



The TR Times



Vol. 38, No. 14

The TR Times is also available in color at www.travelersrestresort.com
Serving the residents of Travelers Rest Resort, Dade City, Florida

March 17, 2023

Hi Lites



St. Patrick's Day Dance

Final dance of the season.
Friday, March 17, 7 to 9 p.m.
in Busch Hall. See pg. 6.

TR Outdoor Fun Day

Try a new activity at TR,
Saturday, March 18, 9 to 11
a.m. See pg. 6.



TR End of Season Party

Saturday, March 18, noon to
6 p.m. in The Grove.
See pg. 6.

Busch Hall Sunday Night

Travelettes and TR Singing
Men, Sunday, March 19,
7 p.m. in Busch Hall. See pg. 2.

TR Book Browsers

Wednesday, March 22, 2 p.m.
in Citrus West. Final meeting of
the season. See pg. 11.

Jukebox Hits Variety Show

Final Wednesday Concert
Series, Wednesday, March 22,
Busch Hall, 7 p.m. See pg. 2.

TR Welcome Committee

Get Together Party, Thursday,
March 23, 10 a.m. to noon in
Jeri Miller Activities Building.

Friday Afternoon LIVE!

Friday, March 24, 4 p.m., in
The Grove. See pg. 2.

Activity Reminders

Final Parkwide Tag Sale

Saturday, March 25, starting at
8:30 a.m. See pg. 6.

Busch Hall Sunday Night

Steve Jeffris Gospel Night,
Sunday March 26, 7 p.m. in
Busch Hall. See pg. 2.

Travelogue

Last Travelogue of the season.
March 27, 3 to 4:30 p.m.
in Citrus East. See pg. 10.

Nominating Committee Seminar

Thursday, March 30, 12:30 p.m.
at Citrus East. See pg. 3.

SkyMed Luncheon

Saturday, April 1, at noon, in
Citrus West. See pg. 7.

Dade City Symphony

Saturday, April 1, 7 p.m. at
Pasco Middle School. See pg. 2.

EXTRA EXTRA
READ ALL ABOUT IT!

The TR Times
First Issue
Next Season
Friday, Dec. 1

A lovely day for a meaningful ceremony

by Margaret Emmetts

Saturday, March 11 was a beautiful day. The sun was out but it was not too hot. Humidity was down and there was a nice breeze. It was the ideal day to visit the farm of Zenen Valdez. But why?

Each year TR's Veterans Association burns American and Canadian flags that are no longer serviceable in a formal Flag Retirement Program. Unfortunately for the past several years the advent of COVID has interrupted that program. This resulted in the Veterans accumulating about 450 flags to burn, far beyond the capacity of TR's fire pit.

The Veterans were in search of a new location to hold their Flag Retirement Program. This is where Zenen Valdez enters the picture. Valdez has a large sod farm on Bellamy Brothers Blvd. just a short distance from Johnston Road. One could not ask for a finer location for the veterans to hold their ceremony.

As you entered the farm there was a hook and ladder fire truck with its ladder extended flying a large American flag. The engine belongs to Valdez. Further along the entry road was a large patio with a sizeable bandstand. Ponds, palm trees and plantings added to the beauty of the location. The site also featured three railroad cars which surround a modest sized fire pit. Valdez graciously offered this beautiful location for the Veterans to hold their Flag Retirement Ceremony.



Old Glory waves proudly atop this vintage fire engine.

Over 150 TR residents in addition to about 100 visitors invited by the host attended the ceremony.

Ken Hankinson acted as host, welcoming everyone and introducing the various speakers. Dade City Mayor and Commissioner were in attendance and offered brief remarks. Chaplain Shipe offered the invocation and Darold Long led the Pledge of Allegiance. Fred McGoldrick and Jim Conant demonstrated the proper way to fold a flag and Barbara Swartz sang the National Anthem.

A three-man Flag Detail presented two retired flags for ceremonial burning. Phil St. John and Bill Watkins played taps.

A special presentation was made honoring Darold Long for his long service to the Veterans Association. Our gracious host Zenen Valdez was made an honorary member of the TR Veterans Association and presented with a tee shirt and hat. Gunny Gundrum made a few



Jim Conant and Fred McGoldrick prepare to demonstrate how to properly fold an American flag.



Conant and McGoldrick display how the flag should look after 13 triangular folds.



Darold Long is presented a Distinguished Citizen Award and a new USMC hat by Bill Wise. Looking good Darold.



Ceremony attendees enjoyed a tour of the Valdez farm aboard this adorable tram.

closing remarks. The remainder of the flags, both American and Canadian, were burned in a larger fire pit.

Following the ceremony, Valdez treated the crowd to a meal of burgers and hot dogs. He also took attendees for a ride around the farm in a 3-car tram. The TR Brass Ensemble provided music from the bandstand.

Valdez, a Cuban immigrant, was most generous to offer his beautiful location to our Veterans Association. It was a lovely day for a meaningful ceremony.



Zenen Valdez is thrilled to wear his new hat.

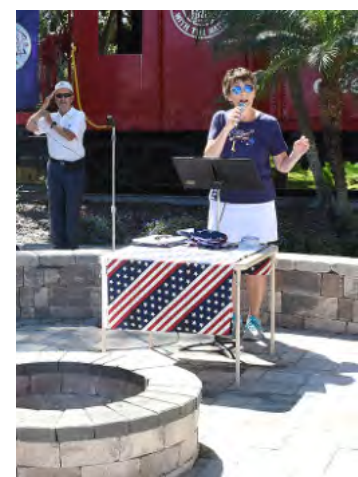
Hear the band play.



Trumpeters Bill Watkins and Steve Bowman enjoyed their time playing with the Brass Ensemble.



Phil St. John played taps, while Bill Watkins, who is not shown, played the echo.



Barb Swartz performed *The Star Spangled Banner*.



Photos by
Pam Watkins

BUSCH HALL Sunday Night

Travelettes and
TR Singing Men
perform March 19



Photos by Pam Watkins

TRAVELETTES



TR SINGING MEN

by Sandy and Ken Langell

We are so happy to welcome the Travelettes and TR Singing Men back to Busch Hall Sunday Night this year! They have been working hard to put together a great program for us. The Travelettes are under the direction of Bernice Gutridge, and the TR Singing Men have a new director this year, Ron Reeve. Both groups have a dozen or more members.

The Sunday, March 19 program will include a nice variety of popular show tunes, inspirational pieces and patriotic songs. There will also be a very special romantic selection that you won't want to miss.

Gospel Night
with Steve Jeffris
ends season



File photo

STEVE JEFFRIS

On Sunday, March 26, Steve Jeffris closes out our season with Gospel Night at TR. We are always happy to spend an evening with Steve, with his friendly, warm and welcoming spirit, wonderful baritone voice and repertoire of old time traditional gospel songs. He sings from his heart and always leaves his audience feeling better than when they came in.



Tuesday Night Movie

by Carol & Jim Henrikson

At the close of 2022 TNM Season, we had an offer from TR Manager Ray Hill to install a projector/screen arrangement to improve the TNM viewing experience. Ahead of the TNM 2023 season, the new equipment was installed.

We are aware that the quality of sound has been of concern to many in our audience that are hearing impaired. Recent technologies with modern hearing aids,

large theatre venues, home and church audio systems have dramatically improved audio in many cases. We are aware of how important the sound systems are in your viewing experience. With our newly installed equipment, we have had many comments as to how much improved Citrus East is for the movies presented in 2023. We have intentionally picked movies encoded to enhance the sound experience.

This year we had many excellent movie choices to pick from that are currently up for Oscar recognition and other International Awards. With a few technical "bumps in the road" resolved, we should have an even more improved venue to enjoy Season 2024.

We thank you for supporting our efforts to screen outstanding film productions in our Cinematic Citrus East venue.

Jukebox Hits Variety Show concludes 2023 Concert Series

by Doug Pedersen

Jeff Gordon is based in Dallas, Tex. but entertains from coast to coast as well as in Canada. As an impersonator of Garth Brooks, Elvis and Tom Jones, he has been singing and entertaining crowds since he was a teenager. Besides impersonating, his Jukebox Hits Show is a combination of '50s, '60s, '70s, and '80s rock 'n roll and country with a little Elvis, a little Tom Jones, some Dean Martin and even some Louis Armstrong thrown in.

Jeff has an uncanny ability to sound a lot like the artists he sings. With decades of experience, Jeff is one of the best Garth Brooks impersonators around. He has a large fan base and is an entertainer for American Cruise Lines, Hilton Hotels, Encore RV Resorts, Cal Am Resorts and many Florida RV communities like TR.

We were fortunate to be able



JEFF GORDON

to add TR to his Florida tour after the scheduled entertainer, Canadian Kenny Hess, canceled his 2023 tour and remained in Saskatchewan after being diagnosed with cancer. We send our prayers and best wishes to him.

Take Note: This production also includes a light show that is synchronized to the music. Please join us March 22.

Friday Afternoon LIVE! ends with a bang

by Donna Probes

We will wrap up the Friday Afternoon LIVE! concert series with a special show on Friday, March 24 at 4 p.m. The TR Jam Band will ride again featuring special guests, Andrea Patterson and Dave Murphy.

You may recall the show last year as we fired up some great hits from the '50s and '60s. Dave can really wail on the sax for songs like *Rock Around the Clock* and *Kansas City*. This year we'll feature Dave on *Yakety Yak*.

Andrea will bring some new songs to the stage. She has great additions such as *Give Me One Reason to Stay Here* and a special version of *YMCA* plus other new ones.

Throughout the season, Doc and I have really appreciated the fine musicians we have here in the park. It is a real treat to share some of that talent as part of the Friday Afternoon LIVE! concert series. Dave and Andrea are top-notch musicians and it has been so much fun working up this show for you.



