



The TR Times

Travelers Rest Resort
Dade City, FL



Vol. 39, No. 10

Friday, February 16, 2024

The TR Times is also available in color at www.travelersrestresort.com

Hi Lites

Golden Anniversary Dance

Friday, Feb. 16 at 7 p.m. in Busch Hall. See Page 6.

Busch Hall Sunday Night

Wes Anthony, Sunday, Feb. 18 at 7 p.m. in Busch Hall. See Page 2.

Busch Hall Coffee Seminars

- Fire Prevention
Tuesday, Feb. 20 at 8 a.m.
- SkyMed with Diana Hill,
Thursday, Feb. 22 at 8 a.m.
- See February and March
lineup on Page 6.

Tuesday Night Movies

"The Last Waltz" Tuesday,
Feb. 20 at 7 p.m. in Citrus East.
See Page 2.

Indiana Day

Wednesday, Feb. 21 at 11 a.m.
Papa Joe's Restaurant.
See Page 6.

Wednesday Concert Series

The Ditchfield Family, Wednesday, Feb. 21 at 7 p.m. in Busch Hall. See Page 2.

Gear up for the Mexican Fiesta

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Activity Reminders

Meet the Candidates

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Canada vs. U.S. Golf Scramble

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New England Luncheon

Sunday, Feb. 25 at 12:30 p.m. in Citrus East. See Page 6.

Quilt-A-Rama

Tuesday, Feb. 27 at 9 a.m. in Busch Hall. See Page 6.

Michigan Luncheon

Saturday, March 2 beginning at noon in Citrus East. See Page 6.

Alzheimer Golf Scramble

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"Good people make good places" from "Black Beauty" - Anna Sewell

by Mary Kosbah

TR has many good people. Darold and Marilyn Long are unquestionably two of them. They have lived at TR for 18 years and have volunteered "behind the scenes" of so many activities I could write about them every week for the whole season.

This article is about the activities that demonstrate their commitment to helping those less fortunate. Through Special Ministries they have been a big force in TR's helping the Daystar Hope Center and the Sunrise Domestic Violence and Sexual Assault Center in Dade City. Items donated to these programs started out being put on their porch and are now put in the TR Donation Trailer which is then taken weekly to one of these Centers for them to sell to support these very worthwhile programs.

Darold and Marilyn are the initiators of TR's 18" Outreach Project which supports both programs. It started when Darold made a delivery to Daystar only to find its food pantry closed because they had run out of food. At the time two families with young children were seeking food for Christmas. Darold left very upset at the thought of these families without food. He and Marilyn prayed about the problem which led to the beginning of the 18" Outreach Program.

Darold had heard an inspirational evangelist say that while the



MARILYN AND DAROLD LONG



Marilyn and Darold Long join Steve Smith outside the trailer used to collect items for the Dade City charities.

brain learns of people's needs nothing is accomplished until a generous heart responds and does something about those needs. Eighteen inches is the distance from our brains which see those needs to our hearts which can do something about those needs. Darold's experience at Daystar prompted his and Marilyn's hearts to do something by starting the 18" Outreach Program at TR.

This program gathers bedding, linens, cosmetics, cleaning products, toys and children's items and delivers them to the Sunrise Domestic Violence and Sexual Assault Center in Dade City.

The Daystar Hope Center in Dade City is also the recipient of donations to the 18" Outreach Program. Donations from TR fill their shelves with food for needy people in the area.

Darold and Marilyn are very appreciative of the people at TR who have taken over many of their responsibilities and the people who donate to both these programs.

Marilyn says Darold has been the initiator of most of the many endeavors in their married life and she is and has always been the ready and willing partner. Those who know them know what a devoted couple they are. They truly are people who exemplify the quote "Good people make good places." TR is lucky to have them as residents.



Still more checks and gift cards are presented by Marilyn and Darold.



The couple receive instruction in CPR from Jim Doggett.



A representative from a Dade City charity accepts Christmas gift cards donated by TR residents under the leadership of the Longs.



Marilyn is probably soliciting donations for one of the charities she and Darold champion at TR.



Darold is recognized by Bill Wise for his contributions as a leader of TR's Veterans Group.



Clairice Sreese and Marilyn display one of the t-shirts created at Sunrise Domestic Shelter to vocalize feelings of newly found peace.



The Longs regularly purchase foodstuffs for the local charities from Tin Can Pam's using cash donations received. Darold is shown selecting food items that are purchased in bulk.

Souper Bowl Sunday food drive results

The Kansas City Chiefs were voted as the winner of TR Church Association's food drive. The Association set up three tables in Busch Hall for residents to vote via canned goods for their favorite team. The Kansas City Chiefs table received 183 cans, the San Francisco 49ers received 80 cans and 64 cans were placed on the no favorite table. A total of 327 cans of food were collected. Thank you to everyone who participated in this event.



BUSCH HALL

Sunday Night presents

Wes Anthony

by Sandy and Ken Langell

As a saxophonist, flutist and vocalist, Wes Anthony is a unique, multi-talented entertainer. He has performed with such greats as the Four Tops and the Temptations and toured the world with various jazz, reggae, World Beat and Top 40 bands.

Wes was born in Mississippi and grew up in California. Graduating from San Diego State University with a masters degree in music, he now lives in Hollywood, Fla.

The show is Sunday, Feb. 18 in Busch Hall. Ice cream treats are available for purchase from 6:15 to 6:45 p.m. Announcements start



WES ANTHONY

at 6:45 p.m. with the program immediately following. Admission is free.

FRIDAY Gear up for the Mexican Fiesta LIVE



Photo submitted by Donna Probes

MARIACHI BAND

by Donna Probes

A week from today on Friday, Feb. 23 Busch Hall will be transformed into a gala Mexican Fiesta Celebration beginning at 2:30 p.m. Mark your calendar and get ready for some extra special fun.

Bring your favorite Mexican snack food for the potluck spread – chips and salsa, guacamole, veggies, corn bread, enchiladas,

etc. After everyone fills their plate, the highlight of the afternoon will be a LIVE Mariachi band. Nine players, all dressed up in their handsome Mariachi suits, will stroll Busch Hall and fill the air with authentic music.

Stay around after that because the fiesta will continue with food trucks outside the hall. Doc and Donna will wrap up the afternoon with an hour of Spanish music on the stage in Busch Hall. As many of you know, Doc is fluent in Spanish and he has a beautiful repertoire of songs. By the time we all say “Buenos Dias” at 5 p.m. everyone will be shouting “Ole!”

This free celebration event is brought to you by our wonderful Board of Directors along with Ray Hill, who are dedicated to making TR the happiest place to be during the winter season.

TR Talent Show entry deadline is Sunday

2024 TR TALENT SHOW ENTRY FORM

Your Name _____

Lot# _____ Phone: _____

Name of Performing Act: _____

Title of Music: _____

(required so there are no duplicates)

Type of performance (please check):

VOCAL _____ How many performers? _____

INSTRUMENTAL _____ How many performers? _____

SKIT _____ DANCE _____ How many performers? _____

NOTE: EACH ACT LIMITED TO MAXIMUM OF 5 MINUTES.

Audio requirements: (check where needed)

Stage microphone (suspended ceiling) _____

Floor microphone(s) _____ (how many) _____

Stand microphone(s) _____ (how many) _____

Hand microphone(s) _____ (how many) _____

Headset microphone(s) _____ (how many) _____

Special audio needs _____ What? _____

CD _____ (you must provide 2 CDs to the sound booth)

Other Assistance Needed:

Music stands _____ (how many) _____

Chairs _____ (how many) _____

Other _____ (please be specific)

Return entry form to Donna Neer - Lot 10-71
No later than Sunday, Feb. 18, 2024

Wednesday Night

Concert Series



Stephen Ditchfield and My Three Sons



MY THREE SONS

by Doug Pedersen

Stephen Ditchfield and the Ditchfield Family Singers have entertained on our stage in Busch Hall on several past occasions and have been enthusiastically received. Their Wednesday Night Concert Series appearance on Wednesday, Feb. 21 features Stephen and his three sons Nathanael, Michael and David.

Stephen Ditchfield is a highly accomplished soloist and is acclaimed as “the consummate

performer.” He has been entertaining and inspiring audiences for over 30 years and is the Musical Director of The Ditchfield Family Singers. He performs the music you love, the way you remember it, in a wide variety of music and styles including Best of Broadway, Standards, Big Band Classics, Inspirational music and more.

Now add his three sons and there’s nothing quite like four-part harmony. When you’ve got the unique family blend of a father and

his three sons, you’ve got a winning combination! They’ve placed in the top 35 quartets in the world in international competition, performed on national TV and traveled from coast to coast. Their individual talents and wide variety of musical stylings combine to make them one of the most versatile vocal groups in America today.

Stephen and his three sons began singing together in 1998 when they won a novice quartet contest, earning the right to be included in the statewide Men’s Novice Quartet Competition. Amazingly, they won the Championship with a ten-year-old lead, Michael, and a nine-year-old tenor, David. Five years later they won the 2003 Florida State Men’s Quartet Championship and went on to compete in subsequent international competitions.

The group will perform everything from Broadway to barbershop, standards to doo-wop, to the best-loved Patriotic, inspirational and other musical favorites – a truly unforgettable entertainment experience on Wednesday, Feb. 21 at 7 p.m. Doors open at 6:30 p.m. and admission is with a season reserved set ticket or \$15 per person payable at the door.

Tuesday NIGHT MOVIE

by Carol and Jim Henrikson

“Spotlight” was shown on Feb. 13.

Next in the movie queue on Feb. 20 is “The Last Waltz” featuring Robbie Robertson with “The Band” followed by the 2023 Oscar Best-Actor winner, “The Whale” scheduled for Feb. 27.

On March 5 “Killers of the Flower Moon” and on March 12 “Napoleon” will be shown followed by “The Boys in the Boat” on March 19.

In our experience, using recommendations of great movies from our audience has always been a preferred way to select enjoyable features that we present. The one we have chosen to close the TNM 2024 Season is just such an example. This movie is the current Oscar-nominated inspirational story, based on the achievements of a world-class swimmer. The name of the swimmer is “Nyad” which is also the name of the movie.

In addition to InTouchLink we are using signs placed in strategic locations to remind you of all upcoming TNM showings. We will place the signs each Tuesday morning. They are taken down after the movie is presented. We highly recommend InTouchLink as a daytime/weekly planner to stay current with many of TR’s activities.

Chairs are set up before you arrive in a pattern for optimal viewing and to provide roughly 50 folding chairs in the front

five-rows of preferred seating. Many of you may wish to bring your own seating, like a favorite low-backed picnic chair. There is usually lots of floor space behind these front rows of chairs. When choosing a preferred chair, please keep in mind those behind you wishing a clear view of the projection screen.

You are reminded to silence your mobile devices before the movie starts to make our movie experience enjoyable for all. Those of you who are members of the TR First Responder team are encouraged to use the vibration feature

on your phones. If the siren should sound, we will pause our feature underway and clear the way for your important duties to be fulfilled.

Please help yourself to the freshly prepared popcorn as you arrive at TNM. It is available ahead of the showtime which is 7 p.m. Carol has an introduction/commentary just ahead of movie time. Also ahead of movie time, we use the Sonos Audio System to listen to a variety of music to showcase this new Sonos equipment and perform sound checks. Hope to see you at TNM soon.



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Communications from the Board



DEBORAH MAY

by Deborah May, President/CEO TR Board of Directors

The information packets for the 2024 Annual General Meeting on March 12, 2024, were mailed out Feb. 9. Every year, when the information packets for the Annual General Meeting are sent out, a number of them are returned by the

Post Office as undeliverable. The most common reason for these returns is that individuals have relocated due to various circumstances. However, the issue lies with the governing SEC statutes, which stipulate that the mailing address must match the one on the TR stock certificate.

When a physical mailing address change occurs, it is crucial to inform the TR Office promptly and have the correction made to the stock certificate. According to SEC regulations, if the annual packet is returned from the stock mailing list, it is assumed to be lost. In many cases, a neighbor or friend may know the stockholder and can inform them about the need to update their address with the Office.

There are a couple of common scenarios that frequently arise. For instance, when a single woman or widow gets married, their name often changes, no longer matching

the stock certificate. Similarly, when a couple or individual moves into an assisted living facility and their mailing address with TR remains unchanged the packet is often returned as undeliverable, leading to the assumption of lost stock.

The TR Office follows a legal procedure in attempting to locate the stockholder, which involves a lengthy process, including a paid search from a national database. Once all legal avenues to locate the stockholder have been exhausted, the stock must be surrendered, and the par value is issued to the State of Florida.

Please take a few minutes to ensure that your current address and name matches the one on your TR stock certificate. It is an essential part of your investment in the TR community and a valuable asset. Safeguarding your TR stock is of utmost importance now and in the future.

