhance this view. The club is talking to Ray Hill about how to accomplish this.

A major consideration is the density of the wood and how hard it is. The online encyclopedia wikipedia.org says that wood from live oak trees was used when constructing the U.S. Naval Ship the USS Constitution. It was launched in 1797. It is still in service today with a naval crew aboard. Today it is at Boston National Historic Park at the Charlestown Navy Yard. The wood from the live oak tree is strong enough to withstand cannon fire. Thus the nickname for USS Constitution is Old Ironsides. The strength of the wood impacts what the club will do and how we can do it safely.

Live oak trees are very hardy trees. Not only can they resist fire but they have been known to live for up to 500 years. Recently Robyn Teets, a former TR resident and Garden Club member, came to the Garden for a visit with her husband, Brad Teets. Robyn is a Master Gardener. Robyn and Brad took some measurements of the stump. They used a formula to estimate that the live oak tree that the Garden lost was more than 300 years old.

The club wants to enhance the vista, safely make some changes to the stump and deal with all the sunlight that is now entering the



Photo by Leslie Ewing

The stump is all that remains of the live oak tree which was damaged by storms this season.

Garden. Randy Melville and Mike Lilawski have been replacing the irrigation system that was torn out when the tree was removed. Annual maintenance of the irrigation system means that there is always something that needs replacing. This season there has been much more work than usual.

Lake Margaret Garden sprawls around a good portion of the lake. The Garden is organized into six zones for watering. Randy reports that the irrigation system is complete. Now comes the testing to make sure the entire garden is receiving water. This is a huge relief for the club not to have to do so much watering by hand.

The Garden Walk is scheduled for Sunday, March 12 from 2 to 4 p.m. The club will not be able to use the front lawn for the walk this season as it is still all torn up. In past seasons artists displayed their work on the front lawn. Plans are going forward to have art in the garden and we are working out the details with the artists.

Residents are encouraged to

take a tour of the garden ahead of the Garden Walk. The banana plants have had all of the dead leaves removed after suffering a one-two punch from summer storms and winter frosts. Still one banana plant has a brown flower on it that should develop into a bunch of bananas. Enjoy the refurbished fish pond and the bromeliad garden on the opposite side of the boardwalk.

Notice all the bird feeders in the garden. Stroll past the bird viewing shed to the lower garden where there are benches and a white table where you can have a snack and look at the lake. Walk on the boardwalk past the gazebo and sit on the bench at the overlook. If you are lucky you might see an alligator swimming. Birds and animals are part of the garden as well as the trees and plants.

The garden is constantly changing so there is always something to look at. Garden Club members work hard to create a place to enjoy the wonder of nature. See you in the garden.



Talking to JJ is well worth your time.

Pets on Parade



by Judy Leister

We have dual doggies for this week's featured pet. Jake and Ellie are Betty Kazymirczuk's best furry friends. Betty's husband had allergies so they thought it best to not have a dog. Sadly her husband passed away and Betty was totally lost. She needed the companionship of a dog for emotional support. She planned to eventually continue traveling in her RV so she decided it might be best if the dog was a little bigger for her protection.

Betty heard about a dog that was available for adoption but when she met it there was just no connection. It was not meant to be so Betty continued her search. A picture popped up on Facebook of a pair of two year old black dogs. They had been living on the street together and were totally bonded. They probably had never been separated and the rescue group hoped that once they were ready to be placed, they could stay together. Betty jumped in her car right away and drove three hours to Jacksonville to see them.

Oh my....the poor things were so skinny. They had parasites,

S F H

Photo by Betty Kazymirczuk

JAKE AND ELLIE

heart worms and kennel cough but they had each other. They didn't socialize with any of the other dogs at the shelter. They just stuck with each other. They couldn't be released at that time but two weeks later they were ready. Betty quickly drove the three hours to Jacksonville and picked up Jake and Elwood. She had lost her best friend when her husband passed away and she knew as soon as she met the two dogs, she wanted to take them both home with her. There was no way she was going to separate them. Instant family!