Photo by Ken Langell

MUSIC ROCKED

Mark your calendar for Friday, March 24. We'll move the time to 4 p.m. since the daylight hangs on a little later with the time change. If the temperatures are scorching hot or if it rains, we'll move inside Busch Hall. Be sure to watch for announcements on the Residents & Friends Facebook page and in the Post Office for the final location.

We have had a great season of music this year and want to thank everyone who helps and supports us as we share our songs with you. Next year will bring a whole new season and the opportunity to share more musical moments with our TR family.

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Communications from the Board

by Katherine Shawver,
President/CEO
TR Board of Directors

The Board of Directors approved funding to build a second dog park. As plans develop, details will be shared with Residents.

A Nomination Process Education Seminar will be held in Citrus East, March 30, 12:30 to 2:30 p.m. Come to learn more about how the nomination process works.

Reminder: Residents are required to trim and weed their sites in the “off season” even though the park mows sites that are not occupied full time.

At every Board meeting, the Board reviews the progress



KATHERINE SHAWVER

towards completing the TR Strategic Plan. Presently, all objectives are on time and on track. The Strategic Plan will be reviewed in the next few weeks and updated if appropriate. The Board will pro-

vide an executive summary following the Strategic Plan review.

The final Veranda Chat of the season will be held Monday, March 20 at 3 p.m. in front of the Post Office.

Please, don't miss the End of Season Party, Saturday, March 18 in The Grove from noon to 6 p.m. There will be food trucks, live music and you're welcome to bring your favorite beverage.

As our seasonal residents prepare to depart for the off season, please ensure that all preparations are complete, accept our best wishes for safe travels and know we look forward to welcoming you back for the 2023-24 season! Travelers Rest Board of Directors

From the Manager's desk

by Ray Hill with Rich Kushman

This week Ray is away from the park and unavailable for our weekly chat. Our time together has left me with the clear impression that Ray takes a personal and caring interest in TR and the residents. He manages the daily operations of TR, knowing the stockholders, through the elective process, choose the Board of Directors as his direct employer. Ray remembers that TR was created with an extraordinary level of volunteerism. The planning, hard work and old-fashioned fellowship that created our community has allowed TR residents to enjoy a peaceful, friendly and healthy environment for over 50 years. Additionally our volunteers add value and cut costs making TR a truly economical value.

What attracts new residents and makes them choose TR for a seasonal or full-time home is the opportunity to be part of a vibrant and diverse community, a cog in the wheel of friendship. The opportunity to share interests, to be involved, to help a friend, to learn new skills, avoid loneliness and know you belong.

On the seventh day, when HE rested, the job wasn't done. Endless redesign, rehab and maintenance has kept Him busy for millenniums. TR needs the same year after year attention to detail. The easy part is fixing a leak, building a wall or improving WiFi. The hard part is capturing and



RAY HILL

sustaining that spirit of camaraderie that put us on the map.

The new Board and all the stockholders can take a look back and just remember the skills needed to negotiate 50 years sustaining this community. Skills that inspire volunteerism which cements us together and creates a sharing that keeps us truly alive. Communication, listening, openness, patience, adaptability, persuasion, planning, empathy and love for your fellow man are not always easily practiced but assuredly headstrong actions and threatening attitudes just simply never work. My weekly chats with Ray have reinforced just how beneficial and wonderful the deep-rooted volunteer tradition at TR is and has always been. Let's keep it alive.

Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in. ~ Author Unknown

2023 AGM election results

by Pam Watkins

The 2023 AGM was held Tuesday, March 14, at 2 p.m. in Busch Hall. Quorum was met with 568 ballots cast.

Election results were announced following the meeting. Pat Butler, Terry Halbrook and Cathy Locke were elected to fill the three vacant Board positions. Each will serve a 3-year term. The new Board met immediately following the AGM to elect its officers. The 2023-24 Board of Directors include President/CEO Deborah May, 1st VP Terry Halbrook, 2nd VP Barry Sellick, Corporate Secretary Pat Butler, Treasurer Jim Weigand, Randy Doell, Cathy Locke, Sheila Schenke and Katherine Shawver. Resolution 1, Meeting of Stockholders, failed with 65 for and 445 against. Resolution 2, Sale of Property, failed with 97 for and 420 against.

Nominating Committee Seminar scheduled March 30

by Deborah May

A seminar covering all the activities of the Nominating Committee from the selection of the nominating committee members to the final submission of names to the Board of Directors will be held on Thursday, March 30. Linda Smith and Deborah May will direct the seminar in Citrus East from 12:30 until 2:30 p.m. Come and find out how the entire process works and how you can be part of it as a stockholder. Bring your questions and join us there.

TRash Talk

by Dean Peters

Here's how to join in the excitement at the end of the season Clear-out, Clean-up, Reuse, Recycle and Safe disposal event!

1) After the Community-wide Yard Sale ends at noon on Saturday, March 25, bring your unsold, saleable stuff like clothes, tools, kitchenware and working small appliances to the **TR Thrift Store Trailer** near Busch Hall.

2) If you have broken furniture or appliances, old doors and windows, golf clubs/bags, lumber/wood scraps, **bring it to the bin area** behind Busch Hall or at the end of 14th Ave. at noon on Saturday. **This stuff will be available for reuse.**

3) If you have partial cans of paint, stain, herbicides, pesticides, poisons, batteries and small propane tanks that you want to dispose of, **bring them to these bin areas** at noon on Saturday.

The stuff brought to the bins will be taken to Handcart Rd. on Saturday afternoon and safely disposed of by your Residents Waste Management Committee members.

Hope this helps make your departure safe and convenient.



Closing reminder



If you are leaving for the summer, please remember to lower your flags and store them safely inside so the sun and wind won't damage them. (Tattered and faded U.S. flags are a disgrace!)

We ♥ Volunteers!

Board changes date to submit stockholder resolutions

by Pam Watkins

The process for shareholders to submit a proposed resolution to modify bylaws per TR Policy O1010 was described in the article, “Shareholders have choices,” that appeared on page 3 in the Feb. 10, 2023 issue of *The TR Times*. Since then, the Board of Directors amended Policy O1010 effective 2-21-23. Specifically, the submission deadline referenced in the policy has been changed. Now in order for a shareholder's resolution to be considered for placement

on the ballot for a vote at the next Annual General Meeting, it must be received by the TR Corporate Secretary by the first business day of **September**. The deadline is two months earlier than stated in the article due to the policy change. Therefore, if you plan to propose a resolution to modify a bylaw, now is the time to begin researching and writing your proposal. The deadline for submission to TR's Corporate Secretary is Friday, Sept. 1, 2023 for the proposal to be considered at the 2024 AGM.

Letter to the Editor

As the primary author of By-law change resolutions for the last few years, I was dismayed to read that the deadline for resolution submission was moved from November to September (revision to Policy O1010 2-21-23). Prior to 1-23-18 the deadline was specified in the AGM notice. Then the date was changed to the last business day in November to allow adequate time for the Board and attorney review which was sufficient. On 1-3-22, the date was changed to the first business day in November and now changed again to the first business day in September.

The state statute gives the right to amend the By-laws to both the Board and the shareholders (607.1020) without any provisions for restrictions for submissions. Likewise our By-laws contain no restrictions. However our Policy

O1010 contains all sorts of impediments such as an unnecessarily early deadline, the limiting requirement of Board approval, Board recommendation to the voters and resultant board votes, attorney review and the ignored second opinion provision, and the limitation of only two shareholder resolutions per year.

These restrictions make it virtually impossible for shareholders to make changes that the Board doesn't like. It is certainly not the intent of the statutes or the By-laws to effectively restrict changes to only those favored by the Board and it is of questionable legality to circumvent this intent in the Policies. This practice significantly erodes shareholder oversight of the Board and contributes to the autocratic leadership we now have.

John Freed

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Goodbye! So Long

Another season in paradise has come to an end. To all the snowbirds, we wish you safe journeys home. Have a wonderful summer; enjoy your families and stay healthy.

To those who stay all year, please take good care of the park until we return. Once again you will be able to go to your favorite restaurants without having to endure the long lines caused by the presence of all those snowbirds.

Hope to see you all back in the fall. *mre*



The TR Times
TRAVELERS REST RESORT, INC.
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Dade City, FL 33523-6128

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Can you believe this is the last newspaper of the season? We haven't done even half of what we planned!

wanted
Cartoonist for *The TR Times*. Position includes providing a weekly cartoon for each edition of the paper. If interested, please contact *The TR Times* at 352-588-4992 or thetrimes@gmail.com for further details.



The Servant's Plow

A labor of love



by Anthony Shipe
Some of you will notice the preface above Psalm 127 which says “A Song of Ascents.” In the *New Living Translation* (NLT) it says “A song for pilgrims ascending to Jerusalem.” Psalms 120-134 were known as traveling songs for going uphill from the villages on the way to Jerusalem for festivals. The Jewish Priests were also known to sing these songs as they walked up the steps to the Temple.
Solomon was believed to be the author of our passage today. He kept a diary that can be found in the *Bible*. Its title was The Book of Ecclesiastes. Solomon made a profound discovery and wrote about it. He explained that our work was never designed to meet our deepest needs. “What does one gain by all the toil at which one toils under the sun? I made great works. I built houses and planted vineyards for myself. Then I considered all that my hands had done and the toil I had expended in doing it, and behold, all was vanity and a striving after wind, and there was nothing to be gained under the sun.”
The word UNLESS (or except) is used twice. This is a word of condition. We see words that are all related: BUILD, LABOR and TOIL. Those words are used three times. Then we see the troubling words: WASTED, USELESS, EMPTY, WORTHLESS and VAIN and those words are used three times. Verse 2 of Psalm 127 mentions working so hard and anxiously working (NASB painful labor) (KJV bread of sorrows). UNLESS OUR LABOR IS DONE FOR THE LORD; OUR LIVES WILL BE EMPTY.
Here is a weekly reminder that was posted in a Christian newspaper. “Without God our week would be as follows: SINDAY, MOURNDAY, TEARS-DAY, WASTEDAY, THIRST-DAY, FIGHTSDAY, and SHATTERDAY! Remember: Seven