From the Manager's desk



RAY HILL

by Ray Hill with Staff Writer

My first question for Ray addressed a rumor about an entry gate for the Park and Ray confirmed the subject has been discussed. Possibly an unmanned, button-activated gate with a camera and auto-open for residents would be a consideration. However, at this point we don't even know if Pasco County would allow a gate. Ray did point out that the surrounding area is rapidly growing and additional communities, some certainly gated, may impact the need and county acceptance for TR.

Cornhole enthusiasm is growing with the possibility of an additional night of play. There is an equipment storage shed planned that would be closer to the courts making setup more convenient.

Sometimes Ray and I just meander about looking for a subject and the Golf Course came

up. There is some concern about lagging membership. The Golf Course represents a wonderful asset for TR and hopefully this will continue to be recognized even by those who never play.

Time marches on with people and interests changing. Pickleball is now quite popular and cornhole is on the rise, we now have two dog parks and resident security badges are in use. The thought of a cute bistro where all could gather would be an exciting idea to some but seen by others as trouble. The Golf Course is still a joy and of health benefit to many, but a financial drain to others.


Committees keep minutes and lose hours which makes it wrenching to suggest forming one here at TR. However, brainstorming a future TR could be fun, interesting, and holy cow, maybe even productive.

Here are the questions I will leave you with. Can a group be assembled representing golf, activities, sports, each section of the Park and management? Not the Board, although they may want to know about the ideas that result from such a group of people. Can this group, with no real power, have fun while imagining innovation to paradise or am I already in dreamland?


Let your voice be heard



Veranda Chat
Monday, Feb. 19 at 3 p.m. on Busch Hall Front Porch.



Annual Meeting AGM
Tuesday, March 12 at 2 p.m. in Busch Hall.



Resident Forum
Monday, March 4 at 3 p.m. in Busch Hall.

TR Times submissions

by Pam Watkins

The TR Times welcomes your articles and photo submissions for publication in the newspaper, but there are guidelines to ensure that your information is received and published as you expect.

The deadline for submissions is always at 5 p.m. on the Friday one week before the date of the paper in which you want the information published. Late submissions might not be published on the date you expect.

Submissions may be hand-delivered, put in The TR Times box in Busch Hall or emailed to us at our new address thetrimes@gmail.com. Email is our preference

as submissions are easier to format and provide us with a record of receipt. Article submissions via email may be typed directly into the body of the email or attached as word documents. Photo submissions on the other hand, should be attached to the email, not embedded in the document.

Finally, a word about Hi Lites. If you submit an event article and want to have the date highlighted on the front page, please let us know.

If you have questions regarding submissions to the newspaper, please call us at 352-588-4993 or email us at thetrimes@gmail.com.

Meet the Candidates before you vote

Before you submit that vote, join us for Meet the Candidates next week, Thursday, Feb. 22 at 2 p.m. in Busch Hall to listen and learn more about the six people who are running for the Board.

Following tradition, questions at the program will be posed only by the moderator; residents will not speak directly to the candidates.

Be an informed voter. Come out and meet the candidates.

Do you have a question for the candidates?

Question for _____

or to all candidates

Signature _____

Lot _____ Use my name _____ Do not use

Return to Managing Editor, The TR Times, by placing this form in The TR Times box in Busch Hall or The TR Times mail box 2817.

What is a proxy?

by Pam Watkins

A proxy is a person who acts as a substitute or stand-in for the stockholder. Proxies are people, not forms nor votes. The Ballot/Proxy Assignment form in stockholders' AGM packets may serve as EITHER a ballot OR a proxy assignment depending on which box the stockholder checks. The stockholder may check the "I vote my shares as indicated on the reverse side of this ballot" and mark their vote(s) on the other side of the form OR assign a person of their choice or the Board's designee as their proxy on the front side of the form. If the stockholder completes the Proxy Assignment, they do not vote on the back of the form because they are relying on their proxy to represent them and vote their share(s). If the stockholder assigns a proxy, what happens?

Just a quick word on voting. Florida Revised Code (FRC) section 607.0721 provides that unless the articles of incorporation or FRC Chapter 607 states otherwise, each outstanding share is entitled to one vote on each matter submitted to a vote at a shareholder meeting. These matters are usually resolutions at the AGM. Regarding director candidate election, FRC section 607.0728 provides that each shareholder who is entitled to vote at an election of directors has the right to vote the number of

shares owned by him or her for as many persons as there are directors to be elected and for whose election the shareholder has a right to vote. In 2024, there are four directors to be elected to the Board. Therefore, a stockholder may vote their share(s) for up to four candidates. This year there are six candidates vying for the four positions.

Now back to proxies. If the stockholder completes the Proxy Assignment and names a person of their choice to act as proxy, the stockholder may ask their proxy to vote in a specific way or direct the proxy to vote their conscience. This applies to both the election of directors to the Board and any ballot resolution(s). When exercising this proxy assignment option, the stockholder has a choice in their vote.

On the other hand, if the stockholder completes the Proxy Assignment form, but does not assign a person of their choice, they are asking TR's Board designee to vote for them. In this case, at least in 2024, regarding the election of directors to the Board, the stockholder's vote will be cast in accordance with the recommendations made in the TR Nominating Committee's report that was accepted by the TR Board in January. Therefore, for each Proxy Assignment the Board's designee receives, those share(s) will be

voted equally for Dennis Ledbetter, Tom Maragnano, Deborah May and Linda Smith. When exercising this proxy assignment option, the stockholder has no different choice in the vote.

If there are resolution(s) on the ballot, and the stockholder assigns TR's Board designee as their proxy, the Board's designee will vote as indicated in the AGM packet. This may be a vote "for" or "against" or a "no vote" regarding the resolution(s). Again with TR's Board designee acting as proxy, the stockholder has no different choice in the vote.

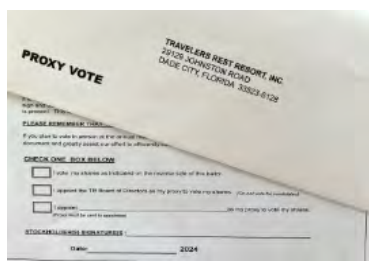
The Ballot/Proxy Assignment form is very important in another way. Not dependent on whether the form is used as a ballot or proxy assignment, it serves to establish the stockholder(s) shares as being present or represented at the AGM for the purpose of establishing quorum. A stockholder even has the option of submitting the form without checking any of the boxes or voting for any of the candidates. In this case, the share(s) are counted for quorum, but no votes are recorded.

The proxy topic is not difficult to understand if one remembers that a proxy is a person, not a form nor a vote. A proxy is a person who represents you at the AGM, not only in attendance, but in voting matters. Whatever you, as the stockholder, decide to do, the important thing to remember is your vote is the best way to make yourself heard regarding the management of TR, our little piece of paradise.



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How have we come to this?

As an only child, I have become the repository for items that have been handed down in the family. One such item is a child's tea set. Unlike the plastic sets you might find in the store today, this one is made of fine white china with tiny pink rosebuds painted on it. The set must have belonged to my grandmother so is probably about 150 years old as Gram was born in the 1870s.

What is unique about this tea set is that I have the entire set. There are miniature cake plates, cups and saucers, a tea pot, sugar and creamer. Surprisingly, it is in mint condition. There is not a chip or crack anywhere in the set. I was surprised to find that a friend had a similar set, also in pristine condition.

Can you imagine turning a child today loose on a delicate china tea set? One has to wonder if Gram ever really played with the set. But knowing Gram, she probably did. She must have been a very careful child to allow the set to still exist today.

In today's economic climate, many families are struggling to make ends meet. Yet they readily dispose of used items regardless of condition, only to replace them with new. This practice exacerbates their already shaky financial situation.

The longevity of Gram's tea set has led me to question, why have we allowed industry to turn us into such a disposable society? *mre*



Linda Murphy

The Servant's Plow

by Anthony Shipe

In our well-known passage of John 13, Jesus is seated in the Upper Room with His disciples before the Passover meal begins. He is about to start a lengthy conversation about how to carry on His mission of the gospel ministry. The night will be long and prove exhausting for the disciples.

The season of Lent began this last week with a theme I like to call "40 days to forever." The Lenten season is an incredibly historical and symbolic time for Christians. The meaningful season dates back to Jesus Christ's life on earth. He lives forever in the hearts of His followers, but the Lenten season is a direct reflection of the days that eventually led up to His crucifixion. Lent begins on Ash Wednesday, which is a holy day that is observed for the sake of recognizing our faults as human beings and taking the time to repent for the sins we have committed throughout the last year. It is a day that is easily recognized as many Christians attend a service where a cross made out of ashes is placed on their forehead. It is a tradition for many Christians to fast from eating meat on Ash Wednesday and also on all of the Fridays of Lent.

In John 13, Jesus begins the evening with the very humbling service of washing the feet of His disciples before they observe the Passover meal. Throughout His roughly three-year ministry, Jesus frequently demonstrated the extraordinary humility and servant leadership He expected His followers to emulate. This is one of the more well-known models of the sacrificial love He taught when He washes their feet.

Jesus' relationship to the disciples and His divine identity made this simple act a radical display of humility. The disciples wouldn't have even thought to wash each other's feet, let alone the feet of someone with lower status than themselves. Jesus took on the role of a servant to clean the day's filth from His followers'

A new reminder



ANTHONY SHIPE

feet—even from His betrayer, Judas Iscariot.

Jesus' actions reveal the character of God and symbolize another cleansing and ultimately model how we should humble ourselves to demonstrate His love to others. These details make Jesus' actions even more significant. It was an experience He wanted to leave them with and, in many ways, it was a culmination of so many of the things He had taught them.

The omission of a servant to wash their feet that evening would have been obvious, and there would have been an uneasiness about sitting down to have a meal without having everyone's feet washed. It wasn't an oversight. It would have been a glaring issue that everyone was thinking about. We have seen previously the disciples competing for positions of importance and who would be the greatest. Jesus reminded them that the greatest among them would be a slave (Matthew 20:20-28). The disciples have likely all been silent about the foot washing because they're afraid Jesus would ask them to do it, making them look like the lowest of the disciples. There is a tension in the air before He quietly begins stripping down to perform the act Himself. Washing the disciples' feet was a precursor to the sacrificial love Jesus would soon model

on the cross. He goes on to say that He wants for the disciples to display this same humility and self-sacrifice to others. Jesus isn't saying, "Now, go wash everyone's feet." He is saying, "Now, go love people by putting them above yourselves."

Later in the meal, Jesus tells the disciples that displaying this humble, self-sacrificing love is how people will recognize His followers. He says, "A new command I give you: Love one another as I have loved you, so you must love one another. By this everyone will know that you are My disciples if you love one another." (John 13:34-35).

What Jesus says is quite plain. We should love others in the same way that He loves us. This kind of love is sacrificial and self-giving. He had no thought for His own safety, but readily put His own life at risk. He was preparing us to risk pain and suffering and love others unconditionally. His love is genuine, honest, caring and compassionate. This type of love is not turned off and on by fleeting passions, or emotional highs. It does not draw a line and say this is too much to ask. His love knew no limits.

It doesn't take too much imagination to realize that this command of Jesus is one that we take too lightly. To love as Jesus loves us seems way out of our reach. To let love rule everything we say and do seems almost impossible. We fail again and again. That's not to say we should give up, but it does mean that we need the love of Christ more than ever before. We need His unconditional and unfailing love to forgive us for our lack of love. Thank God that Jesus doesn't love us like we love others. Jesus' love for us creates the potential for us to love unconditionally and sacrificially. The Lenten season is a great time to realign our passion to serve our Master. It is humbling to know that our feet will need cleansing after the journey ahead.

The TR Times
Vision Statement
 To be a trusted source of information for the TR Community.
Mission Statement
 To promote activities and events, recognize achievements, encourage resident support of our advertisers and report topics of interest in a manner that positively supports the TR Community.

The TR Times
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TR Church Association

Choir Rehearsal
 Friday, 8:45 a.m.
 Bernie Gutridge

Bible Study
 Sunday, 9:30 a.m.

Worship Service
 Sunday, 10:30 a.m.
 Pastor Anthony Shipe

Holy Communion
 Second Sunday of the month.

Sacred Heart Catholic Church

32145 Saint Joe Road
 Dade City, Florida 33525

MASS SCHEDULE
Vigil Mass
 Saturday, 4 p.m.
Sunday Masses
 8 a.m. & 10:30 a.m.
Daily Masses
 7:30 a.m. Monday - Friday

RELIGIOUS EDUCATION CLASSES
 Sunday 9:05 a.m. - 10:20 a.m.
 Rev. Krzysztof Gazdowicz, Pastor
 (352) 588-3641



The Siren



by Jean Bjorgen, Retired EMT

TR First Responders will be providing CPR and AED training on Tuesday, Feb. 20 at 3 p.m. in Busch Hall to TR residents and guests.