Six years later the happy family had a tragic loss when Elwood died. Jake was oh so sad. It just so happened that the same shelter in Jacksonville had posted on Facebook about another black dog that had been surrendered. It was the exact same age as Elwood and it looked exactly like him

Betty and Jake hurried to Jacksonville and met Ellie. The poor girl was also very sad. She wouldn't bond with anyone, human or canine at the shelter but when she met Jake and Betty there was an instant connection.

Hmmmm? Ellie had the same characteristics as Elwood. She was the exact same age as Elwood. She came from the exact same area as Elwood. Could they have been siblings? I think these two pooches might want to join the TR Genealogy Group (smile).

Ellie has only been a part of her new family for a month but she has blended in so well. Wherever Betty is, that's where the two dogs are. When going for a walk Ellie is out front leading the way and Jake is bringing up the rear. They are protecting Betty coming and going. She adopted them and they rescued her!

Pet Lover's Club

by Kim Roberts

Some of us have been busy working with trainer, Kathleen Clark, who is teaching us how to have a better-behaved dog. We have learned a lot and really appreciate Kathleen volunteering. Thanks so much!

The "Blessing of the Pets" will be held on Monday, Feb. 27 at 1 p.m. at the Puppy Park. Pastor Shipe will bless each dog. Please come by. All dogs must remain on a leash for this event, even once in the park.

Our next Pet Lovers meeting is on Monday, March 13 at 3 p.m. in the Jeri Miller Activities Building. Hope to see you there.

A letter from an old dog



by Barbara Cameron Reprinted from the March 19, 2010 TR Times Dear Friend,

You well know that I am on the shady side of 10 years old. There are changes in me that you need to know about. Have you noticed that I love routine more than ever?

Sometimes I don't hear what you are saying; my hearing does not seem as sharp. Now I feel some twinges of aches and pains when I have to climb stairs. A ramp would be nice.

Instead of my looking around for a comfortable place to nap, would you get me a soft cushion or even my own pillow? It doesn't have to be

Please don't scold me if I make a mistake. I sometimes need to go outside before I realize it.

I have never liked the trips to the vet. I know you want me to stay healthy. It isn't fun either when you clip my nails, brush my teeth, clean my ears and soap suds me all over. I like the brushing and I forgive you for all the other fussing over me.

Thank you for the clean dishes, good food, fresh water and yummie treats. Thank you for taking me to the Puppy Park, letting me ride in the golf cart, walking with me to new places that have fine smells and most of all, letting me be close to you.

With all my love,

Your adoring old dog for many years to come.

Birding Activity

Are you smarter than a crow?

by Tom Butler

Human nature and a little mix of pride would have us responding with an emphatic - YES! Of course, I'm smarter than a bird. I solved today's "Wordle" in four tries. No bird can do that! Yet there are scientists conducting studies on the learning capacity of birds and have compared the intelligence of a crow to that of a seven-year-old human. We begin feeling confident in our abilities upon learning that our competition is a child. That is, of course, until one of your grandkids needs to explain the steps in maneuvering through an app on your smartphone. Oops! Maybe we should explore the capabilities of animals in general and birds specifically before we make any assumptions.

Crows, Ravens and Jays make up the family of birds called Corvidae, or Corvids for short. This group has long been considered the most intelligent, not only in the feathered community, but quite possibly in the entire animal kingdom. Wow! That is a bold statement when you consider that porpoises, primates, parrots and other amazing animals are competing for title of "Smartest."

Learned Behavior is a term which describes the demonstration of an action resulting from observation and every-day experiences. These behaviors give us the early signs as to just how smart these Corvids and other animals really are. Will your dog "sit" for a treat? Of course! Will a porpoise do a front-flip for a handful of sardines? Yes, indeed! I even know a dog named Charlie that uses his nose to push a small end table as a signal that he needs to go out. Seriously!