ANTHONY SHIPE

days WITHOUT God...makes one W-E-A-K.”
God’s Word teaches us that our work and hobbies have intrinsic value for two reasons:
1. God is a worker.
Most of us don’t view God in that way but that is how He introduces Himself to us in scripture. Genesis 2:3 says “On the seventh day God had finished His work of creation, so He rested from all His work.” The actual Hebrew original says, “God created to make” which tells us that the Creator’s work is still going on through His creation and the Lord didn’t stop working after that. In John 5:17 Jesus declared “My Father is always working and so am I.”
2. We are created to be workers.
Humankind was given dominion over God’s work of creation. Adam was placed in the Garden to work and keep it. Notice the work was given to us before it was cursed. The partnership continues today. God gives to us and we manage what we’ve been given.
There is a story told about three workers who were digging a hole to lay a foundation. When the supervisor came along to check the progress of the job the workers were asked individually what their purpose was for digging the hole. The first laborer replied that he was earning money to feed his family. The second laborer said he was

working so he could get to the weekend. The third laborer said, “I am digging this hole to lay a secure foundation with the talents that God gave me to the best of my ability.”
It was Martin Luther King Jr. that put it like this: “If a worker is called to be a street sweeper, the worker should sweep the streets so well that when the Hosts of Heaven pass by, they will pause and say, here lived a great street sweeper who did his job well.”
All of our work should be done for the glory of God.
I said earlier that unless our labor is done for the Lord, our lives will be empty. When we work with the talents and abilities that God gives us, God is glorified and we put on display the image of God who created each one of us. During the TR Hobby and Art Show many of our talents are put on display. It is really quite an interesting and fascinating time to walk around and see the many gifts and talents that people in our community have. If you would pass by Don Shipe’s table with the woodworking pieces that he had made, you would see a sign on the table which had his name and the caption, “Works by the grace of God.”
Jesus performed a Labor of Love on the cross of Calvary. He completed the job that He was given to do. In John 19:30 just before He died He uttered the words “IT IS FINISHED.” This term is common in the banking and finance world. When someone borrows money and then is successful in paying it back, the bank stamps “PAID IN FULL” on a receipt. Jesus paid the price for our sins...finished the work...and stamped “Paid in Full” on the ledger sheet of the lives of those who would believe in Him. Have a blessed Passover and Easter.

TR Church Association

Choir Rehearsal.....8:30 a.m.
Bible Study 9 a.m.
I Will Come Again (John 13:31-14:6)
Hymn Sing 9:45 a.m.
Barb Swartz
Worship Service..... 10 a.m.
Anthony Shipe

Praise and Worship
Saturday, March 25
4:30 p.m. in Busch Hall

Sacred Heart Catholic Church
32145 Saint Joe Road,
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MASS SCHEDULE
Vigil Mass
Saturday, 4 pm
Sunday Masses
8 am & 10:30 am
Daily Masses
7:30 am Monday - Friday

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The Siren



by Jean Cobb, RN, EMT
and First Responder

Well, the 2022-2023 season of *The TR Times* is complete! Soon many will be headed back to their summer home or off to travel to who-knows-where! Of course, I always write about travel safety and I will do that again.

The SAFETY message is to “Be Safety Conscious” when you move about whether you are in a golf cart, on a bicycle, or in a car, in the park, on your way to your summer home or an exotic road trip. Don’t let an accident sneak up on you!

As you travel on the highways, it is always a challenge to stay alert, deal with road congestion and construction and avoid other crazy drivers on the road. Also as you deal with other drivers who drive erratically, text, or are inattentive, it is a great idea to let your passenger answer your phone, handle text

The accident or illness that doesn’t happen

messages and do the navigation. Whether you are driving, with or without an RV, devote your full attention to the road.

In addition be sure that you are alert and rested for every mile you drive. Stop every hour or so and walk around for a few minutes - a little exercise keeps blood from pooling in your legs and improves mental acuity as well. Avoid heavy meals on the road that make you sleepy at the wheel, but don’t skip meals which can lead to low blood sugar and potential trouble. If you find your attention wandering, you start yawning, or notice other signs that you need a break – take one! It is likely that a few minutes of rest over the long haul of your trip will not be a problem. Finally, plan your travel days to allow for leisurely meals and restful overnight stops and share driving with another driver if possible. Retirement is precious – don’t risk your safety on the road.

The WELLNESS message is “Be Well – Stay Well.” Please be smart when you travel home. When you stop at a rest area, gas station, restaurant, campground, or motel, you may be exposed to some new variant of the COVID-19 virus. We also know folks, including you, can be COVID

positive and contagious, feel fine and not know they are spreading the virus. Don’t let your guard down. Consider wearing your mask and exercising “social distance” of six feet from others. Cleanse your hands after contacting surfaces or wear disposable gloves. In motels, wipe down doorknobs, TV controls, light switches, sink and tub hardware and other frequently touched areas as soon as you check in. Take your own pillow and several pillowcases so you can change between stays. Leave your personal items in suitcases or plastic bags. Remove yourself from the presence of anyone who appears to be ill. If you are nervous about eating in a restaurant, eat on the patio, or order a meal to carry out and eat in your motel or camper. If you need to shop, do it very early or very late when customers are fewer. Finally, if you do become ill while you are traveling, seek emergency care if your fever, cough, or sore throat is accompanied by shortness of breath or you are not improving like you would expect to do.

Drive Smart – Stay Well - Arrive Alive and Healthy! Have fun this summer and be safe. See you in the fall!

Healthy Tips

Cholesterol - what is it?

by Donna Neer, RN (retired)

Cholesterol, made by the liver, is a waxy, fat-like substance that is found in the walls of the cells in all parts of your body. Cholesterol is used by the body to make hormones, vitamin D and substances that help to digest foods.

Cholesterol travels in our bloodstream in small “packages” called lipoproteins. There are two main types of lipoproteins and it is important to have healthy levels of both.

High-density lipoproteins (HDLs), also referred to as ‘good’ cholesterol, removes cholesterol from the tissues in the liver. Cholesterol is subsequently expelled from the body. I personally like to call HDL’s “healthy cholesterol.” The term “bad” cholesterol, low-density lipoproteins (LDLs) carries cholesterol to the tissues in the body, including our arteries. I call the LDLs “lousy cholesterol.” The largest concentration of cholesterol in the blood stream is LDLs. If the LDL level is high, a person could be predisposed to cardiovascular disease as the arteries become blocked.

When we have our cholesterol checked by our physician, he/she will look at four numbers: total cholesterol; LDL (bad) chole-

sterol, HDL (good) cholesterol and triglycerides (another type of blood fat). Keep in mind, that your physician is the best source of information on cholesterol and what specific levels may mean to your health.

Generally, a total cholesterol of less than 200 mg/dl is a desirable laboratory level. LDL (bad) cholesterol optimal value is suggested at less than 100 mg/dl. As this number goes higher, it means that there is higher concentration of fat circulating in your arteries, which in turn can lead to heart disease. Usually HDL (good) cholesterol optimal value should be less than 40 mg/dl, which means that the liver is doing its job as it takes fat from the bloodstream and expels it from our bodies. A lab value of less than 150 mg/dl for triglycerides may be considered normal.

Without having our physician order a complete cholesterol profile, we will never know if our HDLs, LDLs and/or triglycerides are at normal or abnormal levels. Upon receipt and analysis of your cholesterol profile values, your physician may order lifestyle changes and/or medications to correct what she/he may perceive as abnormal findings.

Thanks, TR blood donors

by Ken Neer

The second of two in-season blood drives was held on Monday, March 6 and per the OneBlood representative, was a huge success. Of the 49 people who got on the bus, 46 were able to donate which has the potential to help 138 patients who need your blood to recover and/or possibly to survive. Thank you on behalf of those patients to all who gave or tried to give the “Gift of Life.”

We apologize to those who tried to make an appointment online and had problems. Hopefully future drives will be smoother. For those who remember the sign-up in Busch Hall, the logistics of coordinating the online and Busch Hall lists just wasn’t feasible. Our in-season drives are already booked for the first Monday in December 2023 and March 2024. Diana Hill will coordinate two or three summer drives. The first of the summer drives will be

Monday, May 1.

The winners of one Snack Shack free lunch ticket were Bruce Anderson, Bill Bunning, Kathy Fuller and Frank Gedert. All who gave or attempted to give were entered into the random drawing. Congratulations to the winners and many thanks to Lee Brenn and the Snack Shack for the donation.


Wishing all a happy, healthy and safe spring and summer and hope to see you in the fall.



Donor Mariana Schmidt accepts a refreshment from First Responder Lise Minnick. The First Responder refreshment station is new this year.




Photos by Bill Watkins
Jane Gorden, Roxy Bass and Nan Lance await their turn to donate blood.



Blood Donor HONOR ROLL

Thank you for participating in the blood drive at
Travelers Rest on Monday, March 6, 2023

ALEXANDRA ADAIR	ROBERT KING
JEAN AMICO	BRIAN KRUPICKA
LOUIS AMICO	NAN LANCE
BRUCE ANDERSON	KRISTINE LARSEN
DAVID BASS	JOHN LEATHERMAN
ROXANNA BASS	DENNIS LEDBETTER
TERRY BIAS	CHRISTINE LESSIG
BONNIE BIGELOW	RUSSELL MARLOWE
ROBERTA BRADFORD	JAMES MATKOVICH
WILLIAM BUNNING	HARRY MONTGOMERY
MARGARET CANTU	SELENE MONTGOMERY
KATHLEEN CARLIG	ELAINE MORGAN
REGINA CLARKSON	BOGDAN PATRICIA
JAMES CONANT	TAWNYA ROWDEN
JEANNINE ELLISON	MARIANA SCHMIDT
THOMAS ETCHILL	SUSAN STAHLEY
DIANE FISHER	RUSSELL THACKERY
CECIL FRENCH	NORMAN TINKHAM
KATHLEEN FULLER	JAMES VAN WINKLE
FRANCIS GEDERT	BRENDA VARTY
MARY GEDERT	GUY WEIK
WALTER GILSON	SUSAN WENDT
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Activity Affairs

Thanks for a season of amazing activities in paradise

by Guy Weik

As we near the end of another winter season at TR, I want to express my sincere thanks to all the volunteers who dedicate so many hours making our activities possible. It never ceases to amaze me how lucky we are to have such talented, knowledgeable and patient people residing in this park.