We at TR are of the age, 55 and older, when heart attacks become a concern. Heart disease is a fact of life and so dealing with it proactively is advantageous.

As a lead up to the training, this is a good time to review the signs and symptoms of a heart attack. It is interesting to note that 70 percent of men and women who have heart attacks experience the same symptoms.

- Symptoms may include:
- Pain or discomfort in chest, arms, jaw, neck, back or left shoulder.
 - Difficulty breathing or shortness of breath.
 - Sudden excessive sweating without exertion.
 - Indigestion or choking feeling -

- feels like heartburn.
- Nausea or vomiting.
- Rapid or irregular heartbeat.

Thirty percent of women who experience heart attacks have the following symptoms:

Extreme fatigue. This is not the kind of fatigue one might experience after a busy day. This fatigue is excessive and may occur suddenly after doing something as simple as making the bed or walking the dog.

Shortness of breath that worsens when lying down and improves when sitting up. Feeling short of breath when not exercising is also a symptom.

Inability to do what you were able to do before. If you have been able to walk a mile routinely breathing normally but then one day have to stop several times to catch your breath, it may be a symptom your heart is in distress.

The heart is sending distress signals. It is registering an attack. It is imperative to get help at this time by calling 911.

Heart failure will likely occur if these signs and symptoms are ignored. Sometimes heart failure occurs without any of these symptoms but that is atypical. Heart failure is when the heart ceases to pump. Heart failure is when CPR and AED assistance is needed.

Healthy Tips

by Donna Neer, RN, Retired

I have been writing articles for *The TR Times* since 2011. Where has the time gone? Here we are in the middle of the 2023-24 TR Season, and I find myself pondering what topic to address first. My pile of resource material is extensive and when going through all the articles I came across some interesting ones discussing health-care providers for adults. Who are these doctors and what differentiates them from other healthcare providers?

Generally speaking, most of us benefit from the care of either a family practitioner or we see an internist. A family practice physician can serve as your primary care doctor. He or she can meet the medical needs of an entire family from birth to old age.

An internist does not deliver or care for babies or children, nor do they perform surgery. An internist receives in-depth training in adult medicine and can treat you for something as routine as the flu, or provide in depth care for diseases such as diabetes, hypertension, heart disease, etc. An internist can be either a D.O. or M.D.

That brings up another discussion. What is the difference between a D.O. and M.D.? I have two very dear friends. Both are females and both specialize in internal medicine. One is a D.O. and the other is an M.D. I would trust my life with either of them. Both are excellent physicians, have very busy practices in our county at home, and both are highly respected in the medical community.

M.D. stands for Medical Doctor while D.O. stands for Doctor of Osteopathy. Both types of doctors are fully qualified to treat patients, but they approach treatment in a very different manner. According to the American Osteopathic Association (AOA), a D.O. regards the body as an integrated whole with required training in understanding the muscular-skeleton system. In addition to graduating from an accredited medical school, both types of physicians must do a three to eight year residency in their chosen speciality. All 50 states provide licensure for both the M.D. and D.O.

I remember years ago, I had two female patients in the same

room and both had knee replacements done that particular day. One surgeon was an M.D. and the other a D.O., both of whom were highly respected at the hospital. The patient whose surgeon was the D.O. received a multitude of vitamins as part of her post-surgical care whereas the other did not. Both patients were of similar age and both were in excellent health. In as much as both patients did well with physical therapy, it is my opinion that the patient who received the vitamins healed faster and responded to therapy better with a day earlier discharge from the hospital. Keep in mind, these were the good 'ole days when patients were not limited in the days spent at the hospital post surgery.

I personally utilize a D.O. as my primary care physician at home in Ohio and I have found a wonderful doctor here in Zephyrhills who is an M.D. Both are excellent physicians.



Where do the recyclables go

by Dean Peters, Residents Waste Management Committee

After we go to all the trouble of separating our recyclable cardboard, paper and containers, does it really get used again?

TR 2nd V.P. Barry Sellick and I visited a Material Recovery Facility in St. Petersburg in December of 2022 prior to the launch of our program. The Board and Management wanted to be aware of the entire cycle, from the bins of TR to the baled material ready for market.

This facility processes about 5,000 tons a month of recyclables, including those from Pasco County which, of course, includes TR's contribution. The plant is well organized mayhem.

I spoke recently with the

Manager of Recycling for Pasco County in order to get an update on the marketplace for recycled material as well as a better sense of the relative proportions of material.

It was surprising to learn that OCC (old cardboard containers) and mixed paper make up almost 65% of the recycled material in Pasco County. This large percentage is due in no small part to the change in buyer habits. It's called Amazon.

The next largest percentage is the single-use plastic water or pop bottle at 10%. These are percentages by weight so that means there are a large number of those bottles. (You have seen other articles on the single-use plastic water bottle and you will see more.)



Additional materials include other plastic containers 5%, aluminum cans 2%, steel cans 3%, and finally glass and other containers at 7% each. You will recall that

glass is not recycled in Pasco County, but still ends up in the wrong bin.

When I told Rochelle, the manager, of our success at TR, she was very pleased. She was most helpful in the development of the program and continues to be supportive in dealing with questions, one of which was "What is the market like for these materials?"

"The relative dollar value for most of these materials is very sensitive to conditions in the marketplace including global issues such as war, supply chain disruptions and, of course, the

fluctuating price of a barrel of oil," she said.

It reminded Barry and me of our visit to the sorting facility in 2022. In the Plant Manager's office was a big blackboard where you could see the weekly price for cardboard, or aluminum or HDPE plastic. They watched those numbers very closely in order to maximize their revenues.

Rachelle noted that the market continues to perform, with typical variations, and she assured me that our efforts continue to be worthwhile.

Thank you for your continued support of our Program.

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- Norman & Muriel Roy, Zephyrhills

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Activity Affairs



GUY WEIK

by Guy Weik

It's that time of the year again, folks. I need to distribute next season's Activity Update Forms so that I can get everything scheduled before we leave TR. This is like a massive jigsaw puzzle, trying to make all 138 pieces of the Activities Schedule fit together.

Please check to make sure all areas of the form that apply to your activity are filled in. After the name of your activity and its category, (regular activity, special event, or approved fundraiser), please include your name and information. Phone numbers change rather frequently around here, so this lets me know if any of the previous year's contact information is no longer being used. If you are no longer the contact person for your activity, the next section lets me

know who is taking over. This information, minus emails, is the basis for the Activity Contacts listed in the "TR Directory" and the Bulletin Board published weekly in *The TR Times*.

Target dates are very important, now that the daily schedule appears on the monitor outside the Post Office. Regular activities need a start and end date, typically the first or last of your activity's meeting day in the months you think your activity will start and end. If you put nothing, January to March will be the default. The building schedules in the booklet denote activities starting in January with an asterisk, and once it's printed, this can't be changed. I try to have the monitor's scrolling schedule be as accurate as possible, so residents don't show up for activities that are not meeting yet, especially in November and December.

Finally, you'll notice on InTouchLink some activities have a small blue "i" in a circle. If you include a description of your activity at the bottom of the update sheet, I add it to the entry. If residents touch the "i," they'll see your description here. Please try to keep your descriptions short.

NOTE: "TR Directory" updates are at the bottom of the Bulletin Board on Page 9 of this issue.

Book Browsers

by Nan Lance

The TR Book Browsers will continue to meet on alternate Wednesdays throughout February and March. Our next meeting is on Wednesday, Feb. 28, when we will be discussing "West with Giraffes" by Lynda Rutledge. Following meetings will discuss Barbara Kingsolver's "Demon Copperhead" on Wednesday, March 13 and "The Reading List" by Sarah Nisha Adams on March 27. All meetings are at 2 p.m. in Citrus West. Please join us.

Ahoy New Englanders

by Kathy Fuller

The New England Annual Luncheon is scheduled for Sunday, Feb. 25 at 12:30 p.m. in Citrus East. Bring your favorite casserole to share and enjoy the fun and fellowship. A sign-up sheet is posted on the Park Activities Bulletin Board in Busch Hall. You will need to bring a serving utensil for your casserole along with personal place settings and beverages.

Questions? Please contact Kathy Fuller at 860-302-1367.

KY, TN and WVA Luncheon

by Judith Fischer

The potluck luncheon for Kentucky, Tennessee and West Virginia is Sunday, Feb. 18 at 12:30 p.m. in Citrus East. Anyone who has ties to Kentucky, Tennessee or West Virginia or wishes they did are invited to join us. Please bring a covered dish or two to share, your table service and your beverage.

A sign-up sheet is posted in Busch Hall. Contact Judy Fischer at lot 11-27 or 502-797-3788, Linda Gough at lot 11-14 or 615-400-3332, or Deborah May at lot 11-22 or 304-888-8207, if you have any questions. We hope to see you there!

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Quilt-A-Rama needs you!

by Joan Ledbetter

We need all those who sew and non-sewers to come help out at this year's Quilt-A-Rama. We will be making quilts for the women and children who find the need to come to Sunrise Domestic Violence and Sexual Assault Shelter in our community.

Quilt-A-Rama takes place on Tuesday, Feb. 27 from 9 a.m. until 3 p.m. in Busch Hall.

We hope to see you there.



Coffee Seminars

by Billie and Randy Doell

The following Coffee Seminars will be presented at 8 a.m. in Busch Hall.

February

- Tuesday, Feb. 20 – Fall Preventions.
- Thursday, Feb. 22 – Diana Hill presents an introduction to Skymed.
- Thursday, Feb. 29 – Dr. Staci Holweger on wearable wellness.

March

- Tuesday, March 5 – Encompass Health presents invaluable information on stroke care.
- Thursday, March 7 – Red Dots special speaker.
- Tuesday, March 12 – Florida Crime Prevention Task Force.
- Thursday, March 21 – Florida Crime Prevention Task Force.

Golden Anniversary Dance

by Pam Watkins

The Travelaires Orchestra invites you to participate in tonight's dance to honor TR's golden anniversary celebrants for 2024. Stories and photographs of the nine couples who will be recognized this evening appeared in the Feb. 9 issue of *The TR Times*.

Please join us tonight, Feb. 16 at 7 p.m. in Busch Hall for this free event. All attendees are welcome to bring their snacks and beverages.

Indiana Luncheon

by Carol Yoder

"Back Home Again in Indiana"

"Back home again in Indiana
Where it seems that I can see,
The gleaming candlelight still
burning bright
Through the sycamores for me
The new mown hay sends all it's
fragrance
From the fields I used to roam
When I dream about the
moonlight on the Wabash
Then I long for my Indiana
home."

~ James Hanley and
Ballard McDonald (1917)

This beautiful old song definitely brings back memories of our Hoosier State. Join us for Indiana Day on Wednesday, Feb. 21 at 11 a.m. for a delicious lunch at Papa Joe's Restaurant located at 6244 Spring Lake Highway, Brooksville.

We will be ordering off of the lunch menu. Each attendee will be responsible for the cost of their meal and tip. Please contact Carol Yoder at lot 19-24 or 260-820-3481 by Monday, Feb. 19.

It's not just breakfast; it's community



Photo submitted by Rosita Williams

The Coffee Social workers are: Rosemarie Kuharick, Libby Trimble, Debbie Etchill, Dee Manos, Emily Fly, Jeri Miller, Jim Matkovich, Linda Gelinas, Connie Beachy, Roxy Bass, Pat McCallum and Rose-Anne Boucher. Missing are Judy Hice, Diane Krupicka, Sharon Motycka, Cherie Richman and Nancy Moschler.

by Rosita Williams

Early each weekday morning an incredibly special thing takes place here at TR. A unique set of volunteers faithfully rises early and makes their way to Busch Hall. Like a well-oiled machine, the tables and chairs are set up; the coffee, hot chocolate and tea are prepared; the jumbo muffins, bagels and English muffins are readied; the apple and cherry turnovers are placed in the oven; and condiments are conveniently displayed. Promptly at 7:30 a.m. the serving window opens for business. This is the Coffee Social coordinated by Jim Matkovich with his team of men who set up the eating area and the lovely ladies who man the kitchen.

The Coffee Social has traditionally been a well-attended event. Residents and guests gather to start the day by socializing with neighbors and friends. A well-received extra has been the Coffee Seminar where TR folk can glean helpful information on a plethora of topics while enjoying the wonderful breakfast fare. Attendees were able to get tips and tricks on many fun and interesting topics. One of my favorites was a presentation by Ken Langell about fly fishing.

We envisioned Busch Hall as our "river" and learned proper techniques for using all the neces-

sary equipment that would lead to success.

When COVID visited us, the Coffee Social as well as many other activities, was forced to be put on-hold. Now that we have leveled off to the new normal, we continue to rebuild this activity.