Crows and Ravens have also been performing learned behaviors in testing programs for decades and have solidified their place near the top of the "Animal I.Q." chart.

We know that animals of many descriptions are smart enough to perform learned behaviors. They perform these behaviors for us daily. Therefore, in order to



File photo
AMERICAN CROW

distinguish which members of the animal kingdom will move up the smart chart, we must raise the performance bar to another level.

Let's talk about "Problem Solving." Abstract reasoning and group decision-making will set some animals apart from others. We have many examples of species uniting to achieve their goal. A small group of TR birders witnessed an example of this recently. After hearing the call of a Barred Owl, we searched the canopy for this well-camouflaged bird with no luck. That is until a group of crows banded together in order to drive away the predator. Their effort was unsuccessful, but it gave away the location of the owl and demon strated the group decision-making used in higher levels of thinking.

Many animals make use of group unity to hunt prey. Wolves, hyenas, orcas and the White Pelicans that visit us from time to time, all demonstrate this group thinking process.

I have watched a hundred pelicans herd fish to the far end of Vanishing Lake. Then, when the fish run out of space to swim, they turn back and attempt to escape hungry mouths that open like a net.

This moment is documented when diving birds begin scooping up fish. Group success! But we still need to raise the bar further in the process of evaluation.

The ability to create and use tools is the defining ability that few members of the animal kingdom can boast of. Corvids are the only non-primate species of animals that have demonstrated this critical thinking milestone. Crows and Ravens have been extensively tested for decades. Aesop's Fables provides one story of a crow dropping pebbles into a pitcher of water until the level was high enough to drink. This is no myth!

Studies, as recent as 2009, have documented this behavior and confirmed that a higher level of analytic thought exists in the family of birds known as Corvidae. Crows in other countries have been seen dropping walnuts near traffic lights to use vehicle wheels for cracking open a favorite delicacy.

Crows and other Corvids use sticks as spears or hooks to retrieve food from crevasses. They have been witnessed bending wire to create additional tools, matching the creative ability of many primates. Some zoologists refer to the crow as an ape with feathers. Their ability to overcome issues amidst daily life has put them solidly near the top when it comes to I.Q.

Maybe we should stop debating the intelligence comparison when it comes to crows. We have that "Wordle" solving success going for us and we may not want to press the issue. Let's walk away with our pride intact and give the crows some well-earned respect for their ingenious and amazing abilities.



A stump for a tail

Author unknown submitted by Sandra Yeager



You can't buy loyalty, they say,
I bought it though the other day.
You can't buy friendship tried and true,
Well, just the same, I bought that, too.
I made my bid and on the spot
Bought love and faith – the whole job lot.
So all in all, the price was pretty small.
It was a price I did not mind at all.
I bought a single trusting heart
That gave devotion from the start.
If you think love and trust are not for sale,
Buy a brown-eyed pup with a stump for a tail.





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TR works for Habitat

by Barbara Colson

Working for Habitat has become an annual tradition for some of us here at TR. We had 20 people working Jan. 31 and Feb. 1 this year off Main and 15th Street on Garvin Place Road.

The Dade City affiliate is currently building six homes with about three more homes to be built along the same street. Some of these new homes will have a single-car garage. Habitat does not give the homes away; they are built by and for the homeowners who go through a lengthy process to be selected. They must meet certain criteria and go through some lengthy training to become homeowners. With the rising cost of construction and supply chains not always being reliable, this can be a long process. Habitat's motto is "Not a hand out, but a hand up."

Day 1- crew painted the inside of Mike's, the homeowner, new home. Mike was there to pitch in and work alongside us. That is always a terrific experience to have the new homeowner get involved with the volunteers.

Day 2 - crew cleaned up windows in two homes and caulked the inside of these windows. That is not an easy job. Both crews had a wonderful experience and were able to get to know their TR friends better. It beats hammering nails. You never know what you'll be asked to do at one of these builds. It's fun to watch the volunteers learn new skills. It's also fun to see what your TR neighbors are capable of doing.