We have activities that appeal to just about everyone, involving music, dancing, gardening, traveling, or arts and crafts. There are activities for residents interested in trains, or remote-controlled cars, boats and planes. Residents volunteer to decorate for Christmas, dances and special events. We learn to better use our phones or to take better photographs. We are challenged to learn new skills like turning wooden bowls or playing golf, pickleball, bocce or shuffleboard. We are offered classes supporting self-improvement, such as exercising, eating gluten-free diets, losing weight and cooking.

We enjoy Tuesday Night Movies and wonderful entertainment. We even have a Fire Department, EMT's and an amazing staff that miraculously manages to produce a weekly newspaper. Each of these activities wouldn't be possible without volunteers putting in many hours of planning, setting up, teaching and then taking everything down to make room for the next activity. Remarkably this happens every week.

Our volunteers make TR the special place that it is and we thank you all for making it one of the most entertaining, attractive and friendly parks in Florida. What I'm discussing here is based on fact,



GUY WEIK

not an opinion, as I witness these actions every day. Our residents may have different opinions on any number of issues and that's OK. If we are willing to listen to new ideas or at least give recognition to an opposing point of view, we can learn a lot from each other. All of our activities result in residents feeling better about themselves and we develop friendships in the process that last a lifetime.

Final Yard Sale moved to March 25

The final Yard Sale scheduled for Saturday, March 18, is being moved over to the following Saturday, March 25. Two new events got scheduled for March 18: the Outdoor Fun Day from 9 to 11 a.m. at various locations throughout the park and the End of Season Party from noon to 6 p.m. in The Grove. I just thought we had enough events scheduled on one day so the final Yard Sale of the season will now be held on Saturday, March 25 from 8:30 to 11:30 a.m.

Saturday, March 18 our first Outdoor Fun Day

This Saturday from 9 to 11 a.m., you are invited to try an outdoor activity and ask members

questions. Maybe you've passed people enjoying **Bocce** as you walked or drove up Snack Shack Road and thought about joining them. Well, now's your chance! Learn the game and find out how to access the equipment. The same goes for **Shuffleboard**. Maybe you'd like to try your hand at maneuvering the **Sailboats or RC Motorboats** on Mirror Lake! The **RC Motorsports** group is running its big end-of-season Championship Races that day and they have invited everyone to come and observe the action down by the Snack Shack. The **TR Birding Group** will lead a bird walk around the park so you have a better idea of where to best observe our many species of birds. **Pickleball** is inviting you to stop by and ask questions, observe games in play and even try hitting a few balls yourself!

It's just two hours so everyone has plenty of time before heading down to Vanishing Lake for the **TR End of Season Party** with bands and food trucks that starts at noon in The Grove.

The monthly **Flea Markets** are finished for the season. We have a new couple, Rick and Amy Peebles, who have volunteered to take over organizing the Flea Markets next season. Thank you to Betty and Walt Gibson for doing such a great job organizing this activity over the past several years.

Activity Update Sheets and Financial Reports

Please don't forget to hand in your Activity Update Sheets for next season. Update Sheets should be sent to Guy Weik (lot 10-37). Don't forget to include target dates for when your activity will start and end. Dates can be altered later if your plans change. Financial Reports were given out at the beginning of the season if your activity has a financial account with the office. Updated financial reports should be given to Renee Bigelow in the TR office.

Final Friday Night Dance for this season

by Jackie Thackery

Lively music and lots of energy filled Busch Hall for the Mardi Gras Dance on March 3.

The members of the Travelaires Orchestra enjoy each performance and look forward to sharing their music with the community.

Friday night, March 17, 7 to 9 p.m. in Busch Hall the final dance of the season will have a St. Patrick's Day theme. Find a cloverleaf, a green item to wear and rejoice with the Irish who were blessed with a land free of snakes and a leprechaun who loved music.



Bring your own snacks and any special refreshments for the celebration. It's three quarters of a year until January 2024, so don't miss this final dance with the music provided by the TR Travelaires Orchestra.

Model Railroad Club News

by Brian Krupicka

The model railroad club is getting more active every week and our roster of members is growing. The excitement also is increasing as we complete the three new modules. The bridge picture depicts a 3D-printed bridge by one of the team members. Our goal now is to review options for next year. If you have any interest in this hobby, call Brian Krupicka at 630-961-1243. We meet 9:30



Photo by Brian Krupicka

The model bridge shown is a 3D-printed bridge built by one of the club members.

until noon on Fridays in the Jeri Miller Activities Building. All are welcome.

TR Singing Men introduce new director

by Dennis Ledbetter

The TR Singing men had the pleasure recently of being directed by Ron Reeve. Ron is a retired music educator and chorus and choir director. His expertise was recruited by their current director Dennis Ledbetter. Dennis' hearing loss has made directing difficult so he and the rest of the men, as well as pianist Ann Chalk, have been actively seeking someone to step in.

Not only is Ron a knowledgeable director, but he is also a skilled pianist. Ron and his wife, Ruth, also enjoy pickleball. They are currently on site 70-01 on Golf View and are hoping to find a spot for the 2023-24 season.

If you see them out and about, please stop and welcome them.

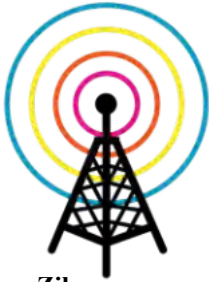
Genealogy seeks instructor

by Denise Anderson

If you enjoy genealogy research and discovering your family history, please consider sharing your knowledge by becoming the new facilitator/leader for the TR Genealogy Class next season. The class has been held on Fridays from 1 to 2:30 p.m. in Citrus East, but changes could be made to suit your schedule.

To discuss this rewarding volunteer opportunity, please contact me at 248-348-8363 or by email deniserutha@yahoo.com.

Repairs low to high



by Dan Zile

TR's Amateur Radio Club members have been making repairs low and high. First, an underground conduit near the HAM Shack was replaced. Next, a bucket truck was used to remove defective equipment from the communication towers. Finally, new equipment will be installed by the radio club members next season that will not require the bucket truck for future repairs.



Photo by Dan Zile









A bucket truck from Red's Tree Service was required to remove some of the defective equipment from the towers used by the Amateur Radio Club.



Photo by Pam Watkins

Jim Zigrosser and Brian Krupicka put together the pieces of the Amateur Radio tower.

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A multitude of gratitude for a wonderful dance season



by Jackie Thackery

First, we want to thank our Director Phil St. John for his diligent leadership throughout this season. Only he, and perhaps Mardelle who participated and enthused all with her announcements as MC, can know how many hours Phil spent choosing music, constructing the sets, copying and arranging our parts when needed, directing both practices and performances and encouraging all members to have a “Good Time.” He always said “Having Fun” was our main goal. All attendees and participants hopefully agree that is what we all did, joyfully.

Enjoyment was enhanced by other participants, including sound men Ted Smith and Alan Kenney. Thank you, gentlemen, for your expertise, diligence and faithfulness. Also, the Travelaires thank Alex Adair and some of the Line Dancers for the “Time out,” aka intermission, which allowed a respite for our diaphragms and other muscles around our mouths and in our hands, to name a few. Also, the intermission permitted

performers to socialize with the audience and even gave some an opportunity to enjoy a dance or two in “Line” and/or to CD music with their favorite partner. Again, thanks to the sound men.

Graciously, we thank all singers who participated throughout the season for adding words and their special voices to some musical offerings. Special appearances were enjoyed from Phil St. John, Doc Probes, Rev. Gene Gough, Barbara Swartz and Cheryl Porter. Many words of praise are heard regarding all soloists, both vocal and instrumental.

Another special note of appreciation to Marc Horowitz for standing in as director in Phil’s absence and to the band members who assisted Chairwoman Sharon Fosnight with decorations, including special advisor and previous Dance Committee Chairperson Connie Swanson and Gene Gough with tables, chairs and stands. We all need each other to make Travelaires a success, so “Muchas gracias a todos.”

SkyMed pizza luncheon announced

by Diana Hill

Come and have pizza on Saturday, April 1 at noon in Citrus West and learn about the new benefits offered by SkyMed which is an emergency air transportation membership service. See the advertisement on page 11 of this issue of *The TR Times*.

If you are already a member, this event is a good refresher on what your membership can do for you. Everyone at TR is invited including current members and our friends on Golf View and Oak View.



There will be door prizes and you must be present to win. Please be sure to sign up on the sheet hanging in the TR Post Office lobby. Space is limited and I need to know how many pizzas to order. Also, if you can help serve the pizza, please call me at 352-760-1420.