Rose-Anne Boucher has become the Chief Coffee Social Cheerleader. Rose-Anne has replaced Arline Lawrence who held the role for many years. Arline's presence is missed by team members as well as employees, residents and guests. Rose-Anne is doing a fantastic job in recruiting volunteers and marketing this somewhat neglected activity.

Every Tuesday is Canada Day when Tim Horton's Coffee is served for your tasting enjoyment. Chai Tea is also available to bring you to your Zen moment. Breakfast sandwiches, burritos and platters were added to the menu for a brief time this year. Unfortunately, some of our residents were unable to get up early enough to enjoy the offerings, so this portion of the menu has been removed.

Do not let the season end with you missing out on a fantastic opportunity for good food, good talk and good fun to start off your day the TR way. Join us as we continue to build and celebrate our atmosphere of community!

Michigan Luncheon

by Tawnya Rowden

Come and feast with your Michigan friends on Saturday, March 2 in Citrus East. The social starts at noon with luncheon to follow at 12:30 p.m.

Please sign up on the Activity Bulletin Board in Busch Hall. There is no charge for this event. Just bring your own table setting, two dishes to share, a beverage and a smile.

If your dish includes allergens, e.g., peanuts, gluten, tree nuts, or animal products such as meat, eggs, cheese or milk, please label. Contact Tawnya at 231-271-3325 with questions.



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Look, up in the sky! It's a bird, it's a plane, no it's a new antenna



Photos by Bill Watkins

Jean Zigrosser and Sue Wendt keep an eye on what is going on.

The antenna boasts new equipment.

Jim Johnson checks out progress with his binoculars.

TR Amateur Radio Club members attend HamCation



Photo by Dan Zile

The antenna won't work without the proper wiring so Jim Johnson handles the situation.

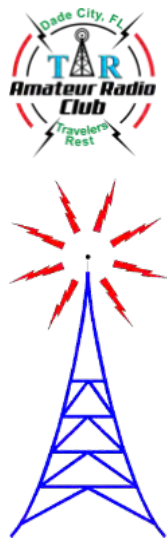


Photo by Dan Zile

HamCation sees 21 Amateur Radio Club members in attendance.

by Dan Zile

HamCation is the second largest Amateur Radio convention in the U.S. It is held annually the first weekend of February in Orlando. Amateur Radio operators from all over the U.S. and some foreign countries gather for the three-day convention. Forums offer instruction on new radio and antenna innovations, and we learn details about new technology that extends our understanding of various aspects of our hobby.

Numerous commercial vendors display their current products for sale, as well as just-released products. In

addition, there are many ham operators with used and very usable equipment for sale. There are ham "tailgaters" selling anything ham radio related from the back of their pickup or on tables outside their campers. In other words, a portion of the convention is a huge, ham radio flea market. If you can imagine it, you can find it! To be honest, there is a lot of "junk" to be purchased by just the right buyer.

The TR Amateur Radio Club was well represented at this year's HamCation with 21 people in attendance. Of the TR attendees, 18 are actually licensed hams. Six travel trailers/motor homes caravanned to Orlando and camped on the Central Florida Fairgrounds location of the convention. There are hundreds of campers here, and most were envious of our beautiful lakeside sites. While the official numbers are not yet released for this year, last year's convention was attended by over 25,000 people.

Why do we leave TR to attend this convention? It's an event where we meet old friends and make new like-minded friends much like TR. Members often purchase new or used radios or antennas for their personal use. We also increase our understanding of the technology associated with our hobby. That increased knowledge adds "value" to the TR community, ensuring that we are prepared to communicate in case of an emergency.

New equipment adorns radio tower

by Dan Zile

The TR Amateur Radio Club has been planning the replacement of old and some defective equipment atop the tower behind the Hobby House.

The two-year project has consumed many volunteer hours in planning and implementation

performed by many members of the Club. By the time this article is read, this project should be almost complete. This renovation also permits the Christmas Star that adorns the night sky at TR during the Christmas season to be easily raised and lowered.

TR Woodcarver Elaine Trescott



Elaine Trescott shows her completed goldfinch project.

by Elaine Trescott

Linda Murphy has asked us all to write about the Woodcarving Class. This is my second year and I very much enjoy it. I had never done any carving before this class. With Linda's help and guidance, I carved a bird and two whimsical houses last year. This year I am working on a dolphin and two birds.

The class is enjoyable. Everyone is friendly and encouraging. Even if you have never done any carving before, with Linda's help you can have a project and enjoy yourself at the same time.



Photos by Linda Murphy

Two whimsical houses that Elaine carved from northern cottonwood bark, beautifully colored.

Model Railroad Club news



Photos by Brian Krupicka

Very skillful creations.



by Brian Krupicka

I hope you were able to see our layout display last week. We had a great deal of interest and several people wanted to attend our next meeting. All skill levels are welcome to come and see what we are doing and creating. Please join us on Fridays, 9:30 a.m. to noon, in the Jeri Miller Activity Building.

If you have any questions, contact Brian Krupicka at TRTrains@dbcomserv.com or call 630-961-1243.



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Bulletin Board

Travelers Rest Resort Activities

ACOUSTIC JAM SESSION

PICKIN' & GRINNIN' - Wednesdays, 3:30-5:30 p.m., Hobby House. December thru March.
Rob Werner
Harold Keefer

BRASS ENSEMBLE

Wednesdays, 2:30 to 4 p.m. in the Jeri Miller Activity Building. All Brass players welcome!
Bill Watkins

CRIBBAGE

Mondays, 6:30-9:00 pm, in the Jeri Miller Activity Building. January-March.
Bob Luther

GAMES NIGHT

Mondays, 7 to 9 p.m. at Snack Shack Pavilion. Non-contact games. New game each week. January-March.
Linda Smith
Joan Colao

AMATEUR RADIO CLUB

2nd and 4th Thurs., 6:30 p.m. in the Jeri Miller Activity Building. November-March Meetings open to all. Amateurs can check into the 8 a.m. Two Meter Net on 146.430 Mhz Monday thru Saturday.
Dan Zile

BRIDGE: BEGINNERS

Tuesdays, 1 to 3 p.m. in Hobby House. January-March.
Jim Weigand

DIGITAL PHOTO- CAMERA

Mondays, 9:00 a.m. to noon in Jeri Miller Activity Building. January 8-February 12 (6-week class).
Carey Box

GARDEN CLUB

Tuesdays and Thursdays, 9 to 11 a.m. at Lake Margaret.
Stacy Grier

AQUATICS - (WATER AEROBICS)

Mondays, Wednesdays, and Fridays 9:30 to 10:30 a.m. at the pool. Year Round.
Linda Smith

BRIDGE: INTERMEDIATES

Tuesdays, 1 to 3 p.m. in Citrus West. January-March.
Connie Bradley

DIGITAL PHOTO- POST PROCESS

Tuesdays, 1 to 3 p.m. in Citrus East. January 9-March 18.
Carey Box

GENEALOGY

Fridays, 1:00 to 2:30 p.m. in Citrus East. December 15-March.
George Adamson

BALLROOM DANCING

Mondays, 7 to 8 p.m. in Busch Hall. January 10 thru March 31.
Jeffrey Duquette

BRIDGE: PARTY/PARTNERS

Party Bridge with partners - Tuesdays and Thursdays, 6:30 to 9 p.m. in Citrus West. Partner not required. Singles will be teamed up. January-Maarch.
Jen Furman

DINING WITH FRIENDS

2nd Saturdays, Busch Hall, 5 to 7:00 p.m., January thru March.
Harold and Marlene Hughes

GEOCACHING

Tuesdays, 9 to 10 a.m. in Citrus West. Outings 10 a.m.-3:00 p.m. January thru March.
Barbara Colson

BEADAHOLICS

Mondays, 10:15 a.m. to 12:00 p.m. in Citrus East. January 8 thru March 25.
Kathy Kushman
Kathy Lemke

BULLETIN BOARD IN BUSCH HALL

For information or help with a notice or ad contact:
Betsy Behler
Guy Weik

DOMINOES

Thursdays, 6:30 to 9 p.m. in Busch Hall. January-March.
Linda Gough

GOLF - LADIES LEAGUE

Wednesday mornings at 9 a.m. at Starter Shack.
Sandy Nelson

BIBLE STUDY- CO-ED

Mondays, 5:30-7:00 p.m. on the Busch Hall Stage.
Anthony Shipe

CALLIGRAPHY

Fridays, 7 to 8:30 p.m. in the Jeri Miller Activity Building. November-April.
Richard Peebles

DULCIMER JAM

Thursdays, 6:30 to 9 pm in Citrus East. October-April.
Lois Showers

GOLF - MENS LEAGUE

Thursdays at 8 a.m. and 10 a.m. at Starter Shack.
Barry English

BIBLE STUDY, WOMEN'S

Tuesdays, 3:00-4:30 p.m. in Citrus West and 7-9:00 pm in Busch Hall Green Room. January 9-February 27.
Rosita Williams

CHOIR PRACTICE

Fridays, 9:30 to 11 a.m. and Sundays 8:45 a.m. in Busch Hall. Join us.
Bernie Gutridge

DULCIMER LESSONS

Mondays in Citrus West. Beginners: 9 to 10 am. Intermediates: 10 am to noon. January-March.
Lois Showers

GOLF - SCRAMBLES

2nd, 3rd and 4th Saturday mornings at 9:00 at Starter Shack.
Tom and Pat Butler

BICYCLING

Tuesdays and Fridays, meet at 8:45 a.m. at parking lot behind Busch Hall. Watch Cycling Bulletin Board in Busch Hall for rides.
Susan Delaney

CHURCH ASSOCIATION

Sunday Activities: All events in Busch Hall, 8:45 a.m.: Choir Practice 9:30 a.m.: Bible Study. 10:15 a.m.: Hymn Sing. 10:30 a.m.: Worship service, Holy Communion 1st Sunday of the month.
Anthony Shipe, Pastor

ENTERTAINMENT SUNDAYS

Announcements begin at 6:45 p.m. with program following. Performances will be in Busch Hall.
Ken and Sandy Langell

GOLF ASSOCIATION MEETINGS

Monthly meeting 2nd Thursday, 1 to 4 p.m. in Hobby House. All members/golfers are welcome. December-March.
Roy French

BINGO

Nov.-Dec.: 1st and 3rd Saturdays; January-March: Weekly. 7 to 9 p.m. in Citrus East.
Linda Smith
Jim Walsh

CHURCH COMMITTEE

3rd Fridays, 1 to 3 p.m. in Jeri Miller Activity Building. November-April.
Bill Wise

EUCHRE

Fridays, 7 to 9:00 p.m. in Citrus East.
Chairperson Needed

GOLF LESSONS

Tuesdays, Practice Range with all levels of expertise from 9 to 11 a.m.
Joan McLean

BIRDING

Tuesdays, 8 a.m. at Post Office Veranda. Bring binoculars and cameras. November-March.
Tom Butler

CLOGGERS OF TR

Tuesdays and Thursdays 9 to 11:30 a.m., Saturdays 10 to 11:30 a.m. in Citrus East.
Donna Neer
Donna Smith

FIRE/RESCUE 33

Firefighters-Tues, 9 to 11 am- Fire Station. First Responders-Tuesday, 11 to 1, JMAB. Thursdays, 8:30 am to 12:30 p.m., Paul Rife Room. Business Meeting - 3rd Tuesdays, 9 a.m. in Paul Rife Room.
Larry Polzin

HABITAT FOR HUMANITY

Volunteer to help build homes in Pasco County. Projects January thru March TBA.
Vince Smith

BLOOD DRIVE AT TR

Blood drives are held the 1st Monday in December and March. The Blood Mobile will be parked next to the TR Fire Station from 8 a.m. to 2 p.m. unless announced otherwise.
Ken Neer

COFFEE & DONUTS - RADIO CLUB

1st Saturday (during Flea Markets), and 3rd Saturdays during Yard Sales. 8:30 to 11:30 a.m. or until sold out. Donuts and coffee served in Busch Hall. Nov.-Mar.
Dan Zile

FIVE CROWNS

Wednesdays (non-concert nights only), 6:30 to 9 p.m. in Citrus West. November-April.
Jackie Thackery

HAND AND FOOT

Thursdays, 6:30 to 9 p.m. in Busch Hall. November-March
Diane & Brian Krupicka

BLOOD PRESSURE SCREENING

Tuesdays, 10:30 to 11 a.m. in Paul Rife Room.
Larry Polzin

COFFEE SEMINARS

Thursdays, 8 to 9 a.m. in Busch Hall. Watch The TR Times and online calendar for updates.
Billie Doell

FIVE HUNDRED - CARDS

Saturdays, 6:45 to 9 p.m. In Citrus West. November-March.
Pat McCallum

ICE CREAM SOCIAL

Sundays, 6:15 to 6:45 p.m. in Busch Hall.
Rosita Williams

BOCCE

Scheduled games and competitions, Mondays, Wednesdays, Thursdays, Fridays and Sundays at 1:30 p.m. Tuesdays at 7 p.m. December thru March.
Jim Ridolfi

COFFEE SOCIAL

Monday thru Friday, 7:30 to 9 a.m. in Busch Hall.
Jim Matkovich

FLEA MARKET

Flea Markets are held in Busch Hall the first Saturday of each month, November thru March, 8:30 to 10:30 a.m. Setup at 7 a.m. Coffee & donuts for sale.
Rick and Amy Peebles

IPHONE CLASS

Thursdays, 12:30 to 2 p.m. in Jeri Miller Activity Building. January-March.
Susan Stahley

BOOK BROWSERS

2nd and 4th Wednesdays, 2 to 3 p.m. in Citrus West.
Nan Feeney Lance

CORNHOLE

Wednesdays, 7-9:00 pm, at the Shuffleboard Courts. January 17-March.
Dan Varner

FRIDAY AFTERNOON LIVE!