A special thank you goes out to our Lunch Angels from TR who brought us delicious lunches both days. There were Judy Smith, Vivian Sammons and Barbara Lafoon for day one. Jackie Thackery, Tamara Howe, Kay Blunda, Judy Leister and the Davises for day two. On day two the ladies made so much that we shared our lunch with some of the RV Care-A-Vanners who come yearly to volunteer here in Dade City. It is great to reconnect with these wonderful, hardworking folks.

If you are interested in working Habitat other than the days we do it as a park, you can sign up to volunteer on Tuesdays or Wednesdays at https://habitatpasco.org. Thank you so much for your support.



Day 1 crew: Front row - Nan Lance, Charlie Mason, Peggy Biser, Barbara Colson and Jim Gower. Back row - Verna Sammons, Vince Smith, Alan Kenney, Mike, the homeowner, Mike Biser, Linda Gower and Chris Bracknell.



Alan Kenney and Vince Smith load up their caulking guns.



Verna Sammons paints the walls while Linda Gower, on the ladder, does the cutting in.



Mary Brown, Ann Mashack, Barbara Colson, Pam Perell and Sandy Nelson riding their brooms.



The lunch angels, Judy Smith, Vivian Sammons and Barb Lafoon.



Photos submitted by Barb Colson



Charlie Mason paints the inside of a window.



Nan Lance keeps rolling along with her painting.

Just a taste of what you may have missed



Photo by Marilyn Olan

Mark Feders, Marie and Dan Varner shred the pork for the 295 TRGA dinners that were served. Thank you for your support.



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Ladies' Golf League

by Dee Branchaud Wednesday, Feb. 15

39 golfers came out to participate today. Congratulations to all the

Dee Branchaud, Pat Gallagher,

Pat Butler, Cheryl Porter

ndow f	or next weel	k's groups	S.
High	Handicap +	-13	
Low (Gross		
Diane	Doggett		43
Joan	McLean,	Marijo	Nol
Marth	a Smith		40
High	Net		
	Scime		
Susan	Carr		3
Chery	l Porter		32
Close	st to pin #3:	;	
	Doggett		
Birdi	e s: Hazel En	iglish,	

Del Duplessis, Vicki Brooks, Eleanor Buchser, Pat Gallagher, Diane Doggett, Pat Butler,

Golf Equipment Management

Cathy Holley

by George Paquette

Keeping your golf equipment clean is an important part of managing your golf game. Not only does cleaning your clubs affect their look but it affects their performance as well. Here are a few steps to follow to ensure you get the most out of your clubs for many years.

Cleaning club heads

- 1. Fill a bucket with warm water then add a bit of dish soap to the water.
- 2. Place your club heads down in the water and let them soak for about five minutes.
- 3. Scrub the club heads with a toothbrush or a soft bristle scrub brush. Avoid using a stiff brush in order not to scratch your club heads
- 4. Rinse your club heads using a faucet or hose then dry the club heads using a dry cloth.

Cleaning golf grips

Don't forget your club grips. A clean grip will provide better control in wet or hot weather when hands perspire. It will provide maximum tackiness giving you more control. Clean grips will also make them last longer because perspiration, oils and grime are removed. Here are some easy steps

- 1. Using a bucket of warm water with a couple of drops of mild detergent dip a washcloth into the bucket and scrub your grips.
- 2. Rinse the grips with soapfree water then rinse the washcloth

free of detergent and wipe the grip of any residue. Rinse the grips again with soap-free water to make sure all the detergent is removed from the grip.