Travelers Rest Resort, Inc. Veterans Honor Roll



Louis Amico
Frank Anderson
Gary Anderson
William H. Apgar
Barbara Barthle
Dan Barthle
Dave Baur
David L. Bass
Jeriel A. Beard
Frank Blunda
Vic Bowser
Bill Bradford
Leland Bradley
Lee Brenn
Chet Brooks
Tom Brown
Jean Cobb
Michael Cobb
Jim Conant
David Connell
Bill Cordsen
Janet Cordsen
Les Cota
Kevin Davis
William A. Davis
John Deegan
Orin Diehm
Charles C. Doran
Ross Ducker III
W. Alan Ewing
Dwight Feyler
Harold Fleming
John Freed
J. Barden Fuller
Robert Gallagher
Frank Gedert
Richard Gest
John J. Gorman
James Gower

Micky Graham
Jeff Green
Gunny Gundrum
Richard Gutridge
John R. Hann, Jr.
Ken Hankinson
Robert “Pete” Hill
John Hrcsko
Harold Hughes
Robert E. Jennings
Neil Jillson
Bill Johnjulia
Kenneth E. Johnson
Harold Keefer
Philip H. Kennedy
Michael F. Knight
Larry Kurkowski
Bill Kusky
Lawrence (Larry) Lehman
Ron Lewis
Peter Lipka
Bill Long
Darold Long
Bill Madigan
Charles Manos
James Matkovich
Rich Matkovich
Neil McCall
Fred McGoldrick
Frank Meier III
Randy Melville
Gene Miller
Richard Miller
Ken Neer
Kelly Newbury
Jesse Newcomb
Richard Newton
Lawrence Neyhart

George F. Norris
George Edgar Perry
Rick Petrie
Robert L. Phillips
Francis E. (Gene) Poast
Larry Polzin
Barbara Rauch
Edward Rauch
Augustine A. (Gus) Sbrogna
Marty Schencke
John J. Schell, Jr.
Don Shafer
Lacy Shawver
Norm Showers
Don Sides
Phillip C. Simmers
Gary Smith
Imma Smith
Vincent Smith
Dick Statham
Roy Stuart
Thomas Sutton
Frank Swanson
Clint Taylor
Michael D. Temple
Ted Towl
Russell Thackery
Bill Tucker
Clyde H. Wagner
Claude Wilson
Robert T. Waldo
Rob Werner
John Wilhelm
Leslie Wilhelm
Ralph Winterburn
Bill Wise
Jim Zigrosser

The veterans listed above are currently living at Travelers Rest. If we have missed your name, we ask that you leave a note in *The TR Times* box in Busch Hall or email us at thetrimes@gmail.com so that we may include your name next season.

A Perfect Flag Retirement Ceremony

by Ken Hankinson

It couldn’t have been a more perfect day for this year’s Flag Retirement Ceremony. Perfect weather, location, attendance that exceeded expectations, inspiring speakers, well deserved presentations, patriotic music by our TR Brass Ensemble, a great rendition of the National Anthem by Barbara Swartz, and a large fire pit that allowed us to burn a four-year collection of American and Canadian flags. All this followed by burgers, hot dogs and sodas provided by our gracious host Zenen Valdez.

Many thanks go out to everyone who assisted and played an important part in the event. It took the TR community village to pull this one off! Thank You!



Photo by Bard Fuller

Canadian and American Flags are properly retired by Ken Hankinson.

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TR has talent is an understatement



Ken Langell presents flowers to Donna Neer, Producer of the show, in appreciation of all her work.



The entire crew for the show included the announcer, sound and tech support, lighting, the stage crew, production assistants, make-up, costumes/stage attire, greeters, videographer/photographers and live streaming.



Gus Sborgna, Rob Werner and Joe Shipe aka The Harmonaires, played *Swanee River* and *The Battle Hymn of the Republic*. Did you know that Sborgna was a veteran of WWII?



Ann Chalk and Debbie Watson played *Country Gardens aka Melody in F* as a piano duet that involved some intricate crossing of hands.



Bruce Richman belted out *I Got the Blues for You*.



The five members of All That Jazz danced to three numbers ending with *Hot Stuff*.



The Cabana Cut-Ups were Brode Morgan on violin, Andrea Patterson on piano and Dave Murphy on sax, concluding their three-number set with the toe-tapping *Rocky Top*.



The TR Pom-Poms Drill Team performed to *We Are Family*.

Talent Show trivia

During a break between acts, show announcer, Doug Pedersen read Donna Neer’s note to him that requested he stall for a few minutes while the stage crew moved the piano. In his inimitable style, Doug called on his many years at TR to relate a little bit of the history of park talent.

When the park was first under construction, circa 1972, workers would gather in a dirt-floor building on Sunday nights. This was their only day off as they were working all the other days of the week.

Entertainment would be provided by whatever talent happened to be present. It might be guitarists, harmonica players, story-tellers, etc. This was actually the start of the Sunday Night Entertainment program. That dirt-floor building is what we now know as The Snack Shack.

In 1973 Busch Hall was constructed and entertainment finally took place on a concrete floor. More photos on page 9.

Talent Show More Talent Show photos Talent Show



Gene Cribbs on piano and Phil St. John on bass guitar played *Embraceable You* and *The Lady is a Tramp*.



Alex Adair and Jeff Duquette as Jitterbug Magic cut quite a rug to *In The Mood*.

Photos by
Bill Bradford and
Pam Watkins



Husband and wife team Phil and Mardelle St. John appropriately sang *You're My Best Friend*.



The Cloggers skit was based on the street fight in *West Side Story* and danced to the music *Eye of the Tiger* from the film *Rocky*.



Tom Brown and Ken Langell reenacted a skit from *The Smothers Brothers* TV show that argued "Mom likes me best."



Ken Langell narrated Service's poem *The Cremation of Sam McGee*.

Quilt-A-Rama 2023 fills Busch Hall



In keeping with tradition, Chuck Lemke sang John Denver's *Annie's Song*.



Dennis Ledbetter sang *That Old Quartet of Mine*.



Laura Harper and Betsy Behler sew their strips into squares at their sewing machines.



Photos by Sandi Walsh
Marilyn Long chats with Ethel Polsdofer as she takes lunch orders.



Dawn Pulleyn is happy to help with the ironing of quilt squares.

The TR Quilt Guild
TR we did it!
Thanks to the over 101 people who came out last Tuesday to help. We will be donating 41 completed quilts to the Sunrise of Pasco County Domestic and Sexual Violence Center. "Many hands make many quilts."
The TR Quilt Guild thanks you all for the tremendous support this year.



Mark Waltz and Dave Pulleyn look really intense in their task of pinning squares together.

Beyond the Resort



LINDA SPENCER
by Linda Spencer
Spring Baseball Training Games
Saturday, March 18, 1:30 p.m.
Tampa Bay Rays vs. Boston Red Sox at Tropicana Field in St. Petersburg. Tickets start at \$18. Field address is 1 Tropicana Drive, St. Petersburg, approximately 60 minutes from TR.



Saturday, March 18, 1:05 p.m.
Detroit Tigers vs. St. Louis Cardinals at Roger Dean Stadium, in Jupiter. Tickets start at \$20. Field address is 4751 Main Street, Jupiter, approximately 3.5 hours from TR.
Saturday, March 18, 1:05 p.m.
Pittsburgh Pirates vs. Minnesota Twins at LECOM Field in Bradenton. Tickets start at \$25. Field address is 1611 9th Street West, Bradenton, approximately 70 minutes from TR.



Sunday, March 19, 1:05 p.m.
New York Yankees vs. Baltimore Orioles at George M. Steinbrenner Field in Tampa. Tickets start at \$30. Field address is 1 Steinbrenner Drive, Tampa, approximately 40 minutes from TR.
Tuesday, March 21, 1:05 p.m.
Pittsburgh Pirates vs. Philadelphia Phillies at LECOM Park in Bradenton. Tickets start at \$25. Field address is 1611 9th Street West, Bradenton, approximately 70 minutes from TR.
Additional games can be found at <http://Springtraining.ticketoffice.org>.



Suncoast Dinner Theater
at 16128, US Highway 19, in Hudson.
Friday, March 17 to Sunday, April 2 as part of their Broadway Series is **Sister Act**.
Friday, April 7 to Saturday, April 8 as part of their Concert Series is **REBEL**, a rock experience.
Sunday, April 9 have their **Easter Brunch** enjoying a cabaret-style show of Broadway's best.
Friday, April 14 to Sunday, May 14 is **Margaritaville, the Jimmy Buffett story**.
Friday, May 19 and Saturday, May 20, **Garth Live** will bring the stage to life.

Their summer series, to be announced soon, will let you bask in the sun and experience the ultimate summer vibe as the Summer Variety Series is just around the corner. This summer they will bring you a series of exciting and diverse events that will leave you feeling refreshed and entertained. Visit <http://suncoastbroadway.com> or call 727-863-7949 for more info.
Saturday, March 18 in Historic Downtown Inverness, enjoy the **St. Patrick's Day Parade**, compete in the Fairy & Leprechaun Costume Contest, listen to music and shop at the local businesses and restaurants. Visit the Inverness Government site for additional information. Event is approximately 32 minutes from TR.
Saturday, March 18 is the **Vintage Garden and Flower Market, The Fancy Flea**, 9 a.m. to 4 p.m., at 14415 7th Street, downtown Dade City. Vintage treasures, beautiful furniture, farmhouse, shabby chic, boho, antiques, music, food trucks and more. Visit www.fancyflea.net or call 863-712-3278 for additional information. Approximately 10 minutes from TR.
To those leaving us, be safe and enjoy your summer. For those remaining behind in paradise, keep the good times rolling.
Remember to visit TR Beyond The Park on Facebook for updated events in the area until we print again.

Travel News



Photo by Dan Zile

Tampa by Land and Sea tour group posing in front of the historic Tampa Bay Hotel.