Certain Fridays, 3:30-5:00 p.m. at The Grove Stage. Check dates in the InTouch app and TR Booklet.
Donna Probes

JOKER

Mondays, 6:30 to 9 p.m. in Citrus West. Fridays, 6:30 to 9 p.m. in Citrus West.
Bob & Deb Englert (Mon.)
Deborah May (Fri.)

BOWLING

Fridays at 2:00 p.m. at Pin Chasers Bowling Lanes, Zephyrhills. Dec. 1-March 22.
Lin Buczek

CREATIVE ART GROUP (CAG)

Wednesdays, 3 to 5 p.m. in Citrus West. January-March.
Linda Spencer

FRIDAY NIGHT DANCES

Fridays from 7 to 9 p.m. in Busch Hall, starting January 19. The dance schedule and themes are listed in the TR Booklet and the InTouch app.
Sharon Fosnight

JUBELLATION

Mondays, 10:30 a.m.-12:30 p.m. in Busch Hall. November-March.

**Bulletin Board***Travelers Rest Resort Activities*

KARAOKE Most non-concert Wednesdays, 7 to 9: p.m. in Busch Hall. December-March. Check InTouch schedule. Glenn and Gabriella Young Alan West	PENNY POKER Wednesdays, 7-9:30 pm, Hobby House (January-April). Michele Wilkins	SHUFFLEBOARD Tuesdays, 1 to 3 p.m., Competition. Thursdays, 1 to 3 p.m., Dime Day. Richard Von Qualen	VETERANS MEETING 2nd Mondays, 10:03 to 11 a.m. in the Hobby House. All year. Darold Long, Commander
KNOTTY KNITTERS Thursdays, 9:30 to 11:30 a.m. in Citrus West. All year. Diane Fisher	PET LOVERS CLUB 2nd Mondays, 3 to 4:30 p.m. in the Jeri Miller Activity Building. January - April. Kim Roberts	SNACK SHACK Currently weekdays, 11:30 a.m. to 1:30 p.m. Additional volunteers needed to add a Saturday crew. January 8-March 22. Lee Brenn Mickey Cobb	VILLAGE HAPPY HOUR Thursdays, 4 to 5:30 p.m. at host residence. Meet in Hobby House if temperature is <60 or if it's raining. November thru April. Mario Noll
LEFT, CENTER, RIGHT GAME Non-dance Fridays, 7:00-9:00 p.m. in Busch Hall (1/26, 2/9, 2/23, 3/8, 3/22) Gary Dietz	PICKLEBALL Over a dozen Pickleball activities from beginner to competitive play offered weekly. Check Outdoor Activities in the TR Booklet and InTouch app for current schedule. Delia and Carey Box	SPORTS CLUB Meet in the Jeri Miller Activity Building, 2nd and 4th Tuesdays, 7 to 8 p.m. (October-May) All welcome. Ray LoPresti	WAIST WATCHERS Thursdays, 8:30 to 9:15 a.m. in the Hobby House porch. Jackie Thackery
LIBRARY Located in northwest corner of Busch Hall. Open 24/7. Honor system sign-out. Please reshelve your own books if you can. If not place in cart behind desk. Meetings: 1st Tues., 1:30 p.m. SSP. Mary Kosbab Kay Blunda	PINOCHLE Thursdays, 6:30 to 9 p.m. in Busch Hall. John Delaney	STAINED GLASS All times in Jeri Miller Activity Building, January-March: Mondays, 12:45 to 2:45 p.m. Wednesdays, 4 to 6 p.m., Fridays, 3:30 to 5:30 p.m. Instructor - Shari Harberts Shari Harberts Laura Appar	WINTER WALKING AEROBICS Monday thru Friday, 7:15 to 7:45 a.m. in Citrus East. November- March. Gloria Polzin
LINE DANCING (IMPROVERS) Mondays and Thursdays, 1 to 2:30 p.m. in Citrus East. January 8-March 23. Alex Adair	POKER TEXAS HOLD'EM Tuesdays and Saturdays, 7 to 9:30 p.m. in the Hobby House. Tom Thompson	TAI CHI Mondays (except 2nd Mondays) and Thursdays, 10-11:00 am, Hobby House. (January 11-March 28). Kathleen Sanders	WATERCOLOR PAINTING Wednesdays, 1 to 3 p.m. in Citrus East. November-March. Amy Grier
LINE DANCING (BEGINNERS) Tuesdays, 10 to 11 a.m. in Busch hall and Saturdays 3 to 4 p.m. in Citrus East. Jan. 2-March 23.. Alex Adair	POWERBOAT RACING Mondays and Fridays, 8 a.m. to noon at Mirror Lake. Howard Best Don Meddles	TABLE TENNIS/PING PONG Mondays and Thursdays, set up at 2:30 p.m., play from 3 to 5 p.m. in Citrus East. Extra paddles available. Ron Hicks	WEIGHTS & STRETCHING Mondays, Wednesdays and Fridays, 8 to 9:00 a.m. in Citrus East and West. Year-round. Sheila Schencke
MAH JONG CHINESE Mondays and Fridays, 12 to 2 p.m. in Citrus West. Marcia Hatfield	PRAISE & WORSHIP Contemporary Church Services - 1st and 3rd Saturdays, 4:30 to 5:30 p.m. in Busch Hall. December - March. CANCELED. Marty Schencke	TENNIS Open play, Mondays- Fridays, 9 to 11 a.m. November-April. Betty Teichert	WELCOMING COMMITTEE 2nd and 4th Thursdays, 11:30 a.m.-1:00 p.m., Citrus West. Diana Hill
MAH JONGG - NATIONAL PLAY Mondays, Wednesdays and Fridays, 1 to 3 p.m. at Hobby House. Lessons on Mondays. Bette Gorman	QUILLING ON A BUDGET Thursdays, 1:15-3:30 p.m. in Citrus West. Pat Daubenmier	STONE & TIGHTEN Mondays, Wednesdays and Fridays, 9 to 10 a.m. in Citrus East. Strengthen your muscles. Bring mat and weights. January-March. Bev Weissinger Louise McRoberts	WIZARD Tuesdays, 6:30 to 8:30 p.m. in Busch Hall. November-March. Imma Smith Gary Smith
MATS FOR THE HOMELESS Thursdays, 9:30 to 11:30 a.m. in Busch Hall Lorraine Gould	QUILTING Thursdays at 9:30 a.m to 3 p.m. in Busch Hall. 2nd Thursday Guild Meeting/Show and Tell. Pat Greene Cloie Morgan	TR ROADRIDERS MOTORCYCLE 1st Mondays, 7 to 8 p.m. in Hobby House to plan rides. Tuesday Rides: 8 a.m.-noon. Thursday rides: 9:30 a.m.-4 p.m. Meet at Busch Hall parking lot. (January-April). Phil St. John	WOOD SHOP Monday thru Friday, 8 a.m. to 2:45 p.m. October-May. Membership \$20. Larry Kurkowski
MEN & WOMEN POPS CHORUS Wednesdays, 12:30 to 2 p.m. in the Jeri Miller Activity Building. January-March. Mary Beth Coldren	RC AIRPLANE FLYING Parlor - Thursdays, 3 to 5 p.m. and Saturdays, 1 to 3 p.m. in Busch Hall. Outdoor - Tuesdays, 8-11:45 a.m. , at the Golf Course 9th hole. James Morrow, Sr.	TR SINGING MEN Wednesdays from 9 to 10:30 a.m. in the Jeri Miller Activities Building. All men are invited to sing along. Ron Reeve Gene Gough	WOODCARVING Wednesdays, 9 a.m. to noon in Citrus West. January-March. Linda Murphy
MIRROR LAKE YACHT CLUB RC Powerboat and Sailboat Activities at Mirror Lake. Powerboat Races: Mondays and Fridays 8 a.m. to noon. (January 1-March 15) Jerry McRoberts, Commodore	RC MOTORSPORTS Wednesdays and Saturdays, 9:30 a.m. at RC Motorsports track by the Snack Shack. John Toombs	TR TRAVEL Planned events advertised on Travel Board in Busch Hall. Watch for articles in TR Times. Sharon Gilbert Zile	YOGA Restorative Yoga (Improves flexibility): Tuesdays, 7:15-8:15 a.m. Yoga for Athletes: Thursdays, 7:15-8:15 a.m. Both in Citrus West, January thru March. Jean Renee DeTar
YACHT CLUB SAILBOATS Sailboat Open Practice: Tuesdays, 9 to 11 a.m. Sailboat Races: Wednesdays and Saturdays 9 to 11 a.m. (November 22-March 15) Barry Sellick	SOCIAL FOR NEW RESIDENTS Red Dot Social: 1st and 3rd Thursdays, 8-9:00 am in Busch Hall. New residents learn about all that TR has to offer! Diana Hill	TR TRAVELAIRES ORCHESTRA Tuesdays, 12:30 to 3 p.m. in Busch Hall. New members welcome. Pat Daubenmier	ZUMBA Thursdays, 8:30 to 9:30 a.m., in Citrus West. November 30-March 28. Bev Weissinger
MODEL RAILROAD Fridays, 9:30 a.m. to noon in the Jeri Miller Activity Building. Brian Krupicka	ROCK PAINTING Wednesdays, 10:30 a.m.-12:30 p.m. in the Jeri Miller Activity Building. December 6-April 15. Marcia Hatfield	TRAVELOGUE 2nd and 4th Wednesdays, 3 to 4:30 p.m. in Citrus East. January thru March. Bert Contractor	TR Directory updates by Guy Weik Earlier updates can be seen in previous editions of <i>The TR Times</i> . Building Schedules <ul style="list-style-type: none"> Tuesdays: Switch Beginning Line Dancing at 10 a.m. from Citrus West to Busch Hall. Fridays, non-dance, Busch Hall: Left, Center, Right now starts at 7 p.m. 1st and 3rd Saturdays: Praise and Worship canceled for the rest of the season. 1st and 3rd Thursdays: Red Dot Socials now meet in Busch Hall 8 to 9 a.m.
OIL & ACRYLIC PAINTING Fridays, 9 a.m. to noon in Citrus West. January-March. Mary Kubinieć	RUG HOOKING Tuesdays, 9:30 to noon in the Green Room, Busch Hall. A small avid group. Join us and make something beautiful! Tawnya Rowden	TUESDAY NIGHT MOVIES (TNM) Tuesdays, doors open at 6:45 p.m., movie will start at 7:00 p.m., in Citrus East. Movie Night runs January thru March. Jim and Carol Henrikson	All changes, additions or corrections to any Activity. Contact Guy Weik activities@travelersrestresort.com 352-584-6377
OPEN ART STUDIO Mondays, 2-5:00 p.m. in Citrus West. November-March. Sandy Langell	SEW SPECIAL AND EMBROIDERY Mondays, 9:30 a.m. to 3 p.m. in Busch Hall. Welcome to cut out and sew. Bring machine, projects, ideas. 3rd Mondays - Show and Tell. Rosita Williams Laura Lilawski	UKULELE CLUB Tuesdays, 3 to 4:00 p.m. in the Hobby House. Players share tips and tunes without weekly instruction. January thru March. Donna Probes	

Travel News

by Sharon Gilbert Zile

The times, they are a changing! Once upon a time, traveling involved looking at a paper map from AAA, loading the pop-up camper, hopping in the car, driving to our destination and enjoying a few days away. We did not use the word “unplugged,” but we were totally unplugged. We hiked in the woods or went to the beach, cooked on an open fire or Coleman stove and enjoyed family time in a state park campground. Only a transistor radio at night connected my teenage self with the world.

As Dan and I have traveled for most of each recent summer, we have been reminded that not only is technology a part of each of our destinations, the use of technology is an important aspect of trip planning. For example, we no longer use a travel agent to book flights to visit my daughter in Connecticut. Proficient with travel news via the Southwest app on our iPad, we select our flights and check in or pay extra for Early Bird check in. We either print our boarding passes or load the boarding pass bar code on our cellphones for easy retrieval. Technology often increases our flight options and allows us to do our trip planning outside travel agent business hours.