3. Use a dry towel and wipe the grips dry. Golf balls

- 1. A dirty golf ball can affect contact with the club, flight in the air and roll on the green.
- 2. You can clean your ball on two occasions. These are on the tee and on the green. Most information I have read recommends that you should clean your ball at every tee. When on the green you should mark your ball, pick up and clean before putting.
- 3. Cleaning the ball is easy with the ball washers on our course but make sure you dry the ball. A dry ball doesn't pick up as much dirt. A wet ball will affect the center of gravity on a golf ball.
- **Golf shoes** 1. Wipe down your golf shoes after every game it will get the golf course chemicals off of your shoes. Imagine what those herbicides and pesticides can do to your golf shoes. Wiping down your golf shoes will also take off any excess water and dirt.
- 2. Inspect the cleats on your golf shoes make sure they are all there and in good condition. If you are missing spikes or if they are worn down too far you could damage the soles of the shoes which will cause your golf shoes to leak. Replace your spikes.



Table Tennis

by Ann Chalk

The usual suspects were pleased to welcome Ron Reeve and George Varty who added a new element of friendly competitiveness and a lot of fun.

Resul	lts:
	_

Results:
Carey Box6
Mike Clarke, Tom Etchill,
Ron Reeve5
Ann Chalk, Charlie Mason,
George Varty4
Dave Bass, Sam Wykoff2
We play doubles on Monday and
Thursday at 3 p.m.

Wizard Scores

by Deborah May Tuesday, Feb. 7

- Game 1 1. Deborah May, Imma Smith
- 2. Gary Smith

3. Sean Davis

- Game 2 1. Deborah May
- 2. Imma Smith
- 3. Sean Davis, Lori Davis,

Linda Murphy Game 3

- 1. Barb Overly
- 2. Linda Murphy, Imma Smith 3. Lori Davis

RC Motorsports



by Douglas Hatfield	2711	
Wednesday, Feb. 15	Saturday, Feb. 18	
Don Rick35	Russ Marlowe	
James Chambers, Craig Kubiniec,	Howard Best,	
Russ Marlowe34	Shawn Liaguno	



Photo by Carey Box

Glow Ball lights up the TR

Glow Ball Golf

by Dan Varner

Thank you to all of the brave golfers that have participated in Glow Ball this month and last. We had 36 golfers in January and 40 very energetic and enthusiastic golfers in February. Everyone enjoyed a beautiful night with great weather and great friends. As the participants finished, refreshments were available. The winning teams were Ken and Kelly Person, Shirley-Ann Appleby and Gary Wintle, Clair and Martha Smith, George Varty and Steve Jackson.

Wayne Branchaud started out on the #1 tee by treeing his golf ball. It is still there if you want to retrieve it, about 25 feet up.

Our next Glow Golf event will be Friday, March 9, with tee off at 7:30 p.m. Sign up at the Starter Shack beginning one week prior. You must sign up to participate.

Thank you to the volunteers that helped with set up and tear down.



Photo by Jay Jager

Congratulations to Mark Fedus for his recent 7-iron shot on hole #5 that resulted in a hole-in-one!

Party Bridge

by Jen Furman Thursday, Feb. 16 Connie Bradley, Ron Hicks.. 3560 Marcia and Doug Hatfield....3440 Janet and Harold Baal 2240 Pat Dellamuth, Barry Sellick 1700 Jen Furman, Jon Cyr 1430 Tawnya Rowden, Jim Weigand......530 Tuesday, Feb. 14 Janet and Harold Baal3610 Barry Selleck......3300 Tawnya Rowden, Jim Weigand......2040 Jen Furman, Jon Cyr 1690 Connie Bradley, Ron Hicks.. 1600 Marcia and Doug Hatfield.... 1180 New Bridge players are welcome! We meet Tuesday and Thursday at 6:30 p.m. in Citrus West. Partners are not required.

Five Crowns

by Jackie Thackery Wednesday, Feb. 15

Pat McCallum won both games at table one. Table two gave a "fast learners" comment regarding teaching Five Crowns to the second couple. Thank you Kevin and Denise Weik for sharing our fun game with others.