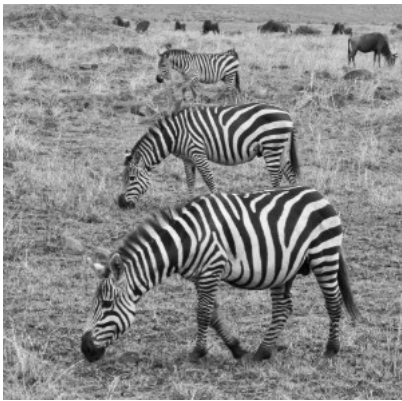
by Sharon Gilbert Zile
TR Tour Director
TR loves to travel and this season has been an enthusiastic return to near-normalcy in our group travel experiences. With four day trips in 2022-23, TR travelers embraced new-to-us Florida venues and experiences, traveling with friends and making new ones, while enjoying having a professional doing the driving and finding a place to park.
Some travelers took more than one bus trip, but our total number of passengers on this season's bus trips was 246. We enjoyed the ice sculptures at Gaylord Palms Resort near Orlando, a luncheon cruise from Madeira Beach on the Calypso Breeze, an informative docent-led tour of Tampa By Land and Sea and a festive St. Patrick's Day luncheon cruise on the Hillsborough River. Unfortunately, whether due to scheduling or destination, it was necessary to cancel a fifth bus trip with just 22 paid reservations. Yet, whenever I feel anxious about a trip that was not quite perfect or one that was cancelled for lack of reservations, I remember that with each trip taken, we have had no injuries and no one has been left behind.
While Covid and other illnesses still cause some passenger cancellations, we nearly always discover that there are others who decide to join us at the last moment. Wait lists allow cancelling passengers to be reimbursed by wait-listed persons. Alternatively, one couple who needed to make a last-minute

cancellation offered to gift their reservation to another couple. The kindnesses of the TR community continue to bless others.
The enthusiasm for Hawaii and quick reservation action have resulted in 75 persons with bookings on the March 2, 2024, Norwegian Pride of America Cruise. Circumnavigating the Hawaiian Islands with stops at five ports on three islands, the Pride of America departs from the port of Honolulu. While just 25 balcony cabins and three obstructed ocean view cabins were being held for TR, our Cruise Planners travel agent was successful in procuring additional cabins, albeit some at additional cost, for those wanting to join the group. A particularly attractive feature of the cruise package was a two-for-the-price-of-one airfare when scheduled by NCL. It might be accurate to say that 75 TR residents and friends have dreams of our beautiful 50th State.
As this successful TR travel season comes to a close, many residents will be journeying to homes and grandchildren up north, while others will take summer adventures. I love to hear of the travel plans of others. I've recently talked with TR travelers going to Airstream caravans and rallies. The Alaska caravan, the Made in America caravan featuring American manufacturing, the Show Me the Ozarks caravan, the Southwest Adventure caravan featuring the National Parks of the southwest U.S., the Albuquerque Balloon Festival rally and the Airstream International rally in

Wyoming are among the Airstreamers' destinations.
One TR couple will be traveling independently to Prince Edward Island while another will travel the provinces of the Canadian Maritimes including a ferry to Newfoundland. A number of TR residents will be traveling internationally: one to Japan and others to Portugal while one couple will take an extended cruise that includes Thailand, India, Egypt and more. An Alaskan cruise will be a highlight for another couple. TR residents often spend summer months visiting family. Maine, Massachusetts, Minnesota, Ohio, and Washington are just a few of this summer's destinations. I can imagine that nearly every state and more than a few countries will have a visitor from TR.
In April, Dan and I will begin the challenge of selecting and scheduling next season's day trips. Tampa By Land and Sea continues to be very popular, especially with new-to-TR residents, so we'll consider including it once more. Do watch Facebook Residents and Friends for trip announcements. We also hope to include the InTouch system for future trip announcements. We are thankful for *The TR Times*' help in getting the word out with announcements available in print and online.
We look forward to another season with interesting and fun trips for our awesome travel community.
"Life is beautiful if you are on the road to somewhere."
~ Orhan Pamuk

Next Travelogue is Africa

by Bert Contractor
TR Residents who attended the Africa presentation in the past have asked to see it again and the residents who missed the presentation have been requesting it. Finally I have been able to reschedule this much-awaited Africa presentation as our last Travelogue of the season. Please join me on Monday, March 27, from 3 to 4:40 p.m. in Citrus East.



Photos by Bert Contractor
Just a couple of the beautiful scenes you will enjoy at the Africa Travelogue.



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Library News



That's a wrap

by Amy Peebles

As the season winds down work in the Library continues. This is a busy time for Library volunteers as we continue the year-long job of keeping Library materials fresh and current by weeding out DVDs and books with a copyright of five years or older unless it is a Recommended Book.

Retired books can be found in the plastic milk cartons on the floor. This might be a good time to grab one or more of those books for reading while traveling. We ask that you do not return any retired book you take. There are also Audio CDs available to take on your travels and those also should not be returned to the Library.

Volunteers are also busy making sure that each Recommended Book has a corresponding card summarizing the plot in the Recommended Card Box. If a card is missing, a new one is made and added to the box.

Volunteers each have a section of the Library they care for to ensure books are current, in order by author, in the correct section and shelves are wiped clean and stay tidy. Volunteers are also kept busy processing and reshelving books from the rolling cart behind the desk. Volunteers are always ready to help each other with any necessary task as well as assist any visitor to the Library.

In addition to Chair Mary Kosbab and Co-Chair Kay Blunda, there have been many longtime volunteers who returned

this season along with many new volunteers. Monthly volunteer meetings cover many important topics which keep the Library running smoothly. We enjoy discussing new ideas to implement for our visitors to keep the Library timely and dynamic.

As you leave for the season please return any books that you have borrowed particularly those with a yellow smiley face Recommended sticker. Due to space limitations we are unable to accept large bags, boxes of books or oversize books. There is a list of thrift stores on the Library bulletin board if you would like to donate them there. If you are unable to go to a thrift store please leave the items in the milk crates and volunteers will make trips throughout the year.

Some of the changes you may have noticed in the Library this year include the new wheels on the retired book milk crates making it easier to pull them out from underneath the bottom shelves, puzzles have been relocated to Hobby House and Amy Peebles and Loretta Whitfield have taken over the duties of writing *The TR Times* Library column from Mary Kosbab who wrote the column for many years.

The Library is open 24 hours a day, 365 days a year. As we head into the summer months, the Library staff will be smaller but you will still find volunteers continuing the work until we are together again in the fall. Have a safe and happy summer!

TR Book Browsers

by Nan Lance

The TR Book Browsers met last week to discuss *The Extraordinary Life of Sam Hell* by Robert Dugoni. There was lively discussion about the author, reviews of the book and questions about bullying, friendship and being special. Anyone's life can be extraordinary.

We also passed around the pictures and captions from Alice Laursen who had been to Mali several times and actually met the famous Bad-Ass Librarian of Timbuktu. She also visited his preservation lab full of ancient manuscripts.

The Book Browser members received a compiled list of 21 books from which to select for next season. They will vote on the six books they would like to read and discuss in 2024.

Our next meeting will be on Wednesday, March 22 at 2 p.m. in Citrus West. We will discuss *The Light Between Oceans* by M.I. Stedman. We hope to watch some of the movie and there will be popcorn!

Thank you Library volunteers

Thanks to each of the new and returning Library volunteers for all the time and work they give to maintaining the Library this season. These people are the backbone of the Library and the reason the Library always looks so good. A special thanks to Amy Peebles and Loretta Whitfield for a great job writing Library articles for *The TR Times*.

Mary Kosbab and Kay Blunda

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Garden News

by Pam Forsyth

We would like to thank everyone who supported the Lake Margaret Garden Club at the Irish Coffee House on Friday with your generous donations, Sandy Langel and team who organized it and the Irish Coffee House Singers for their awesome performance for a good cause. Your generosity exceeded \$5,400 including the TR Board's matching donation. Our gardeners are very grateful and thankful for this wonderful community who has pitched in with donations and hard work.

We would also like to thank those who attended the Garden Walk at such a busy time. It's been a few years since we have been able to enjoy this event. Beautiful art and quilts by our residents were displayed. There was music by our talented musicians throughout the Garden. Plus we enjoyed a Monarch butterfly release.



Photo by Pam Forsyth

Residents enjoy the artwork display under the old oak tree.

As mentioned in previous articles there is much work to be done in the lawn area along Snack Shack Road after the sod is planted over the summer. We will be very busy planting in the fall when volunteers are here to take care of the new plants.

As the season is winding down

for the Lake Margaret Garden Club and everyone else in the park, we look back on the good times which all went by too fast!

Last week we were serenaded by a Barred Owl who seemed to enjoy watching us from his tree limb above us as we worked. That was a good time!



Photo by Brad Teets

BARRED OWL



Photo by Pam Forsyth

Garden Club members Pam Perell, Gail Downing, Kathy Fuller and Cathy Locke making decorations for the Irish Coffee House from the Garden Club.



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Pets on Parade



by Judy Leister

For quite some time I’ve been seeing a good-sized black dog quietly walking by our house with her human. Then the other day she was just leaving the Puppy Park as we arrived. She seemed so sweet. I knew I wanted to meet her and to my surprise she lives right around the corner from us with Robert King and Jean McKenney. When I stopped in and chatted with Robert it didn’t take long to see Maggie is just as sweet as she appeared.

Maggie is about 15 years old, give or take a few years. She’s a Goldendoodle. Robert knew her previous owner who worked long hours and left Maggie unattended all day. Twelve years ago the owner could no longer care for Maggie and Robert quickly jumped in and rescued her. Other than a bit of separation anxiety from her previous living arrangements, Maggie adjusted well. Robert already had another dog and the two pooches bonded right away. Actually they bonded really well which brought about a litter of five puppies and Maggie became a loving mother. Sadly a few years later the other dog passed on and Maggie mourned him for six months.



Photo by Judy Leister
MAGGIE

Robert and Jean live on 60 acres of wooded property in Maine which offers lots of long scenic walks plus a nearby lake where Maggie loves to swim. In dog years Maggie would be in her 90s. I have a hard time remembering things in my 70s. I can’t imagine what it will be like when I’m 90 but Maggie’s memory is great. When they arrive here at TR for the season she remembers the Puppy Park yet when they return to Maine at the end of the season it’s easy to see she remembers home too. She zooms around and around in happy circles.

Maggie loves to chase balls, well that is as long as there aren’t a lot of other dogs trying to get those balls. If that happens, she’ll hold one ball in her mouth and park

her body on the other one. While at the park, if another dog gets a bit too pushy, Maggie hops right onto Robert’s lap for security.