When a camping journey is being planned, our research often includes **Recreation.gov** for Corps of Engineer campgrounds, websites for state parks in the states we will be visiting, or a KOA app on our phones. Reservations are usually required to avoid the disappointment of no available campsite. Reservations may be made online or with a phone call, but the confirmations usually arrive immediately via email. After using Google Earth, Dan selects from the available campsites to match our preferences. Do we want trees or to be near the lake? Close to the interstate for an early departure or as far away from noisy highways as possible? Do we require electricity with 50 or 30 amps, sewer hookups or not and water? Sometimes site selection determines the quality of our TV reception or Internet access. For example, campers using Starlink Satellite Internet/TV service prefer to have a site with no trees. Technology and some planning time allow us to have few unpleasant surprises upon arrival.

In determining routes for arrival at the campground or attraction, a combination of GPS or a mapping program such as “Streets and Trips” or “RV Life Trip Wizard” will again provide



DAN AND SHARON ZILE

options for interstates or our preferred less-traveled “red roads.” Paper maps are only occasionally consulted, often to locate attractions along the route. For our summer trip that included many National Parks, we needed to use **recreation.gov** to schedule our “timed” entrance at several of the most popular national parks. In addition, we used technology to reserve and schedule a jeep ride, a hot air balloon ride, tours and special dinner reservations.

Preparing for the TR Hawaii Island Hopper Cruise has been an entirely different experience than previous cruises. Our travel agent eagerly accepted each booking with a credit card deposit by phone and has been responsive to many of our questions that relate to the booking, billing or cancellation. The Norwegian Cruise Line sends emails regularly, usually to share legal language that eliminates their liability for port changes or amenity unavailability. However, technology seems to be the preferred method for making dinner reservations for specialty dining or to make cabin requests such as distilled water for CPAP machines. Shore excursions organized by Norwegian are described and pictured on the app and reservations are made via the Internet as well. Guest questions are addressed through an online chat, although the wait time does not make online immediate! Phone questions and reservations are possible but often require customer patience while trying to reach the appropriate option on the automated phone tree. The website has additional information if one has the patience to search. Several Facebook NCL customer groups have been more helpful as current Pride of America passengers share their experiences.

Our 58 TR Hawaii Island Hoppers will be flying multiple airlines through a half dozen different connecting cities en route to Honolulu. Most of the TR cruisers will be staying at the Hilton Garden Inn Waikiki for two nights prior to boarding the ship, however some will stay at a military resort and others at a Disney resort. We all expect to board the Pride of America, a 2,500-passenger ship, on March 2. Getting in touch with one another, or even ascertaining that everyone successfully boarded the ship, requires technology. Thanks to our pickleball and Fire Rescue friends, we are using the phone app named TeamReach to connect with others in our private group. We are currently becoming familiar with the app by sending and receiving both private and direct text messages to others in the group. The app also enables the trip leaders to send a time-sensitive announcement to all 58 TR cruisers. In theory, our TeamReach communication on the ship and in the airports should work to keep us connected. Also, we expect to be able to use our personal cell service to send photos and messages to our landlubber TR friends via Facebook, Instagram or texts. It’s a plan and hopefully, it works!

Technology has definitely changed the way we prepare for our trips, the way we determine the route, and the way we stay in touch with the world while we travel. It’s all good, when it works! I must admit, though, to dreams of traveling unplugged for just a little while! Maybe that’s why beaches were created!

“The Internet is becoming the town square for the global village of tomorrow.” – Bill Gates

TR Travel Updates:

The Ybor City and Columbia Bus Tour will depart at 8:30 a.m. on Thursday, Feb. 22. Return to TR is 3:30 p.m. Currently we have a full bus, but are accepting names for the wait-list.

The VIP Tour of Daytona Speedway is scheduled for Wednesday, March 13. Reserve your seat today!



Continued construction on U. S. 98 highway

by John Freed

If you have traveled toward Lakeland on U.S. 98 recently, you may have noticed construction activity. There is a major project underway that will significantly improve the highway in terms of the number of lanes and safety.

U.S. 98 was first commissioned in 1934. Then its entire route was within Florida, traveling from Pensacola to Apalachicola. In 1952, the eastern end was extended to its current end in Palm Beach. In 1955, the western end was extended to Natchez, Miss., a distance of 964 miles. It passes locally through Spring Hill, Brooksville and Dade City and portions share the highway designations for SR 50, 50A, U.S. 41 and U.S. 301.

Between Dade City and Lakeland, U.S. 98 is only two lanes with a 60 mph speed limit for most of this distance. There is moderate to heavy traffic and many access points. It is somewhat hazardous during the day and even more so at night and in bad weather.

The construction project entails several local portions including an extension of SR 56 from U.S. 301 east to U.S. 98. The

part that is the Dade City Bypass from north 7th St. around to south 7th St. will be expanded to four lanes with roundabouts added at the north end at U.S. 301 and at the Old Lakeland Highway near Jarrett Ford. This 1.6-mile length will cost \$38 million.

The next section is from the south end of Dade City at U.S. 301 and Clinton to the Pasco-Polk County line. It will be improved from two to divided four lanes and will include a realignment near Clinton (new SR 52) so U.S. 98 meets U.S. 301 at Clinton rather than south of Clinton as it does now. The cost of this nine-mile part is \$146 million.

The final section in our area is from the County line to the north side of Lakeland where it is already four lanes. The work entails widening the road to a divided four lanes and the nine miles will cost \$123 million.

The speed limit through the construction areas has been reduced to 45 mph. The estimated completion date for the project is 2028 and should result in a safer road that is able to handle the increased traffic that is happening all over central Florida.

Did you know . . . Tsunami is a Japanese word

by Margaret Emmetts

A tsunami is a giant ocean wave that is generated when an earthquake occurs undersea. The wave, which may be undetectable in the open ocean, increases in height as it approaches shore and encounters shallower water. The waves may travel considerable distances inland, depending on the topography of the land. They usually cause catastrophic damage and loss of life.

Tsunamis often travel long distances at incredible speeds. As a result, a tsunami may strike an area that is far distant from the source of the earthquake.

The country of Japan is a series of islands that are situated where several geologic fault lines intersect. It is the movement of the earth along these fault lines that cause earthquakes. This accounts

for the number, frequency and severity of earthquakes that hit Japan. The large waves generated by this seismic activity were given the name Tsunami by the Japanese.

Did you know that there is a warning sign that a tsunami is approaching? If you are at the shore and notice that the water is suddenly being withdrawn from the shoreline, run for cover. The water is being pulled from the shore to generate the tsunami wave.

In Japan and similar countries that are frequently subject to tsunamis, they have warning systems in place. Deep water ocean buoys that are sensitive to pressure changes can forewarn of a coming tsunami. Scientists then activate sirens and cellphone calls to alert citizens to move to high ground.



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Library News



Yard Sale

by Loretta Whatfield

Our TR Library will be participating in the Saturday, Feb. 17 TR Yard Sale. The table outside the Library will have cassettes, DVDs, CDs, notepads and more. Stop by and check out what's available for just a donation.

General nonfiction

The following books are part of the nonfiction section in the TR Library. It is an interesting category covering varied topics such as biography, geography, adventure, guidance and more. These three-to-four-dozen books are located behind Nonfiction History, to the side of the library desk. You will see a display of some of these books on the top shelf in that section in the coming weeks.

Many of these books have the "happy face" on the spine, indicating they have been recommended by other readers.

"The Big House" by George Howe Colt

A family faces the prospect of giving up the family's summer home, an 11-bedroom jumble of gables, bays and dormers in the Cape Cod Area. Run-down, yet romantic the big house stands as a reminder of summer's pleasures and many memories of five generations of weddings, divorces, deaths, anniversaries, birthdays, breakdowns and love affairs. The author spends time there with his family in the final summer before the decision is made to list the big house.

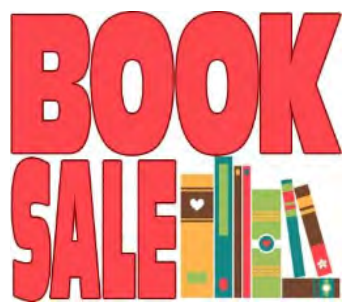
"Becoming Ms. Burton" by Susan Burton and Cari Lynn

We have all heard of Harriet Tubman helping to better the lives of many former slaves. Susan Burton is a black woman who has helped better the lives of thousands of incarcerated women. She has herself gone from prison to recovery and then rose up to help fight for women who had little or no help to better their lives after prison.

Ms. Burton is an impressive advocate who picked herself up from a rough beginning as a child to help women navigate the system, find a home, a job and, in many cases, get custody of their children again.

"The Fred Factor" by Mark Sanborn

This very interesting book is based on the author's postal carrier, Fred, who went above and beyond the call of duty for the people on his route. The author, a well known speaker, is inspired by



Fred, and he points out the four traits that make Fred a success and how it can be part of any one's job to become a success.

"Zen and the Art of Motorcycle Maintenance" by Robert Pirsig

When someone buys that first bike, there is an eagerness to strap on the helmet and hit the open road. Before you do that, learn the basics. This book gives good advice and guidance: the rules of the road, how to dress properly, perform basic maintenance and have a safe ride every time.

Riding a bike is an enjoyable hobby. Owning a motorcycle will bring you years of enjoyment and fun on the open road. From this book learn how to take care of your new bike and learn how to be a seasoned rider in no time.

"Killers of the Flower Moon" by David Grann

This story brings to life the struggles of the Osage tribe, starting with their expulsion from their homelands in Kansas, to an area in Oklahoma, which in the 1920s turned out to be rich in oil.

The story documents the large number of murders of Osage Indians in the days of oil wells. This tragedy brought great wealth but also fear, greed, serial murders, racial injustice, hypocrisy, tragedy and callousness.

Initially, many who made efforts to solve the continuing murders ended up dead themselves. As more murders occurred, the newly established FBI, under Hoover's direction, was involved. The agents started working under new directives, including meticulous reporting and undercover agents.

The title of the book comes from the ancestors of the tribe who had named the May moon the "flower-killing moon" because it brought out the taller flowers in the area, which then shaded the smaller earlier blooms, thus causing them to die.

The cover of "Killers of the Flower Moon" has two "happy faces" on the spine, indicating that many readers have recommended it.

Garden news

by Nancy McDowell

Whichever team won last Sunday's Super Bowl I am sure of three things. First, the game required months of team preparation and hard work. Second, I ate too many wings and nachos. Third, the Puppy Bowl stole my heart. Like a football season, tending to our TR Garden is a multi-month endeavor, both culminating in the "end of season" grand finale.

The Team

Our "coaching staff" includes the club officers. The "players" are the LMGC volunteers, all hard-working and committed to making the Lake Margaret Garden enjoyable for all. We also get help from "special teams" for carpentry, tool-work and debris removal.

Interested new recruits can join try-outs on Tuesday and Thursday mornings. The weekly work outs are easy. Just expect to get your hands dirty.

Preseason

In late fall work starts to prep, clean, adorn, administer and nurture. Assessment is made on areas of focus and weaknesses to bolster. Preparations for planting and mulching are made and any needed repairs are begun. This year holiday decorations were arranged for a season kick-off event, the Christmas Stroll, even though it was rained out.

Regular Season

During the TR Garden's regular season members rake, prune and trim dead leaves, unwanted vines and withered branches. These efforts clear spaces for art pieces that adorn the garden. The boardwalk is washed down to remove mold and scum. Any damage from seasonal high winds is repaired.

Mid-season

As maintenance continues, plantings of annuals get underway. Everything gets into shape as volunteers work through the coaches' list of priorities.

Throughout the season small events are planned for and prepared. This month's events include

Go garden team!



Photos by Pam Forsyth

Laura Weik, Donna West, Chris Tinkham, Pauline Tinkham, Patricia Bogdan, Mary DeWeerd team up to prepare azalea area.

the Book Readers' Meeting and a Valentine's Day/Fat Tuesday Stroll.

The Big Game

Throughout the season planning and focus centers around efforts to get the garden ready for the club's "big game," the Garden Walk in March. Annuals are primed to show off their vibrant colors and natural appeal to much desired pollinators. This year azaleas, colorful artwork, variegated foliage and new benches will welcome visitors.

Postseason

Garden Club members use this time to put away art pieces and

store empty pots and tools. During the "off-season" the club punts to their year-round resident members to keep plants and walkways in shape and ready for when the full team returns for the new season.

A game plan for the next season's plantings and repairs begins to shape up as well. Which annuals will be in the line up and what areas need to be toned up for optimum presentation?