Men's Golf League

by Barry English Thursday, Feb. 16

If you would like to sign up for the annual year-end tournament on March 1 and 2, the sign up sheet is at the Starter Shack. The deadline to sign up is Thursday, Feb. 23. If you are signed up to go out of the park on March 16, bring \$35 to Men's League on Thursday or see John Peet.

Pickleball Jam



Photo by Kristel Halbrook Daryl and Belinda McLeod are the best dressed.

by Laurie Gardner Tuesday, Feb.14

We had eight couples play in the Valentine's Day Couples Pickleball Jam. Thank you to all the spectators who came out to support our couples.

First Place:

Delia and Carey Box Second Place: Sherie and Rob Grissinger Third Place:

Mike and Kathleen Clark **Best Dressed:**

Daryl and Belinda McLeod



Chinese Mah Jong has more grand winners

by Marcia Hatfield We have been playing Chinese Mah Jong for over 10 years and until February of 2022 no one had created a 1,000 point All Pairs hand. Kathy Bocchine was that lucky person. Then February 2023 rolled around and we have had not one but three such 1,000 point hands. Jen Furman created one Feb. 10 and Marcia Hatfield designed a hand on Feb. 3 and 13. What a great accomplishment for these tenacious and lucky Mah Jong players!

Results: Monday, Feb. 13 Linda Gavin5 Lou Smith, Marcia Hatfield, Deb May......3 Betty Brown, Jen Furman, Rachel Brooks.....2 Dawn Pulleyn, Kathy Bocchino, Nancy Moschler.....1 Friday, Feb. 17 Lou Smith5 Connie Bradley, Marcia Hatfield4

Betty Brown.....3

Kathy Bocchino, Lynne Lapin,

Nancy Moschler.....2

Anne Amico, Jen Furman1

High Handicap (9+)
Low Gross
Casey Fisher, Stan MacPhee 40
Terry Halbrook41
Low Net
Norbert Jansen, Stan Motycka. 29
Wolf Reimann30
Closest to pin #5
Wayne Branchaud7'2"

Bowling Results

by Lin Buczek
Friday, Feb. 17
Men's Scratch High Game
Bill Buczek224
Dave Couture208
Don Markle181
Men's Scratch High Series
Bill Buczek564
Dave Couture464
Don Markle461
Men's Handicap High Game
Dave Couture292
Bill Buczek278
Don Markle251
Men's Handicap High Series
Bill Buczek726
Dave Couture716
Rob Prophet701
Men's High Average
Steve Niles203
Women's Scratch High Game
Deb Niles, Leslie Price 169
Lin Buczek150
Grace Couture, Pat Markle 147
Women's Scratch High Series
Leslie Price471
Deb Niles426
Lin Buczek424
Women's Handicap High Game
Sheila Fedus272
Peggy Prophet266
Grace Couture
Women's Handicap High Series
Sheila Fedus743
Peggy Prophet740
Grace Couture726
Women's High Average
Leslie Price152

National Mah Jongg League

by Bette Gorman	
Monday, Feb. 6	
Arlene Wykoff12	5
Janet Stevens, Diane Phillips 7.	
Linda Gower, Kathy Ellison 50	0
Pat Butler30	
Wednesday, Feb. 8	
Janet Stevens, Bette Gorman 7	5
Arlene Wykoff, Pat Anderson 2.	5
Friday, Feb. 10	
Kathy Ellison 160	0
Pat Anderson 13:	
Monday, Feb. 13	
Pat Anderson, Arlene Wykoll7.	5
Sue Guffy50	
Judy Pech, Beannie Wise,	
Bette Gorman2	5
Wednesday, Feb. 15	
Arlene Wykoff12	5
Pat McCallum10	0
Bette Gorman	5
Kathy Ellison50	0
Sue Guffy, Janet Stevens2	5
Friday, Feb. 17	
Sue Guffy16	0
Pat Butler15	
Kathy Ellison10	5