Life with Maggie is certainly a pleasure. She never leaves the yard. She happily greets anyone who will pet her. She gives friendly little reminders if her food bowl is empty and has a cute warning voice if it’s time to go out to potty. For years she was not allowed on the furniture but recently that ban was lifted and now she likes to cuddle with Jean on the couch and oh yes, is she ever a bed hog!

Thank you for your support

by Judy Leister

Throughout the season TR has great Flea Markets and Yard Sales. Because of the generosity of so many TR residents, the Pet Lovers Club has quite an inventory of pet supplies that are offered at these sales. Everything is FREE yet the generous shoppers always leave donations in the bucket. Thank you to both our shoppers and those donating the merchandise. We couldn’t do it without you.

Pet Lover’s Club

by Kim Roberts

Well, it has been an interesting year. Let’s recap a little.

We ordered 38 engraved bricks for our Puppy Park Memorial Walk. They should arrive Monday to be installed. There was an issue with a lost check which delayed us a little but they are in line for production now.

New signs and waste dispensers have been added in the Puppy Park and around Travelers Rest.

A number of dog owners have completed the free training offered and I see a lot of improvement and a lot of happy dogs and owners.

We will offer this again next year, so if you didn’t get a chance to participate you can do so then.

The best news of all is the Board of Directors has approved a second dog park. Exact location is to be determined.

Unfortunately we have lost some of our furry friends this year. It is always so sad when we have to let them go. May they all rest in peace. Hopefully you will find it in your heart to rescue, save and love another one.

Thanks for all your support this year and let’s keep it going for next year!

Cheerios as dog treats

by Judy Leister

Life with a dog always requires a bit of training whether it’s better manners for everyday life or a specific dog sport. Dogs are just like humans who appreciate some kind of compensation for a completed job. Many times while working on day-to-day tasks with our dogs, a verbal yes or no lets them know if they are doing things correctly.

I have competed in dog agility for many years. This is a fun sport where we direct our dog around a course made up of jumps, ramps, tunnels and weave poles. While training for this, treats are really handy especially as we introduce the dog to all the obstacles and then as a reward once they have learned how to do them correctly.

All of our previous dogs were great eaters and loved treats. Pet supply stores have great selections but I had to make sure the treats were of a size the dog could gulp down quickly when I popped one out during training. Dog biscuits are too big and take too long for the dog to chew up quickly but those labeled Training Treats are a good size.

When Fendi joined our family I learned all about picky eaters. Through lots of experimenting I have come up with a couple of homemade recipes for her daily meals. However, I soon found she had no interest in all those store-bought training treats. She

even turned up her nose at my long time back-up treats – cheese or hot dogs. Oh what to do?

One day Mark was nibbling on beef jerky. Low and behold Miss Fussy Fendi seemed interested so Mark gave her a small piece. Wow! She gobbled it up and wanted more so off to the store I went to buy a supply of human beef jerky. I cut it up into small pieces and we were good to go.

Then one day Tia Paquette, who has lots of success training both dogs and horses, happened to offer Fendi a Cheerio. Yep, it was just regular Cheerios. Fendi loved that too. With previous dogs I had been known to put a handful of kibble in a container with some bacon and that worked great but it did make things a bit greasy in my pocket. Instead of bacon Tia put a little beef jerky in the bag with the Cheerios. I experimented with that idea and it was a success. Fendi loved it.

If you find yourself needing an easy training treat that even the pickiest of eaters will gobble up, give the Cheerios mix a try. A jar, storage container or ziplock bag works well. Remember training treats are used sparingly. Give out one at a time, not a whole handful. This is a reward, not their entire meal and we don’t want our pups getting too chubby. Hey maybe I need to give up some of my snacks and nibble on Cheerios instead.

Birding Activity



Beware of the night stalkers (with feathers)

by Tom Butler

Don’t run to lock your doors and windows. Forget about werewolves, vampires and zombies. I’m talking about birds that search through the darkness of night for something tasty to eat. Spooky? Not really. There are plenty of examples of these special birds, but we are only going to look at a few “Florida” stalkers. Sounds like a scary story but I assure you these are true wonders of nature.

The Black-crowned Night Heron is a TR resident and can be seen early in the morning as well as during the pre-dusk hours. A black crown on the head extends down the back with a white and gray body that is accented by red eyes and yellow legs. The description is completed with two or three white spaghetti-like feathers that extend from the back of the head and are displayed during courtship. This bird is omnivorous, which means reptiles, eggs, small fish, carrion and small birds are on the menu. They have even been known to feed on garbage and will stand at the edge of the water feeding on nearly anything that becomes available. They will then rest in trees or bushes throughout the day and, when breeding, they construct a nest made of nothing more than a platform of sticks like that of other herons. Not so scary – just amazing details of a special bird that creeps in the night.

What might sound alarming is the name of our next night stalker, Chuck-Wills-Widow. What! Is this a murder mystery? No, just a spectacular member of the Night Jar family found right here in our park. This bird was first identified in 1798 by German naturalist Johann Friedrich Gmelin. Chuck-Wills-Widow is a phonetic imitation or resemblance of the sound these birds make. This is referred to as an onomatopoeia. Examples of this would include sounds such as oink for a pig, meow from your cat, the buzz of a bee or “who cooks for you” from the



Photo by Tom Butler
BLACK-CROWNED NIGHT HERON

Barred Owl. The Chuck-Wills-Widow is a master of camouflage with shades of brown and gray that closely resemble tree bark making them nearly invisible while resting in plain sight. The wide mouth of this bird, typical in the Night Jar family, makes for easy work when feeding on moths, beetles, small birds and even bats. These food sources are generally swallowed whole. Wow! So much for chewing your food carefully. This bird lays eggs directly on the ground among leaves, debris and sticks. Pink eggs with brown and lavender spots will hatch into juvenile Night Jars that will eventually grow to 13 inches with a 26-inch wingspan. Unless you are one of the aforementioned food sources, there is not a lot to fear from this nocturnal stalker. Or is there?

It is time to introduce another phantom from the night. With large tufts of feathers giving the appearance of horns and a powerful set of

8-inch talons, the Great Horned Owl strikes fear in all small mammals within its habitat. It is found throughout the Americas and is the largest true owl in its range. Considerably bigger than the Barred Owl seen frequently in our park, the Great Horned Owl can reach 25 inches in height and boasts a wingspan of nearly five feet. Big Owl! Rabbits beware! In fact, rats, mice, voles, birds and even mammals as large as skunks are table fare for this large predator of the night. Perfectly adapted for low-light hunting, they have large eyes, fluffy wing edges for a silent approach and huge claws that rarely miss their mark. When you realize that this owl is also known as the Tiger Owl, no other descriptors are necessary to describe this master hunter. In direct competition with the Barred Owl for hollow tree nesting sites and abundant food sources, these two owls are rarely found in the same area. The Barred Owl is in our community because the Great Horned Owl is not! You won’t have to look far to locate them though. Extreme adaptability allows this flying tiger to thrive in virtually any environment. They can be found in rainforests, frozen tundra, desert dunes and even mangrove swamps, commonly found in our state. They will usually claim an abandoned nest and raise a pair of offspring that will be covered in white to gray fluff. On to the next generation of predators that search through the night for victims, err, I mean food.

Sleep tight – don’t let the Stalkers bite!



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GARDEN LANDSCAPE



Are Pat Gallagher and Amy Grier painting the same scene?



LAKE MARGARET GARDEN CLUB VOLUNTEERS



Amy Grier paints a scene from the Garden Walk.



TR dulcimers was one group providing musical ambiance.



GAIL AND WYLIE DOWNING



Refreshments anyone?



TR Harmonaires provide background music suitable for strolling.



Valerie Mills Smith and Phyllis Zitzer release some butterflies.



Susan and Mike Craig with Denise Weik and Cecile Lemaire enjoy a quiet moment in the gazebo.



MOLLY AND TERRY FLORES
Photos by Bert Contractor



Tessa Labrecque, greatgranddaughter to Jean Cole is fascinated with this butterfly following its release.

TR Sports



by George Paquette

Well, here I am writing the final article for *The TR Times* this year. Where has the time gone? We're just so busy here at TR that the days, weeks and months fly by. It's sometimes easy to forget how lucky we are to be able to spend our winters here in the warm weather and in the company of good friends and neighbors. Our golf course was well maintained and a pleasure to play on. The greens were a bit of a struggle but unofficially I'm told there will be work done to improve them for next season.

Of course, the volunteers make the difference. Given the challenges of the crazy weather pattern changes from year-to-year, our volunteers are constantly put to the test. The Beautification Team did a wonderful job with new replacement trees planted, gardens enhanced and maintained as well as a number of potted plants replaced and strategically located to enhance the beauty of our course. As well, if you looked around, volunteers were working hard every Tuesday to ensure the course was in top shape. This included the maintenance of tee boxes, placement of pins on the greens, divot repair and countless other necessary tasks which we often take for granted. Then there are the volunteers that keep the driving range, which is now the TR Golf Academy, up to snuff. Balls are washed every night, carpets are

Have one club, will scramble!



by Pat Butler

Thanks to the 36 golfers who came out to play in one of our last scrambles of the season on Saturday morning.

Dan Varner introduced the game which involved each member of every foursome choosing only one club to use during the game of nine holes.

The golfers rotated turns and used their chosen club in whatever the situation called for when it was his/her turn.

If you have ever putted with a driver or driven with a chipper, you

See you next year

swept and the grass portion of the driving range where golfers hit their balls, is regularly seeded and watered for best performance. We can't forget our golf instructors who are available every Tuesday morning to initiate, encourage and help golf students improve their game. There are also the many fundraisers that help shoulder the costs of creating and supporting the beauty of the course.

I'm sure I've missed a number of dedicated volunteers that quietly and with little recognition make our golf course run smoothly. Volunteers are the heart and soul of Travelers Rest throughout the park. Whoever you are, know that your efforts are appreciated and we simply wouldn't have this wonderful oasis in the sun if it wasn't for you. On behalf of everyone here at Travelers Rest Resort a big THANK YOU for all you do!