We encourage all to come to the LMGC's "Super Bowl" event, the TR Annual Garden Walk, on Sunday, March 10 from 2 to 4 p.m., including music and refreshments. GO TEAM!



Betty Kazy and Cheryl Bias work through this week's game plan.

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Pets on Parade



YOUNGER BOOGEYMAN

by Judy Leister

Don't let the boogeyman get you. He's not hiding under the bed. He's not lurking in a dark corner ready to jump out and scare you. Nope he's quietly sitting on the couch with his human or sunning himself outside watching the world go by. This Boogeyman is Crystal and Larry Milkins' 15-year-old toy Australian Shepherd.

Years ago they had been hoping to get a puppy. After some research they decided on a very reputable breeder in Kentucky. Crystal checked their website every day and all of a sudden the cutest puppy showed up. She couldn't wait and called the kennel at 6:30 a.m. She wanted that puppy!

As it turned out the breeder had purchased him in Texas to use as a sire in her breeding program. By the time Boogeyman was three months old it was evident that he was going to grow bigger than expected. So the decision was made to offer him for sale. He joined the Milkins family immediately.

Crystal and Larry are full time RVers. Boogeyman fit right into that lifestyle and was a wonderful traveler. Typical of many puppies he was frisky and bouncy. Puppyhood did bring on a few memorable moments like chewing the corner of the dinette and chomping on a charging cord that was plugged in! One night they were making a quick layover and didn't put the grass-like doormat outside. Boogeyman saw the grass and knew what it was used for outside so why not use it the same way inside? A light scolding and his ears went down with a sad look but he never made another potty mistake indoors.

Dog parks were a favorite destination for romping and running but on seven different occasions dogs got very pushy and charged poor Boogeyman. There were no actual bites or injuries but he became defensive around other dogs. One time he displayed his bravery when an acquaintance of Crystal's approached her. Boogeyman didn't know the fellow so he



Photos by Crystal Miliken
OLDER BOOGEYMAN

quietly went into guard-dog mode and circled around her for protection.

As full time RVers Crystal, Larry and of course their dogs have had many travel adventures. Boogeyman has been to all of the lower 48 states. He has gone swimming on the eastern shores of Cape Hatteras, the western shores of Ventura Beach and many bodies of water in between.

As many of us have slowed down in our senior years, Boogeyman is a little slower now, too. His hearing and eyesight aren't what they used to be but he still enjoys life. Recently, Crystal took him to the vet for a senior wellness exam. He was diagnosed with kidney failure but thankfully a prescription dog food has really helped and he is doing much better. Boogeyman will continue to bring joy to his humans.

Pet Lovers Club



Photo by Judy Leister
HAYDEN

by Judy Leister

We love our pets and they bless us with unconditional love. Saint Francis of Assisi, Patron Saint of the Animals, preached to the birds, blessed the fish and even talked to the wolves.....he loved them all. In honor of him, pets have been blessed and celebrated on or near his feast day of Oct. 4 for many, many years.

TR is a pet-loving community and we would like to join in with our own Blessing of the Pets.

Since the majority of our residents have not yet made their journey south in October, we will

be holding our celebration in February. Legends say that herds of wild animals came to be blessed by Saint Francis. Today this blessing can include, but is not limited to, companion animals like dogs, cats and birds. It can also include agricultural animals such as cows, chickens and pigs.

Mark your calendars for the TR Blessing of the Pets to be held on Tuesday, Feb. 27 at 1 p.m. at the South Paw Puppy Park. The Park is located at the corner of 10th and 14th Streets. All safe pets and their humans are invited. We also invite everyone who would like to watch. Please bring a chair.

In addition to the pets that will be attending, we also would like to remember the many TR pets who have left us and passed over the Rainbow Bridge. While at the celebration please note the many names of our past TR pets listed on the blue signs on the front fence as well as the engraved names in the paver blocks. Of course, we also will be thinking of the many beloved pets that have passed since the sign and blocks were put in place.

Birding Activity



by Tom Butler

Snipers are famous for having the skill to shoot a very difficult target. Moving targets can be unusually challenging. What type of target could possibly cause marksmen to be referred to as snipers? Let me introduce the Wilson's Snipe. Snipe hunters will talk about the explosive take off of the bird when flushed. This is followed by a series of zigs and zags that can make it nearly impossible to track with the human eye, let alone with a sight of a weapon. If that isn't enough to convince you, this bird can reach nearly 60 mph in flight. Wow! So, what would you call a hunter with enough skill to shoot one of these elusive birds? You probably have guessed – a sniper! Let's learn a bit more about this solitary creature from the marshy areas of our environment.

This bird is a plump sandpiper with brown and black markings that create the perfect camouflage in the bogs and marshes that they inhabit. Muddy shores and riverbanks allow them to probe an incredibly long beak into the soil to locate food. This beak is sensitive and flexible allowing it to grasp earthworms, crustaceans and the larvae of many insects that frequent these wet and muddy areas. Their favorites include crane flies, deer flies as well as horse flies. Spiders and small frogs may also be on the menu. Dawn and dusk are the known feeding times,



Photo by Tom Butler

WILSON'S SNIPE

and these birds will sleep through the day making them an uncommon sighting.

The Wilson's Snipe builds a nest on the ground that is hidden in the dense vegetation of the marsh. The female takes care of this responsibility by digging a small depression that will hold from 2-4 eggs. The nest will be lined with fine grasses, leaves and moss. She may also construct a small woven canopy to further protect the nest from view. The male contributes by performing elaborate distracting movements to draw predators away from the brood. Fluttering and feigning a broken wing are common in this strategy. The eggs will be olive to brown with either brown, black or

purple splotches. Incubation lasts 18 to 21 days and the nestlings will leave the nest the very same day. So much for hanging out with the family! The young will then fledge in about three weeks.

We have been very fortunate to have this bird visit the Vanishing Lake shoreline multiple times this winter. When this sighting is recorded on the eBird app, the posting will be followed by several visitors from surrounding Audubon groups that track rare sightings in the area. They know how important these sensitive areas are and how important it is to protect them. We need to do all we can to maintain our shoreline and allow these birds to live and be enjoyed by all. Let's get busy!

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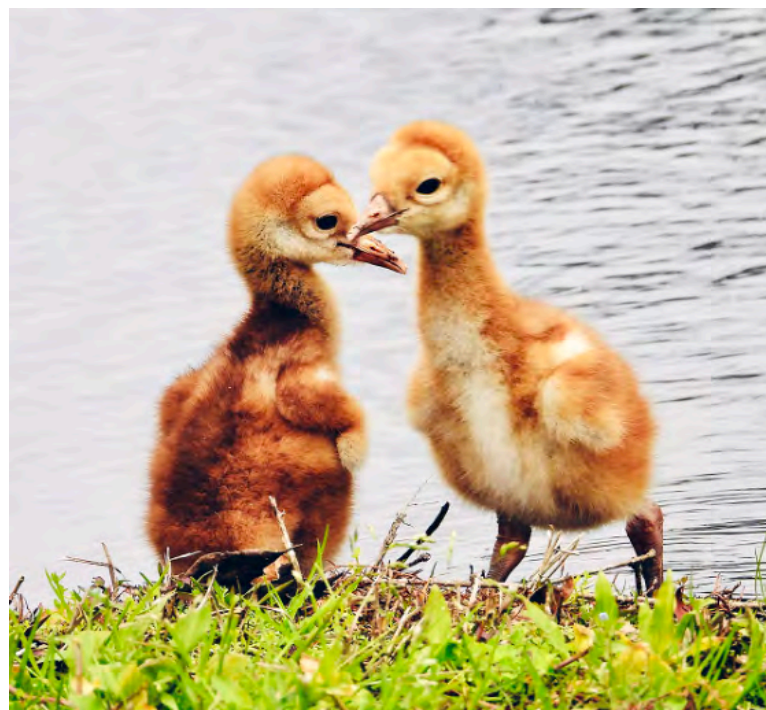


Photo by Bert Contractor

TR's smallest residents are oh so cute.

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Friends and neighbors meet at social gatherings

Meet your neighbors and friends at happy hour

If you want to meet your closest neighbors, about 70 of them, just grill some brats for your next happy hour. Good talk and good food, another TR activity.



Kathy and Wolf Reimann are hosts for the event.

Friends and neighbors come out for the Canada Day Luncheon



Linda Jackson welcomes her friends and neighbors with a smile.

by Ralph and Val Smith
Daryl and Belinda McLeod

The Canada Day Luncheon was held on Saturday, Feb. 3 and was attended by 130 people. We would like to thank all the attendees for bringing wonderful food and for their generous donations for organizing next year's Canada Day celebration that is scheduled on February 1, 2025. Without the help from all the volunteers we would not have had such a successful celebration. Looking forward to seeing all who attended and maybe many more people next year.



Ralph and Val Smith welcomed friends to the gathering.



Reimann, right, serves up brats to Pat Butler and Paula Snyder.



SYLVIA COLE, LORRAINE GOULD AND SYLVIA CARTER



Sean, Finnigan and Heather Corcoran were guests. Sean is the son of Linda and Daryl McLeod. Finnigan is no doubt the youngest person to ever attend the Canadian Luncheon. Sean is also the grandson of the Keatings.

Gather with 80 of your closest friends at the Ohio Day Luncheon



OHIO DAY LUNCHEON

Meet your friends and neighbors over a cup of coffee



Tuesday Volunteers Libby Trimble, Leslie Ewing, Rose-Anne Boucher, Linda Gelinas, Connie Beachy and Pat McCallum are ready for treats and a good conversation.



Also see "It's not just breakfast; it's community" on Page 6 of this issue.

Monday Volunteers Libby Trimble, Peg Letteney and Rosemarie Kuharick wait to offer their friends some goodies.

by Deb Englert and Deb Etchill

The Ohio Day Luncheon was held on Sunday, Feb. 4. The total attendance was 80 people representing 29 different cities in Ohio. Chicken was purchased from Publix and a wide variety of wonderful dishes were prepared and shared by those attending. There were many donated door prizes as well. It was a great time of fellowship, good food and door prizes. The luncheon finished in the traditional TR way of everyone chipping in to put Citrus East back in order the way it was found.

A big thank you to all who participated and helped make the 2024 Ohio Day a great success. A special thank you is extended to TR Activity Director Guy Weik for his assistance in meeting our needs.

When we came to TR, one of the attractions was how the community was founded on volunteerism.

This season's Ohio Day Luncheon was year two of a two year term of volunteering to chair this event. We are in search of a new chairperson(s) for next term, 25/2026. Ohioans, whether individually or with a friend, please consider stepping up to volunteer

to continue this tradition. If interested please contact either Deb Englert lot 14-27 or Deb Etchill lot 02-28 for details. It's as easy as putting on a big Happy Hour, perhaps easier, because we have a superb Activity Director to help.



Don Hull, a former long-time TR resident, returned from Ohio to renew old friendships. He shared lunch with his daughters, Cindy Tinkham and LuAnn Gatewood, who are current residents.

Photos submitted by Rose-Anne Boucher, Bert Contractor, Deb Englert, LuAnn Gatewood, Rosita Williams and Phyllis Zitzer.