Dominoes

by Linda Gough Thursday, Feb. 16 Table 1 Emily Fly180



The Taylor family would like to thank you for more than 200 birthday and get-well cards. TR excels at kindness, caring and thoughtfulness. The First Responders are the finest! We are so fortunate to have them. Thank you God for all your blessings and God bless Travelers Rest. From Clint, Gladys, Sandy, Laurie and Ruth

Looking Back

by Nan Lance 10 years Ago -2013

- TR Band members playing in the New Port Richey Community Band, Eight TR residents join the band for the concert on the first Sunday of each month.
- More cabins are available for TR cruise to the Caribbean next year.
- Computer Club offers their annual free mail forwarding label services.
- Woo-hoo, we did it! On Feb. 1, we held our annual TR for the Cure Golf Scramble under dreary skies. 67 women and 53 men came out to play.
- Poker Tournament crowns Bruce Cole as champion.

20 Years Ago - 2003

- Thieves break into Park Office, open safe and steal \$1,297 in cash.
- Arsenic and Old Lace on stage March 5-6.
- The Red Hatters invade Travelers Rest Resort: Classy Lassies, Scarlet O'Hatters and the Crimson Chapeau.
- Sandy Poast won 2nd place with her Taos cross stitch at the Florida State Rally. Cecile Lemaire won 1st place with her quilt wall hanging. Jo Jugel won 1st place with her Song of Christmas cross stitch on linen.

30 Years Ago - 1993

- Contributions of crutches, canes, walkers and wheelchairs no longer needed by their original owners has been greatly appreciated by many others.
- Table Tennis takes off as newest TR activity.



Advent Health

EVENT ADVISORY

AdventHealth Dade City and AdventHealth Zephyrhills Hosts Free Health Talks

Join AdventHealth Dade City and AdventHealth Zephyrhills for a variety of free health talks.

WHAT: AdventHealth Dade City and AdventHealth Zephyrhills are hosting free health talks on a variety of topics.

BKGD: Health care experts will discuss a variety of topics including surgical weight loss options, GERD and bone and joint health.

MARCH HEALTH TALKS:

NEW YEAR. NEW YOU! Improve your health through weight loss.

Guest Speaker: Naga Thatimatla, MD, FACS, FASMBS

Date and Time: Wednesday, March 8, 6 p.m.

Location: AdventHealth Medical Group Multispecialty at San Antonio

30115 State Road 52 San Antonio, FL 33576

Registration Information: Call 833-300-2371 or visit AHDadeCity.com/Events to register.

Celebrate

STEVE GORDEN

Military Service

Friday, Feb. 24, 11 a.m. National Cemetery, Bushnell, Fla.

Celebration of Life

Saturday, Feb. 25, 1 p.m. Citrus East.

All are welcome to attend either service.



ICE CREAM SOCIAL **MENU**

All items are subject to availability, \$1 each, including sales tax.

Klondike Sandwiches Ice Cream Bars

Cookies & Cream, Dark Chocolate, Double Chocolate, Heath, Krunch, Mint Chocolate Chip, Reese's, Original (Vanilla), No Sugar Added

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Nestle Drumstick Cones Vanilla, Vanilla Caramel, Vanilla Fudge

Kit Kat Drumstick Cones Chocolate Wafer, Vanilla

Wafer with Fudge Yasso Frozen

Greek Yogurt Bars Butter Pecan, Chocolate Chip Cookie Dough, Coffee Chocolate Chip, Fudge Brownie, Mint Chocolate Chip, Sea Salt Caramel

Outshine Fruit Bars

Strawberry, Pineapple, Grape, Tangerine, No Sugar Added

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Monday, Feb. 27, 1 to 7 p.m. **Road Side Snack**

Tuesday, Feb. 28, 4 to 7 p.m. Mo 'Rock' In Mediterranean

Thursday, March 2, 1 to 3 p.m. **Glavich Produce**

Friday, March 3, 1 to 3 p.m. **Glavich Produce**

Saturday, March 4, noon to 6 p.m. **Steve D's Philly Cheesesteak**

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