On that note, I think we also need to recognize the hard work that the TRGA Board members, the TR Board members as well as our General Manager Ray Hill and his team, put into providing the services we receive and the environment we enjoy. These folks put in copious hours to ensure that all is in place for our enjoyment and safety and I think that sometimes we take them for granted. Although it is our responsibility to review and critique their decisions, we also need to recognize that they are our friends and neighbors and that they deserve our support and encouragement.

There you have it. Keep well, stay safe and we'll see you all back here next fall.

Glow Ball Golf

by Dan Varner
Thursday, March 9

Glow Ball season was completed with another beautiful evening. Forty golfers played nine grueling holes of nighttime golf. There was laughter heard through the darkness. In the end, three teams tied with score of 28 or six under PAR. A one-hole putt-off by one member of each team was needed to determine the winner with a crowd cheering them on. The team of Ralph Smith, Dave Kat, John Peet and Barry "Sandbagger" English, were closest to the pin to capture the win.



Many thanks go out to volunteers Gina DiPinto, Nan Lance and Marla Varner who checked in the players, Steve Wilson and Don Markle who set up and cleaned the golf course.

Thanks to everyone that participated this year. All proceeds were donated to TR course beautification.

Another hole-in-one



Photo submitted by Shirley-Ann Appleby
A big congratulations to Shirley-Ann Appleby for her hole-in-one on #5.



Bowling

by Lin Buczek
Friday, March 10

Men's Scratch High Game	
Don Markle	172
Tim Base	165
Dave Couture	155
Men's Scratch High Series	
Don Markle	482
Tim Base	426
Dave Couture	397
Men's Handicap High Game	
Rob Prophet, Peter Capsolas ..	251
Don Markle	244
Tim Base	239
Men's Handicap High Series	
Rob Prophet	707
Don Markle	698
Peter Capsolas	680
Men's High Average	
Steve Niles	204
Women's Scratch High Game	
Lin Buczek	171
Dawn Pagel	169
Leslie Price	168
Women's Scratch High Series	
Lin Buczek	466
Leslie Price	459
Dawn Pagel	443
Women's Handicap High Game	
Pat Markle, Linda Smith	251
Donna Neer	248
Grace Couture	247
Women's Handicap High Series	
Pat Markle	723
Sheila Fedus	718
Donna Neer	708
Women's High Average	
Leslie Price, Lin Buczek	152



500

by Pat McCallum
Saturday, March 11

1. John Goodger	1950
2. Pat McCallum	1170
3. Deborah May	900

Wizard

by Deborah May
Tuesday, March 7

Table 1:
Game 1
1. Barb Overly, Susan Sneed
2. Lora Davis
Game 2
1. Pat McCallum
2. Jackie Thackery
Table 2:
Game 1
1. Imma Smith
2. Kathy Prockett
Game 2
1. Kathy Prockett
2. Gary Smith
Game 3
1. Kathy Prockett
2. Sheila Zanca



Dominoes

by Linda Gough
Wednesday, March 8

Table 1
Emily Fly 142

Another 1000 points



Photo by Marcia Hatfield
Barb Aubrey and her 1,000 point Chinese Mah Jong hand.

National Mah Jongg League

by Bette Gorman
Monday, March 6

Kathy Ellison	175
Bette Gorman	170
Diane Phillips	100
Janet Stevens	75
Sandy Poast	60
Linda Gower, Pat Anderson	50
Judy Pech, Arlene Wykoff	25
Wednesday, March 8	
Kathy Ellison	135
Linda Gower	100
Judy Pech	75
Bette Gorman	50
Arlene Wykoff	25
Friday, March 10	
Diane Phillips, Pat McCallum, Linda Gower	75
Pat Anderson	50
Janet Stevens	25

Party Bridge

by Jen Furman
Tuesday, March 7

Connie Bradley, Ron Hicks.. 3130
Jon Cyr, Jim Weigand 1930
Janet and Harold Baal 1890
Pat Dellamuth, Barry Sellick 1800
Thursday, March 9
Tawnya Rowden,
Jim Weigand..... 3150
Connie Bradley, Ron Hicks.. 3040
Jon Cyr, Doug Hatfield 2940
Barb Aubrey, Jen Furman 2260
Janet and Harold Baal 2010
Pat Dellamuth, Barry Sellick .980

Table Tennis

by Ann Chalk
Thursday, March 9

Charlie Mason..... 5 wins
Carey Box, Tom Etchill 4 wins
Dave Bass, Ann Chalk 3 wins



RC

Motorsports

by Douglas Hatfield
Wednesday, March 8

James Chambers, Shawn
Liaguno 36
Tom Stuart, Gary Grenier 31
Saturday, March 11
James Chambers..... 36
Shawn Liaguno 34
Bob Kenyon, Ed Fosnight..... 32

Chinese Mah Jong

by Marcia Hatfield
Monday, March 6

Kathy Bocchino 4
Linda Gavin 3
Connie Bradley, Dawn Pulleyn,
Marcia Hatfield 2
Deb May, Nancy Moschler 1
Friday, March 10
Connie Bradley, Jen Furman 4
Barb Aubrey, Deb May,
Nancy Moschler, Rose Taggart .. 2
Kathy Bocchino,
Marcia Hatfield 1

Two new Empresses for Chinese Mah Jong



Photo submitted by Marcia Hatfield

Marcia Hatfield is shown with Empresses Connie Bradley and Deb May.

by Marcia Hatfield

In February we had two players who won 24 games each. Connie Bradley and Deb May shared the title and crown of Empress.

Marcia Hatfield was the next highest winner with 18 games and was crowned Lady-in-Waiting.

Thank You TR Times Volunteers!

The 2022-23 *TR Times* season is now filed in the *TR Times* archives. We cannot thank each and every one of you enough for what you contribute in time and talent to make *The TR Times* a success. Many residents have approached us in the past few weeks to share that our community newspaper is such a joy to read. They believe your articles are interesting and they truly appreciate the numerous references to our residents' accomplishments. Several have told us that *The TR Times* outshines their community newspapers from home. It is only with the efforts of every one of you that this "weekly miracle" comes to pass. This is your opportunity to pat each other and yourself on the back. Kudos. Way to go. You are awesome. THANK YOU!

Sincerely,
Margaret Emmetts
Jane Harrold
Rich Kushman
Karen Waldo
Pam Watkins



Looking Back

by Nan Lance

10 Years Ago - 2013

- Irish entertainer Cahal Dunne back once more as part of the 2013 Concert Series.
- TR attains gold medal for American Cancer Society Fund Drive.
- Quilt-A-Rama produces 40 quilts for Hernando Pasco Hospice. We had 87 participants. What a crowd!
- Pickleball is all the rage at TR. Invented in 1965 by U.S. Congressmen Joel Pritchard, William Bell and Barney McCallum, 2013 is the first year of this sport at TR.
- First Responders add seven members: Alan Kenney, Julie Hunt, Judy Callahan, Dave Bass, Roxie Bass, Shirley Robinson, and Lee Brenn.

20 Years Ago - 2003

- Mardi Gras Dance at Travelers Rest. No need to go to New Orleans!
- Two year study of Revelation is completed by the Golden Crown Society at its final meeting of the season.
- TR's 2003 dog obedience class graduates with Karel Beck as its teacher.
- Waist Watchers lose 132.45 pounds.

30 Years Ago - 1993

- Gale force winds of over 50 mph strike Travelers Rest. Declared the worst in the history of TR, Trees were blown down. Vanishing Lake and Lake Margaret merged and Margaret Hinks cabana roof was blown off.
- Village Residents ask for restudy of lot trade rule. Sellers of their Village homes trade lots with Airstream South buyers of their homes. Waiting list residents complain.
- Home Health Care is available to TR residents: skilled nursing, physical therapy, speech therapy, occupational therapy, specialized services, social services and home health aides.

HISTORY



MARY HUNTER

All are welcome to join us as we remember Mary Hunter.
Saturday, March 25, Citrus East
Gathering at 1:30 p.m.
Memorial Service at 2 p.m.
Rosa Bird



We would like to thank Susan Stahley who taught the iPhone class this season. Teaching people who are at different levels, many having different versions of the iPhone has to be very difficult. However, Susan managed to do it with patience and attention to all levels. Susan's husband Bert was there to give individual help. They make a great team. Those of us who attended are very grateful for their time and instruction.

Dick and Mary Kosbab



ICE CREAM SOCIAL MENU

All items are subject to availability, \$1 each, including sales tax.

Klondike Sandwiches Ice Cream Bars

Cookies & Cream, Dark Chocolate, Double Chocolate, Heath, Krunch, Mint Chocolate Chip, Reese's, Original (Vanilla), No Sugar Added

Haagen-Dazs (gluten free)

Vanilla Milk Chocolate
Almond Ice Cream Bar

Nestle Drumstick Cones

Vanilla, Vanilla Caramel, Vanilla Fudge

Kit Kat Drumstick Cones

Chocolate Wafer, Vanilla Wafer with Fudge

Yasso Frozen

Greek Yogurt Bars

Butter Pecan, Chocolate Chip Cookie Dough, Coffee Chocolate Chip, Fudge Brownie, Mint Chocolate Chip, Sea Salt Caramel

Outshine Fruit Bars

Strawberry, Pineapple, Grape, Tangerine, No Sugar Added

Classifieds

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Roz Schoonover 719-329-8888

Vintage Alco Villager "3" adult trike. Trike is red and comes with large basket, large seat, rearview mirror and horn. Built in 1970's in Largo, Florida. Asking \$75.
Debbie Watson 352-206-0450



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The Griddle Gourmet
Happy Camper Snack Shack
Hot Off the Press
Howdy Doodles Ice Cream Coach
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Steve D's Philly Cheesesteak
That One Jerk Spot

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