TR Sports

Ladies' Golf League

by Sandy Nelson
Wednesday, Jan. 31
Low Handicap 0-12
Low Gross
 Hazel English..... 35
 Shirley-Ann Appleby,
 Vicki Brooks, Sylvia Cole..... 38
 Sandy Nelson..... 41
Low Net
 Eleanor Buchser..... 32
 Jean Bjorgen, Vicki Cloyd..... 33
 Trish Horney, Chris Marsh..... 34
Closest to #5
 Hazel English..... 9'7"
Fewest Putts:
 Cheryl Porter..... 12
High Handicap +13
Low Gross
 Sherie Grissinger..... 43
 Sandy Pemberton..... 46
 Nan Lance, Joan Ledbetter,
 Barb Watson..... 47
Low Net
 Dee Branchaud, Susan Stahley,
 Sue Troyer, Karen Waymouth.. 34
 Diane Dogget,
 Stella Loiselle, Arlene Wycoff,
 Laurie Zentmyer..... 35
Closest to #3
 Laurie Zentmyer..... 10'10"
Birdies:
 Eleanor Buchser, Hazel English,
 Sherie Grissinger, Trish Horney. 1
Chip-Ins:
 Sherie Grissinger,
 Joan Ledbetter..... 1

by Sandy Nelson
Wednesday, Feb. 7
Low Handicap 0-12
Low Gross
 Hazel English, Vicki Prasch..... 38
 Sylvia Cole..... 40
 Vicki Brooks..... 42
Low Net
 Janet Beisel..... 32
 Eleanor Buchser, Jen Furman,
 Chris Marsh..... 33
 Shirley-Ann Appleby..... 36
 Lorraine Gould..... 36
Closest to #5
 Jean Bjorgen..... 32'
Fewest Putts:
 Sylvia Cole..... 12
 Vicki Prasch..... 12
High Handicap +13
Low Gross
 Nan Lance, Sandy Pemberton.. 45
 Martha Smith,
 Karen Waymouth..... 46
 Laurie Zentmyer..... 47
Low Net
 Karen Waymouth..... 30
 Cheryl Porter..... 32
 Sherrie Grissinger..... 33
Closest to #3
 Martha Smith..... 4'1"
Birdies:
 Vicki Prasch, Hazel English..... 1
Chip-Ins:
 Vicki Prasch..... 2

Mirror Lake Yacht Club

by Bill Wise
Sailboats
Wednesday, Feb. 7
Dragon Flite 95 Class
 1. Barry Sellick
 2. Jerry McRoberts
Soling 1M Class
 1. Jim Trescott
 2. Jamie Hyde
Saturday, Feb. 10
Dragon Flite 95 Class
 1. Jamie Hyde
 2. Jerry McRoberts
Soling 1M Class
 1. Jamie Hyde
 2. Chuck Lemke
Power Boats
Monday, Feb. 5
Spartan Class
 1. Howard Best
 2. Jerry McRoberts
Power Vee Class
 1. Bob Troyer
 2. Doug Smith
Traxis Blast Class
 1. Doug Smith
 2. Jay Starbody
Friday, Feb. 9
Spartan Class
 1. Dean Peters - Tie
 1. Bob Troyer - Tie
Power Vee Class
 1. Jeff Best
 2. Chris Farler
Traxis Blast Class
 1. Doug Smith
 2. Jay Starbody

Bingo

by Linda Smith
Saturday, Feb. 10
 Cathy Capsolas
 Gayle Kennard
 Christie Walker
 Rusty Walker (2)
 Bev Weissinger
 Rose-Anne Boucher (2)
 Deb Newbury (2)
 Kathy Ellison
 Sharon Cook
 Jim Gower
 John Schell
 Pam Summers
 Vivian Sammons
 Judy Carter
 Bob King
 Kay Blunda

Bowling

by Lin Buczek
Friday, Feb. 9
Men's Scratch High Game
 Bill Buczek..... 223
 Steve Niles..... 209
 Ken Neer..... 203
Men's Scratch High Series
 Bill Buczek..... 636
 Ken Neer..... 515
 Don Markle..... 452
Men's Handicap High Game
 Bill Buczek..... 263
 Ken Neer..... 261
 John Schell..... 249
Men's Handicap High Series
 Bill Buczek..... 756
 Don Markle..... 704
 Ken Neer..... 689
Men's High Average
 Steve Niles..... 193
Women's Scratch High Game
 Leslie Price..... 174
 Lin Buczek..... 167
 Debi Niles..... 154
Women's Scratch High Series
 Leslie Price..... 480
 Lin Buczek..... 443
 Debi Niles..... 432
Women's High Handicap Game
 Kathy Capsolas..... 258
 Linda Smith..... 246
 Lin Buczek..... 245
Women's Handicap High Series
 Kathy Capsolas..... 727
 Carol Schell..... 708
 Leslie Price..... 690
Women's High Average
 Leslie Price..... 155

500 Cards

by Pat McCallum
Saturday, Feb. 10
 1. Connie Bradley..... 1170
 2. Gary Anderson..... 1130
 3. Deborah May..... 880

Dominoes

by Linda Gough
Thursday, Feb. 8
Table 1 Winner
 Linda Murphy..... 144
Table 2 Winner
 Carol Luther..... 245

3rd Annual Canada vs U.S. Golf Scramble

by Shirley-Ann Appleby
 The 3rd Annual Canada versus the U.S. Golf Scramble will be held on Saturday, Feb. 24 at 8 a.m. starting at the Starter Shack. Everyone is welcome to participate. Regular golf fees will apply. Please sign up at the Starter Shack. Plan to represent your country by wearing your country colors. Contact Gary Wintle at 705-498-4486 with any questions.

Alzheimer Forget-Me-Not Golf Scramble

by Sandy Nelson
 The TR Ladies Golf Association is hosting a golf scramble to benefit the Alzheimer's Foundation on Saturday, March 9. The cost is \$6 per person for greens fees and a mulligan will also be available for purchase. We will be selling signs to honor or remember your loved one. These signs will line TR Blvd. the day before the tournament and will be seen throughout the golf course during the scramble. Hole sponsorship is also available. Further information can be seen on posters in Busch Hall and the Starter Shack.

Pickleball Jam winners

by Laurie Gardner
Tuesday, Feb. 6
 Congratulations to the Pickleball Jam Round Robin winners for Tuesday, Feb. 6. We had gender specific brackets as well as a Novice/Beginners bracket this week. Next week, we will have a Couples Pickleball Jam to celebrate Valentine's Eve. Come out and enjoy time with your neighbors and cheer on the couples.
Women's Bracket:
 1. Sherrie Grissinger
 2. Laurie Gardner
 3. Sue Troyer
Men's Bracket
 1. Tom Etchill
 2. Carey Box
 3. Mark Fedus
Novice/Beginner's Bracket
 1. Towner Kennard
 2. Shelba Tucker
 3. Gayle Kennard

Bridge scores

by Jen Furman
Tuesday, Feb. 6
 Connie Bradley and Ron Hicks..... 2590
 Janet and Harold Baal..... 2470
 Mike Clark and John Cyr..... 1780
 Jen Furman and assorted partners..... 1470
Thursday, Feb. 8
 Janet and Harold Baal..... 3200
 Kitty Fisher and Doug Hatfield..... 2530
 Connie Bradley and Ron Hicks..... 1890
 Mike Clark and John Cyr..... 1690
 Jen Furman and Barry Sellick..... 910

Men's Golf League

by Barry English
Thursday, Feb. 8
 Great week of golf with some good weather. Everybody is tuning their game up for the tournament. The out-of-park is scheduled for March 21 at Lake Bernadette. The cost is \$45 which includes golf, lunch, and a shot at a prize.
Low Handicap (0-8)
Low Gross
 Jim Prasch..... 33
 Ralph Smith..... 34
 John Porter..... 36
Low Net
 Fred Endres..... 29
 Ken Person..... 30
Closest to #5
 Dan Varner..... 8'
Birdies:
 Jim Prasch..... 2
 Bruce Cole, Casey Fisher,
 Charles Bouchard, Gary Carter,
 John Porter, Ken Person,
 Mike Schuster, Richard Beisel,
 Roy French, Serge Loiselle,
 Stan MacPhee, Wayne Schacht,
 and Barry English..... 1
High Handicap (9+)
Low Gross
 Bruce Cole..... 35
 Casey Fisher..... 36
 Nick Van Swol..... 39
Low Net
 Doug Waymouth..... 29
 Frank Bovenburg..... 30
 Richard Beisel, Serge Loiselle. 31
Closest to #3
 Doug Waymouth..... 9'3"

Chinese Mah Jong

by Marcia Hatfield
Monday, Feb. 5
 Kathy Bocchino..... 6
 Connie Bradley..... 5
 Betty Brown..... 4
 Rachel Brooks..... 3
 Debbie Oppel..... 3
 Deb May..... 3
 Nancy Moschler..... 2
 Janet Baal..... 1
 Jen Furman..... 1
 Rose Taggart..... 1
Friday, Feb. 9
 Rose Taggart..... 5
 Connie Bradley..... 4
 Anne Amico..... 4
 Betty Brown..... 4
 Deb May..... 4
 Kathy Bocchino..... 4
 Nancy Moschler..... 4
 Rachel Brooks..... 3
 Elaine Morgan..... 2

Wizard

by Imma Smith
Tuesday, Jan. 30
Table 1
Game 1
 Peggy Biser..... 310
 Imma Smith..... 290
Game 2
 Elaine Schwartz..... 310
 Gary Smith..... 290
Table 2
Game 1
 Jackie Thackery..... 280
 Brenda Hatchel, Pam Wood... 170
Game 2
 Jackie Thackery..... 250
 Pam Wood..... 190

National Mah Jongg League

by Bette Gorman
Monday, Feb. 5
 Sue Guffy..... 230
 Arlene Wykoff..... 100
 Judy Pech..... 75
 Diane Phillips..... 50
Wednesday, Feb. 7
 Diane Phillips 160
 Sue Guffy..... 140
 Pat McCallum..... 125
 Mary Thole..... 50
 Bette Gorman..... 50
 Arlene Wykoff..... 25
Friday, Feb. 9
 Judy Pech..... 60
 Kathy Ellison..... 55
 Pat McCallum..... 50
 Bette Gorman..... 50

RC Motorsports

by Douglas Hatfield
Wednesday, Feb. 7
 1. James Chambers..... 36
 1. Wayne Schacht..... 36
 1. Russ Marlowe..... 36
 4. Ed Fosnight..... 35
Saturday, Feb. 10
 1. James Chambers..... 36
 1. Howard Best..... 36
 3. Bob Boetger..... 34

Cribbage

by Bob and Carol Luther
Monday, Feb. 5
 Randy Smith..... 605
 Jerry Bania..... 580
 Kathleen Clark..... 580



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Nina's Spice Corner Hernando - Tuesday, Feb. 20 4 to 7 p.m.

Got Lobstah? - Wednesday, Feb. 21 4 to 7 p.m.

*Glavich Produce - Thursday, Feb. 22 1 to 3 p.m.

Mo'Rock'In Mediterranean - Thursday, Feb. 22 4 to 7 p.m.

*Glavich Produce—Friday, Feb. 23 1 to 3 p.m.

The Nacho Wagon/Kake Shoppe - Friday, Feb. 23 2 to 6 p.m.

Roadside Kuntry Kitchen - Friday, Feb. 23 2 to 6 p.m.

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Jeannie Evans lot 02-11

One metre soling sail boat with cradle. Custom windjammer sails, carrying case with Spectrum DX6i radio controller, four rechargeable life batteries with charger and reader, one main sail servo, two rudder servos and many extras. Asking \$550. Can be seen at lot 03-34.

Bruce Pemberton
lot 03-34, 226-526-8303

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Looking Back

by Nan Lance

30 years ago - 1994

- Fourteen of TR's Squad of First Responders have now been certified by Pasco County Emergency as First Responders.
- Fire Department loans funds for Park well. They were reserving funds to replace their 35-year-old fire engine but this loan will allow the Board of Directors to start proceedings for a new well.
- "Oklahoma" will be performed on Friday, March 25. Rehearsals are progressing wonderfully well, thanks to ideas from Ralph Salvesen.
- Senior citizens are the biggest carriers of AIDS: Hearing aids, band-aids, Roloids, walking aids, Medicaid and Government Aid.

20 years ago - 2004

- The TRAC team introduced its new members. Joining The Travelers Rest Action Committee where Joanna Jensen, Al Cowell and Jim Felker. They join Claudia Barthelmuh, John Ford, Jerry Hillegar and Mary McDaniels.
- Canadian Fiddle Champion Scott Woods on stage. One never knows what surprises are in store when the Scott Woods Show comes to town.
- I-75 reopened in record time to four-lane traffic. The contractor for the Department of Transportation rebuilt the Big Slough Canal Bridge within about a week; 3 weeks early!
- TR Quilters activities keep them in stitches. The TR Quilt Guild is a group of talented and hard-working ladies and, on occasion, men. The Guild is chaired by Loretta Moss and Ethel Polsdorfer.

10 years ago - 2014

- Mary Hunter and Lou Schuler retired from the TR Board after 3 years of volunteer service.
- Bill Carr, Sandy Walsh and Lou Schuler displayed the appropriate racket or paddle used for tennis, for pickleball and for table tennis.
- The Travelettes and the Charming Chimers entertained veterans at the Baldomero Lopez State Veterans Home for a one-hour program. They also visited The Commons in Zephyrhills and will be going to the Presbyterian Home in Lakeland to present a program as a memorial to Mary McDaniels who formerly accompanied the Travelettes.
- The Poker Tournament this week had as dealers Betty Colburne, Vicki Brooks, Pat Daboll and Sandy Walsh.

HISTORY



Snack Shack

Burgers/Dogs:

Beefburger	4.25
Cheeseburger	4.50
Dbl. Beefburger	5.75
Dbl. Cheeseburger	6.50
Hot Dog	2.25
Italian Sausage	4.00
Chicken Breast	4.50

Sandwiches:

Ham & Cheese	4.00
Turkey	4.00

Salad Plate:

Ham	5.75
Turkey	5.75
Veggie (no meat)	4.50

New:

Grilled Chicken Breast	
Salad	5.75

Extras:

Slaw, cheese, beans	.50
Extra slice of cheese	.50
Grilled onions	.50
Sauerkraut	.50

Beverages:

Soda	.75
Iced Tea	.75
Bottled water	.75
Hot Tea	.75
Coffee - Reg. & Decaf	.75
Potato Chips	.75

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Fri. - Grilled Cheese	2.25



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